



Sundays Well Swimming Club

est. 1924

January 2019

Dear Swimmers,

We are pleased to invite your club to our annual Masters' Gala which will be held this year under the auspices of Swim Ireland on Saturday 9th of February 2019 at Gus Healy Swimming Pool, Douglas, Cork.

The events will consist of 50m of each stroke, 400m, 200m and 100m Freestyle, 200m Breast-stroke and 100 IM, front crawl relays of each age group and a cannon relay. *The events will all be electronically timed using the Swim Ireland Munster Branch touch pad timing system.*

A new innovation this year is the introduction of the “Champion Swimmer” competition. This competition is open to swimmers who enter all four of the 50m stroke competitions. The “Champion Swimmer” for each age group will be the swimmer whose total time is the fastest for all of the strokes. Each age group and gender will have a “Champion Swimmer” winner and will receive a prize.

Entry fees are €6 for individual entries and €10 for relay entries. There is no additional entry charge for the Champion Swimmer competition. You will be automatically entered in the Champion Swimmer competition by entering the 4 50 meter events. Entries and fees may be paid through the following [link](#). We will reluctantly accept manual entries and cheques are payable payable to Sundays Well Swimming Club. If you prefer, you can prepare individual entries using the form below.

Presentation of relay prizes and “Champion Swimmer” prizes will be made in the South County immediately after the gala.

If you have any queries we would be glad to take them by phone or email. The emphasis, as always, will be on having a fun day for all!

A copy of all your swimmers times / results will be made available to clubs at the conclusion of the gala.

Yours sincerely,

Richard Walsh

Ray McArdle



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Gala Organiser

SWSC

E mail: risteardwalsh@gmail.com

087 6216991

Technical Organiser

SWSC

raymcardle@yahoo.com

087 7546953

MASTERS GALA

Swim Ireland Gala Licence Number 1S-18/19 M014

- VENUE:** GUS HEALY SWIMMING POOL, DOUGLAS, CORK.
- DATE:** SATURDAY 9th FEBRUARY 2019
- TIMES:** SESSION 1: WARM-UP 1.00pm - START 14:00
(EXPECTED FINISH 6PM)
- SCRATCHES:** 30 MINS BEFORE START SESSION
- ORDER OF EVENTS:** AS PER ATTACHED LIST.
- ALL EVENTS ARE HEAT DECLARED WINNER
HEATS WILL BE SEDED BY ENTRY TIME WITH MEN/WOMEN
AND AGE GROUPS MIXED
- AGE GROUPS (ENTRY DEPENDANT):** Men and Women: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49,
50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+
Age as at 31st December 2019
- ENTRIES:** €6.00 PER INDIVIDUAL EVENT
€10.00 PER RELAY
CHEQUES PAYABLE TO
"SUNDAYS WELL SWIMMING CLUB"
- NOTE:** IN THE EVENT OF OVER-SUBSCRIPTION, THE SLOWEST
ENTRIES WILL BE ELIMINATED FROM THE LONGEST EVENTS
(IN DURATION) BASED ON SUBMITTED TIMES UNTIL THE
ESTIMATED GALA SCHEDULE MEETS THE ALLOCATED POOL
TIME AVAILABLE. FEES WILL BE REFUNDED TO INDIVIDUALS
WHOSE ENTRIES ARE ELIMINATED ON THIS BASIS.
ANY ENTRY UNPAID BY 2PM 09/02/19 WILL BE
AUTOMATICALLY SCRATCHED
- ENTRY SHEETS:** Individual entries to be completed online at
<https://irishmastersswimming.ie/sundays-well-2019/>
ENTRIES TO BE COMPLETED WITH YOUR PERSONAL BEST
TIMES SO YOU CAN BE GRADED CORRECTLY.



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IF YOU ARE USING HY-TEK TEAM MANAGER, PLEASE EXPORT ENTRIES TO THE COMPETITION SECRETARY.

ENTRY DEADLINES:

Monday 4th FEBRUARY 2019 PLEASE - **NO LATE ENTRIES**

ENTRIES TO:

RICHARD WALSH
16 THE CLOISTERS
BALLINCOLLIG
CO. CORK

E-MAIL: risteardwalsh@gmail.com

- Any points not covered by the above will be at the discretion of the Gala Organizers
- The decision of the Gala Organizers & the Gala Referee will be final.

MASTERS GALA ORDER OF EVENTS

Session 1: Saturday 9th Feb. 2019. 2pm Start (warm up from 1.00pm sharp)	
1.	Mens 4* 100m Freestyle relay
2.	Womens 4* 100m Freestyle relay
3.	Mixed 50m Freestyle
4.	Mixed 400m Freestyle
5.	Mixed 50m Breaststroke
6.	Mixed 200m Freestyle
7.	Mixed 200m Breaststroke
8.	Mixed 50m Backstroke
9.	Mixed 100m IM Mixed
10.	Mixed 100m Freestyle
11.	Mixed 50m Butterfly
12.	Mens 4* 50m Freestyle Relay
13.	Womens 4* 50m Freestyle Relay (200+)
14.	8 X 50m Cannon Relay (1 male, 1 female swimmer from each age group)



**Sundays Well
Swimming Club**
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MASTERS GALA
(UNDER SWIM IRELAND RULES)
Swim Ireland Gala Licence Number 1S-18/19 M014
SATURDAY 9TH FEBRUARY 2019

Payment Form:

NAME:.....

CLUB:.....

Individual Entries @ €6.00 each	€
Relays @ €10.00 each	€
Total:	€

Cheques made payable to Sundays Well Swimming Club

Please post entries & cheques to:

Richard Walsh
16 The Cloisters
Ballincollig
Co. Cork

Please e-mail entries to:

risteardwalsh@gmail.com

Entry deadline 04/02/19

Sundays Well Swimming Club Annual Masters Gala 09/02/2019

Individual Entry Form

Please ensure you enter your personal best time in your selected events so that you can be graded correctly.

Entries are at a cost of €6 each.

Club Name: _____

Age Groupings: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+ (Subject to Entries)

<u>Surname:</u>	<u>Forename:</u>	<u>M/F</u>	<u>Date of Birth:</u>	<u>100m IM</u>	<u>200m Free:</u>	<u>100m Free:</u>	<u>200m Breast:</u>	<u>50m Free:</u>	<u>50m Breast:</u>	<u>50m Back:</u>	<u>50m B/Fly:</u>

Please post entries & cheques to:

Richard Walsh
16 The Cloisters
Ballincollig
Co. Cork

Please e-mail entries to:

ristewardwalsh@gmail.com

Total Entries: @ €6 each	Total Cost:
	€

DEADLINE FOR ENTRIES: Monday 04/02/19

➤ **Please Note: If entries have not been paid by 14:00 on Saturday 9/02/19 you will be automatically scratched from your events**

Sundays Well Swimming Club Annual Masters Gala 9/02/2019

Relay Entry Form

Relays are at a cost of €10 each.

Club Name: _____

Age Groupings: 100-119 Years, 120-159 Years, 170-199 Years, 200-239 Years, 240+ Years. (Combined Ages of all Swimmers on Team)

Please enter the quantity of teams you wish to enter in the relevant age groups. All relay teams will be entered as NT.

<u>Relay:</u>	<u>76-119</u>	<u>120-159</u>	<u>170-199</u>	<u>200+</u>	<u>240+</u>
4X100m Freestyle Male					
4X100m Freestyle Female					
4X50m Freestlye Male					
4X50m Freestyle Female					
8 x 50m Cannon		N/A	N/A	N/A	N/A

Please post entries & cheques to:

Richard Walsh
16 The Cloisters
Ballincollig
Co. Cork

Please e-mail entries to:

risteardwalsh@gmail.com

DEADLINE FOR ENTRIES: Monday 04/02/19

Please Note: If entries have not been paid by 14:00 on Saturday 09/02/19 you will be automatically scratched from your events