

**SWIM
IRELAND**

Munster

Competition Handbook 2023 – 2024

(September 2023)

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Swim Munster General Meet Conditions

General Meet Conditions	
Entries:	<p>All entries for Swim Munster Meets must be submitted using Hy-Tek Team Manager software (except for Swim Munster Schools Championships). Electronic entries must be sent as an email attachment to munsterentries@swimireland.ie and should include an entry report, fee entry report and completed Summary Sheet. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file.</p> <p>Entries can be rejected for the following reasons:</p> <ul style="list-style-type: none"> • Incorrectly completed • No Entry Time submitted • Received after the closing date. <p>The Munster Recorder reserves the right to limit entries and merge events where numbers allow. If entries are rejected, the entry fee will be refunded, and a single payment will be made to the Club in question. The Swim Munster Entries will email confirmation of accepted entries after they are received, and it is the responsibility of the Club's Gala Secretary / Coach to check these entries as no changes / additional entries can be made on the day of the Gala.</p> <p>The Club must pay for all entries that are on the Entry Report at the Cut Off Time for withdrawals – this is normally 12 midday the Friday before the event. No refunds / credits will be made for withdrawals after this time other than in exceptional circumstances or unless supported by a medical certificate.</p>
Volunteer Rotas:	<p>Volunteer Rota positions are assigned to Clubs based on the number of entries from each Club as at the closing date of the event. To ensure the smooth running of all Swim Munster events parents are encouraged to volunteer as an official when their child is competing. It is a Munster requirement that all participating Clubs will provide 1:6 (One official for every 6 swimmers) up to a maximum of 4 officials per session at all events.</p>
Fitness to Compete:	<p>Parents / Coaches must ensure that their swimmer is fit to compete in the Meet. If a swimmer must retire from a race or has to be removed from the water due to being unwell, for safety reasons Swim Munster will withdraw that swimmer from the remainder of the Meet (No fine will be imposed in such cases). Coaches should also ensure that swimmers are 'swim fit' and capable of undertaking the stroke and distance for which they are entered.</p>
Relay Sheets:	<p>Relay Sheets are to be submitted to the Meet Director one hour prior to the start of the session in which the relay takes place.</p>
Age Up Date:	<p>The age up date will always be 31st December in the year of competition unless otherwise specified.</p>
Tech Suit Policy:	<p>We ask clubs to ensure coaches, parents and athletes are fully aware of the Swim Ireland Tech Suit Policy so that we avoid any negative experiences on poolside. Full details of the policy can be found on the Swim Ireland website https://www.swimireland.ie/news/swim-ireland-tech-suit-policy-2020</p>

Awards:	Swimmers must ensure that they are suitably clothed (Club t-shirt and shorts or tracksuit) when receiving awards. It is the responsibility of the Coach / Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, as applicable.
Starts:	Over the top starts will be used. If time constraints permit, the pool will be cleared for each final in Championship events. Side by Side starts in Backstroke events will be used, when required, to comply with time constraints.
Seeding:	<ul style="list-style-type: none"> • Preliminary Heats – unless specifically stated in the meet conditions, the placing of competitors in the heats will be multi-age, spearheaded and swum slowest to fastest. • Heat Declared Winner Events – All heats will be multi-age, spearheaded and swum slowest heats to fastest. • Finals – Finalists will be allocated lanes using the spearhead principal from the results of the heats.
Session Times:	The session times on all Meet Conditions are provisional . Session timing will be finalised once all entries have been processed and swimmers / clubs will be notified accordingly. Please note that it is the swimmers’ responsibility to present themselves, ready to swim, at the marshalling area in good time prior to the start of the event.
Withdrawals:	<p>Please refer to individual Meet Conditions for instructions re withdrawals from particular events. As a general rule of thumb, withdrawals will be requested by 5pm on the evening before the meet. In the case of Championship events, withdrawals will be requested by 5pm on evening before 1st day and by 6pm on the evening before subsequent days.</p> <p>In the case of withdrawals from Finals at Championship events, an announcement will be made detailing those who have qualified for finals and will also name the two reserves. Swimmers will have 30 minutes from the time of the announcement to withdraw from finals. However, please check individual Meet Conditions for instructions particular to each Meet.</p>
Meet Results:	Meet results will be posted on the Swim Munster website within approximately 72 hours of the end of the gala. Results will also be passed to Swim Ireland for their reference and inclusion in rankings. A Hy-Tek and PDF version of the results will also be sent to the registered Gala Secretary of each Club.
Age Criteria:	<p>All meets (other than school’s competitions or Inter/Intra Club Galas) to be aged up to 31st December in the year of competition. The plan follows a sequential swimming development model in age bands as follows:</p> <ul style="list-style-type: none"> • Intra-Club Galas from 7 years upwards • Inter-Club Galas from 8 years upwards • Schools Competitions (aged up to 31st August) from 9 years upwards • Club Open Meets from 9 years upwards • Regional Future Challenger Series for athletes aged 10 to 14 years • Regional Aspiring Champions Series for athletes aged 13 & over • Regional Long Course Championships from 12 years upwards • Regional SC Championships, National Meets/Championships from 13 years upwards • Irish Summer National Age Group Championships 10 – 14 years • Irish Summer National Youth & Senior Championships from 15 years upwards

<p>Photography:</p>	<p>It is a condition of attending a Swim Ireland event that swimmers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Swimmers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming must be in accordance with Swim Ireland Guidelines.</p> <p>Photographs cannot be taken at a Swim Ireland Munster event without first having registered the photographer and device at the administration desk. At some events, photography and filming may not be permitted at all.</p>
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Summary of Qualification Process

(Further information is contained in the relevant Meet Conditions)

Name:	Regional Future Challenger Series (athletes aged 10 to 14 years)
Qualification Criteria:	<ul style="list-style-type: none"> Open to all competitive members aged 10 to 12 years however athletes aged 13/14 years may enter if they have not previously competed at the Aspiring Champions level or above and cannot compete at the Aspiring Champions Series in the same cycle. No consideration standards will be published. Only specific events will be open to athletes in each age group as per the Meet Conditions
Qualification Period:	Not applicable

Name:	Regional Aspiring Champions Series (athletes aged 13 & over)
Qualification Criteria:	<ul style="list-style-type: none"> Athletes aged 13/14 years competing in the Future Challenger Series will not be eligible to compete in the Aspiring Champions Series in the same cycle. No consideration standards will be published for the 50/100/200m events however consideration standards will be published for the 400/800/1500m events. Club time trial results, signed off by the Head Coach, can be accepted for entry into the 400/800/1500m events. The number of individual entries permitted will be specified in the meet conditions.
Qualification Period:	For Short Course Meet, qualification period starts on 1 st September 2022. For Long Course Meet, it will be May 1 st , 2023.

Name:	Regional SC Championships (athletes aged 13 & over)
Qualification Criteria:	Qualifying standards to be achieved in a Level 3 Licensed meet. Short Course standards with long course conversions.
Qualification Period:	From January 1 st 2022 to 8 th November 2023

Name:	Regional Long Course Championships (athletes aged 12 & over)
Qualification Criteria:	Qualifying standards to be achieved in a Level 3 Licensed meet. Long Course standards with short course conversions.
Qualification Period:	From 1 st January 2023

Name:	Irish Summer National Age Group Championships (12 to 14 years)
Qualification Criteria:	Qualifying standards to be achieved in a Level 3 Licensed meet. Long Course standards with short course conversions.
Qualification Period:	Times achieved between 1 st January to 9 th June 2024

Name:	Irish Summer National Youth & Senior Championships (15&over)
Qualification Criteria:	Qualifying standards to be achieved in an Onshore or offshore Level 3 Licensed meet. Long Course standards only.
Qualification Period:	Times achieved between 1 st January to 9 th June 2024

Name:	Irish Winter Championships (13&over)
Qualification Criteria:	Qualifying standards to be achieved in a Level 3 Licensed meet. Times can be achieved in short-course or long-course (converted)
Qualification Period:	1 st December 2022 to 26 th November 2023

Name:	Irish Open LC Championships (13&over)
Qualification Criteria:	Qualifying standards to be achieved in an Onshore or offshore Level 3 Licensed meet. Long Course standards only.
Qualification Period:	1 st July 2023 to 14 th April 2024

For further information on meet licensing please refer to the Swim Ireland Meet Licencing Explanatory Document - <https://www.swimireland.ie/membership/club-resources/meet-licencing>

Regional Meet Objectives and Qualifying Criteria

Meet	Objectives	Entry Criteria
Future Challenger Series	<ul style="list-style-type: none"> • A fun introduction to regional racing for club members • The provision of appropriate and age relevant events 	<ul style="list-style-type: none"> • Athletes aged 10 to 14 years • No qualifying or consideration standards
Aspiring Champions Series	<ul style="list-style-type: none"> • Provide the opportunity to refine racing skills (tactics, technique, skills and race preparation/recovery) • Provision of a full Olympic programme plus 50m stroke events (for athletes aged 15&over) over two days • Provide opportunities to qualify for Regional and National Championships 	<ul style="list-style-type: none"> • Athletes aged 13 & over • Consideration standards will be published for the 400/800/1500m events and entries will be limited per event and per age group
Regional Championships	<ul style="list-style-type: none"> • Championship level meet • Introduction to a 3 day meet format • Provide opportunities to qualify for National events 	<ul style="list-style-type: none"> • Standards have been set at Irish Winter National Championships 2022 (25m) and Irish Summer Nationals 2023 (50m) standards plus a percentage factor

For further information on meet objectives and qualifying criteria please contact Carlo Boni, Swim Munster Regional Pathway Development Coach, via carlo.boni@swimireland.ie.

Future Challenger Series 2023-2024

There will be four Future Challenger meets held throughout the 2023-2024 season. The first three meets will be held in a short course venue and Regions may choose to run the last meet in a long course venue. Regions may also choose to split clubs and run the meets in multiple venues.

Meet	Date	Venue	Closing Date for Entries / Payment
Future Challenger Meet 1	8 th October 2023	Mallow and Blackrock	25th Sept/29th Sept
Future Challenger Meet 2	3 rd December 2023	Kingdom and SWSC	20th Nov. / 24th Nov.
Future Challenger Meet 3	18 th February 2024	Dolphin and TBC	5th Feb / 9th Feb
Future Challenger Meet 4	7 th April 2024	UL Sport Arena University of Limerick	25th Mar / 29th Mar

Future Challenger Meet Information

(Further information may be contained in the relevant Meet Conditions)

Age Groups:	Minimum entry age is 10 years Male 10yrs, 11yrs, 12yrs, 13/14yrs Female 10yrs, 11yrs, 12yrs, 13/14yrs
Age-Up Date:	Meet 1 & 2 (Round 1) – 31 st December 2023 Meet 3 & 4 (Round 2) – 31 st December 2024
Events:	50, 100m all four strokes. 200m Backstroke, Freestyle (refer to the order of events below). 400m Freestyle (refer to the order of events below). 100m, 200m Individual Medley. Mixed 4 x 25m Freestyle & Medley Team Relay 10-12yrs – must be at least 1 male and 1 female and a maximum of one 12-year-old on the team and all swimmers must be competing in the competition. Clubs may collaborate to enter relays.
Entries:	No consideration standards will be published for athletes to swim up events however we do provide the following guidance to support entry decisions: <ol style="list-style-type: none"> 1. Athletes should be capable of executing the stroke legally 2. Athletes should be capable of executing good turns and good streamlining 3. 12-year-old athletes entering the 400m Freestyle should be capable of even pacing a 200m Freestyle within the 12-year-old consideration standard published for the Regional Age Group & Senior LC Championships <p>Athletes should only enter events on the recommendation from their coach.</p> <p>Athletes may only compete in their own Region.</p>

	<p>Unless otherwise stated in the meet conditions athletes can enter as many individual events as deemed appropriate by their coach. Athletes may swim up or down distances as outlined in the Order of Events if their coach believes this is the appropriate distance for them, and athletes are limited to 1 distance per stroke per meet. Clubs can enter multiple relay teams.</p> <p>The Future Challenger Series is open to all competitive members aged 10 to 12 years however athletes aged 13/14 years may enter if they have not previously competed at the Aspiring Champions level or above and cannot compete at the Aspiring Champions Series in the same cycle i.e., the short course or long course season.</p> <p>Athletes with a disability must be registered as members of a Swim Ireland affiliated club at the time of entry.</p>
Entry Fees:	<p>€ 7 per individual event €20 per relay event Payment should be forwarded to the Munster Treasurer by the closing date. Bank details BIC – AIBKIE2D IBAN – IE70AIBK93251559772394</p>
Awards:	Wristbands will be awarded – see Table below.

Order of Events	
Meet 1	Meet 2
Mixed 4 x 25m FT	Mixed 4 x 25m FTR
10-14yrs 100m IM, or 11-14yrs 200m IM	10-14yrs 100m IM, or 11-14yrs 200m IM
10-14yrs 50m Breaststroke, or 11-14yrs 100m Breaststroke	10-14yrs 50m Backstroke, or 11-14yrs 100m Backstroke or 12yrs 200m Backstroke
10-14yrs 50m Freestyle, or 11-14yrs 100m Freestyle, or 12yrs 200m Freestyle, or 400m Freestyle	10-14yrs 50m Butterfly, or 12-14yrs 100m Butterfly
Mixed 4 x 25m MTR	Mixed 4 x 25m MTR
Athletes are limited to 1 distance per stroke per meet	
Meet 3	Meet 4
10-14yrs 100m IM, or 11-14yrs 200m IM	10-14yrs 100m IM, or 11-14yrs 200m IM
10-14yrs 50m Backstroke, or 11-14yrs 100m Backstroke, or 12yrs 200m Backstroke	10-14yrs 50m Freestyle, or 11-14yrs 100m Freestyle, or 12yrs 200m Freestyle
10-14yrs 50m Butterfly, or 12-14yrs 100m Butterfly	10-14yrs 50m Breaststroke, or 11-14yrs 100m Breaststroke
Mixed 4 x 25m MTR	Mixed 4 x 25m MTR
Athletes are limited to 1 distance per stroke per meet	

Munster Aspiring Championship and Future Challengers Band Award Times 2023/2024 Short Course

MALE									FEMALE								
Event	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17+	Event	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17+
50 Back	50.17	45.63	41.49	40.68	38.70	36.89	35.14	33.47	50 Back	52.30	47.55	43.23	42.39	40.32	38.45	37.70	36.96
50 Breast	57.35	52.14	47.40	46.47	44.20	40.86	38.30	35.92	50 Breast	58.46	53.15	48.32	47.37	45.06	42.65	41.81	41.00
50 Fly	55.39	50.36	45.79	44.89	42.69	38.38	34.36	30.27	50 Fly	59.42	54.02	49.11	48.15	45.80	41.02	38.56	35.05
50 Free	44.77	40.70	37.00	36.32	33.10	32.24	30.85	29.79	50 Free	45.81	41.65	37.87	37.19	35.22	34.21	33.53	32.96
100 free	1.36.52	1.27.75	1.19.78	1.18.33	1.11.61	1.09.37	1.07.13	1.05.16	100 free	1.40.27	1.31.16	1.22.88	1.20.97	1.15.31	1.13.50	1.12.73	1.11.94
100 IM	1.57.37	1.46.70	1.37.00	1.35.00	1.27.89				100 IM	2.00.85	1.49.87	1.39.89	1.37.97	1.32.31			
100 Back	1.53.58	1.43.26	1.33.88	1.32.18	1.25.36	1.22.19	1.19.22	1.18.43	100 Back	1.54.00	1.43.50	1.35.96	1.33.91	1.28.27	1.25.69	1.25.10	1.24.03
100 Fly	1.56.59	1.45.79	1.36.18	1.33.43	1.25.93	1.21.45	1.17.40	1.14.25	100 Fly	1.59.66	1.48.71	1.38.83	1.37.04	1.30.23	1.25.59	1.22.50	1.21.46
100 Breast	2.10.40	1.58.55	1.47.78	1.45.82	1.36.53	1.32.70	1.29.96	1.29.74	100 Breast	2.11.96	1.59.97	1.49.07	1.46.09	1.40.69	1.38.26	1.37.44	1.36.18
200 Free	3.32.45	3.13.14	2.55.59	2.52.40	2.38.05	2.32.98	2.27.57	2.25.91	200 Free	3.36.73	3.17.03	2.59.12	2.55.87	2.45.56	2.41.95	2.37.97	2.37.97
200IM	4.04.42	3.42.20	3.22.00	3.18.00	3.03.53	2.55.31	2.53.28	2.49.02	200IM	4.11.41	3.48.56	3.27.79	3.23.94	3.12.39	3.05.05	2.59.65	2.57.99
200 Back			3.21.91	3.18.19	3.04.50	2.57.77	2.54.36	2.51.86	200 Back			3.25.34	3.21.57	3.10.79	3.06.50	3.02.46	3.01.62
200 Fly				3.27.59	3.09.69	3.02.05	2.53.79	2.49.73	200 Fly				3.32.68	3.21.83	3.18.58	3.11.92	3.07.90
200 Breast				3.48.62	3.32.12	3.27.08	3.17.72	3.17.27	200 Breast				3.51.85	3.42.52	3.31.49	3.29.31	3.29.31
400 Free			6.17.93	6.10.94	5.44.37	5.31.12	5.22.61	5.16.43	400 Free			6.23.62	6.16.51	5.55.33	5.45.62	5.41.46	5.36.43
400 IM				7.12.11	6.45.20	6.16.94	6.04.99	5.56.80	400 IM				7.19.74	6.50.93	6.42.05	6.38.59	6.28.58
800 Free				12.29.89	11.36.18	11.16.10	10.52.07	10.41.02	800 Free				12.45.56	12.04.91	11.49.27	11.37.70	11.32.61
1500 Free				24.33.84	22.39.97	22.02.00	21.37.58	21.12.59	1500 Free				24.11.13	22.53.87	22.37.49	22.13.51	21.58.00

Swim Munster Minor Schools 2023

Minor Schools Meet Information (Further information may be contained in the relevant Meet Conditions)	
Date:	15 th October 2023
Venue:	UL Sport Arena, University of Limerick The gala will be run in Short Course (25m) Format at the 10 Lane Olympic Pool at UL Sport Arena, University of Limerick. This gala will be a fully licenced Swim Munster Gala and all participants will be covered by Swim Ireland Insurance.
Entries:	This season, it is planned to introduce an online system when swimmers can make their entries (individual and relays). This will be supported by Clubs who will submit entries for their own members. These entries will then be sent to the school for review and correction. The closing date for entries is 29 th September. Where possible all entries for a school should be submitted together. The school have final say in reviewing and correcting entries.
Events:	The Age Up Date for this gala is 31 st August 2024. Group 1 – 9 – Born 1 st September 2014 to 31 st August 2015 Group 2 – 10 – Born 1 st September 2013 to 31 st August 2014 Group 3 – 11 – Born 1 st September 2012 to 31 st August 2013 Group 4 – 12 – Born 1 st September 2011 to 31 st August 2012 50m Backstroke, Breaststroke, Butterfly, Freestyle (Groups 1-4) 100m Individual Medley (Groups 3 & 4). A swimmer can swim a maximum of 2 individual events. Relays – 4 x 50 Free & Medley Team Relays (9/10yrs, 9-12yrs) Swimmers may swim in an older age group but at least one team member must be in the correct age group. A swimmer can swim a maximum of 2 relays – these do not need to be in the same age group.
Awards:	Medals will be awarded for 1 st , 2 nd & 3 rd Place in each Age Group.
Entry Fee:	€7 per individual event €20 per relay event
Officials:	To ensure the smooth running of the event each school MUST provide officials for each session to help with timekeeping / turn judge - where a school has more than 10 swimmers that school may be asked to provide more officials. Swim Munster will provide the key officials for each session. Swim Munster will circulate an Officials Roster during the week before the Championships.
Timing:	Electronic Timing and Hy-tek Meet Manager software will be used.

Withdrawals:	Withdrawals should be made by email by 5pm Thursday 12 th October 2023 – no refunds will be given for withdrawals.
Facilities:	Parking is available at the venue. A pool will be available for warm up and cool down throughout the event.
Enquiries:	All enquiries should be sent by email only to munstrentries@swimireland.ie Entry reports and further information will be posted on the Swim Munster website before the start of the gala – www.swimmunster.ie
Selections:	<p>Irish Minor Schools Swimming Championships – 23rd March 2024 – NAC Dublin</p> <p>Swimmers can qualify for the Irish Minor Schools Championships 2024 at the Swim Munster Schools Championships 2023. Qualifying swimmers will be marked on the results sheets posted at the event. The qualifying times for the Irish Minor Schools Swimming Championships are attached at the back of these meet conditions.</p> <p>Entry for the Irish Minor Schools will be online. A link will be provided for all qualifying swimmers.</p> <p>The running of finals is dependant upon available time. If number of entries is excessive, it may be necessary to go to Heat Declared Winners. This will be communicated in advance of the meet.</p>
Closing Date:	29 th September, 2023

SWIM MUNSTER MINOR SCHOOLS CHAMPIONSHIPS 2023 ORDER OF EVENTS

Session 1 - Sunday AM - Groups 3 & 4 Start TBC		
Event No	Event	Format
1	Girls 11-12 50m Freestyle	HDW
2	Boys 11-12 50m Freestyle	HDW
3	Girls 11-12 50m Breaststroke	HDW
4	Boys 11-12 50m Breaststroke	HDW
5	Girls 11-12 50m Backstroke	HDW
6	Boys 11-12 50m Backstroke	HDW
7	Girls 11-12 50m Butterfly	HDW
8	Boys 11-12 50m Butterfly	HDW
9	Girls 11-12 100IM	HDW
10	Boys 11-12 100IM	HDW
11	Girls 9-12 4 x 50 Medley Team Relay	HDW
12	Boys 9-12 4 x 50 Medley Team Relay	HDW
13	Girls 9-12 4 x 50 Freestyle Team Relay	HDW
14	Boys 9-12 4 x 50 Freestyle Team Relay	HDW

Session 2 - Sunday PM - Group 1 & 2 Start TBC		
Event No	Event	Format
15	Girls 9-10 50m Freestyle	HDW
16	Boys 9-10 50m Freestyle	HDW
17	Girls 9-10 50m Breaststroke	HDW
18	Boys 9-10 50m Breaststroke	HDW
19	Girls 9-10 50m Backstroke	HDW
20	Boys 9-10 50m Backstroke	HDW
21	Girls 9-10 50m Butterfly	HDW
22	Boys 9-10 50m Butterfly	HDW
23	Girls 9-12 4 x 50 Medley Team Relay	HDW
24	Boys 9-12 4 x 50 Medley Team Relay	HDW
25	Girls 9-12 4 x 50 Freestyle Team Relay	HDW
26	Boys 9-12 4 x 50 Freestyle Team Relay	HDW

****Session times may be changed if there are a large number of entries**

Aspiring Champions Series 2023-2024

There will be two Aspiring Champions meets per season, each run over 2 days – Meet 1 Short Course, Meet 2 Long Course.

Meet	Date	Venue	Closing Date for Entries / Payment
Aspiring Champions Series Meet 1 (SC)	21 st & 22 nd October (1.5 days)	UL Sport Arena, University of Limerick	9 th Oct / 13 th Oct.
Aspiring Champions Series Meet 2 (LC)	3 rd & 10 th March (2 days)	UL Sport Arena, University of Limerick	19 th Feb. / 23 th Feb.

Aspiring Champions Meet Information (Further information may be contained in the relevant Meet Conditions)	
Age Groups:	Minimum entry age is 13 years Male 13/14yrs, 15/16yrs, 17&over Female 13/14yrs, 15/16yrs, 17&over
Age-Up Date:	Meet 1 – 31 st December 2023 Meet 2 – 31 st December 2024
Events:	50, 100m, 200m all four strokes 200m, 400m Individual Medley 400m Freestyle Mixed 800m, 1500m Freestyle Male, Female and Mixed 4 x 50m Freestyle & Medley Team Relays (13-16yrs, 17&over)
Entries:	<p>All swimmers entering the Aspiring Champions Series must be a member of a Swim Munster affiliated club.</p> <p>No qualifying times will be published although consideration times will be published for 400/800/1500m to manage meet timelines.</p> <p>The number of individual entries permitted will be specified in the meet conditions.</p> <p>Athletes may only compete in their own Region.</p> <p>Athletes aged 13/14 years competing in the Future Challenger Series Round 1 will not be eligible to compete in the Aspiring Champions Series in the short course season (1st September to 31st December 2023) and those competing in the Future Challenger Series Round 2 will not be eligible to compete in the Aspiring Champions Series in the Long Course Season (1st January to 31st August 2024).</p> <p>Athletes with a disability must be registered as members of a Swim Ireland affiliated club at the time of entry.</p>
Entry Fee:	€ 7 per individual event. €20 per relay event.

	Payment should be forwarded to the Munster Treasurer by the closing date. Bank details BIC – AIBKIE2D IBAN – IE70AIBK93251559772394
Awards:	Wristbands will be presented – See Table above.

Order of Events	
Day 1	Day 2
Male 4 x 50m FTR	Female 4 x 50m FTR
Female 4 x 50m MTR	Male 4 x 50m MTR
Mixed 800m Free	Female 200m Individual Medley
Male 100m Back	Male 400m Individual Medley
Female 200m Back	Female 400m Free
Male 200m Individual Medley	Male 200m Free
Female 100m Breast	Female 200m Breast
Male 100m Free	Male 50m Back
Female 50m Butterfly	Female 50m Free
Male 200m Butterfly	Male 50m Breaststroke
Mixed 4 x 50m FTR	
Female 100m Individual Medley (SC only)	Mixed 4 x 50m MTR
Male 100m Butterfly	Male 100m Individual Medley (SC only)
Female 200m Butterfly	Female 200m Free
Male 200m Breast	Male 100m Breast
Female 100m Free	Female 100m Butterfly
Male 400m Free	Male 200m Back
Female 400m IM	Female 100m Back
Male 50m Free	Male 50m Butterfly
Female 50m Back	Female 50m Breast
	Mixed 1500m Freestyle

Swim Munster Senior Schools Championships 2024

Munster Senior Schools Meet Information (Further information may be contained in the relevant Meet Conditions)	
Date:	12 th November 2023
Venue:	UL Arena, University of Limerick. The gala will be run in Short Course (25m) Format at the UL Arena, University of Limerick. This gala will be a fully licenced Swim Munster Gala and all participants will be covered by Swim Ireland Insurance.
Entries:	This season, it is planned to introduce an online system when swimmers can make their entries (individual and relays). This will be supported by Clubs who will submit entries for their own members. These entries will then be sent to the school for review and correction. The closing date for entries is 23 th October. The school have final say in reviewing and correcting entries.
Events:	Ages are calculated based on the swimmers age on 31st August 2024 Group 5 - Junior: age 12-14; born 01/09/2009-31/08/2011 Group 6 - Inter: age 15-16; born 01/09/2007-31/08/2009 Group 7 - Senior: age 17-19; born 01/09/2004-31/08/2007 100m Backstroke, Breaststroke, Butterfly, Freestyle (Groups 5,6 & 7) 200m Individual Medley (Groups 5,6 & 7) 400m Freestyle (Open by invitation only based on 10 fastest entries for each gender with 2 Reserves – swimmers will be notified as soon as all entries are processed. A swimmer can swim a maximum of 2 individual events plus the 400m Free if selected. Relays – 4 x 50m FTR and 4 x 50m MTR (Junior, Inter and Senior) Swimmers may swim up in an older age group but at least one team member must be in the correct age group. A swimmer can swim a maximum of 2 relays – these do not need to be in the same age group. The running of finals and the 400m is dependant upon available time. If number of entries is excessive, it may be necessary to go to Heat Declared Winners. This will be communicated in advance of the meet.
Entry Fee:	€7 per individual event €20 per relay event Payment will be made electronically with entries
Awards:	Medals will be awarded for 1 st , 2 nd & 3 rd Place in each Age Group. Plaque presented to winners of Boys 4 x 50 FTR

Officials:	<p>To ensure the smooth running of the event each school MUST provide officials for each session to help with timekeeping / turn judge - where a school has more than 10 swimmers that school may be asked to provide more officials.</p> <p>Swim Munster will provide the key officials for each session. Swim Munster will circulate an Officials Roster during the week before the Championships.</p>
Timing:	<p>Electronic Timing and Hy-tek Meet Manager software will be used.</p>
Withdrawals:	<p>Withdrawals should be made by email by 12 mid-day on Friday 10th November 2023 – no refunds will be given for withdrawals.</p>
Facilities:	<p>Parking is available at the venue. A pool will be available for warm up and cool down throughout the event.</p>
Enquiries:	<p>All enquiries should be sent by email only to munstrentries@swimireland.ie Entry reports and further information will be posted on the Swim Munster website before the start of the gala – www.swimmunster.ie</p>
Selections:	<p>Irish Schools Interprovincial Championships – 24th March 2024 The Munster interprovincial team will comprise two swimmers in each of the events. Events at Inter-provincials are similar to Munster Schools. The winner of the Munster Schools event will be selected in that event.</p> <p>The second position on the Team will be awarded to the person who is the highest ranked swimmer, in that event, at the time of selection and must have competed at the Munster Senior Schools. Ranking will be done post the Irish Winter Championships. A swimmer can only be selected in 2 events (excluding relays and 400m).</p>
Closing Date:	<p>25th October 2023</p>

Swim Munster Senior Schools Championships 2024

Order of Events

Session 1 – Sunday AM – Group 5 – Junior Warm Up Girls TBC – Warm Up Boys TBC – Start TBC		
Event No	Event	Format
1	Junior Girls 100m Backstroke	Heats
2	Junior Boys 100m Backstroke	Heats
3	Junior Girls 100m Breaststroke	Heats
4	Junior Boys 100m Breaststroke	Heats
5	Junior Girls 100m Butterfly	Heats
6	Junior Boys 100m Butterfly	Heats
7	Junior Girls 100m Freestyle	Heats
8	Junior Boys 100m Freestyle	Heats
9	Junior Girls 200IM	HDW
10	Junior Boys 200IM	HDW
11	Junior Girls 4 x 50 Medley Team Relay	HDW
12	Junior Boys 4 x 50 Medley Team Relay	HDW
13	Junior Girls 4 x 50 Freestyle Team Relay	HDW
14	Junior Boys 4 x 50 Freestyle Team Relay	HDW
Finals	Events 1-8	

Session 2 - Sunday PM - Group 6 & 7 – Intermediate & Senior Warm Up Girls TBC – Warm Up Boys TBC Start TBC		
Event No	Event	Format
15	Open Girls 400m Freestyle	HDW
16	Open Boys 400m Freestyle	HDW
17	Intermediate & Senior Girls 100m Backstroke	Heats
18	Intermediate & Senior Boys 100m Backstroke	Heats
19	Intermediate & Senior Girls 100m Breaststroke	Heats
20	Intermediate & Senior Boys 100m Breaststroke	Heats
21	Intermediate & Senior Girls 100m Butterfly	Heats
22	Intermediate & Senior Boys 100m Butterfly	Heats
23	Intermediate & Senior Girls 100m Freestyle	Heats
25	Intermediate & Senior Boys 100m Freestyle	Heats
26	Intermediate & Senior Girls 200IM	HDW
27	Intermediate & Senior Boys 200IM	HDW
15	Intermediate Girls 4 x 50 Medley Team Relay	HDW
16	Intermediate Boys 4 x 50 Medley Team Relay	HDW
17	Intermediate Girls 4 x 50 Freestyle Team Relay	HDW
18	Intermediate Boys 4 x 50 Freestyle Team Relay	HDW
31	Senior Girls 4 x 50 MTR	HDW
32	Senior Boys 4 x 50 MTR	HDW
33	Senior Girls 4 x 50 FTR	HDW
34	Senior Boys 4 x 50 FTR	HDW
Finals	Events 17-25 – 1 Intermediate Final & 1 Senior Final in each event	

****Session times will be confirmed once all entries have been received****

Munster Short Course Championships 2023

Munster Short Course Championships Meet Information (Further information may be contained in the relevant Meet Conditions)	
Date:	24 th – 26 th November 2023
Venue:	UL Arena, University of Limerick
Age Groups:	Minimum entry age 13 years 13-16; 17-18; 19 and over
Age Up Date:	31 st December 2023
Events:	50m, 100m, 200m all four strokes – heats and finals 100, 200m Individual Medley – heats and finals 400m Freestyle, 400m Individual Medley – HDW 800m Freestyle, 1500m Freestyle HDW – these events will be swum as Mixed events and will be limited to 2 heats in each event The fastest heats of 400 Free, 400IM, 800 Free & 1500 Free events will be swum in the Finals Session Male & Female Relays - 4 x 50m MTR, 4 x 50m FTR - swum as finals Mixed Relays - 4 x 50m MTR, 4 x 50m FTR - swum as finals
Seeding:	The placing of competitors in the heats will be spearheaded and swum <u>slowest to fastest</u> , with the three fastest heats being cyclically seeded. Clubs not submitting an entry time for relay teams will be seeded in the slowest heat.
Awards:	Individual Events and Relay Events
Entries:	<p>All swimmers entering the Munster Short Course Championships must be a member of a Swim Munster affiliated club.</p> <p>Entries must be submitted electronically to munsterentries@swimireland.ie using Hy-tek Team Manager. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file.</p> <p>Long Course & Short Course Qualifying and Consideration Times have been published for this event and must be achieved in a Level 3 Licensed Meet by 5pm Monday 30th October 2023.</p> <p>Long course times must be converted to short course – unconverted long course times will not be accepted.</p> <p>Swimmers achieving consideration times will be accepted for entry unless the individual event is over-subscribed. If it is necessary to reject entries, this will be done based on entry time, slowest to fastest, excluding swimmers with an entry time equal to or faster than the Qualifying Times published, who will be guaranteed entry.</p> <p>Clubs may only enter one Senior and one Junior relay team per relay event. Clubs must enter up to 8 swimmers at the time of submitting entries and generate an entry time on Hy-tek.</p>

	Clubs can use swimmers who have no individual events providing their names are on the team lists submitted with the entries. Please note that Clubs must adhere to the Club Transfer rule of 12 weeks when entering Relay Teams.
Entry Fees:	€8 per Individual Event €20 per Relay Event Payment should be forwarded to the Munster Treasurer by the closing date. Bank details BIC – AIBKIE2D IBAN – IE70AIBK93251559772394
Closing Date:	13th November 2023

Munster Short Course Championships Order of Events		
Day 1	Day 2	Day 3
Session 1: Combined Heats	Session 3: Combined Heats	Session 5: Combined Heats
Female 200m Breaststroke Male 200m Breaststroke Female 400m Freestyle HDW Male 400m Freestyle HDW Female 50m Backstroke Male 50m Backstroke Female 200m IM Male 200m IM Female 100m Butterfly Male 100m Butterfly Female 50m Freestyle Male 50m Freestyle Female 200m Freestyle Relay HDW Male 200m Freestyle Relay HDW	Mixed 200m Freestyle Relay HDW Female 200m Freestyle Male 200m Freestyle Female 200m Backstroke Male 200m Backstroke Female 100m Breaststroke Male 100m Breaststroke Female 100m IM Male 100m IM Female 50m Butterfly Male 50m Butterfly Mixed 200m Medley Relay HDW Mixed 800m Freestyle HDW	Female 400m IM HDW Male 400m IM HDW Female 100m Backstroke Male 100m Backstroke Female 50m Breaststroke Male 50m Breaststroke Female 200m Butterfly Male 200m Butterfly Female 100m Freestyle Male 100m Freestyle Female 200m Medley Relay HDW Male 200m Medley Relay HDW Mixed 1500m Freestyle HDW
Session 2: Finals & Presentations	Session 4: Finals & Presentations	Session 6: Finals & Presentations
Female 200m Breaststroke 'A' or 'A' & 'B' Finals Male 200m Breaststroke 'A' or 'A' & 'B' Finals Female 400m Freestyle HDW (Fastest Heat) Male 400m Freestyle HDW (Fastest Heat) Female 50m Backstroke 'A' or 'A' & 'B' Finals Male 50m Backstroke 'A' or 'A' & 'B' Finals Female 200m IM 'A' or 'A' & 'B' Finals Male 200m IM 'A' or 'A' & 'B' Finals Female 100m Butterfly 'A' or 'A' & 'B' Finals Male 100m Butterfly 'A' or 'A' & 'B' Finals Female 50m Freestyle 'A' or 'A' & 'B' Finals Male 50m Freestyle 'A' or 'A' & 'B' Finals Female 200m Freestyle Relay HDW (Fastest Heat) Male 200m Freestyle Relay HDW (Fastest Heat)	Mixed 200m Freestyle Relay HDW (Fastest Heat) Female 200m Freestyle 'A' or 'A' & 'B' Finals Male 200m Freestyle 'A' or 'A' & 'B' Finals Female 200m Backstroke 'A' or 'A' & 'B' Finals Male 200m Backstroke 'A' or 'A' & 'B' Finals Female 10m Breaststroke 'A' or 'A' & 'B' Finals Male 100m Breaststroke 'A' or 'A' & 'B' Finals Female 100m IM 'A' or 'A' & 'B' Finals Male 100m IM 'A' or 'A' & 'B' Finals Female 50m Butterfly 'A' or 'A' & 'B' Finals Male 50m Butterfly 'A' or 'A' & 'B' Finals Mixed 200m Medley Relay HDW (Fastest Heat) Mixed 800m Freestyle HDW (Fastest Heat)	Female 400m IM HDW (Fastest Heat) Male 400m IM HDW (Fastest Heat) Female 100m Backstroke 'A' or 'A' & 'B' Finals Male 100m Backstroke 'A' or 'A' & 'B' Finals Female 50m Breaststroke 'A' or 'A' & 'B' Finals Male 50m Breaststroke 'A' or 'A' & 'B' Finals Female 200m Butterfly 'A' or 'A' & 'B' Finals Male 200m Butterfly 'A' or 'A' & 'B' Finals Female 100m Freestyle 'A' or 'A' & 'B' Finals Male 100m Freestyle 'A' or 'A' & 'B' Finals Female 200m Medley Relay HDW (Fastest Heat) Male 200m Medley Relay HDW (Fastest Heat) Mixed 1500m Freestyle HDW (Fastest Heat)

MUNSTER SHORT COURSE QUALIFICATION & CONSIDERATION TIMES						
Male			QUALIFICATION TIMES	Female		
Born	Born	Born		Born	Born	Born
2007 - 2010	2005 & 2006	2004 & Earlier		2004 & Earlier	2005 & 2006	2007 - 2010
31.23	30.22	29.93	50m Freestyle	34.21	34.42	34.70
1:08.03	1:06.54	1:05.82	100m Freestyle	1:14.05	1:14.11	1:15.07
2:32.56	2:29.89	2:27.96	200m Freestyle	2:42.61	2:43.48	2:43.61
5:25.99	5:17.82	5:15.64	400m Freestyle	5:42.86	5:49.73	5:50.28
11:25.98	11:22.77	11:16.93	800m Freestyle	11:51.87	11:56.98	12:00.03
21:55.21	21:44.83	21:23.63	1500m Freestyle	23:01.40	23:26.23	23:26.25
37.22	35.01	34.96	50m Backstroke	39.03	39.47	40.07
1:19.81	1:15.98	1:15.96	100m Backstroke	1:23.82	1:25.07	1:25.42
2:56.53	2:50.64	2:50.63	200m Backstroke	3:02.43	3:02.45	3:04.13
41.34	39.22	39.09	50m Breaststroke	44.58	45.05	45.08
1:30.44	1:25.92	1:25.90	100m Breaststroke	1:36.33	1:38.26	1:38.28
3:17.91	3:12.62	3:12.50	200m Breaststroke	3:30.45	3:35.31	3:35.32
34.22	32.75	32.35	50m Butterfly	37.32	37.33	37.48
1:17.13	1:14.54	1:14.07	100m Butterfly	1:24.35	1:24.38	1:25.31
2:56.31	2:53.10	2:52.22	200m Butterfly	3:20.80	3:21.78	3:21.79
1:21.56	1:17.59	1:17.49	100m IM	1:25.72	1:26.63	1:26.68
2:53.48	2:50.34	2:48.13	200m IM	3:05.47	3:08.12	3:08.13
6:13.85	6:05.85	6:03.32	400m IM	6:43.88	6:46.74	6:46.75

Male			CONSIDERATION TIMES	Female		
Born	Born	Born		Born	Born	Born
2007 - 2010	2005 & 2006	2004 & Earlier		2004 & Earlier	2005 & 2006	2007 - 2010
32.50	31.45	31.14	50m Freestyle	35.60	35.81	36.11
1:10.80	1:09.25	1:08.49	100m Freestyle	1:17.06	1:17.12	1:18.12
2:38.76	2:35.98	2:33.97	200m Freestyle	2:49.22	2:50.12	2:50.27
5:39.24	5:30.74	5:28.47	400m Freestyle	5:56.80	6:03.94	6:04.52
12:05.02	12:01.63	11:55.45	800m Freestyle	12:32.39	12:37.78	12:41.01
23:10.06	22:59.09	22:36.68	1500m Freestyle	24:20.02	24:46.26	24:46.28
38.73	36.43	36.38	50m Backstroke	40.61	41.08	41.70
1:23.06	1:19.07	1:19.05	100m Backstroke	1:27.23	1:28.52	1:28.90
3:03.71	2:57.57	2:57.56	200m Backstroke	3:09.85	3:09.86	3:11.62
43.02	40.82	40.68	50m Breaststroke	46.39	46.89	46.91
1:34.12	1:29.41	1:29.40	100m Breaststroke	1:40.25	1:42.26	1:42.27
3:25.95	3:20.45	3:20.32	200m Breaststroke	3:39.01	3:44.06	3:44.08
35.61	34.09	33.66	50m Butterfly	38.84	38.85	39.00
1:20.27	1:17.57	1:17.08	100m Butterfly	1:27.78	1:27.81	1:28.78
3:06.34	3:02.95	3:02.03	200m Butterfly	3:32.23	3:33.27	3:33.28
1:24.88	1:20.74	1:20.64	100m IM	1:29.20	1:30.15	1:30.20
3:00.53	2:57.27	2:54.96	200m IM	3:13.01	3:15.76	3:15.78
6:35.12	6:26.67	6:23.99	400m IM	7:06.87	7:09.88	7:09.90

Munster Age Group & Senior Long Course Championships 2024

Munster Age Group & Senior Long Course Meet Information (Further information may be contained in the relevant Meet Conditions)	
Date:	10th – 12 May 2024
Venue:	UL Sport Arena, University of Limerick
Age Groups:	12 years, 13-14 years, 15-16 years, 17 years &over
Age Up Date:	31 st December 2024
Individual Events:	50m Freestyle – Heats & Finals 50m Backstroke, 50m Butterfly, 50m Breaststroke – Heats & Finals (15 & over) 100m Freestyle, 100m Backstroke, 100m Butterfly, 100m Breaststroke – Heats & Finals 200m Freestyle, 200m Backstroke, 200m Butterfly, 200m Breaststroke – Heats & Finals 200m Individual Medley – Heats & Finals 400m Freestyle / 800m Freestyle / 1500m Freestyle – HDW (13&over) 400m Individual Medley – HDW (13&over) Consideration Times and Qualification Times will be published early in the Long Course season
Relay Events:	12yrs - 4 x 50m Medley, 4 x 50m Freestyle 13-14yrs, 15&over – All Olympic Relay events
Entries:	<p>All swimmers entering the Munster Age Group & Senior Long Course Championships must be a member of a Swim Munster affiliated club.</p> <p>Entries must be submitted electronically to munsterentries@swimireland.ie using Hytek Team Manager. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file.</p> <p>Long Course and Short Course Qualifying and Consideration Standards have been published for this event and must be achieved in a Level 3 Licensed Meet since 1st July 2023. Short course times must be converted to long course – no unconverted short course times will be accepted.</p> <p>Swimmers achieving Consideration Standards will be accepted for entry unless the individual event is over-subscribed. If it is necessary to reject entries, this will be done based on entry time, slowest to fastest, excluding swimmers with an entry time equal to or faster than the Qualifying Standards published, who will be guaranteed entry.</p> <p>Entries in the 800m and 1500m events will be limited (13-14, 15-16 & 17 & over) as specified in the Meet pack together with CT/QT. If all lanes are not filled swimmers will be offered a lane based on rankings irrespective of age.</p> <p>Clubs must enter relay teams when submitting the Hy-tek entries and must generate an entry time on Hy-tek for seeding purposes. Clubs not submitting an entry time will be seeded in the slowest heat. Clubs can use swimmers who have no individual events providing their names are on the team lists submitted with the entries.</p>

Seeding:	The placing of competitors in the heats will be spearheaded and swum <u>slowest to fastest</u> . Clubs not submitting an entry time for relay teams will be seeded in the slowest heat.
Awards:	Medals will be presented to 1 st , 2 nd & 3 rd in each age group
Entry Fees:	Individual € 8 Team €20 Payment should be forwarded to the Munster Treasurer by the closing date. Bank details BIC – AIBKIE2D IBAN – IE70AIBK93251559772394
Closing Date:	29th April, 2023

Munster Long Course Championships Order of Events		
Day 1	Day 2	Day 3
Session 1: Combined Heats	Session 4: Combined Heats	Session 7: Combined Heats
Male 15 yrs & Over 200m Breaststroke Female 15 yrs & Over 100m Breaststroke Male 15 yrs & Over 1500m Freestyle HDW Female 15 yrs & Over 100m Backstroke Male 15 yrs & Over 100m Backstroke Female 15 yrs & Over 50m Freestyle Male 15 yrs & Over 50m Butterfly Female 15 yrs & Over 200m Butterfly Male 15 yrs & Over 200m Freestyle Female 15 yrs & Over 400m Freestyle HDW Male 15 yrs & Over 200m IM	Male 15 yrs & Over 400m IM HDW Female 15 yrs & Over 800m Freestyle HDW Male 15 yrs & Over 50m Backstroke Female 15 yrs & Over 50m Backstroke Male 15 yrs & Over 100m Breaststroke Female 15 yrs & Over 100m Butterfly Male 15 yrs & Over 200m Butterfly Female 15 yrs & Over 400m IM HDW Male 15 yrs & Over 100m Freestyle Female 15 yrs & Over 50m Breaststroke Male 15 yrs & Over 800m Freestyle HDW Female 15 yrs & Over 200m Freestyle	Female 15 yrs & Over 200m IM Male 15 yrs & Over 50m Breaststroke Female 15 yrs & Over 50m Butterfly Male 15 yrs & Over 200m Backstroke Female 15 yrs & Over 200m Backstroke Male 15 yrs & Over 50m Freestyle Female 15 yrs & Over 200m Breaststroke Male 15 yrs & Over 100m Butterfly Female 15 yrs & Over 100m Freestyle Male 15 yrs & Over 400m Freestyle HDW Female 15 yrs & Over 1500m Freestyle HDW
Session 2: Combined Heats	Session 5: Combined Heats	Session 8: Combined Heats
Male 12-14 yrs 200m Breaststroke Female 12-14 yrs 100m Breaststroke Male 13-14 yrs 1500m Freestyle HDW Female 12-14 yrs 100m Backstroke Male 12-14 yrs 100m Backstroke Female 12-14 yrs 50m Freestyle Male 12-14 yrs 200m Freestyle Female 12-14 yrs 200m Butterfly Male 12-14 yrs 200m IM Female 13-14 yrs 400m Freestyle HDW	Male 13-14 yrs 400m IM HDW Female 13-14 yrs 800m Freestyle HDW Male 12-14 yrs 100m Breaststroke Female 12-14 yrs 100m Butterfly Male 12-14 yrs 200m Butterfly Female 13-14 yrs 400m IM HDW Male 12-14 yrs 100m Freestyle Female 12-14 yrs 200m Freestyle Male 13-14 yrs 800m Freestyle HDW Mixed 12 yrs 200m Freestyle Relay HDW	Female 12-14 yrs 200m IM Male 12-14 yrs 200m Backstroke Female 12-14 yrs 200m Backstroke Male 12-14 yrs 50m Freestyle Female 12-14 yrs 200m Breaststroke Male 12-14 yrs 100m Butterfly Female 12-14 yrs 100m Freestyle Male 13-14 yrs 400m Freestyle HDW Female 13-14 yrs 1500m Freestyle HDW Mixed 12 yrs 200m Medley Relay HDW

Session 3: Finals	Session 6: Finals	Session 9: Finals
<p>Male 12 yrs 200m Breaststroke Male 13/14 yrs 200m Breaststroke Male 15/16 yrs 200m Breaststroke Male 17 yrs & Over 200m Breaststroke Female 12 yrs 100m Breaststroke Female 13/14 yrs 100m Breaststroke Female 15/16 yrs 100m Breaststroke Female 17 yrs & Over 100m Breaststroke Male 12 yrs 100m Backstroke Male 13/14 yrs 100m Backstroke Male 15/16 yrs 100m Backstroke Male 17 yrs & Over 100m Backstroke Female 12 yrs 100m Backstroke Female 13/14 yrs 100m Backstroke Female 15/16 yrs 100m Backstroke Female 17 yrs & Over 100m Backstroke Male 15/16 yrs 50m Butterfly Male 17 yrs & Over 50m Butterfly Female 12 yrs 50m Freestyle Female 13/14 yrs 50m Freestyle Female 15/16 yrs 50m Freestyle Female 17 yrs & Over 50m Freestyle Male 12 yrs 200m Freestyle Male 13/14 yrs 200m Freestyle Male 15/16 yrs 200m Freestyle Male 17 yrs & Over 200m Freestyle Female 12 yrs 200m Butterfly Female 13/14 yrs 200m Butterfly Female 15/16 yrs 200m Butterfly Female 17 yrs & Over 200m Butterfly Male 12 yrs 200m IM Male 13/14 yrs 200m IM Male 15/16 yrs 200m IM Male 17 yrs & Over 200m IM Female 13-14 yrs 400m Medley Relay HDW Female 15 yrs & Over 400m Medley Relay HDW Male 13-14 yrs 400m Medley Relay HDW Male 15 yrs & Over 400m Medley Relay HDW</p>	<p>Male 15/16 yrs 50m Backstroke Male 17 yrs & Over 50m Backstroke Female 15/16 yrs 50m Backstroke Female 17 yrs & Over 50m Backstroke Male 12 yrs 100m Breaststroke Male 13/14 yrs 100m Breaststroke Male 15/16 yrs 100m Breaststroke Male 17 yrs & Over 100m Breaststroke Female 12 yrs 100m Butterfly Female 13/14 yrs 100m Butterfly Female 15/16 yrs 100m Butterfly Female 17 yrs & Over 100m Butterfly Male 12 yrs 200m Butterfly Male 13/14 yrs 200m Butterfly Male 15/16 yrs 200m Butterfly Male 17 yrs & Over 200m Butterfly Female 15/16 yrs 50m Breaststroke Female 17 yrs & Over 50m Breaststroke Male 12 yrs 100m Freestyle Male 13/14 yrs 100m Freestyle Male 15/16 yrs 100m Freestyle Male 17 yrs & Over 100m Freestyle Female 12 yrs 200m Freestyle Female 13/14 yrs 200m Freestyle Female 15/16 yrs 200m Freestyle Female 17 yrs & Over 200m Freestyle Male 13-14 yrs 400m Freestyle Relay HDW Male 15 yrs & Over 400m Freestyle Relay HDW Female 13-14 yrs 400m Freestyle Relay HDW Female 15 yrs & Over 400m Freestyle Relay HDW</p>	<p>Female 13-14 yrs 800m Freestyle Relay HDW Female 15 yrs & Over 800m Freestyle Relay HDW Male 13-14 yrs 800m Freestyle Relay HDW Male 15 yrs & Over 800m Freestyle Relay HDW Female 12 yrs 200m IM Female 13/14 yrs 200m IM Female 15/16 yrs 200m IM Female 17 yrs & Over 200m IM Male 15/16 yrs 50m Breaststroke Male 17 yrs & Over 50m Breaststroke Female 15/16 yrs 50m Butterfly Female 17 yrs & Over 50m Butterfly Male 12 yrs 200m Backstroke Male 13/14 yrs 200m Backstroke Male 15/16 yrs 200m Backstroke Male 17 yrs & Over 200m Backstroke Female 12 yrs 200m Backstroke Female 13/14 yrs 200m Backstroke Female 15/16 yrs 200m Backstroke Female 17 yrs & Over 200m Backstroke Male 12 yrs 50m Freestyle Male 13/14 yrs 50m Freestyle Male 15/16 yrs 50m Freestyle Male 17 yrs & Over 50m Freestyle Female 12 yrs 200m Breaststroke Female 13/14 yrs 200m Breaststroke Female 15/16 yrs 200m Breaststroke Female 17 yrs & Over 200m Breaststroke Male 12 yrs 100m Butterfly Male 13/14 yrs 100m Butterfly Male 15/16 yrs 100m Butterfly Male 17 yrs & Over 100m Butterfly Female 12 yrs 100m Freestyle Female 13/14 yrs 100m Freestyle Female 15/16 yrs 100m Freestyle Female 17 yrs & Over 100m Freestyle Mixed 13-14 yrs 400m Medley Relay HDW Mixed 15 yrs & Over 400m Medley Relay HDW</p>

Swim Munster Swim Festival 2024

Swim Festival Meet Information (Further information may be contained in the relevant Meet Conditions) This Meet is open to all swimmers who have not achieved any Irish Summer National Age Group Championships or Irish Summer National Youth & Senior Championships Qualifying Standards	
Date:	23 rd June 2024
Venue:	UL Sport Arena, University of Limerick
Age Groups:	Minimum age of entry is 10yrs. Male: 10 yrs, 11yrs, 12 yrs, 13-14, 15yrs & older Female: 10 yrs, 11yrs, 12 yrs, 13-14, 15yrs & older
Age Up Date:	31 st December 2024
Events:	50m, 100m all four strokes 100m & 200m Individual Medley Relays - 4 x 25 Mixed for 10-12 Age Group; Freestyle relay for 13 & over run as legs of 25m/ 50m / 75m/ 100m.
Awards:	Medals will be awarded to the first 3 places in each age group as above. Special prizes also awarded to the winners of the Super-IM Final and Skins Final.
Entries:	<p>All swimmers entering the Swim Festival must be a member of a Swim Munster affiliated club.</p> <p>Entries must be submitted electronically to munstrentries@swimireland.ie using Hytek Team Manager. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file.</p> <p>Slower Than Entry Times – Irish Summer National Championships. If a club is found to have entered a swimmer who has achieved an Irish Summer National Championship consideration standard the club will be levied with a fine of £100. It the responsibility of the club to ensure that all entered swimmers are eligible to compete.</p> <p>Swimmers are limited to a maximum of 5 individual entries plus relays.</p> <p>Swim Munster reserves the right to limit entries if the meet is oversubscribed. If the meet is oversubscribed the number of swims per swimmer will be limited and any rejected entries will be refunded as a single payment to the club in question.</p>
Entry Fees:	<p>€30 per swimmer, covering all the individual events, relay participation and final.</p> <p>Payment should be forwarded to the Munster Treasurer by the closing date. Bank details BIC – AIBKIE2D IBAN – IE70AIBK93251559772394</p>
Closing Date:	June 11 th , 2024

Order of Events			
Session times are provisional and will be finalised once all the entries have been processed.			
Event No	Session 1 (Warm-up Girls 9.00am – Start 10am)	Event No	Session 2 (Warm-up Girls 1.00pm – Start 2.00pm)
1	Girls 10&over 50m Butterfly	20	Boys 200m Freestyle
2	Boys 10&over 50m Butterfly	21	Girls 200m Freestyle
3	Girls 10&over 50m Backstroke	22	Boys 50m Butterfly
4	Boys 10&over 50m Backstroke	23	Girls 50m Butterfly
5	Girls 11&over 100m Backstroke	24	Boys 100m Backstroke
6	Boys 11&over 100m Backstroke	25	Girls 100m Backstroke
7	Girls 10&over 50m Breaststroke	26	Boys 100m Breaststroke
8	Boys 10&over 50m Breaststroke	27	Girls 100m Breaststroke
9	Girls 11&over 100m Breaststroke	28	Boys 100m Freestyle
10	Boys 11&over 100m Breaststroke	29	Girls 100m Freestyle
11	Girls 10 & over 50m Freestyle	30	Mixed 250m Freestyle Relay
12	Girls 10 & Over 100m Freestyle	31	Medley Skins Boys 13-14
13	Boys 10 & Over 50m Freestyle	32	Medley Skins Girls 13-14
14	Girls 10 & Over 100m Freestyle	33	Medley Skins Boys 15 & Over
15	Mixed 4 x 25m Medley Team Relay	34	Medley Skins Girls 15 & Over
16	100 IM Super Final Girls – 11 year old		
17	100 IM Super Final Boys – 11 year old		
18	100 IM Super Final Girls – 12 year old		
19	100 IM Super Final Boys – 12 year old		

100 IM Super Final Girls – 11 year old Superfinal: the top 10 swimmers combined points across all the individual events (max 4) swam by each swimmer will compete for the 100 im superfinal (one final for each gender and age group). Points are calculated by the Meet Manager software based on the placing of the swimmer in each event.

In the event of a tie for 10th place , a swim off will take place between the relevant swimmers over 50m Freestyle heat until a winner is declared.

The skin race stages alternate between boys and girls per each age group as follows

Stage 1: all the swimmers qualified are competing. The distance is 50 meters and the stroke is drawn by the competition manager; the first 8 proceed to stage 2. Girls race and boys race.

Stage 2: the remaining 8 swimmers are competing. The distance is 50 meters and the stroke is drawn by the competition manager (among the 3 remaining); the first 6 proceed to stage 3. Girls race and boys race.

Stage 3: the remaining 6 swimmers are competing. The distance is 50 meters and the stroke is drawn by the competition manager (among the 2 remaining); the first 4 proceed to stage 4. Girls race and boys race.

Stage 4: the remaining 4 swimmers are competing. The distance is 50 meters and the stroke is the last remaining not previously swum in stage 1-2-3; the first 2 proceed to stage 5. Girls race and boys race.

Stage 5: the remaining 2 swimmers are competing. The distance is 50 meters and the is drawn by the competition manager (among all the 4 strokes); the winner is the overall winner of the event.

4x25/50/75/100m Freestyle Mixed Relay: Each Team must have 2 boys and 2 girls (13&Over); each team swims the 4 distances in the specific order: one 25 – one 50 – one 75 – one 100. The order of the swimmers (boys or girls first) is free.

2023 - 2024 MUNSTER SEASON PLAN

2023-2024 Swim Munster Season Plan (Version 2)						
Month	Date(s)	Day(s)	Meet – Other	Level	Venue	Qualification Window Closes
October	3rd, 5 th , 7 th	Tues, Thurs, Fri	Official School via Zoom			
	8th	Sunday	Future Challenger Meet 1	2	Blackrock & Mallow	
	11th	Wednesday	Meet Manager Training via Zoom			
	15th	Sunday	Munster Minor Schools	3	UL	
	21st - 22nd	Sat & Sun	Munster Aspiring Challenger	3	UL	
November	27-29th	Fri – Sun	Eddie Campion Dolphin Open	3	Mayfield	
	4th	Saturday	Swim Ireland Awards (Closed Weekend)			
	12th	Sunday	Munster Senior Schools	3	UL	
	19th	Sunday	Kerry Invitation	2	Tralee	
December	24th - 26th	Fri – Sun	Munster Short Course Champs	4	UL	QT for Winter Champs
	3rd	Sunday	Future Challenger Meet 2	2	SWSC & Tralee	
	14th - 16th	Thurs – Sat	Irish Winter Championships	5	NAC	
January	17th	Sun	Mallow Christmas Fun	1	Mallow	
	19th - 21st	Fri – Sun	Gerry Ryan Invitational	3	UL	
	February	11th	Sunday	Kerry Cluster (Confined)	2	Tralee
18th		Sunday	Future Challenger Meet 3	2	Dolphin & ??	
23rd - 24th		Fri – Sat	Ennis Invitation	2	Ennis	
March	3rd	Sunday	Munster Aspiring - Day 1	3	UL	
	10th	Sunday	Munster Aspiring - Day 2	3	UL	
	11th	Monday				QT for McCullagh Int
	23rd	Saturday	Irish Minor Schools	4	NAC	
	24th	Sunday	Irish Senior Schools Relays & Interpers	4	NAC	
	29th - 30th	Fri – Sat	Mallow Invitational	3	Mallow	
April	7th	Sunday	Future Challenger Meet 4	2	UL (in SC format)	
	11th - 14th	Thur – Sun	McCullagh International	5	Bangor	
	15th	Mon				QT for Irish Open
	20th - 21st	Sat – Sun	Kingdom Invitation	3	Tralee	
May	26th - 27th	Fri – Sat	Mallow Invitation	2	Mallow	
	10th - 12th	Fri – Sun	Munster LC Champs	4	UL	
	19th	Sun	John Dempsey	2	UL	
	21st - 25th	Tue – Sat	Irish Open	5	NAC	
	24th	Saturday	Kerry Cluster (Confined)	2	Tralee	
June	26th	Sunday	Lahinch	2	Lahinch	
	1st - 2nd	Sat – Sun	Michael Bowles Invitational	3	Douglas	
	8th - 9th	Sat – Sun	Dolphin Minnows	2	Mayfield	
	9th	Sunday	Limerick Sprint	3	UL	
July	23rd	Sunday	Munster Swim Festival	2	UL	
	11th - 14th	Thur – Sun	Irish Summer Age Group Champs	5	NAC	
	23rd - 27th	Tues – Sat	Irish Summer Youth & Senior Champs	5	NAC	

Points for Clubs re Hosting Munster Galas, Applying for Meet Licence etc.

Hosting a Future Challenger Meet

On three of the four Future Challenger dates, the Meets will be held in clubs in the Region (2 clubs each holding an event on the designated weekend). Two venues for each Future Challenger will be required, ideally at opposite locations in the region, to allow for an equal division of participating clubs. The final Future Challenger will be held in UL.

For Future Challengers hosted by Clubs – Swim Munster will:

- Pay for the hire of the Pool for the day.
- Provide the Timing Equipment, however the host club will need to arrange collection of & return of equipment with the Munster Treasurer.
- Provide qualified Swim Ireland officials to run the meet.

The Host Club will:

- Book the venue and liaise with the facility for all aspects of the gala. Venue to be booked for the full day, with sole use for the FC gala.
- Provide a representative to liaise with Swim Munster for the purposes of organising the FC gala.
- Provide officials to operate the Timing Suite, ie., Electronic Timing & Recorder. Training will be provided by Swim Ireland for the Recorder position and clubs should endeavour to have at least one club member attend the course.
- If host clubs are having difficulty providing Timing Officials, please revert to the Munster Executive who will help out in this transition period.
- Provide Call Room officials.
- Print Programmes – all proceeds from sale of programmes will remain with host club.
- Control of Photography Log & announcements re no photography on pool deck.
- Provide PA System. If this is not available at the pool, then it may be hired and clubs may submit the Invoice to the Munster Treasurer for reimbursement.
- Provide Stop Watches, Clipboards & Pens
- Paper, Tally Roll & Ink Cartridge (Invoice for same may be sent to Munster Treasurer for reimbursement).
- Provide lunch for Swim Ireland Officials. (This can be sandwiches & cake supplied by club parents, with Tea/Coffee).

Participating Clubs will:

- Provide officials for all other posts (1:6 up to a max of 4 per session).

Clubs looking to host Invitational Galas, particularly Level 3 galas will be expected to host at least one Future Challenger, as a condition of sanction for Invitational requests in the 2023/2024 season. This requirement will remain in place. However, it is expected that Swim Ireland will increase the number of required officials for Level 3 galas in the following season.

Applying for an Invitational Gala - Level 3

Clubs will be expected to host a Future Challenger Meet in order to be considered for a Level 3 Licence.

Ideally, these should all be applied for at the Clubs Meeting so that they can be entered on the Regional Calendar, thus allowing clubs throughout the region an opportunity to plan their programmes. However, if all 6 have not been applied for at the Clubs meeting, there will be leniency with late applications, provided there is a vacancy on the calendar and the application meets the requirements of the Regional Pathway Committee.

The increase to 6, is to allow for greater LC opportunity and clubs should consider booking UL for a day to host a Level 3 gala. This would provide further opportunity to swimmers, to qualify for National events, in LC meets.

There will be a max of 6 Level 3 Galas sanctioned in the region in the 2023/2024 season.

- Part 1 of Licence Application must be submitted to meetlicencingmunster@swimireland.ie as soon as possible after being granted by the region, but at least 3 months prior to date of gala.
- Part 1 must be accompanied by copy of Meet Conditions, outlining Qualification criteria and Event Schedule.
- On receipt of Part 1, the application is forwarded to the Regional Pathway Committee, who will review Qualification criteria and Event Schedule. If they have any queries, they will revert to the Club, otherwise, if all in order, they will return to the Meet Licencing Official who will check that the Meet Conditions comply with Licence requirements, e.g., Ages for eligible swimmers. If all is in order, a Provisional Licence will be issued.
- The Provisional Licence number should be listed on all documentation relating to the Gala, as it will provide proof that the Gala has been sanctioned and will be covered by Swim Ireland Insurance.
- Part 2 of the Licence Application should be submitted to the Meet Licencing Official as soon as possible after the closing date for receipt of entries, but at a minimum, 10 days prior to the date of the gala.
- Part 2 should be accompanied by a Session Report.
- The Meet Licencing Official will review the documentation to ensure that the required number of officials have been confirmed as attending. Officials may be asked to confirm their availability. The Meet Licencing Official will also check that the Session Report indicates that the gala will comply with the 8 hour per day criteria. (If there are medal presentations, these must fall within the 8 hour criteria. Time for Warm Up is outside of the 8 hour criteria). They will also check that the minimum heat interval, as stipulated by Swim Ireland has been applied.
- If everything is in order, the Meet Licencing Official will advise that the Licence Number is confirmed.
- After the Gala, Part 3 of the Licence Application, i.e., Referee Report & Checklist, together with a full copy of the Meet Results must be submitted to the Meet Licencing Official within 14 days of the competition.

Applying for Level 1 or Level 2 Invitational Galas

There will be no limit on the number of Level 1 or Level 2 Galas during the season, as these are fundraising opportunities for our clubs.

Ideally, these should all be applied for at the Clubs Meeting so that they can be entered on the Regional Calendar, thus allowing clubs throughout the region an opportunity to plan their programmes. However, as there will be no limit on the number available, the only limiting factor will be availability on the regional calendar.

- Part 1 of Licence Application must be submitted to meetlicencingmunster@swimireland.ie as soon as possible after being granted by the region, but at least 3 months prior to date of gala.
- Part 1 must be accompanied by copy of Meet Conditions, outlining Qualification criteria and Event Schedule.
- The Meet Licencing Official will check that the Meet Conditions comply with Licence requirements, eg., Ages for eligible swimmers. If all is in order, a Provisional Licence will be issued.
- The Provisional Licence number should be listed on all documentation relating to the Gala, as it will provide proof that the Gala has been sanctioned and will be covered by Swim Ireland Insurance.
- Part 2 of the Licence Application should be submitted to the Meet Licencing Official as soon as possible after the closing date for receipt of entries, but at a minimum, 10 days prior to the date of the gala.
- Part 2 should be accompanied by a Session Report.
- The Meet Licencing Official will review the documentation to ensure that the required number of officials have been confirmed as attending. Officials may be asked to confirm their availability. The Meet Licencing Official will check that the Session Report indicates that the gala will comply with the 8 hour per day criteria. (If there are medal presentations, these must fall within the 8 hour criteria. Time for Warm Up is outside of the 8 hour criteria). They will also check that the minimum heat interval, as stipulated by Swim Ireland has been applied.
- If everything is in order, the Meet Licencing Official will advise that the Licence Number is confirmed.
- After the Gala, Part 3 of the Licence Application, i.e., Referee Report & Checklist, together with a copy of the Meet Results must be submitted to the Meet Licencing Official within 14 days of the competition.

Closing Dates for Entries to Munster Meets

These dates are DEADLINES, not TARGETS. We have extended the closing date out to as close to the Meet Date as possible. In return, we ask Clubs to help by submitting their entries on time, to allow the Recorder sufficient time to enter all on the Hy-tek file and prepare Session Reports & Psych Sheets etc.

The Munster Executive must also adhere to all the Meet Licencing requirements for regional galas, so Session Reports (which can only be prepared after receipt of all entries, must, as is also the case with club invitationals, be submitted to the Meet Licencing 10 days before the gala). If we work together, anything is possible.

Relay Entries

Please adhere to the DEADLINES (not TARGETS) for Relay entries, particularly at our Munster SC & LC Championships. There is extra pressure on the Recorder at these meets. The reason being that swimmers are given a 30 minute period after the results are announced, during which time they can withdraw from a final and allow a reserve to be put in to the final. As a result, the Start Sheets for finals cannot be printed until that 30 minute period has expired and all finalists have been confirmed

Club Slots on Official Rotas for all Munster Meets

We respectively ask for support from our clubs with regard to the Official Rota at all Munster Meets. Swim Munster will ensure that all key posts, Referee, Starter, Stroke Judges, Timing Official, Recorder, Competition Manager, Technical Delegate and Announcer will be filled by qualified Volunteer Officials.

We need a team of 37 officials to run a competition. We cannot do this without the help from the clubs. We have reduced the number of officials from 20 to 10 at the Start End to help alleviate pressure on our clubs.

Every effort is made to ensure that the requirement on clubs is distributed as fairly as possible, with the largest clubs asked to provide the greater number of officials. There is a requirement listed on every set of Meet Conditions that Clubs are asked to provide 1 per 6 swimmers, per session, up to a max of 4 officials per session.

The rota is populated using the Session Report with List of Clubs attending and # of swimmers per club. We also use the Psych Sheets to try to determine which clubs will have swimmers in the final sessions.

If a club is allocated a position that they feel they cannot fill, then it is the responsibility of the club to arrange a swop with another club.

We appreciate that the evening sessions are difficult, as parents want to leave when their children are finished. However, if everyone adopted that attitude, then we would not have sufficient quota of officials to run the meet.

'White & Black' officials work as Munster officials and are over and above the Club allocation. Where possible, we do try to make an allowance for these officials, but it is not always possible.

Meet Mobile

Meet Mobile will be available at all future Munster Galas. It is recommended that all clubs looking to host Level 3 Galas should also provide Meet Mobile.