Michael Bowles 20-May-23 to 21-May-23 [Ageup: 12/31/2023] SC Meters

Location: The Gus Healy Swimming Pool

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Cork, Ireland

| FEM <i>A</i> | ALE | | | | | | |
|---------------------------|-------------------------|-----------|------------------------|---------------------------|------------|--|--|
| Aifric B | Aifric Barry (15) | | | Mia Dowling O'Mahony (16) | | | |
| # 1C | Female 15-16 200 Free | 2:27.88S | # 3 | Female 50 Free | 30.00S | | |
| # 3 | Female 50 Free | 30.21S | # 13 | Female 50 Back | 38.06S | | |
| # 17C | Female 15-16 200 Back | 2:51.20\$ | # 15C | Female 15-16 100 Fly | 1:13.66S | | |
| # 30C | Female 15-16 100 Free | 1:06.74\$ | # 26C | Female 15-16 200 IM | 2:48.47\$ | | |
| # 36C | Female 15-16 400 Free | 5:38.20S | # 30C | Female 15-16 100 Free | 1:04.45\$ | | |
| # 38 | Female 50 Fly | 35.298 | # 36C | Female 15-16 400 Free | 5:10.88\$ | | |
| | Barry (12) | | # 38 | Female 50 Fly | 32.51S | | |
| # 3 Female 50 Free 37.11S | | | Camellia Entcheva (15) | | | | |
| # 5A | Female 10-12 100 Back | 1:30.76S | # 3 | Female 50 Free | 31.58\$ | | |
| # 9A | Female 10-12 100 IM | 1:38.25\$ | # 5C | Female 15-16 100 Back | 1:22.45\$ | | |
| # 28 | Female 50 Breast | 49.91S | # 13 | Female 50 Back | 40.00S | | |
| # 30A | Female 10-12 100 Free | 1:25.50\$ | # 15C | Female 15-16 100 Fly | 1:24.53S | | |
| | Bradley (11) | | # 28 | Female 50 Breast | 46.19S | | |
| # 1A | Female 10-12 200 Free | 3:08.12S | # 30C | Female 15-16 100 Free | 1:10.08S | | |
| # 5A | Female 10-12 100 Back | 1:37.71S | # 38 | Female 50 Fly | 36.95S | | |
| # 15A | Female 10-12 100 Fly | 1:49.90\$ | | alland (21) | | | |
| # 26A | Female 10-12 200 IM | 3:32.34\$ | # 3 | Female 50 Free | 32.22S | | |
| # 30A | Female 10-12 100 Free | 1:26.30\$ | # 38 | Female 50 Fly | 37.18\$ | | |
| | Faye Carroll (14) | | Aoife G | 0 | | | |
| # 3 | Female 50 Free | 37.41S | # 3 | Female 50 Free | 28.88\$ | | |
| # 7B | Female 13-14 200 Breast | 3:02.81S | # 5B | Female 13-14 100 Back | 1:09.16S | | |
| # 15B | Female 13-14 100 Fly | 1:25.10\$ | # 7B | Female 13-14 200 Breast | 3:35.25\$ | | |
| # 26B | Female 13-14 200 IM | 2:50.92\$ | # 11B | Female 13-14 400 IM | 7:02.00\$ | | |
| # 30B | Female 13-14 100 Free | 1:12.50S | # 17B | Female 13-14 200 Back | 2:38.13\$ | | |
| # 38 | Female 50 Fly | 40.23\$ | # 26B | Female 13-14 200 IM | 2:43.55\$ | | |
| # 40B | Female 13-14 100 Breast | 1:25.25S | # 38 | Female 50 Fly | 33.36S | | |
| | Lily Carroll (11) | | | Sardiner (18) | | | |
| # 3 | Female 50 Free | 40.20S | # 3 | Female 50 Free | 32.40S | | |
| Beatriz | : Carvalho (13) | | # 15D | Female 17 & Over 100 Fly | 1:16.20\$ | | |
| # 3 | Female 50 Free | 37.88S | Emma | Glennon (16) | | | |
| # 9B | Female 13-14 100 IM | 1:29.80S | # 3 | Female 50 Free | 31.33\$ | | |
| # 13 | Female 50 Back | 41.77S | # 5C | Female 15-16 100 Back | 1:18.02S | | |
| # 28 | Female 50 Breast | 48.87S | # 9C | Female 15-16 100 IM | 1:19.50S | | |
| # 30B | Female 13-14 100 Free | 1:19.60S | # 10E | Female 15-16 800 Free | 10:43.29\$ | | |
| # 40B | Female 13-14 100 Breast | 1:45.70S | # 15C | Female 15-16 100 Fly | 1:14.31S | | |
| Siun C | otter (13) | | # 17C | Female 15-16 200 Back | 2:47.55S | | |
| # 3 | Female 50 Free | 38.42S | # 30C | Female 15-16 100 Free | 1:07.80S | | |
| # 13 | Female 50 Back | 43.20S | # 38 | Female 50 Fly | 33.15S | | |
| # 30B | Female 13-14 100 Free | 1:19.20S | Abigail | Gray (14) | | | |
| Abigail | Cregan (12) | | # 3 | Female 50 Free | 34.83\$ | | |
| # 3 | Female 50 Free | 40.12S | # 5B | Female 13-14 100 Back | 1:23.07S | | |
| Siofra I | Deasy (14) | | # 17B | Female 13-14 200 Back | 2:57.12S | | |
| # 1B | Female 13-14 200 Free | 2:36.14S | # 26B | Female 13-14 200 IM | 3:02.05\$ | | |
| # 5B | Female 13-14 100 Back | 1:21.81S | # 30B | Female 13-14 100 Free | 1:15.278 | | |
| # 13 | Female 50 Back | 37.29S | # 36B | Female 13-14 400 Free | 5:48.56S | | |
| # 17B | Female 13-14 200 Back | 2:53.50S | # 38 | Female 50 Fly | 39.12S | | |
| # 26B | Female 13-14 200 IM | 3:02.38\$ | , | | | | |
| # 30B | Female 13-14 100 Free | 1:11.28S | | | | | |
| # 36B | Female 13-14 400 Free | 5:25.05S | | | | | |
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| FEMA | LE | | | | |
|--|-----------------------------|-----------|----------------|-----------------------------|---------|
| Anna H | arrington (14) | | # 17D | Female 17 & Over 200 Back | 2:28.29 |
| # 3 | Female 50 Free | 36.818 | # 30D | Female 17 & Over 100 Free | 59.93 |
| # 9B | Female 13-14 100 IM | 1:29.50S | # 36D | Female 17 & Over 400 Free | 4:37.78 |
| # 28 | Female 50 Breast | 49.50S | # 40D | Female 17 & Over 100 Breast | 1:30.20 |
| # 30B | Female 13-14 100 Free | 1:15.90S | Jessica | a Lee (13) | |
| Eva Ha | rrington (17) | | # 28 | Female 50 Breast | 49.90 |
| # 3 | Female 50 Free | 28.03S | Amy Ly | nch (16) | |
| # 7D | Female 17 & Over 200 Breast | 3:00.83S | # 3 | Female 50 Free | 28.98 |
| # 9D | Female 17 & Over 100 IM | 1:11.30S | # 7C | Female 15-16 200 Breast | 2:55.41 |
| # 13 | Female 50 Back | 32.56S | # 9C | Female 15-16 100 IM | 1:11.43 |
| # 30D | Female 17 & Over 100 Free | 59.94S | # 13 | Female 50 Back | 33.67 |
| # 36D | Female 17 & Over 400 Free | 5:05.718 | # 28 | Female 50 Breast | 35.74 |
| # 40D | Female 17 & Over 100 Breast | 1:20.04S | # 32C | Female 15-16 200 Fly | 2:50.00 |
| Sheola | Harrington (12) | | # 38 | Female 50 Fly | 30.75 |
| # 3 | Female 50 Free | 39.13S | Grace | Lynch (20) | |
| <i>‡</i> 13 | Female 50 Back | 43.90S | # 3 | Female 50 Free | 29.56 |
| ŧ 28 | Female 50 Breast | 49.10S | # 9D | Female 17 & Over 100 IM | 1:16.75 |
| # 30A | Female 10-12 100 Free | 1:26.00S | # 10G | Female 17 & Over 800 Free | 9:59.25 |
| | ty (15) | | # 28 | Female 50 Breast | 39.32 |
| # 7C | Female 15-16 200 Breast | 3:14.06S | # 30D | Female 17 & Over 100 Free | 1:04.17 |
| ‡ 11C | Female 15-16 400 IM | 6:20.40S | # 38 | Female 50 Fly | 32.66 |
| ‡ 15C | Female 15-16 100 Fly | 1:22.99\$ | # 40D | Female 17 & Over 100 Breast | 1:24.20 |
| ‡ 32C | Female 15-16 200 Fly | 2:59.90S | | Lyons (16) | 112 112 |
| ‡ 38 | Female 50 Fly | 37.04S | # 3 | Female 50 Free | 30.88 |
| ŧ 40C | Female 15-16 100 Breast | 1:28.18\$ | # 5C | Female 15-16 100 Back | 1:17.18 |
| | ealy (16) | 1.20.100 | # 9C | Female 15-16 100 IM | 1:17.91 |
| # 3 | Female 50 Free | 32.07S | # 13 | Female 50 Back | 35.96 |
| ‡ 7C | Female 15-16 200 Breast | 3:27.19S | # 17C | Female 15-16 200 Back | 2:44.67 |
| † 13 | Female 50 Back | 38.72S | # 40C | Female 15-16 100 Breast | 1:32.31 |
| † 17C | Female 15-16 200 Back | 2:59.05S | | yons (18) | 1.32.31 |
| # 26C | Female 15-16 200 IM | 2:58.27\$ | # 1D | Female 17 & Over 200 Free | 2:34.47 |
| # 30C | Female 15-16 100 Free | 1:12.31S | # 3 | Female 50 Free | 30.98 |
| # 40C | Female 15-16 100 Free | 1:32.97\$ | # 13 | Female 50 Back | 38.52 |
| | nnessy (12) | 1.32.973 | # 15D | Female 17 & Over 100 Fly | 1:19.75 |
| -11 y 1 1 0 1 ‡ 3 | Female 50 Free | 39.40S | # 13D # 30D | Female 17 & Over 100 Fry | 1:19.73 |
| | nn Kerr (11) | 37.403 | # 300 | | 33.79 |
| | | 40 10C | | Female 50 Fly | 33./9 |
| | Female 50 Free | 40.10S | | Mc Ardle (16) | 20.62 |
| | Kidney (17) | 26.466 | # 3 | Female 50 Free | 28.63 |
| ‡ 3 | Female 50 Free | 26.46S | # 5C | Female 15-16 100 Back | 1:09.52 |
| ‡ 7D | Female 17 & Over 200 Breast | 2:39.21\$ | # 13 | Female 50 Back | 32.37 |
| ‡ 9D | Female 17 & Over 100 IM | 1:06.85\$ | # 17C | Female 15-16 200 Back | 2:33.93 |
| ‡ 26D | Female 17 & Over 200 IM | 2:23.13\$ | # 30C | Female 15-16 100 Free | 1:02.58 |
| ‡ 28 | Female 50 Breast | 32.26S | # 36C | Female 15-16 400 Free | 5:23.19 |
| \$ 30D | Female 17 & Over 100 Free | 58.46S | # 38 | Female 50 Fly | 33.87 |
| 40D | Female 17 & Over 100 Breast | 1:11.95\$ | | Mc Carthy (17) | |
| | ake (12) | | # 1D | Female 17 & Over 200 Free | 2:29.24 |
| ŧ 3 | Female 50 Free | 39.90S | # 3 | Female 50 Free | 30.41 |
| | ee (18) | | # 9D | Female 17 & Over 100 IM | 1:15.78 |
| ‡ 1D | Female 17 & Over 200 Free | 2:07.77\$ | # 26D | Female 17 & Over 200 IM | 2:43.91 |
| ‡ 5D | Female 17 & Over 100 Back | 1:06.86\$ | # 30D | Female 17 & Over 100 Free | 1:06.36 |
| # 9D | Female 17 & Over 100 IM | 1:11.83\$ | # 38 | Female 50 Fly | 33.86 |
| # 15D | Female 17 & Over 100 Fly | 1:04.60S | # 40D | Female 17 & Over 100 Breast | 1:23.28 |

| FEMALE |
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| FEMA | LE | | | | |
|---------|----------------------------|-----------|---------|-----------------------------|-----------|
| | Grath (17) | | # 13 | Female 50 Back | 30.618 |
| # 3 | Female 50 Free | 27.34S | # 38 | Female 50 Fly | 28.64S |
| # 5D | Female 17 & Over 100 Back | 1:05.92S | # 40D | Female 17 & Over 100 Breast | 1:11.96S |
| # 9D | Female 17 & Over 100 IM | 1:08.87S | Poppy | Nolan (14) | |
| # 13 | Female 50 Back | 30.54S | # 1B | Female 13-14 200 Free | 2:32.97S |
| # 26D | Female 17 & Over 200 IM | 2:34.15S | # 9B | Female 13-14 100 IM | 1:23.648 |
| # 34G | Female 17 & Over 1500 Free | 17:38.00S | # 13 | Female 50 Back | 33.77S |
| # 36D | Female 17 & Over 400 Free | 5:15.38\$ | # 15B | Female 13-14 100 Fly | 1:21.33S |
| # 38 | Female 50 Fly | 29.19S | # 30B | Female 13-14 100 Free | 1:09.64S |
| Ruby M | forrison (12) | | # 38 | Female 50 Fly | 35.47S |
| # 1A | Female 10-12 200 Free | 3:00.77S | Caoilin | n O'Connor (14) | |
| # 9A | Female 10-12 100 IM | 1:39.37\$ | # 1B | Female 13-14 200 Free | 2:17.35S |
| # 13 | Female 50 Back | 41.25S | # 5B | Female 13-14 100 Back | 1:09.00S |
| # 26A | Female 10-12 200 IM | 3:26.95\$ | # 11B | Female 13-14 400 IM | 6:12.10S |
| # 30A | Female 10-12 100 Free | 1:23.71S | # 17B | Female 13-14 200 Back | 2:31.33\$ |
| # 40A | Female 10-12 100 Breast | 1:45.90S | # 30B | Female 13-14 100 Free | 1:02.15S |
| Amy Mu | urphy (13) | | # 36B | Female 13-14 400 Free | 4:56.02S |
| # 1B | Female 13-14 200 Free | 2:55.73\$ | # 40B | Female 13-14 100 Breast | 1:20.67S |
| # 3 | Female 50 Free | 34.98S | Fiadh C | D'Connor (12) | |
| # 9B | Female 13-14 100 IM | 1:29.20S | # 3 | Female 50 Free | 40.20S |
| # 13 | Female 50 Back | 41.22S | # 28 | Female 50 Breast | 50.10S |
| # 30B | Female 13-14 100 Free | 1:20.14S | Alanna | h O'Farrell (16) | |
| # 38 | Female 50 Fly | 41.12S | # 3 | Female 50 Free | 31.66S |
| Melanie | e Murphy (11) | | # 5C | Female 15-16 100 Back | 1:17.93S |
| # 3 | Female 50 Free | 40.20S | # 13 | Female 50 Back | 34.57S |
| Orlaith | Murray (15) | | # 17C | Female 15-16 200 Back | 2:52.08S |
| # 3 | Female 50 Free | 33.03S | # 28 | Female 50 Breast | 47.23S |
| # 9C | Female 15-16 100 IM | 1:16.20S | # 30C | Female 15-16 100 Free | 1:08.58S |
| # 13 | Female 50 Back | 44.08S | Cara O | 'Farrell (13) | |
| # 28 | Female 50 Breast | 49.90S | # 1B | Female 13-14 200 Free | 2:38.82S |
| # 30C | Female 15-16 100 Free | 1:14.10S | # 5B | Female 13-14 100 Back | 1:19.75S |
| # 40C | Female 15-16 100 Breast | 1:36.10S | # 13 | Female 50 Back | 36.15S |
| Ciara M | /lyers (17) | | # 15B | Female 13-14 100 Fly | 1:34.05S |
| # 3 | Female 50 Free | 31.83S | # 26B | Female 13-14 200 IM | 3:03.945 |
| # 13 | Female 50 Back | 36.49\$ | # 30B | Female 13-14 100 Free | 1:12.18S |
| # 26D | Female 17 & Over 200 IM | 2:52.27\$ | # 38 | Female 50 Fly | 37.67S |
| # 28 | Female 50 Breast | 42.77S | # 40B | Female 13-14 100 Breast | 1:38.53\$ |
| # 30D | Female 17 & Over 100 Free | 1:07.25S | Katie C | olden (16) | |
| # 36D | Female 17 & Over 400 Free | 5:24.49\$ | # 1C | Female 15-16 200 Free | 2:40.45\$ |
| # 38 | Female 50 Fly | 35.44S | # 3 | Female 50 Free | 32.31S |
| | ewton (16) | | # 13 | Female 50 Back | 41.18S |
| # 3 | Female 50 Free | 31.07S | # 28 | Female 50 Breast | 45.99S |
| # 5C | Female 15-16 100 Back | 1:15.358 | # 30C | Female 15-16 100 Free | 1:11.00S |
| # 13 | Female 50 Back | 34.78\$ | # 36C | Female 15-16 400 Free | 5:42.43S |
| # 17C | Female 15-16 200 Back | 2:44.59\$ | # 38 | Female 50 Fly | 39.55S |
| # 26C | Female 15-16 200 IM | 2:52.21S | | len (14) | |
| # 28 | Female 50 Breast | 41.22S | # 1B | Female 13-14 200 Free | 2:50.10S |
| # 38 | Female 50 Fly | 37.71S | # 3 | Female 50 Free | 34.62S |
| | olan (21) | - | # 5B | Female 13-14 100 Back | 1:30.23S |
| #3 | Female 50 Free | 26.88S | # 10C | Female 13-14 800 Free | 12:04.99S |
| # 5D | Female 17 & Over 100 Back | 1:04.83S | # 30B | Female 13-14 100 Free | 1:14.56S |
| | | 1:05.958 | | Female 13-14 400 Free | |

| FEMA | LE | | | | |
|---------------|---------------------------|--------------------|------|------------------|--------|
| Lucy O | 'Mahony (13) | | # 28 | Female 50 Breast | 46.29S |
| # 1B | Female 13-14 200 Free | 2:44.64\$ | # 38 | Female 50 Fly | 38.63S |
| # 3 | Female 50 Free | 34.03S | | | |
| # 9B | Female 13-14 100 IM | 1:28.82\$ | | | |
| # 26B | Female 13-14 200 IM | 3:09.43\$ | | | |
| # 30B | Female 13-14 100 Free | 1:14.55S | | | |
| # 38 | Female 50 Fly | 38.56S | | | |
| | na Sech (16) | | | | |
| # 1C | Female 15-16 200 Free | 2:11.71S | | | |
| # 5C | Female 15-16 100 Back | 1:06.18S | | | |
| # 9C | Female 15-16 100 IM | 1:09.26S | | | |
| # 11C | Female 15-16 400 IM | 5:36.20S | | | |
| # 17C | Female 15-16 200 Back | 2:21.87\$ | | | |
| # 30C | Female 15-16 100 Free | 1:00.65S | | | |
| # 38 | Female 50 Fly | 31.56\$ | | | |
| | | 31.303 | | | |
| | Semchiy (22) | 2.02.010 | | | |
| # 1D | Female 17 & Over 200 Free | 2:03.91\$ | | | |
| # 3 | Female 50 Free | 26.11S | | | |
| # 9D | Female 17 & Over 100 IM | 1:05.688 | | | |
| # 11D | Female 17 & Over 400 IM | 5:03.40S | | | |
| # 15D | Female 17 & Over 100 Fly | 1:01.67\$ | | | |
| # 32D | Female 17 & Over 200 Fly | 2:17.29\$ | | | |
| # 38 | Female 50 Fly | 27.84S | | | |
| | Sheehan (14) | | | | |
| # 3 | Female 50 Free | 32.23S | | | |
| # 5B | Female 13-14 100 Back | 1:17.36S | | | |
| # 9B | Female 13-14 100 IM | 1:26.16S | | | |
| # 13 | Female 50 Back | 36.08S | | | |
| # 15B | Female 13-14 100 Fly | 1:26.618 | | | |
| # 26B | Female 13-14 200 IM | 2:56.18S | | | |
| # 30B | Female 13-14 100 Free | 1:09.08S | | | |
| Abi Sin | gleton (13) | | | | |
| # 3 | Female 50 Free | 38.30S | | | |
| # 5B | Female 13-14 100 Back | 1:32.05S | | | |
| # 13 | Female 50 Back | 42.10S | | | |
| | Singleton (12) | | | | |
| # 3 | Female 50 Free | 40.05S | | | |
| | Smietanka (13) | | | | |
| # 3 | Female 50 Free | 39.80S | | | |
| # 38 | Female 50 Fly | 42.10S | | | |
| | zatmari (13) | 12.100 | | | |
| # 3 | Female 50 Free | 32.88S | | | |
| # 7B | Female 13-14 200 Breast | 3:17.77S | | | |
| # 13 | Female 50 Back | 39.99\$ | | | |
| # 28 | Female 50 Breast | | | | |
| # 20 # 30B | Female 13-14 100 Free | 39.44S 1:15.85S | | | |
| | | | | | |
| # 40B | Female 13-14 100 Breast | 1:25.83S | | | |
| | endes (13) | 40.000 | | | |
| # 3 | Female 50 Free | 40.20S | | | |
| # 13 | Female 50 Back | 44.30S | | | |
| | Wolfe (15) | | | | |
| # 3 | Female 50 Free | 35.88S | | | |

| MALE | | | | | |
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| | ıglim (15) | | # 37 | Male 50 Fly | 29.588 |
| # 4 | Male 50 Free | 31.29S | # 39C | Male 15-16 100 Breast | 1:24.778 |
| ‡ 6C | Male 15-16 100 Back | 1:16.20S | | Harrington (14) | |
| <i>‡</i> 14 | Male 50 Back | 37.28S | # 4 | Male 50 Free | 29.298 |
| ‡ 29C | Male 15-16 100 Free | 1:08.40S | # 6B | Male 13-14 100 Back | 1:15.968 |
| ‡ 33C | Male 15-16 100 IM | 1:16.20S | # 12B | Male 13-14 200 Free | 2:47.108 |
| Sean B | Bugler (17) | | # 14 | Male 50 Back | 34.978 |
| ‡ 10H | Male 17 & Over 800 Free | 8:40.01S | # 16B | Male 13-14 100 Fly | 1:16.628 |
| ‡ 12D | Male 17 & Over 200 Free | 1:57.15S | # 29B | Male 13-14 100 Free | 1:04.928 |
| ŧ 14 | Male 50 Back | 27.91S | # 33B | Male 13-14 100 IM | 1:20.468 |
| ‡ 25D | Male 17 & Over 400 Free | 4:09.99S | # 37 | Male 50 Fly | 31.928 |
| ₹34H | Male 17 & Over 1500 Free | 16:30.00S | Adrian | Ho (14) | |
| ŧ 37 | Male 50 Fly | 27.32S | # 4 | Male 50 Free | 36.308 |
| homa | s Bugler (14) | | # 29B | Male 13-14 100 Free | 1:15.908 |
| ± 2B | Male 13-14 400 IM | 5:36.22S | Vincent | t Kopczynski (15) | |
| 10D | Male 13-14 800 Free | 9:33.01S | # 2C | Male 15-16 400 IM | 5:29.078 |
| 12B | Male 13-14 200 Free | 2:06.67\$ | # 10F | Male 15-16 800 Free | 9:28.459 |
| 16B | Male 13-14 100 Fly | 1:03.57S | # 16C | Male 15-16 100 Fly | 1:05.385 |
| 29B | Male 13-14 100 Free | 58.87S | # 25C | Male 15-16 400 Free | 4:39.485 |
| 31B | Male 13-14 200 Fly | 3:01.90S | # 31C | Male 15-16 200 Fly | 2:32.145 |
| 37 | Male 50 Fly | 28.65S | # 35C | Male 15-16 200 IM | 2:29.529 |
| | Duggan (16) | | # 39C | Male 15-16 100 Breast | 1:24.555 |
| 2C | Male 15-16 400 IM | 5:29.25S | Rory Le | | |
| 4 | Male 50 Free | 28.30S | # 33D | Male 17 & Over 100 IM | 1:03.855 |
| 6C | Male 15-16 100 Back | 1:07.88S | # 37 | Male 50 Fly | 26.899 |
| 12C | Male 15-16 200 Free | 2:17.31S | | Mc Carthy (13) | _0.070 |
| 14 | Male 50 Back | 31.91\$ | # 4 | Male 50 Free | 33.465 |
| 18C | Male 15-16 200 Back | 2:35.60\$ | # 6B | Male 13-14 100 Back | 1:28.729 |
| ‡ 29C | Male 15-16 100 Free | 1:00.54\$ | # 12B | Male 13-14 200 Free | 2:45.905 |
| 33C | Male 15-16 100 IM | 1:13.70\$ | # 29B | Male 13-14 100 Free | 1:15.858 |
| | zpatrick (14) | 1.10.700 | # 35B | Male 13-14 200 IM | 3:10.109 |
| • 4 | Male 50 Free | 34.49\$ | # 39B | Male 13-14 100 Breast | 1:40.455 |
| ‡ 12B | Male 13-14 200 Free | 2:39.67\$ | | 'Driscoll (14) | 1.10.150 |
| 16B | Male 13-14 100 Fly | 1:25.20\$ | # 2B | Male 13-14 400 IM | 5:16.168 |
| £ 29B | Male 13-14 100 Free | 1:14.10\$ | # 6B | Male 13-14 100 Back | 1:08.138 |
| 35B | Male 13-14 100 ITEE | 3:06.70\$ | # 12B | Male 13-14 100 Back Male 13-14 200 Free | 2:14.838 |
| : 33b : 37 | Male 50 Fly | 36.20S | # 125 | Male 50 Back | 36.019 |
| | Galland (18) | 30.203 | # 14 # 18B | Male 13-14 200 Back | 2:25.77 |
| 4 | Male 50 Free | 24.84\$ | # 29B | Male 13-14 200 Back Male 13-14 100 Free | 1:03.139 |
| 6D | | | # 295 | | |
| : 12D | Male 17 & Over 100 Back Male 17 & Over 200 Free | 1:04.34S 2:01.06S | | Male 50 Fly | 32.509 |
| | | | | l O'Driscoll (17) | F.22.400 |
| ‡ 16D | Male 17 & Over 100 Fly | 1:01.938 | # 2D | Male 17 & Over 400 IM Male 50 Free | 5:23.495 |
| £ 25D | Male 17 & Over 100 IM | 4:28.95S | # 4 # 1 (D | | 26.215 |
| 33D | Male 17 & Over 100 IM | 1:03.27\$ | # 16D | Male 17 & Over 100 Fly | 1:00.525 |
| 37 | Male 50 Fly | 28.17S | # 25D | Male 17 & Over 400 Free | 4:17.535 |
| - | Gunn (15) | 20.240 | # 31D | Male 17 & Over 200 Fly | 2:13.009 |
| 4 | Male 50 Free | 28.31S | # 37 | Male 50 Fly | 27.485 |
| 6C | Male 15-16 100 Back | 1:08.878 | | | |
| 16C | Male 15-16 100 Fly | 1:05.598 | | | |
| 27 | Male 50 Breast | 40.31S | | | |
| ‡ 29C | Male 15-16 100 Free | 1:00.77S | | | |
| # 33C | Male 15-16 100 IM | 1:11.958 | | | |

| MALE | | | | | |
|----------|---------------------------|-----------|-------|---------------------|----------|
| | 'Leary (15) | | # 14 | Male 50 Back | 40.10S |
| # 6C | Male 15-16 100 Back | 1:03.80S | # 29B | Male 13-14 100 Free | 1:15.90S |
| # 12C | Male 15-16 200 Free | 2:11.80S | ı | | |
| # 14 | Male 50 Back | 29.94S | | | |
| # 18C | Male 15-16 200 Back | 2:26.15\$ | | | |
| # 25C | Male 15-16 400 Free | 4:58.34S | | | |
| # 29C | Male 15-16 100 Free | 57.71S | | | |
| # 35C | Male 15-16 200 IM | 2:44.29\$ | | | |
| | Neill (16) | | | | |
| # 2C | Male 15-16 400 IM | 5:21.00S | | | |
| # 4 | Male 50 Free | 27.33S | | | |
| # 8C | Male 15-16 200 Breast | 2:52.46\$ | | | |
| # 12C | Male 15-16 200 Free | 2:12.72\$ | | | |
| # 27 | Male 50 Breast | 36.09S | | | |
| # 29C | Male 15-16 100 Free | 59.16S | | | |
| # 33C | Male 15-16 100 IM | 1:10.49\$ | | | |
| # 37 | Male 50 Fly | 30.72S | | | |
| # 39C | Male 15-16 100 Breast | 1:16.18\$ | | | |
| | Riordan (24) | | | | |
| # 4 | Male 50 Free | 26.85S | | | |
| # 25D | Male 17 & Over 400 Free | 4:35.02S | | | |
| # 29D | Male 17 & Over 100 Free | 58.37S | | | |
| Stepher | n O'Riordan (23) | | | | |
| # 29D | Male 17 & Over 100 Free | 57.49S | | | |
| # 33D | Male 17 & Over 100 IM | 1:08.17\$ | | | |
| # 37 | Male 50 Fly | 29.92S | | | |
| | Ryan (20) | | | | |
| # 37 | Male 50 Fly | 26.42S | | | |
| Sean Se | emchiy (14) | | | | |
| # 4 | Male 50 Free | 29.12S | | | |
| # 12B | Male 13-14 200 Free | 2:20.33\$ | | | |
| # 16B | Male 13-14 100 Fly | 1:25.10S | | | |
| # 29B | Male 13-14 100 Free | 1:02.89S | | | |
| # 33B | Male 13-14 100 IM | 1:24.66S | | | |
| # 39B | Male 13-14 100 Breast | 1:27.21S | | | |
| Lughaid | h Smyth (17) | | | | |
| # 4 | Male 50 Free | 29.71S | | | |
| # 6D | Male 17 & Over 100 Back | 1:11.618 | | | |
| # 14 | Male 50 Back | 33.31S | | | |
| # 18D | Male 17 & Over 200 Back | 2:35.958 | | | |
| # 27 | Male 50 Breast | 39.13S | | | |
| # 29D | Male 17 & Over 100 Free | 1:03.618 | | | |
| # 37 | Male 50 Fly | 33.77S | | | |
| Balint S | zatmari (17) | | | | |
| # 4 | Male 50 Free | 24.85S | | | |
| # 8D | Male 17 & Over 200 Breast | 2:46.36\$ | | | |
| # 12D | Male 17 & Over 200 Free | 2:12.81S | | | |
| # 27 | Male 50 Breast | 32.75S | | | |
| # 29D | Male 17 & Over 100 Free | 57.73S | | | |
| # 39D | Male 17 & Over 100 Breast | 1:15.15S | | | |
| | olfe (13) | | | | |
| # 6B | Male 13-14 100 Back | 1:29.15S | | | |

Michael Bowles 20-May-23 to 21-May-23 [Ageup: 12/31/2023] SC Meters Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

| Female IE's: Male IE's: | 301 130 | |
|----------------------------|------------|--|
| Total IE's: | 431 | |
| Total Athletes: | 81 | |

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