

**SWIM
IRELAND**

An island
of swimmers

**2024 Irish Minor Schools
Championships (25m)**

EVENT GUIDE

National Aquatic Centre

Sport Ireland Campus, Dublin

Sunday 24th March 2024



MEET CONDITIONS

VENUE INFORMATION

This competition will take place in the National Aquatic Centre, Sport Ireland Campus, Blanchardstown, Dublin 15

The National Aquatic Centre is a 10 lane 25m pool. The competition pool has anti-turbulence lane ropes, wedge starting blocks and backstroke ledges.

QUALIFICATION CRITERIA AND INFORMATION

Qualifying times must have been achieved at the Regional Minor Schools competitions in the 23/24 season.

A school must have competed in a relay event at the Regional Minor Schools competitions. Schools may substitute swimmers for their relays if they wish.

ENTRIES

Entries from all regions are to be made using the jotform with payment collected via Stripe on entry.

<https://form.jotform.com/233334286303350>

Entry Deadlines

Closing date for entries is strictly **5.00pm Friday 9th February 2024**.

Relay Entries

A maximum of one relay team can be entered per school /per relay event.

Approximate entry times should be included all relays. Swimmers can be relay only for this competition and do not have to be competing in individual events.

The names of the four relay team members swimming in the race and the order of swimming must be declared no later than Weds 20th March via email to entries@swimireland.ie, if not submitted already with the entry form. Amendments can be made up to 60mins prior to the session start time where necessary by completing the relay team sheet at the event. Failure to do so will be subject to disqualification of the relay team.

All athletes competing in relays must be entered in the meet (*even if they are not swimming in individual events*).

Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with WA Rule SW 10.12.

Entry Fees

Individual entries cost €9

Relay entries cost €25

No entry will be processed until the appropriate fee has been received at the Swim Ireland Office.

*Please note that entries are non-refundable once the final date for entry has passed

SWIMMING COMPETITION FORMAT

The competition will consist of 50m in all 4 strokes and 100m Individual Medley. 50M events will run Heats and Finals and the 100IM and Relays are Heat Declared Winners (HDW)

Events will be seeded slow to fast in entry time order and the top 10 in each age group will progress to the finals for the 50m events.

Medals and Awards

Medals will be awarded to 1st, 2nd and 3rd place in each age band for Individual events and relays.

Competition Rules

These Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the [SI website](#).

COMPETITION INFORMATION

[Parents Information Meeting Link](#)

Parents are invited to attend an information prior to the event. Full details regarding the competition and venue will be outlined and a question and answer session will be facilitated.

Withdrawals

All withdrawals must be submitted via the [online form](#).

Swimsuits

Swimmers age 12yrs and under are not permitted to wear tech suits. This will apply to all swimmers at this event. Full details of the Swim Ireland policy can be found [HERE](#)

Health and Safety

Please refer to the Health & Safety guidelines at the back of this document and also the [Swim Ireland Code of Practice for Safety \(Swimming\)](#).

Officials

Timekeepers will be required to support the running of this event.

Queries

Please direct all queries to entries@swimireland.ie

QUALIFYING TIMES (age as of 31st August 2024)

BOYS				Event	GIRLS			
Age 12	Age 11	Age 10	Age 9		Age 9	Age 10	Age 11	Age 12
00:36.00	00:39.00	00:46.00	00:50.00	50 Freestyle	00:50.00	00:48.00	00:40.00	00:38.00
00:43.00	00:46.00	00:55.00	01:00.00	50 Backstroke	01:00.00	00:56.00	00:48.00	00:45.00
00:48.00	00:52.00	00:57.00	01:05.00	50 Breaststroke	01:05.00	00:59.00	00:52.00	00:50.00
00:48.00	00:52.00	00:56.00	01:05.00	50 Butterfly	01:05.00	00:58.00	00:55.00	00:50.00
01:40.00	01:49.00			100 IM			01:53.00	01:48.00

SESSION SCHEDULE

SESSION 1 - Girls and Boys age 9 and 10 years

Event No	Gender	Event
1	Girls	50 Freestyle
2	Boys	50 Freestyle
3	Girls	50 Breaststroke
4	Boys	50 Breaststroke
5	Girls	4x50 Medley Relay (HDW)
6	Boys	4x50 Medley Relay(HDW)
FINALS EVENTS 1 to 4		
7	Girls	50 Backstroke
8	Boys	50 Backstroke
9	Girls	50 Butterfly
10	Boys	50 Butterfly
11	Girls	4x50 Free Relay (HDW)
12	Boys	4x50 Free Relay(HDW)
Finals Event 7 to 10		

SESSION 2 – Girls and Boys age 11 and 12 years

Event No	Gender	Event
13	Girls	100 IM (HDW)
14	Boys	100 IM (HDW)
15	Girls	50 Freestyle
16	Boys	50 Freestyle
17	Girls	50 Breaststroke
18	Boys	50 Breaststroke
19	Girls	4x50 Medley Relay(HDW)
20	Boys	4x50 Medley Relay (HDW)
Finals of Events 15 – 18		
21	Girls	50 Backstroke
22	Boys	50 Backstroke
23	Girls	50 Butterfly
24	Boys	50 Butterfly
25	Girls	4x50 Free Relay (HDW)
26	Boys	4x50 Free Relay (HDW)
Finals of Events 21 – 24		

HEALTH AND SAFETY

Swim Ireland Safety Statement - Issues

Safety is the responsibility of every individual involved in the sport.

Risks identified must be reported to either a Club or Meet Official and formally reported to the facility operator.

All accidents must be formally reported.

General

- By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
- Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

- All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Meets

(Club, Regional and National)

- Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
- All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
- "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
- Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
- Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

Safety at Swim Meets

All accidents, however minor must be reported, in writing, to Swim Ireland.

We would ask the co-operation of athletes, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

General

- Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- All walkways must be kept clear of bags, equipment, etc.

Starting

- It is the responsibility of competitors, coaches and clubs to ensure that all athletes are sufficiently competent to dive start from competition starting blocks. Alternatively, athletes are reminded that they may start from the poolside.
- In the event of a false start, athletes should perform a safe entry and not fall into the water.

Warm-Up

- Athletes and coaches must ensure that they (and athletes in their charge) take no action that would endanger themselves or others.
- The instructions of those in authority must be obeyed immediately.
- Athletes are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- Do not start sprinting in a sprint lane until non-sprinting athletes have cleared it.
- On finishing a sprint immediately clear the way for the following athlete(s).

Around the Pool (e.g. spectator area, foyer area, etc.)

- Athletes are not permitted to enter dry areas without first having changed and put on footwear.
- Where there is a balcony or rail - athletes are not permitted to climb over it.
- Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.