



**Munster Future Challenger**  
**ENTRY RULES & FORMS**  
( Under Swim Ireland Rules )

<b>Meet</b>	<b>UL</b>
<b>Location:</b>	
<b>Date</b>	January 29 <sup>th</sup> 2023
<b>Sessions :</b>	19am warm up 10 am start. All events will be short course.
<b>Age:</b>	Age as 31 <sup>st</sup> December 2023
<b>Qualification Criteria:</b>	Swimmers must be at least 10 years of age by 31 <sup>st</sup> December 2023. <b>Individual Age groups</b> 10 years, 11 years, 12 years and 13/14 years <b>Relay Age Groups 10-12.</b> There must be at least 1 male and 1 female and a maximum of one 12 year old on the team. <b>All competing relay swimmers must be entered in the meet.</b>
<b>Heats &amp; Finals:</b>	All events will be HDW. There will be no finals.
<b>Withdrawals:</b>	Must be made at least 45 minutes before the start of the meet
<b>Entry Deadline:</b>	Entries must be received on or before 8 <sup>th</sup> . January 2023. <b>LATE ENTRIES WILL NOT BE ACCEPTED UNDER ANY CIRCUMSTANCES.</b> Entries to ; <a href="mailto:munsterentries@swimireland.ie">munsterentries@swimireland.ie</a>
<b>Entry Fees:</b>	Individual entries cost €6 per event. Relay entries cost €20 per event. <b>Fees should be paid directly into the bank account, and must include the name of the club and the name of the meet.</b> <b>Bank details BIC – AIBKIE2D IBAN – IE70AIBK93251559772394</b> No entry will be processed until the appropriate fee has been received by the Treasurer. <b><i>Please note that entries are non-refundable once the final date for payment has passed</i></b>
<b>Individual Entries :</b>	The 25m Freestyle kick event is compulsory for all swimmers, and there is no charge for this event. Swimmers aged 10 are permitted to swim a total of 3 events which includes the 25m kick. Swimmers aged 11 and over are permitted to swim in 4 events plus the 25m kick. There are no qualifying times for this meet, but swimmers who enter the meet cannot enter the Aspiring Challenger meet until September 30th. 2023
<b>Relay Entries:</b>	Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 45 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team. Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.
<b>Awards:</b>	Bands will be awarded to all swimmers once they have achieved the relevant qualifying time in an event. These times will be issued when they become available.
<b>Anti-Doping:</b>	It is a condition of attending a Swim Ireland event that swimmers may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules. For further information visit the <a href="#">Anti-Doping section of the Sport Ireland website</a> .
<b>Swimsuits:</b>	Swimmers in this meet regardless of age are <b>NOT</b> permitted to wear SKINS
<b>Health &amp; Safety:</b>	Please refer to the Health & Safety guidelines at the back of this document and also the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.

The Upper Age Group in this meet has been extended to 13/14 years to accommodate the later developing athletes – coaches can decide to enter these athletes in the Future Challenger Series or the Aspiring Champions Series, but they cannot swim in both during the cycle.( Jan 1<sup>st</sup>. – August 31<sup>st</sup>)

### ORDER OF EVENTS

<b>SESSION 1</b>	
1	Mixed 4x25m Medley Relay
2	Boys 10 – 14 100m IM
3	Girls 12 -14 200m Freestyle
4	Boys 11-14 100m Freestyle
5	Girls 10 -14 50m Freestyle
6	Boys 11-14 100m Breaststroke
7	Girls 10-14 25m Freestyle Kick
<b>SESSION 2</b>	
8	Girls 10 -14 100m IM
9	Boys 12- 14 200m Freestyle
10	Girls 11-14 100m Freestyle
11	Boys 10- 14 50m Freestyle
12	Girls 11-14 100m Breaststroke
13	Boys 10 -14 25m Freestyle Kick
14	Mixed 4x25m FTR

**Clubs must provide at least one official for every six swimmers entered**