



The EDDIE CAMPION DOLPHIN OPEN 2023 Annual SC Open Gala

SI Level 3 License: 6S-23/24-M006
Swim Ireland and FINA rules

Venue: Mayfield Sports Complex,
Cork

Dates: Friday 27th to Sunday 29th
October, 2023





DOLPHIN OPEN 2023



INTRODUCTION

Dolphin Swimming Club are very proud to announce the return of the annual Dolphin Open Short Course Gala for 2023. The Dolphin Open is one of the few Swim Ireland Level 3-licensed club meets of the season. It provides a highly competitive arena for the country's top swimmers to achieve Regional and National competition qualifying times. The 'Open' has a proud reputation as one of the top club meets of the season and continues to attract athletes from all around the country and abroad.

The Dolphin Open gained national recognition during the late 1970's and continued its growth right through the 1980's and 90's as a top-level short course competition, attracting competitors from all around the country but also from as far afield as the US, Canada, the UK and from other European countries. It remains one of the flagship SC events in the Irish calendar to this day.

Our former Head Coach and more recently, our Club President, Mr. Eddie Campion, played a major role in the development of the Dolphin Open. Eddie's passing this year marked the end of an exciting era for the club but also for Irish swimming – Eddie was one of the first inductees into the Swim Ireland Hall of Fame in 2017. The Campion family is steeped in Dolphin Swimming Club's illustrious history and continue their involvement and interest today. As a mark of the club's appreciation and gratitude, but also to commemorate the enormous impact Mr. Campion has had on Cork and Irish swimming, we are delighted to present a timely and worthy name change to our annual SC Open with the renaming of the Open for this year and beyond. It will no longer be titled as the "Dolphin Open", but instead will be known as the ***"Eddie Campion Dolphin Open"***.

We would like to thank Mr. Campion's family for their permission to commemorate their father's name and legacy in this way and we hope to host the very best club open competition possible for everyone.

The gala offers a full program of individual Olympic events (except 1500m Freestyle), while the inclusion of the famous 50m Skins format, the 100IM, as well as typically strong relay events, always provides a high level of excitement across all age groups and levels.

There will be both club and individual trophies awarded to ensure that the very best swimmers are rewarded, and that the competition remains intense throughout the three days. New licensing rules will apply to this meet, so all entries must adhere to the qualifying time standards in all events to gain entry to races. These QT's are published in this document.

Dolphin SC extend our welcome to a wide selection of clubs from across the country and hope to see you soon for what is sure to be a fantastic weekend of fast racing in Cork City.



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MEET INFORMATION

DATES: Friday 27th, Saturday 28th and Sunday 29th of October, 2023

VENUE: Mayfield Sports Complex, Old Youghal Road, Cork T23 NX51

AGE GROUPS: Girls 11/12, 13/14, 15/16, Senior (17+)
Boys 12/13, 14/15, 16/17, Senior (18+)
Age is as on the 31st of December 2023.

One final (in events which are not HDW) will be held in each age group, except for the Girls 15/16 and Senior and the Boys 16/17 and Senior, which will have an A & B combined final. Medals will be awarded in both Age Groups. If there are not three swimmers from each age group in these finals, medals will be awarded from the heats.

CONSIDERATION TIMES:

QUALIFYING TIMES:

The times published below are qualifying times (QTs). Swimmers outside these times will not be permitted to enter this competition regardless of whether they are members of the host club. Entries may be checked by Munster prior to the meet.

Relays: All competing swimmers must be entered in the meet (*even if they are not swimming in individual events*). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.

Swimmers will be limited to 10 individual events over the 3 days of the gala.

Swimmers may accrue points from a maximum of 10 individual events for the individual awards.

The number of heats may be limited to allow sessions to finish on schedule.

MEDALS

Medals will be awarded to all 1st, 2nd & 3rd placed athletes at the Eddie Campion Dolphin Open 2022.

Here is a sneak-peek of what's up for grabs...





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EVENTS:

Girls 11/12, Boys 12/13: 100m all strokes & 100 I.M.

All Other Age Groups: 100m all strokes
100m I.M. (Girls 11/12 & 13/14; Boys 12/13 & 14/15)
200 I.M.

Open: 200m all strokes (except 200 I.M. – age grouped)
50m Skins
400m Freestyle
400m IM
800m F/C

Relays: 4 x 50 Freestyle and 4 x 50 Medley Relays
Girls 13 & Under; 14/15; 16 & Over
Boys 14 & Under; 15/16; 17 & Over
Swimmers may swim up in relays but may swim in one age group ONLY.

Skins: All swimmers will swim in their chosen event in the heats, with the fastest five qualifying for the finals.

There will be four finals – one for each event.

In the first final the slowest swimmer will be eliminated, three minutes later the second final will commence with the remaining four swimmers.

Again, the slowest swimmer will be eliminated.

This will continue per round until the winner is decided.

200m / 400m / 800m Events:

Heats in these events may be limited depending on entry numbers and will be HDW events.

Starts:

Overhead starts will apply throughout the heats.

The FINA one start rule will apply.

Backstroke start wedges will be used for backstroke events.

Electronic timing will be used for this gala.

Warm-Ups:

The first event for each session determines which gender's warm-up is first.

Second and third session warm-ups each day will commence at the conclusion of the previous session and will finish 10 minutes prior to the start of the following session.

Start times for the midday and evening sessions may vary slightly depending on how the morning sessions progress.

If this is the case, we will notify coaches and team managers of any changes as early as possible.



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SESSION TIMES:

Session 1	Friday 27th Oct	Warm-up Start	5.00pm 6.00pm
Session 2	Saturday 28th Oct	Warm-up Start	9.00am 10.00am
Session 3		Warm-up Start	1.00 pm (Estimated) 2.00pm.
Session 4		Warm-up Start	4.45pm (Estimated) 6.00pm.
Session 5	Sunday 29th Oct	Warm-up Start	8.00 am 9.00 am
Session 6		Warm-up Start	12.00pm (Estimated) 1.00pm
Session 7		Warm-up Start	3.00pm (Estimated) 4.00pm

AWARDS:

Medals will be awarded to 1st, 2nd & 3rd placed swimmers in finals and in H.D.W. events.

MEET AWARDS

Trophies will be awarded at both a club and individual level as detailed below...

Antoinette Bohan Trophy - presented to the club with the highest points tally at the end of the meet.

Rita Mitchell Cup - presented to the best Senior Female. (17 and over)

HIND Cup - presented to the best Senior Male . (18 and over)

Best Junior Male – presented to the best overall Junior Male swimmer. (17 and under)

Best Junior Female – presented to the best overall Junior Female swimmer. (16 and under)

Points will be awarded in individual and relay events as follows...

Individual Events

1st – 10 points; 2nd – 8 pts; 3rd – 6 pts; 4th – 4 pts; 5th – 2 pts; 6th – 1pt.

Relays: 1st – 6 points; 2nd – 4 pts; 3rd – 2 pts.

Club Award: Three swimmers per club will be eligible for points in the individual events, while two relays per club will be eligible for points in relay events to ensure equity for clubs with smaller numbers competing. The three swimmers counted for each club will be the highest scoring swimmers in the individual events from each club (from a maximum of 10 IE's). The 2 relays counted will be the highest performing relays for each club.

Individual Awards: Swimmers can accrue points from up to 10 individual events.

ENTRIES: On HyTek to galasec@dolphin.ie

Closing date for entries is Saturday 14th October, 2023.



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ENTRY FEES: Individual events €7.00 / Relay events €20.00

Payments by bank transfer to:
 Dolphin Swimming Club

IBAN: IE24BOFI90268823044110
BIC: BOFIE2D
Sort Code: 902688
Account: 23044110

Fees are due by Friday, October 20th.
 Final withdrawals are due by 5:00pm Wednesday, October 25th by email to galasec@dolphinsec.ie
 Scratches will not be accepted at the recorders table during the gala, if there are any last minute scratches they can be emailed to the above email address.

In the event of time constraints, DSC may reduce the number of heats per session. This will be done by eliminating the slower heats. Refunds will be sent to clubs whose swimmers do not swim in an event. Clubs will be notified at least one week prior to the competition of any swimmers whose entries have not been accepted.

ORDER OF EVENTS

SESSION 1 – Events #1-6 Friday 6.00pm (warm up 5:00pm)		SESSION 5 – Events #26-35 Sunday 9:00am (warm up 8:00am)	
1	Boys 400m Freestyle <i>HDW</i>	26	Girls 50m Butterfly Skins
2	Girls 400m Freestyle <i>HDW</i>	27	Boys 50m Butterfly Skins
3	Boys Open 200m Butterfly <i>HDW</i>	28	Girls 100m Backcrawl
4	Girls Open 200m Butterfly <i>HDW</i>	29	Boys 100m Backcrawl
5	Boys 50m Backcrawl Skins	30	Girls 100m Freestyle
6	Girls 50m Backcrawl Skins	31	Boys 100m Freestyle
		32	Girls 50m Breaststroke Skins
	SESSION 2 – Events #7-13 Saturday 10.00am (warm up 9:00am)	33	Boys 50m Breaststroke Skins
7	Boys 50m Freestyle Skins	34	Girls Open 400m IM <i>HDW</i>
8	Girls 50m Freestyle Skins	35	Boys Open 400m IM <i>HDW</i>
9	Boys 100m Breaststroke		
10	Girls 100m Breaststroke		
11	Boys 100m Butterfly		
12	Girls 100m Butterfly		
13	Mixed Open 800m Freestyle <i>HDW</i>		



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	<u>Break</u>		<u>Break</u>
	SESSION 3 – Events #14-21 Saturday 2.00pm		SESSION 6 – Events #36-41 Sunday 1.00pm
14	Boys 200m IM HDW (Age groups)	36	Girls 13/14 100m IM HDW
15	Girls 200m IM HDW (Age groups)	37	Boys 14/15 100m IM HDW
16	Boys 12-13 100m IM HDW	38	Girls Open 200m Freestyle HDW
17	Girls 11-12 100m IM HDW	39	Boys Open 200m Freestyle HDW
18	Boys Open 200m Backcrawl HDW	40	Girls Open 200m Breaststroke HDW
19	Girls Open 200m Backcrawl HDW	41	Boys Open 200m Breaststroke HDW
20	Boys 14 & Under 4x50m MTR HDW		
21	Girls 13 & Under 4x50m MTR HDW		
	<u>Break</u>		<u>Break</u>
	SESSION 4 – Events #22-25 Saturday 5.30pm		SESSION 7 – Events #42-48 Sunday 4.00pm
	<u>Finals of Events #5-12 (incl. Skins)</u> Separate finals in each age group – Girls 11/12, 13/14, 15&0 (2 finals) & Boys 12/13, 14/15, 16&0 (2 finals) events 9-12.		<u>Finals of Events #26-33 (incl. Skins)</u> Separate finals in each age group – Girls 11/12, 13/14, 15&0 (2 finals) & Boys 12/13, 14/15, 16&0 (2 finals) events 28-31.
22	Boys 15/16 4x50m FTR HDW	42	Girls 13 & Under 4x50m FTR HDW
23	Girls 14/15 4x50m FTR HDW	43	Boys 14 & Under 4x50m FTR HDW
24	Boys 17 & Over 4x50m MTR HDW	44	Girls 14/15 4x50m MTR HDW
25	Girls 16 & Over 4x50m MTR HDW	45	Boys 15/16 4x50m MTR HDW
		46	Girls 16 & Over 4x50m FTR HDW
		47	Boys 17 & Over 4x50m FTR HDW
		48	Cannon Relay (8x50 F/S: 1 boy, 1 girl in each age group) *Time permitting.

Session starting times listed above are estimated but will be confirmed as soon as entries have been compiled.



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QUALIFYING STANDARDS 50m, 100m and 200m Events

All qualifying times must have been achieved since 01/01/2022

Boys					EVENT	Girls				
13&U	14/15	16/17	Sen 18+	Open		12&U	13/14	15/16	Sen 17+	Open
X	X	X	X	32.15	50 F/C	X	X	X	X	36.44
1.14.83	1.12.70	1.11.84	1.09.79	X	100 F/C	1.23.66	1.21.27	1.20.36	1.18.06	X
X	X	X	X	2.34.54	200 F/C	X	X	X	X	2.49.78
X	X	X	X	37.11	50 B/C	X	X	X	X	42.19
1.28.70	1.26.17	1.24.56	1.22.14	X	100 B/C	1.35.30	1.32.48	1.31.40	1.28.79	X
X	X	X	X	2.58.28	200 B/C	X	X	X	X	3.11.23
X	X	X	X	39.62	50 BRS	X	X	X	X	47.15
1.36.62	1.33.86	1.33.86	1.31.10	X	100 BRS	1.49.27	1.46.15	1.44.87	1.41.88	X
X	X	X	X	3.25.90	200 BRS	X	X	X	X	3.41.02
X	X	X	X	33.83	50 FLY	X	X	X	X	38.24
1.22.52	1.20.16	1.20.16	1.17.98	X	100 FLY	1.32.66	1.30.01	1.30.01	1.26.41	X
X	X	X	X	2.59.59	200 FLY	X	X	X	X	3.11.85
1.27.51	1.25.01	X	X	X	100 IM	1.35.95	1.33.31	X	X	X
X	3.01.49	2.59.36	2.54.24	X	200 IM	X	3.17.39	3.15.07	3.09.50	X

400m & 800m Events

Boys	EVENT	Girls
CT		CT
5:39.17	400m F/C	6:01.24
6:12.28	400m IM	6:47.36
11:18.41	800m F/C	11:38.41



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PLEASE NOTE THAT CLUBS ARE REQUIRED TO ENTER TIMES FOR SWIMMERS IN 400m & 800m EVENTS - NTs will not be considered for entry.

QTs in SC format. Conversion times will be accepted. Please enter actual times in the correct format. Conversions will be done by the gala recorder on submission of entries.

Heats in these events may be limited to ensure compliance with Swim Ireland license requirements.





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ENTRY SUMMARY SHEET

RELAYS		F/C		MED
Boys 13 & U				
Girls 12 & U				
Boys 14/15				
Girls 13/14				
Boys 16/17				
Girls 15/16				
Boys 18 & O				
Girls 17 & O				
Relays				
Cannon				

_____ INDIVIDUAL ENTRIES @ €7.00 per entry = €

_____ RELAY ENTRIES @ € 20.00 per entry = €

TOTAL = €

CLUB NAME _____

SECRETARY _____

ADDRESS _____

TEL. NO. _____

EMAIL _____



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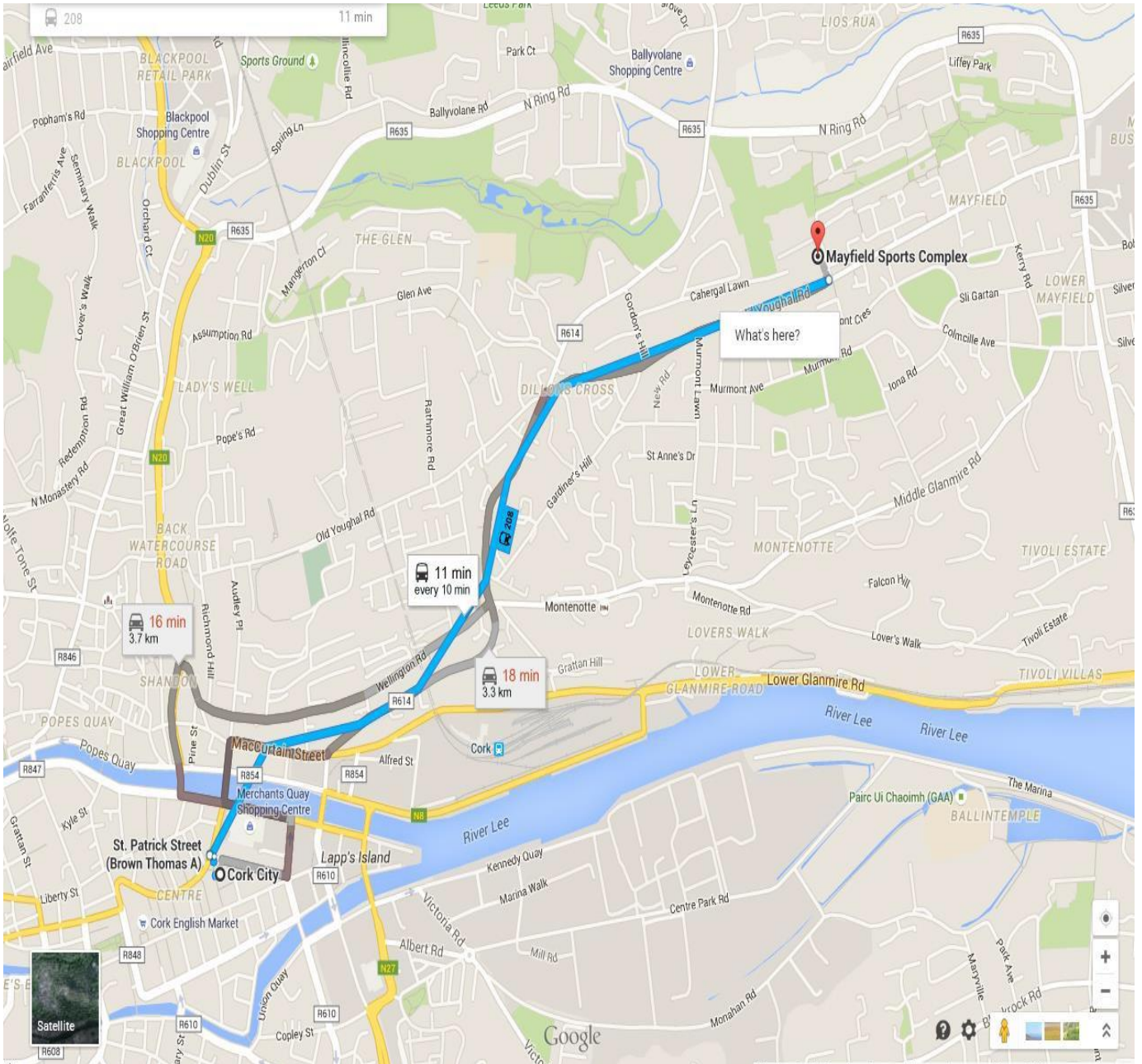
TRAVEL AND ACCOMMODATION

[Directions to Mayfield Sports Complex from Cork City Centre.](#)

www.MayfieldSportsComplex.ie

Tel: (021) 4505284

Eircode: T23 NX51



<https://www.google.com/maps/place/Mayfield+Sports+Complex>



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Recommended Hotels

Montenotte Hotel - <http://www.themontenottehotel.com>

Address: Middle Glanmire Road, Montenotte, Cork, T23 EYW3

Phone: (021) 453 0050

Clayton Silversprings - <https://www.claytonhotelsilversprings.com>

Address: Tivoli, Cork, T23 E244

Phone: (021) 450 7533

Vienna Woods - <http://www.viennawoodshotel.com>

Address: Vienna Woods Hotel, Dunkettle, Glanmire, Co. Cork, T45 V065

Phone: (021) 455 6800

The Address Hotel – <https://www.theaddresscork.com>

Address: Military Hill, St Luke's, Cork

Phone: (021) 453 9000

Fota Island Resort & Hotel – <https://www.fotaisland.ie>

Address: Fota Island, Co. Cork, T45 HX62

Phone: (021) 488 3700

The Dean Hotel – <http://www.thedean.ie>

Address: Horgan's Quay, Railway St, Northern Quarter, Cork, T23 RX9K

Phone: (021) 234 1200

See www.hotels.com www.booking.com www.trivago.com www.airbnb.com for more hotels and deals.

We are looking forward to welcoming you to our club in October.

