

Individual Meet Results

Michael Bowles 20-May-23 to 21-May-23 [Ageup: 12/31/2023] SC Meters

Location: The Gus Healy Swimming Pool

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
Ben Anglim (15) M					
31.85S	F # 4	Male 50 Free	36	---	-7.22
1:21.11S	F # 6C	Male 15-16 100 Back	7	---	-1.25
37.43S	F # 14	Male 50 Back	19	---	-8.60
1:11.11S	F # 29C	Male 15-16 100 Free	14	---	1.94
1:21.42S	F # 33C	Male 15-16 100 IM	10	---	-24.30
Aifric Barry (15) F					
2:26.24S	F # 1C	Female 15-16 200 Free	4	3	-12.32
30.67S	F # 3	Female 50 Free	15	---	-1.19
2:45.23S	F # 17C	Female 15-16 200 Back	4	3	-17.51
1:06.11S	F # 30C	Female 15-16 100 Free	5	2	-2.74
5:11.67S	F # 36C	Female 15-16 400 Free	3	4	---
34.98S	F # 38	Female 50 Fly	18	---	-2.17
Thea Barry (12) F					
34.47S	F # 3	Female 50 Free	63	---	-2.64
1:35.66S	F # 5A	Female 10-12 100 Back	8	---	4.90
1:31.18S	F # 9A	Female 10-12 100 IM	3	4	-18.87
43.42S	F # 19	200 Medley Relay Lead Off	---	---	0.57
49.58S	F # 28	Female 50 Breast	53	---	-0.33
1:24.48S	F # 30A	Female 10-12 100 Free	11	---	-9.79
Claire Bradley (11) F					
3:11.92S	F # 1A	Female 10-12 200 Free	8	---	3.80
1:30.45S	F # 5A	Female 10-12 100 Back	4	3	-7.26
3:23.41S	F # 26A	Female 10-12 200 IM	10	---	-8.93
1:24.68S	F # 30A	Female 10-12 100 Free	12	---	-3.38
Sean Bugler (17) M					
8:38.98S	F # 10H	Male 17 & Over 800 Free	1	6	-23.72
1:59.86S	F # 12D	Male 17 & Over 200 Free	2	5	2.71
29.33S	F # 14	Male 50 Back	3	4	1.42
29.45S	F # 24	200 Medley Relay Lead Off	---	---	1.54
4:12.39S	F # 25D	Male 17 & Over 400 Free	2	5	-0.80
16:45.09S	F # 34H	Male 17 & Over 1500 Free	1	6	---
26.68S	F # 37	Male 50 Fly	1	---	-0.64
27.25S	F # 41	Male 50 Fly	1	6	-0.07
25.58S	F # 46	200 Free Relay Lead Off	---	---	0.37
Thomas Bugler (14) M					
5:15.81S	F # 2B	Male 13-14 400 IM	1	6	---
9:18.48S	F # 10D	Male 13-14 800 Free	1	6	---
2:07.20S	F # 12B	Male 13-14 200 Free	1	6	-6.69
1:04.86S	F # 16B	Male 13-14 100 Fly	2	5	-0.73
57.75S	F # 29B	Male 13-14 100 Free	1	6	-3.67
2:29.33S	F # 31B	Male 13-14 200 Fly	2	5	---
29.30S	F # 37	Male 50 Fly	13	---	-0.07

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Time	F/P/S	Event	Place	Points	Improv
Faye Carroll (14) F					
32.92S	F # 3	Female 50 Free	39	---	-3.31
3:04.67S	F # 7B	Female 13-14 200 Breast	2	5	0.78
1:22.67S	F # 15B	Female 13-14 100 Fly	7	---	---
NS	F # 26B	Female 13-14 200 IM	---	---	---
1:09.30S	F # 30B	Female 13-14 100 Free	7	---	-7.00
36.45S	F # 38	Female 50 Fly	28	---	-2.94
1:27.52S	F # 40B	Female 13-14 100 Breast	7	---	2.27
Lily Carroll (11) F					
52.46S	F # 3	Female 50 Free	126	---	-0.78
Beatriz Carvalho (13) F					
34.65S	F # 3	Female 50 Free	67	---	-3.23
1:32.53S	F # 9B	Female 13-14 100 IM	16	---	1.57
42.19S	F # 13	Female 50 Back	51	---	0.42
47.13S	F # 28	Female 50 Breast	37	---	-1.74
1:20.36S	F # 30B	Female 13-14 100 Free	41	---	-2.45
NS	F # 40B	Female 13-14 100 Breast	---	---	---
Siun Cotter (13) F					
38.61S	F # 3	Female 50 Free	111	---	0.19
47.14S	F # 13	Female 50 Back	59	---	-8.76
1:29.06S	F # 30B	Female 13-14 100 Free	45	---	2.39
Abigail Cregan (12) F					
42.41S	F # 3	Female 50 Free	120	---	-0.83
Siofra Deasy (14) F					
2:31.99S	F # 1B	Female 13-14 200 Free	6	1	-16.19
1:18.34S DQ	F # 5B	Female 13-14 100 Back	---	---	---
37.15S	F # 13	Female 50 Back	17	---	-0.14
2:52.63S	F # 17B	Female 13-14 200 Back	6	1	-3.82
2:57.51S	F # 26B	Female 13-14 200 IM	11	---	-15.39
1:09.12S	F # 30B	Female 13-14 100 Free	6	1	-4.37
5:27.36S	F # 36B	Female 13-14 400 Free	7	---	---
Mia Dowling O'Mahony (16) F					
30.69S	F # 3	Female 50 Free	16	---	0.23
37.19S	F # 13	Female 50 Back	18	---	-0.87
1:14.11S	F # 15C	Female 15-16 100 Fly	2	5	0.45
2:48.45S	F # 26C	Female 15-16 200 IM	4	3	-0.02
1:06.74S	F # 30C	Female 15-16 100 Free	6	0.5	18.95
5:19.13S	F # 36C	Female 15-16 400 Free	4	3	-9.16
33.66S	F # 38	Female 50 Fly	12	---	-0.99

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Time	F/P/S	Event	Place	Points	Improv
Charlie Duggan (16) M					
5:27.23S	F # 2C	Male 15-16 400 IM	4	3	---
28.81S	F # 4	Male 50 Free	17	---	0.29
1:09.35S	F # 6C	Male 15-16 100 Back	2	5	1.47
2:15.94S	F # 12C	Male 15-16 200 Free	5	2	-2.16
32.58S	F # 14	Male 50 Back	9	---	0.67
2:29.72S	F # 18C	Male 15-16 200 Back	4	3	-5.88
1:01.08S	F # 29C	Male 15-16 100 Free	6	1	0.54
1:09.04S	F # 33C	Male 15-16 100 IM	3	4	-4.66
Camellia Entcheva (15) F					
31.30S	F # 3	Female 50 Free	21	---	-0.57
1:27.89S	F # 5C	Female 15-16 100 Back	10	---	1.00
40.35S	F # 13	Female 50 Back	37	---	0.35
1:23.56S	F # 15C	Female 15-16 100 Fly	7	---	-0.97
43.01S	F # 28	Female 50 Breast	16	---	-9.81
1:09.37S	F # 30C	Female 15-16 100 Free	13	---	-1.41
36.45S	F # 38	Female 50 Fly	28	---	-0.88
Neil Fitzpatrick (14) M					
33.77S	F # 4	Male 50 Free	51	---	-3.27
2:38.75S	F # 12B	Male 13-14 200 Free	19	---	-15.51
1:29.77S	F # 16B	Male 13-14 100 Fly	7	---	-4.43
1:14.60S	F # 29B	Male 13-14 100 Free	26	---	-2.09
3:01.75S	F # 35B	Male 13-14 200 IM	17	---	---
38.73S	F # 37	Male 50 Fly	35	---	-6.55
Ellie Galland (21) F					
32.61S	F # 3	Female 50 Free	35	---	1.68
38.48S	F # 38	Female 50 Fly	33	---	1.30
Marc Galland (18) M					
26.19S	F # 4	Male 50 Free	3	4	0.86
1:06.14S	F # 6D	Male 17 & Over 100 Back	3	4	1.80
2:02.68S	F # 12D	Male 17 & Over 200 Free	3	4	-0.37
1:03.61S	F # 16D	Male 17 & Over 100 Fly	4	3	0.69
4:35.30S	F # 25D	Male 17 & Over 400 Free	4	3	1.29
1:04.68S	F # 33D	Male 17 & Over 100 IM	1	6	1.41
29.17S	F # 37	Male 50 Fly	12	---	1.00
Aoife Gardiner (14) F					
29.00S	F # 3	Female 50 Free	7	---	-0.43
1:09.81S	F # 5B	Female 13-14 100 Back	2	5	-2.44
3:07.38S	F # 7B	Female 13-14 200 Breast	5	2	---
6:01.55S	F # 11B	Female 13-14 400 IM	6	1	---
2:35.96S	F # 17B	Female 13-14 200 Back	2	5	---
2:42.20S	F # 26B	Female 13-14 200 IM	4	3	-47.66
32.04S	F # 38	Female 50 Fly	6	1	-1.47
28.19S	F # 45	200 Free Relay Lead Off	---	---	-1.24

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Time	F/P/S	Event	Place	Points	Improv
Ciara Gardiner (18) F					
NS	F # 3	Female 50 Free	---	---	---
NS	F # 15D	Female 17 & Over 100 Fly	---	---	---
Emma Glennon (16) F					
31.23S	F # 3	Female 50 Free	20	---	-0.17
1:16.25S	F # 5C	Female 15-16 100 Back	6	1	-1.77
1:18.93S	F # 9C	Female 15-16 100 IM	7	---	-2.40
10:49.28S	F # 10E	Female 15-16 800 Free	1	6	-5.63
1:16.16S	F # 15C	Female 15-16 100 Fly	3	4	1.85
NS	F # 17C	Female 15-16 200 Back	---	---	---
1:07.30S	F # 30C	Female 15-16 100 Free	9	---	-0.50
33.62S	F # 38	Female 50 Fly	10	---	0.12
Abigail Gray (14) F					
33.86S	F # 3	Female 50 Free	51	---	-1.35
1:21.95S	F # 5B	Female 13-14 100 Back	10	---	-1.96
2:51.05S	F # 17B	Female 13-14 200 Back	4	3	-7.76
3:00.80S	F # 26B	Female 13-14 200 IM	16	---	-19.85
1:14.43S	F # 30B	Female 13-14 100 Free	27	---	-2.13
5:38.92S	F # 36B	Female 13-14 400 Free	11	---	---
40.68S	F # 38	Female 50 Fly	38	---	-3.26
Dylan Gunn (15) M					
27.95S	F # 4	Male 50 Free	13	---	-0.65
1:10.48S	F # 6C	Male 15-16 100 Back	4	3	1.61
1:06.90S DQ	F # 16C	Male 15-16 100 Fly	---	---	---
38.43S	F # 27	Male 50 Breast	12	---	-0.70
1:02.19S	F # 29C	Male 15-16 100 Free	8	---	-0.56
1:11.61S	F # 33C	Male 15-16 100 IM	6	1	-0.34
29.13S	F # 37	Male 50 Fly	11	---	-0.45
1:24.45S	F # 39C	Male 15-16 100 Breast	8	---	-0.32
Anna Harrington (14) F					
37.12S	F # 3	Female 50 Free	100	---	0.31
1:38.40S	F # 9B	Female 13-14 100 IM	18	---	---
49.68S	F # 28	Female 50 Breast	54	---	-10.01
1:25.14S	F # 30B	Female 13-14 100 Free	44	---	0.11
Culann Harrington (14) M					
28.97S	F # 4	Male 50 Free	19	---	-2.25
1:14.55S	F # 6B	Male 13-14 100 Back	3	4	-4.01
2:25.42S	F # 12B	Male 13-14 200 Free	5	2	-27.58
34.59S	F # 14	Male 50 Back	15	---	-0.38
1:13.86S	F # 16B	Male 13-14 100 Fly	4	3	-11.07
1:04.19S	F # 29B	Male 13-14 100 Free	6	1	-7.11
1:16.18S DQ	F # 33B	Male 13-14 100 IM	---	---	---
31.46S	F # 37	Male 50 Fly	20	---	-6.39

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Location: The Gus Healy Swimming Pool

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Time	F/P/S	Event	Place	Points	Improv
Eva Harrington (17) F					
28.16S	F # 3	Female 50 Free	4	3	-0.18
2:52.87S	F # 7D	Female 17 & Over 200 Breast	3	4	-12.59
1:10.22S	F # 9D	Female 17 & Over 100 IM	4	3	-1.08
32.56S	F # 13	Female 50 Back	4	3	-5.37
1:00.70S	F # 30D	Female 17 & Over 100 Free	3	4	-1.04
4:54.51S	F # 36D	Female 17 & Over 400 Free	3	4	-11.20
1:19.05S	F # 40D	Female 17 & Over 100 Breast	2	5	-0.99
Sheola Harrington (12) F					
38.18S	F # 3	Female 50 Free	106	---	-0.95
45.55S	F # 13	Female 50 Back	57	---	-0.60
51.95S	F # 28	Female 50 Breast	56	---	-1.85
1:31.49S	F # 30A	Female 10-12 100 Free	13	---	-3.34
Izzi Harty (15) F					
3:06.74S	F # 7C	Female 15-16 200 Breast	3	4	-7.32
6:10.99S	F # 11C	Female 15-16 400 IM	2	5	---
1:21.44S	F # 15C	Female 15-16 100 Fly	5	2	-6.02
3:04.74S	F # 32C	Female 15-16 200 Fly	3	4	---
35.61S	F # 38	Female 50 Fly	23	---	-2.88
1:30.35S	F # 40C	Female 15-16 100 Breast	4	3	2.17
Hien Healy (16) F					
32.58S	F # 3	Female 50 Free	34	---	0.51
3:21.55S	F # 7C	Female 15-16 200 Breast	5	2	-5.64
38.27S	F # 13	Female 50 Back	22	---	-0.45
3:03.46S	F # 26C	Female 15-16 200 IM	7	---	5.19
1:13.25S	F # 30C	Female 15-16 100 Free	20	---	0.58
1:33.54S	F # 40C	Female 15-16 100 Breast	7	---	-0.44
Lily Hennessey (12) F					
46.61S	F # 3	Female 50 Free	125	---	-2.43
Adrian Ho (14) M					
34.53S	F # 4	Male 50 Free	56	---	---
1:19.94S	F # 29B	Male 13-14 100 Free	31	---	---
Doireann Kerr (11) F					
44.13S	F # 3	Female 50 Free	123	---	-1.38
Isabel Kidney (17) F					
27.29S	F # 3	Female 50 Free	1	6	0.29
2:41.44S	F # 7D	Female 17 & Over 200 Breast	1	6	2.23
1:06.14S	F # 9D	Female 17 & Over 100 IM	1	6	-0.71
2:23.82S	F # 26D	Female 17 & Over 200 IM	1	6	-0.51
32.57S	F # 28	Female 50 Breast	1	6	-0.23
59.17S	F # 30D	Female 17 & Over 100 Free	1	6	-0.09
1:11.19S	F # 40D	Female 17 & Over 100 Breast	1	6	-0.76

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Location: The Gus Healy Swimming Pool

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
Vincent Kopczynski (15) M					
5:34.07S	F # 2C	Male 15-16 400 IM	5	2	5.00
9:46.47S	F # 10F	Male 15-16 800 Free	3	4	18.02
1:07.82S	F # 16C	Male 15-16 100 Fly	7	---	1.94
4:44.63S	F # 25C	Male 15-16 400 Free	6	1	5.15
2:43.89S	F # 31C	Male 15-16 200 Fly	3	4	11.75
2:35.33S	F # 35C	Male 15-16 200 IM	4	3	5.81
1:23.43S	F # 39C	Male 15-16 100 Breast	7	---	-1.12
Kayla Lake (12) F					
42.39S	F # 3	Female 50 Free	119	---	-0.33
Ellen Lee (18) F					
2:10.71S	F # 1D	Female 17 & Over 200 Free	2	5	1.90
1:06.20S	F # 5D	Female 17 & Over 100 Back	1	6	-0.66
1:10.42S	F # 9D	Female 17 & Over 100 IM	5	2	-1.41
1:07.94S	F # 15D	Female 17 & Over 100 Fly	2	5	2.98
2:25.42S	F # 17D	Female 17 & Over 200 Back	1	6	-7.11
59.79S	F # 30D	Female 17 & Over 100 Free	2	5	-0.14
4:34.74S	F # 36D	Female 17 & Over 400 Free	1	6	-3.05
1:25.86S	F # 40D	Female 17 & Over 100 Breast	6	1	-15.12
Jessica Lee (13) F					
48.39S	F # 28	Female 50 Breast	45	---	-4.59
Rory Lee (22) M					
1:04.75S	F # 33D	Male 17 & Over 100 IM	2	5	0.90
27.45S	F # 37	Male 50 Fly	4	---	0.56
27.71S	F # 41	Male 50 Fly	5	2	0.82
Amy Lynch (16) F					
29.04S	F # 3	Female 50 Free	8	---	-0.22
2:53.43S DQ	F # 7C	Female 15-16 200 Breast	---	---	---
1:10.91S	F # 9C	Female 15-16 100 IM	2	5	-0.52
33.44S	F # 13	Female 50 Back	6	1	-0.25
37.63S	F # 28	Female 50 Breast	4	3	0.67
2:41.32S	F # 32C	Female 15-16 200 Fly	1	6	---
30.78S	F # 38	Female 50 Fly	4	3	-0.35
Grace Lynch (20) F					
30.43S	F # 3	Female 50 Free	12	---	0.87
1:14.57S	F # 9D	Female 17 & Over 100 IM	7	---	-2.66
10:37.98S	F # 10G	Female 17 & Over 800 Free	1	6	38.73
39.14S	F # 28	Female 50 Breast	8	---	-1.17
1:06.19S	F # 30D	Female 17 & Over 100 Free	4	3	2.02
33.69S	F # 38	Female 50 Fly	13	---	0.35
1:24.92S	F # 40D	Female 17 & Over 100 Breast	5	2	---

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Time	F/P/S	Event	Place	Points	Improv
Matilda Lyons (16) F					
31.73S	F # 3	Female 50 Free	26	---	0.69
1:17.16S	F # 5C	Female 15-16 100 Back	7	---	-1.11
1:19.27S	F # 9C	Female 15-16 100 IM	8	---	1.36
36.28S	F # 13	Female 50 Back	14	---	0.32
2:45.96S	F # 17C	Female 15-16 200 Back	5	2	1.29
1:33.00S	F # 40C	Female 15-16 100 Breast	6	1	-1.45
Molly Lyons (18) F					
2:33.21S	F # 1D	Female 17 & Over 200 Free	6	1	-1.26
32.30S	F # 3	Female 50 Free	32	---	0.97
38.95S	F # 13	Female 50 Back	27	---	0.43
1:27.21S	F # 15D	Female 17 & Over 100 Fly	3	4	7.46
1:10.44S	F # 30D	Female 17 & Over 100 Free	7	---	1.33
35.22S	F # 38	Female 50 Fly	19	---	0.50
Jenna Mc Ardle (16) F					
29.11S	F # 3	Female 50 Free	9	---	0.48
1:12.00S	F # 5C	Female 15-16 100 Back	3	4	2.48
33.56S	F # 13	Female 50 Back	7	---	0.55
2:36.59S	F # 17C	Female 15-16 200 Back	2	5	2.66
1:04.17S	F # 30C	Female 15-16 100 Free	3	4	1.02
4:58.38S	F # 36C	Female 15-16 400 Free	1	6	-24.81
33.69S	F # 38	Female 50 Fly	13	---	-2.28
Helen Mc Carthy (17) F					
2:25.41S	F # 1D	Female 17 & Over 200 Free	3	4	-4.83
30.69S	F # 3	Female 50 Free	16	---	0.28
1:16.59S	F # 9D	Female 17 & Over 100 IM	8	---	0.81
2:46.20S	F # 26D	Female 17 & Over 200 IM	5	2	2.29
1:06.42S	F # 30D	Female 17 & Over 100 Free	5	2	-0.57
33.65S	F # 38	Female 50 Fly	11	---	-1.92
1:28.04S	F # 40D	Female 17 & Over 100 Breast	7	---	4.76
30.13S	F # 47	200 Free Relay Lead Off	---	---	-0.28
Killian Mc Carthy (13) M					
32.81S DQ	F # 4	Male 50 Free	---	---	---
1:22.23S	F # 6B	Male 13-14 100 Back	8	---	-6.49
2:49.39S	F # 12B	Male 13-14 200 Free	24	---	3.26
1:16.23S	F # 29B	Male 13-14 100 Free	29	---	-0.60
3:03.78S DQ	F # 35B	Male 13-14 200 IM	---	---	---
1:35.38S	F # 39B	Male 13-14 100 Breast	14	---	-5.07

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Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
Izzy Mc Grath (17) F					
28.55S	F # 3	Female 50 Free	6	1	0.68
1:08.26S	F # 5D	Female 17 & Over 100 Back	3	4	2.34
1:10.51S	F # 9D	Female 17 & Over 100 IM	6	1	1.64
31.31S	F # 13	Female 50 Back	1	6	0.42
2:38.90S	F # 26D	Female 17 & Over 200 IM	4	3	4.75
20:05.89S	F # 34G	Female 17 & Over 1500 Free	1	6	---
5:02.16S	F # 36D	Female 17 & Over 400 Free	4	3	-15.82
29.71S	F # 38	Female 50 Fly	2	5	0.37
Ruby Morrison (12) F					
3:00.39S	F # 1A	Female 10-12 200 Free	3	4	6.04
1:35.48S	F # 9A	Female 10-12 100 IM	10	---	-1.05
44.74S	F # 13	Female 50 Back	55	---	-1.89
3:22.43S	F # 26A	Female 10-12 200 IM	8	---	-4.52
1:23.67S	F # 30A	Female 10-12 100 Free	9	---	-0.04
Amy Murphy (13) F					
2:50.29S	F # 1B	Female 13-14 200 Free	27	---	-0.34
34.10S	F # 3	Female 50 Free	54	---	-0.88
1:29.54S	F # 9B	Female 13-14 100 IM	15	---	-1.43
40.58S	F # 13	Female 50 Back	39	---	-0.64
1:17.25S	F # 30B	Female 13-14 100 Free	36	---	-2.89
41.01S	F # 38	Female 50 Fly	39	---	-4.54
Melanie Murphy (11) F					
43.64S	F # 3	Female 50 Free	122	---	-0.25
Orlaith Murray (15) F					
33.71S	F # 3	Female 50 Free	48	---	-18.23
NS	F # 9C	Female 15-16 100 IM	---	---	---
39.60S	F # 13	Female 50 Back	32	---	-4.48
46.55S	F # 28	Female 50 Breast	32	---	-6.22
1:14.83S	F # 30C	Female 15-16 100 Free	23	---	-2.82
1:42.27S	F # 40C	Female 15-16 100 Breast	12	---	2.78
Ciara Myers (17) F					
31.18S	F # 3	Female 50 Free	19	---	-0.65
37.03S	F # 13	Female 50 Back	16	---	0.54
2:48.50S	F # 26D	Female 17 & Over 200 IM	6	1	-5.89
43.43S	F # 28	Female 50 Breast	18	---	0.66
1:08.08S	F # 30D	Female 17 & Over 100 Free	6	1	0.18
5:13.89S	F # 36D	Female 17 & Over 400 Free	5	2	---
35.29S	F # 38	Female 50 Fly	21	---	-1.61

Individual Meet Results

Michael Bowles 20-May-23 to 21-May-23 [Ageup: 12/31/2023] SC Meters

Location: The Gus Healy Swimming Pool

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
Ellie Newton (16) F					
31.45S	F # 3	Female 50 Free	22	---	0.38
1:18.11S	F # 5C	Female 15-16 100 Back	9	---	2.76
36.01S	F # 13	Female 50 Back	12	---	1.23
2:49.00S	F # 17C	Female 15-16 200 Back	6	1	4.41
35.45S	F # 23	200 Medley Relay Lead Off	---	---	0.67
2:52.97S	F # 26C	Female 15-16 200 IM	5	2	0.76
42.31S	F # 28	Female 50 Breast	14	---	-1.19
36.38S	F # 38	Female 50 Fly	27	---	-2.30
Beth Nolan (21) F					
27.78S	F # 3	Female 50 Free	3	4	0.90
1:08.07S	F # 5D	Female 17 & Over 100 Back	2	5	3.24
1:08.73S	F # 9D	Female 17 & Over 100 IM	3	4	2.78
31.55S	F # 13	Female 50 Back	2	5	0.94
30.70S	F # 38	Female 50 Fly	3	4	0.70
1:19.41S	F # 40D	Female 17 & Over 100 Breast	3	4	7.45
Poppy Nolan (14) F					
2:31.29S	F # 1B	Female 13-14 200 Free	4	3	-1.68
1:19.92S	F # 9B	Female 13-14 100 IM	5	2	-3.72
36.22S	F # 13	Female 50 Back	13	---	-1.34
1:24.24S	F # 15B	Female 13-14 100 Fly	8	---	---
36.84S	F # 21	200 Medley Relay Lead Off	---	---	-0.72
1:08.57S	F # 30B	Female 13-14 100 Free	5	2	-2.31
35.68S	F # 38	Female 50 Fly	24	---	-7.33
Caolinn O'Connor (14) F					
2:20.51S	F # 1B	Female 13-14 200 Free	2	5	-10.66
1:09.65S	F # 5B	Female 13-14 100 Back	1	6	-2.30
5:37.49S	F # 11B	Female 13-14 400 IM	1	6	---
2:31.71S	F # 17B	Female 13-14 200 Back	1	6	---
1:02.52S	F # 30B	Female 13-14 100 Free	3	4	-2.39
4:56.11S	F # 36B	Female 13-14 400 Free	2	5	---
1:21.39S	F # 40B	Female 13-14 100 Breast	4	3	0.72
Fiadh O'Connor (12) F					
45.23S	F # 3	Female 50 Free	124	---	0.20
NS	F # 28	Female 50 Breast	---	---	---

Individual Meet Results

Michael Bowles 20-May-23 to 21-May-23 [Ageup: 12/31/2023] SC Meters

Location: The Gus Healy Swimming Pool

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
Liam O'Driscoll (14) M					
5:17.41S	F # 2B	Male 13-14 400 IM	2	5	-8.73
1:06.93S	F # 6B	Male 13-14 100 Back	1	6	-3.56
2:12.01S	F # 12B	Male 13-14 200 Free	2	5	-9.00
34.45S	F # 14	Male 50 Back	14	---	-6.78
2:25.74S	F # 18B	Male 13-14 200 Back	1	6	-3.07
31.48S	F # 22	200 Medley Relay Lead Off	---	---	-9.75
1:00.57S	F # 29B	Male 13-14 100 Free	2	5	-3.10
30.06S	F # 37	Male 50 Fly	16	---	-2.44
28.41S	F # 44	200 Free Relay Lead Off	---	---	-1.60
Michael O'Driscoll (17) M					
5:05.74S	F # 2D	Male 17 & Over 400 IM	3	4	-40.23
26.41S	F # 4	Male 50 Free	5	2	-0.13
1:00.41S	F # 16D	Male 17 & Over 100 Fly	1	6	-1.17
26.81S	F # 37	Male 50 Fly	2	---	-0.88
27.30S	F # 41	Male 50 Fly	2	5	-0.39
Alannah O'Farrell (16) F					
31.96S	F # 3	Female 50 Free	30	---	---
1:17.47S	F # 5C	Female 15-16 100 Back	8	---	-1.10
35.50S	F # 13	Female 50 Back	10	---	-0.73
2:54.05S	F # 17C	Female 15-16 200 Back	8	---	0.70
46.16S	F # 28	Female 50 Breast	28	---	-1.07
1:12.04S	F # 30C	Female 15-16 100 Free	16	---	3.46
Cara O'Farrell (13) F					
2:36.54S	F # 1B	Female 13-14 200 Free	11	---	-12.79
1:19.65S	F # 5B	Female 13-14 100 Back	7	---	-0.10
37.76S	F # 13	Female 50 Back	19	---	-0.21
1:25.69S	F # 15B	Female 13-14 100 Fly	10	---	-9.04
37.16S	F # 19	200 Medley Relay Lead Off	---	---	-0.81
2:54.75S	F # 26B	Female 13-14 200 IM	10	---	-18.63
1:11.06S	F # 30B	Female 13-14 100 Free	17	---	-1.12
36.51S	F # 38	Female 50 Fly	30	---	-6.96
1:36.09S	F # 40B	Female 13-14 100 Breast	15	---	-3.79
31.79S	F # 43	200 Free Relay Lead Off	---	---	-1.51
Katie Olden (16) F					
2:38.84S	F # 1C	Female 15-16 200 Free	8	---	-1.61
33.02S	F # 3	Female 50 Free	41	---	0.39
41.69S	F # 13	Female 50 Back	47	---	0.51
47.31S	F # 28	Female 50 Breast	38	---	1.32
1:12.33S	F # 30C	Female 15-16 100 Free	17	---	1.33
5:40.72S	F # 36C	Female 15-16 400 Free	8	---	-1.71
41.23S	F # 38	Female 50 Fly	40	---	1.21

Individual Meet Results

Michael Bowles 20-May-23 to 21-May-23 [Ageup: 12/31/2023] SC Meters

Location: The Gus Healy Swimming Pool

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
Lily Olden (14) F					
2:41.05S	F # 1B	Female 13-14 200 Free	15	---	-16.76
34.14S	F # 3	Female 50 Free	56	---	-0.48
1:27.98S	F # 5B	Female 13-14 100 Back	23	---	-7.90
1:13.12S	F # 30B	Female 13-14 100 Free	23	---	-4.21
5:35.07S	F # 36B	Female 13-14 400 Free	10	---	---
David O'Leary (15) M					
1:03.81S	F # 6C	Male 15-16 100 Back	1	6	-2.04
2:10.42S	F # 12C	Male 15-16 200 Free	2	5	-1.78
30.39S	F # 14	Male 50 Back	4	3	-0.19
2:24.09S	F # 18C	Male 15-16 200 Back	2	5	-2.06
33.21S	F # 22	200 Medley Relay Lead Off	---	---	2.63
4:42.05S	F # 25C	Male 15-16 400 Free	3	4	-16.29
58.20S	F # 29C	Male 15-16 100 Free	3	4	0.49
2:34.18S	F # 35C	Male 15-16 200 IM	3	4	-32.58
26.32S	F # 44	200 Free Relay Lead Off	---	---	-0.54
Lucy O'Mahony (13) F					
2:36.96S	F # 1B	Female 13-14 200 Free	13	---	-7.68
33.33S	F # 3	Female 50 Free	44	---	-0.87
1:27.78S	F # 9B	Female 13-14 100 IM	14	---	-1.04
3:09.21S	F # 26B	Female 13-14 200 IM	23	---	-0.22
1:11.22S	F # 30B	Female 13-14 100 Free	19	---	-3.33
39.61S	F # 38	Female 50 Fly	36	---	1.05
Josh O'Neill (16) M					
5:21.01S	F # 2C	Male 15-16 400 IM	3	4	---
27.29S	F # 4	Male 50 Free	9	---	-0.34
2:47.67S	F # 8C	Male 15-16 200 Breast	4	3	-4.79
2:12.18S	F # 12C	Male 15-16 200 Free	4	3	-8.85
36.08S	F # 27	Male 50 Breast	9	---	0.46
59.70S	F # 29C	Male 15-16 100 Free	4	3	0.54
1:11.18S	F # 33C	Male 15-16 100 IM	5	2	0.69
29.98S	F # 37	Male 50 Fly	15	---	-0.74
1:16.26S	F # 39C	Male 15-16 100 Breast	4	3	0.08
27.40S	F # 46	200 Free Relay Lead Off	---	---	-0.23
Sean O'Riordan (24) M					
NS	F # 4	Male 50 Free	---	---	---
5:08.57S	F # 25D	Male 17 & Over 400 Free	6	1	28.43
1:04.38S	F # 29D	Male 17 & Over 100 Free	9	---	4.35
Stephen O'Riordan (23) M					
1:00.00S	F # 29D	Male 17 & Over 100 Free	6	1	2.30
1:11.46S	F # 33D	Male 17 & Over 100 IM	7	---	3.29
30.09S	F # 37	Male 50 Fly	17	---	0.17

Individual Meet Results

Michael Bowles 20-May-23 to 21-May-23 [Ageup: 12/31/2023] SC Meters

Location: The Gus Healy Swimming Pool

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
James Ryan (20) M					
27.91S	F # 37	Male 50 Fly	5	---	1.49
27.59S	F # 41	Male 50 Fly	4	3	1.17
Antonina Sech (16) F					
2:12.79S	F # 1C	Female 15-16 200 Free	1	6	-1.91
1:06.21S	F # 5C	Female 15-16 100 Back	1	6	0.03
1:09.24S	F # 9C	Female 15-16 100 IM	1	6	-0.02
5:19.51S	F # 11C	Female 15-16 400 IM	1	6	---
2:20.86S	F # 17C	Female 15-16 200 Back	1	6	-1.12
1:02.13S	F # 30C	Female 15-16 100 Free	1	6	0.95
31.41S	F # 38	Female 50 Fly	5	2	-0.57
30.42S	F # 47	200 Free Relay Lead Off	---	---	1.67
Sean Semchiy (14) M					
28.66S DQ	F # 4	Male 50 Free	---	---	---
2:20.21S	F # 12B	Male 13-14 200 Free	4	3	-20.68
1:17.58S	F # 16B	Male 13-14 100 Fly	5	2	-18.52
1:03.12S	F # 29B	Male 13-14 100 Free	4	3	0.01
1:14.62S	F # 33B	Male 13-14 100 IM	3	4	-10.04
1:26.94S	F # 39B	Male 13-14 100 Breast	2	5	-12.73
Sharon Semchiy (22) F					
2:10.15S	F # 1D	Female 17 & Over 200 Free	1	6	4.49
27.37S	F # 3	Female 50 Free	2	5	0.79
1:08.23S	F # 9D	Female 17 & Over 100 IM	2	5	2.55
5:10.24S	F # 11D	Female 17 & Over 400 IM	1	6	6.84
1:04.37S	F # 15D	Female 17 & Over 100 Fly	1	6	1.50
2:23.72S	F # 32D	Female 17 & Over 200 Fly	1	6	4.36
29.17S	F # 38	Female 50 Fly	1	6	0.95
27.40S	F # 47	200 Free Relay Lead Off	---	---	0.82
Emily Sheehan (14) F					
31.54S	F # 3	Female 50 Free	23	---	-1.12
1:17.10S	F # 5B	Female 13-14 100 Back	5	2	-0.26
1:20.05S	F # 9B	Female 13-14 100 IM	6	1	-6.11
36.64S	F # 13	Female 50 Back	15	---	0.56
1:24.55S	F # 15B	Female 13-14 100 Fly	9	---	-2.06
36.02S	F # 21	200 Medley Relay Lead Off	---	---	-0.06
2:52.46S	F # 26B	Female 13-14 200 IM	7	---	---
1:10.34S	F # 30B	Female 13-14 100 Free	11	---	-0.61
31.37S	F # 45	200 Free Relay Lead Off	---	---	-1.29
Abi Singleton (13) F					
34.88S	F # 3	Female 50 Free	74	---	-3.42
1:30.39S	F # 5B	Female 13-14 100 Back	26	---	0.94
40.49S	F # 13	Female 50 Back	38	---	-0.45
34.72S	F # 43	200 Free Relay Lead Off	---	---	-3.58

Individual Meet Results

Michael Bowles 20-May-23 to 21-May-23 [Ageup: 12/31/2023] SC Meters

Location: The Gus Healy Swimming Pool

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
Lauryn Singleton (12) F					
43.55S	F # 3	Female 50 Free	121	---	-1.49
Marysa Smietanka (13) F					
45.50S	F # 38	Female 50 Fly	45	---	-1.33
Lughaidh Smyth (17) M					
28.39S	F # 4	Male 50 Free	15	---	-1.91
1:11.20S	F # 6D	Male 17 & Over 100 Back	4	3	-0.41
34.11S	F # 14	Male 50 Back	13	---	0.01
2:35.17S	F # 18D	Male 17 & Over 200 Back	3	4	-7.40
34.18S	F # 24	200 Medley Relay Lead Off	---	---	0.08
39.33S	F # 27	Male 50 Breast	14	---	0.20
1:04.68S	F # 29D	Male 17 & Over 100 Free	10	---	1.07
33.75S	F # 37	Male 50 Fly	23	---	-2.89
Balint Szatmari (17) M					
25.39S DQ	F # 4	Male 50 Free	---	---	---
2:44.80S	F # 8D	Male 17 & Over 200 Breast	3	4	---
2:08.39S	F # 12D	Male 17 & Over 200 Free	5	2	-4.74
32.11S	F # 27	Male 50 Breast	2	5	-1.79
57.25S	F # 29D	Male 17 & Over 100 Free	2	5	-0.90
1:11.36S	F # 39D	Male 17 & Over 100 Breast	1	6	-4.29
Virag Szatmari (13) F					
33.17S	F # 3	Female 50 Free	42	---	-0.29
3:21.99S	F # 7B	Female 13-14 200 Breast	8	---	---
40.27S	F # 13	Female 50 Back	36	---	-0.35
40.13S	F # 28	Female 50 Breast	9	---	-0.99
1:14.73S	F # 30B	Female 13-14 100 Free	28	---	-13.88
1:29.50S	F # 40B	Female 13-14 100 Breast	8	---	1.59
Mar Urendes (13) F					
39.18S	F # 3	Female 50 Free	114	---	-4.00
44.54S DQ	F # 13	Female 50 Back	---	---	---
Euan Wolfe (13) M					
NS	F # 29B	Male 13-14 100 Free	---	---	---
Sophie Wolfe (15) F					
36.26S	F # 3	Female 50 Free	85	---	0.26
48.12S	F # 28	Female 50 Breast	43	---	1.83
37.70S	F # 38	Female 50 Fly	31	---	---