

## Individual Meet Results

**Michael Bowles 08-Jun-19 to 09-Jun-19 [Ageup: 12/28/2019] SC Meters**

**Location: The Gus Healy Swimming Pool**

**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Lilly Anglim (13) F</b>					
35.66S	F # 3	Female 50 Free	60	---	-2.02
1:29.39S	F # 5B	Female 13-14 100 Back	20	---	-5.23
1:22.38S	F # 30B	Female 13-14 100 Free	31	---	1.71
<b>Stacie Blyth (16) F</b>					
2:36.60S	F # 1C	Female 15-16 200 Free	9	---	0.49
33.22S	F # 3	Female 50 Free	30	---	0.25
1:21.22S	F # 15C	Female 15-16 100 Fly	11	---	-4.08
2:56.22S	F # 26C	Female 15-16 200 IM	9	---	-4.68
1:14.16S	F # 30C	Female 15-16 100 Free	14	---	1.07
3:00.95S	F # 32C	Female 15-16 200 Fly	2	5	---
5:29.42S	F # 36C	Female 15-16 400 Free	7	---	-1.84
36.59S	F # 38	Female 50 Fly	22	---	-1.01
<b>Sean Bugler (13) M</b>					
32.72S	F # 4	Male 50 Free	45	---	-2.37
1:23.22S	F # 6B	Male 13-14 100 Back	7	---	---
37.29S	F # 14	Male 50 Back	19	---	-1.47
37.51S	F # 20	200 Medley Relay Lead Off	---	---	-1.25
1:12.98S	F # 29B	Male 13-14 100 Free	19	---	-0.33
36.41S	F # 37	Male 50 Fly	25	---	-1.62
<b>Thomas Bugler (10) M</b>					
35.44S	F # 4	Male 50 Free	57	---	-2.62
1:31.28S	F # 6A	Male 10-12 100 Back	12	---	---
1:20.06S	F # 29A	Male 10-12 100 Free	14	---	---
41.71S	F # 37	Male 50 Fly	33	---	-2.30
<b>Eva Carey (17) F</b>					
31.45S	F # 3	Female 50 Free	15	---	0.58
1:15.75S	F # 5D	Female 17 & Over 100 Back	3	4	-0.57
35.33S	F # 13	Female 50 Back	12	---	0.49
2:44.25S	F # 17D	Female 17 & Over 200 Back	4	3	3.22
34.34S	F # 23	200 Medley Relay Lead Off	---	---	-0.50
1:08.76S DQ	F # 30D	Female 17 & Over 100 Free	---	---	---
38.03S	F # 38	Female 50 Fly	27	---	-1.04
30.32S	F # 46	200 Free Relay Lead Off	---	---	-0.55
<b>Aoife Connolly (12) F</b>					
36.19S	F # 3	Female 50 Free	65	---	-4.40
1:34.93S	F # 9A	Female 10-12 100 IM	5	---	-6.84
1:20.43S	F # 30A	Female 10-12 100 Free	14	---	-2.17
<b>John Curtin (17) M</b>					
27.34S	F # 4	Male 50 Free	11	---	0.44
1:08.92S	F # 6D	Male 17 & Over 100 Back	5	2	1.72
32.46S	F # 14	Male 50 Back	11	---	1.38
1:12.87S	F # 16D	Male 17 & Over 100 Fly	9	---	-1.70
1:00.79S	F # 29D	Male 17 & Over 100 Free	12	---	---
1:09.77S	F # 33D	Male 17 & Over 100 IM	12	---	0.72
29.80S	F # 37	Male 50 Fly	8	---	-0.57

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**Location: The Gus Healy Swimming Pool**

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Time	F/P/S	Event	Place	Points	Improv
<b>Isabelle Daunt (13) F</b>					
36.99S	F # 3	Female 50 Free	75	---	-1.06
49.81S	F # 28	Female 50 Breast	28	---	-0.12
1:25.16S	F # 30B	Female 13-14 100 Free	34	---	-0.16
<b>Aoibhe Deasy (11) F</b>					
37.74S	F # 3	Female 50 Free	81	---	-2.94
1:44.25S	F # 9A	Female 10-12 100 IM	9	---	-1.31
45.66S	F # 13	Female 50 Back	42	---	-0.94
3:56.83S	F # 26A	Female 10-12 200 IM	15	---	---
1:28.70S	F # 30A	Female 10-12 100 Free	27	---	0.72
<b>Laoise Deasy (13) F</b>					
2:30.82S	F # 1B	Female 13-14 200 Free	2	5	-20.29
1:21.75S	F # 9B	Female 13-14 100 IM	7	2	-7.15
36.66S	F # 13	Female 50 Back	15	---	0.79
1:28.16S	F # 15B	Female 13-14 100 Fly	8	---	-16.06
36.50S	F # 19	200 Medley Relay Lead Off	---	---	0.63
2:54.13S	F # 26B	Female 13-14 200 IM	11	---	-24.31
44.92S	F # 28	Female 50 Breast	17	---	-5.11
5:28.80S	F # 36B	Female 13-14 400 Free	5	2	---
1:37.87S	F # 40B	Female 13-14 100 Breast	8	---	-9.09
31.93S	F # 42	200 Free Relay Lead Off	---	---	0.76
<b>Mia Dowling oMahony (12) F</b>					
38.00S	F # 3	Female 50 Free	82	---	---
1:23.98S	F # 30A	Female 10-12 100 Free	21	---	-0.55
<b>Charlie Duggan (12) M</b>					
37.00S	F # 4	Male 50 Free	59	---	-13.83
44.49S	F # 14	Male 50 Back	26	---	1.34
42.94S	F # 20	200 Medley Relay Lead Off	---	---	-0.21
<b>Lauren Farr (13) F</b>					
2:26.88S	F # 17B	Female 13-14 200 Back	1	6	-5.03
2:31.26S	F # 26B	Female 13-14 200 IM	2	5	-5.04
1:03.91S	F # 30B	Female 13-14 100 Free	3	4	-1.97
2:36.13S	F # 32B	Female 13-14 200 Fly	1	6	-5.99
4:50.29S	F # 36B	Female 13-14 400 Free	2	5	-9.35
31.54S	F # 38	Female 50 Fly	5	2	-2.82
<b>Rachel Farr (14) F</b>					
29.74S	F # 3	Female 50 Free	5	2	-1.21
1:14.19S	F # 5B	Female 13-14 100 Back	2	5	-0.56
34.09S	F # 13	Female 50 Back	8	---	-0.90
2:41.23S	F # 17B	Female 13-14 200 Back	3	4	2.08
2:45.02S	F # 26B	Female 13-14 200 IM	9	---	-5.10
1:06.59S	F # 30B	Female 13-14 100 Free	5	2	-1.98
5:07.23S	F # 36B	Female 13-14 400 Free	4	3	-0.22
29.66S	F # 44	200 Free Relay Lead Off	---	---	-1.29

## Individual Meet Results

**Michael Bowles 08-Jun-19 to 09-Jun-19 [Ageup: 12/28/2019] SC Meters**

**Location: The Gus Healy Swimming Pool**

**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Andrew Feenan (18) M</b>					
25.89S	F # 4	Male 50 Free	5	2	0.86
2:22.19S	F # 8D	Male 17 & Over 200 Breast	1	6	-0.97
2:04.35S	F # 12D	Male 17 & Over 200 Free	2	5	-5.98
30.19S	F # 27	Male 50 Breast	1	6	-0.03
56.27S	F # 29D	Male 17 & Over 100 Free	3	4	0.57
1:01.81S	F # 33D	Male 17 & Over 100 IM	1	6	-0.47
2:14.70S	F # 35D	Male 17 & Over 200 IM	1	6	0.10
1:06.60S	F # 39D	Male 17 & Over 100 Breast	1	6	0.78
26.37S	F # 45	200 Free Relay Lead Off	---	---	1.34
<b>Anna Feenan (16) F</b>					
2:10.82S	F # 1C	Female 15-16 200 Free	2	5	-1.55
28.70S	F # 3	Female 50 Free	2	5	0.62
1:10.97S	F # 9C	Female 15-16 100 IM	1	6	-0.79
1:10.06S	F # 15C	Female 15-16 100 Fly	2	5	-0.30
1:00.66S	F # 30C	Female 15-16 100 Free	3	4	-0.82
31.69S	F # 38	Female 50 Fly	6	1	0.60
28.47S	F # 46	200 Free Relay Lead Off	---	---	0.39
X 1:01.48S	F # 55	Female 100 Free	---	---	---
<b>Michael Feenan (15) M</b>					
29.67S	F # 4	Male 50 Free	27	---	-0.27
2:45.07S	F # 8C	Male 15-16 200 Breast	1	6	-2.64
2:19.11S	F # 12C	Male 15-16 200 Free	3	4	-1.33
1:10.34S	F # 16C	Male 15-16 100 Fly	2	5	-3.79
36.02S	F # 27	Male 50 Breast	13	---	-0.52
1:03.84S	F # 29C	Male 15-16 100 Free	5	2	-1.07
1:11.00S	F # 33C	Male 15-16 100 IM	4	3	-3.17
32.56S	F # 37	Male 50 Fly	18	---	---
1:17.58S	F # 39C	Male 15-16 100 Breast	2	5	-0.30
28.47S	F # 43	200 Free Relay Lead Off	---	---	-1.47
<b>Sinéad Gallagher (12) F</b>					
2:33.83S	F # 1A	Female 10-12 200 Free	1	6	-7.96
33.06S	F # 3	Female 50 Free	29	---	-0.73
1:22.46S	F # 5A	Female 10-12 100 Back	3	4	-1.51
38.30S	F # 13	Female 50 Back	20	---	-0.29
1:29.25S	F # 15A	Female 10-12 100 Fly	3	4	-2.00
1:12.40S	F # 30A	Female 10-12 100 Free	4	3	-1.21
6:16.72S	F # 36A	Female 10-12 400 Free	5	2	---
33.09S	F # 42	200 Free Relay Lead Off	---	---	-0.70
5:39.71S	F # 57	Female 400 Free	3	---	---
<b>Ellie Galland (17) F</b>					
32.33S	F # 3	Female 50 Free	22	---	1.40
37.45S	F # 13	Female 50 Back	17	---	1.34
NS	F # 28	Female 50 Breast	---	---	---
39.01S	F # 38	Female 50 Fly	29	---	1.83

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Time	F/P/S	Event	Place	Points	Improv
<b>Marc Galland (14) M</b>					
2:31.05S	F # 18B	Male 13-14 200 Back	1	6	-4.59
37.44S	F # 22	200 Medley Relay Lead Off	---	---	5.86
4:39.96S	F # 25B	Male 13-14 400 Free	2	5	5.95
59.27S	F # 29B	Male 13-14 100 Free	1	6	1.35
2:38.65S	F # 31B	Male 13-14 200 Fly	1	6	---
1:10.40S	F # 33B	Male 13-14 100 IM	2	5	1.28
2:28.63S	F # 35B	Male 13-14 200 IM	2	5	-1.72
30.99S	F # 37	Male 50 Fly	11	---	1.02
1:21.29S	F # 39B	Male 13-14 100 Breast	1	6	-6.28
<b>Conal Gillard (11) M</b>					
33.78S	F # 4	Male 50 Free	53	---	-4.78
1:28.35S	F # 6A	Male 10-12 100 Back	11	---	---
2:45.68S	F # 12A	Male 10-12 200 Free	6	1	---
41.08S	F # 14	Male 50 Back	22	---	-0.61
<b>Dylan Gunn (11) M</b>					
36.31S	F # 4	Male 50 Free	58	---	-2.16
41.31S	F # 14	Male 50 Back	23	---	-2.95
1:23.92S	F # 29A	Male 10-12 100 Free	15	---	1.89
39.42S	F # 37	Male 50 Fly	30	---	-3.01
<b>Hien Healy (12) F</b>					
38.08S	F # 3	Female 50 Free	84	---	-0.49
1:37.24S	F # 9A	Female 10-12 100 IM	7	---	-3.24
45.75S	F # 13	Female 50 Back	43	---	-0.86
50.97S	F # 28	Female 50 Breast	32	---	-1.57
1:55.10S	F # 40A	Female 10-12 100 Breast	24	---	-1.90
<b>Catherine Hegarty (13) F</b>					
48.07S	F # 28	Female 50 Breast	26	---	-3.04
1:20.79S	F # 30B	Female 13-14 100 Free	30	---	-5.18
1:48.33S	F # 40B	Female 13-14 100 Breast	18	---	-1.44
<b>Paul Higgins (16) M</b>					
25.40S	F # 4	Male 50 Free	3	4	0.17
29.75S	F # 14	Male 50 Back	4	3	-7.59
1:03.18S	F # 33C	Male 15-16 100 IM	1	6	-20.62
26.83S	F # 37	Male 50 Fly	1	6	0.53
<b>Peter Higgins (18) M</b>					
25.28S	F # 4	Male 50 Free	1	6	-0.78
2:08.10S	F # 12D	Male 17 & Over 200 Free	5	2	-4.06
1:02.50S	F # 16D	Male 17 & Over 100 Fly	2	5	-1.71
33.60S	F # 27	Male 50 Breast	4	3	-9.92
56.00S	F # 29D	Male 17 & Over 100 Free	2	5	-1.96
1:04.13S	F # 33D	Male 17 & Over 100 IM	5	2	---
2:27.57S	F # 35D	Male 17 & Over 200 IM	2	5	---
28.14S	F # 37	Male 50 Fly	4	3	-0.29
25.22S	F # 45	200 Free Relay Lead Off	---	---	-0.84
<b>Rob Lamb (49) M</b>					
2:12.94S	F # 12D	Male 17 & Over 200 Free	8	---	2.96
30.23S	F # 37	Male 50 Fly	9	---	0.20

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Time	F/P/S	Event	Place	Points	Improv
<b>Ellen Lee (14) F</b>					
1:09.36S	F # 5B	Female 13-14 100 Back	1	6	1.94
1:08.72S	F # 15B	Female 13-14 100 Fly	1	6	0.44
32.24S	F # 21	200 Medley Relay Lead Off	---	---	1.17
1:01.38S	F # 30B	Female 13-14 100 Free	1	6	0.16
4:41.43S	F # 36B	Female 13-14 400 Free	1	6	---
31.10S	F # 38	Female 50 Fly	3	4	1.43
X 1:01.75S	F # 55	Female 100 Free	---	---	0.53
<b>Ewna Lee (16) M</b>					
33.03S	F # 37	Male 50 Fly	20	---	---
<b>Rory Lee (18) M</b>					
26.25S	F # 4	Male 50 Free	6	1	0.54
2:02.10S	F # 12D	Male 17 & Over 200 Free	1	6	-5.44
34.84S	F # 27	Male 50 Breast	7	---	0.11
1:03.85S	F # 33D	Male 17 & Over 100 IM	4	3	-4.90
1:15.50S	F # 39D	Male 17 & Over 100 Breast	3	4	-0.78
<b>Amy Lynch (12) F</b>					
33.90S	F # 3	Female 50 Free	36	---	-1.83
1:24.06S	F # 9A	Female 10-12 100 IM	3	4	-8.00
39.53S	F # 13	Female 50 Back	26	---	-1.31
1:34.05S	F # 15A	Female 10-12 100 Fly	5	2	-2.59
45.51S	F # 28	Female 50 Breast	21	---	-4.03
6:20.88S	F # 36A	Female 10-12 400 Free	6	1	---
5:40.76S	F # 57	Female 400 Free	4	---	---
<b>Drew Lynch (16) F</b>					
2:13.47S	F # 1C	Female 15-16 200 Free	3	4	-2.27
28.36S	F # 3	Female 50 Free	1	6	-0.25
1:11.22S	F # 9C	Female 15-16 100 IM	2	5	-8.20
1:11.00S	F # 15C	Female 15-16 100 Fly	3	4	-1.90
2:33.91S	F # 26C	Female 15-16 200 IM	1	6	1.40
1:00.87S	F # 30C	Female 15-16 100 Free	4	3	-0.58
31.71S	F # 38	Female 50 Fly	7	---	0.12
X 1:01.90S	F # 55	Female 100 Free	---	---	0.45
<b>Grace Lynch (16) F</b>					
9:59.90S	F # 10E	Female 15-16 800 Free	1	6	---
1:16.60S	F # 15C	Female 15-16 100 Fly	6	1	-10.26
1:04.83S	F # 30C	Female 15-16 100 Free	5	2	-0.82
19:42.01S	F # 34E	Female 15-16 1500 Free	1	6	---
34.54S	F # 38	Female 50 Fly	14	---	-0.79
<b>Suzy Lynch (15) F</b>					
31.24S	F # 3	Female 50 Free	11	---	-1.46
1:13.86S	F # 5C	Female 15-16 100 Back	3	4	-4.62
2:45.52S	F # 26C	Female 15-16 200 IM	5	2	-5.53
39.42S DQ	F # 28	Female 50 Breast	---	---	---
1:07.61S	F # 30C	Female 15-16 100 Free	8	---	-3.20
NS	F # 34E	Female 15-16 1500 Free	---	---	---
1:24.94S	F # 40C	Female 15-16 100 Breast	3	4	0.32

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Time	F/P/S	Event	Place	Points	Improv
<b>Matilda Lyons (12) F</b>					
2:50.92S	F # 1A	Female 10-12 200 Free	10	---	-18.72
1:27.36S	F # 5A	Female 10-12 100 Back	8	---	-8.56
3:05.83S	F # 17A	Female 10-12 200 Back	1	6	---
3:10.37S	F # 26A	Female 10-12 200 IM	9	---	-13.46
1:15.76S	F # 30A	Female 10-12 100 Free	7	---	-12.43
6:04.55S	F # 36A	Female 10-12 400 Free	4	3	---
<b>Molly Lyons (14) F</b>					
2:44.21S	F # 1B	Female 13-14 200 Free	14	---	---
1:25.96S	F # 5B	Female 13-14 100 Back	13	---	-3.71
39.65S	F # 13	Female 50 Back	27	---	-5.03
1:27.02S	F # 15B	Female 13-14 100 Fly	7	---	-5.38
1:17.17S	F # 30B	Female 13-14 100 Free	24	---	-1.23
6:18.09S	F # 36B	Female 13-14 400 Free	11	---	---
37.32S	F # 38	Female 50 Fly	23	---	-3.97
<b>Ross Mc Auliffe (20) M</b>					
25.65S	F # 4	Male 50 Free	4	3	1.15
NS	F # 6D	Male 17 & Over 100 Back	---	---	---
28.02S	F # 14	Male 50 Back	1	6	1.17
27.77S	F # 24	200 Medley Relay Lead Off	---	---	0.92
32.45S	F # 27	Male 50 Breast	2	5	0.42
1:02.20S	F # 33D	Male 17 & Over 100 IM	2	5	2.39
28.27S	F # 37	Male 50 Fly	5	2	2.27
<b>Helen Mc Carthy (13) F</b>					
32.30S	F # 3	Female 50 Free	20	---	-3.51
1:28.94S	F # 5B	Female 13-14 100 Back	19	---	0.20
1:12.48S	F # 30B	Female 13-14 100 Free	12	---	-9.17
1:34.70S	F # 40B	Female 13-14 100 Breast	7	---	-5.93
<b>Tom Mc Carthy (15) M</b>					
44.10S	F # 27	Male 50 Breast	23	---	-1.53
1:27.49S	F # 33C	Male 15-16 100 IM	6	1	-9.08
<b>Philippa Mc Intosh (12) F</b>					
2:48.79S	F # 1A	Female 10-12 200 Free	9	---	-19.52
34.66S	F # 3	Female 50 Free	49	---	-0.48
46.61S	F # 28	Female 50 Breast	23	---	-2.32
1:16.04S	F # 30A	Female 10-12 100 Free	8	---	-6.27
1:41.00S	F # 40A	Female 10-12 100 Breast	10	---	-8.51
<b>Beth Mc Knight (13) F</b>					
2:51.25S	F # 1B	Female 13-14 200 Free	19	---	-6.76
1:27.84S	F # 5B	Female 13-14 100 Back	18	---	-2.52
40.11S	F # 13	Female 50 Back	28	---	-2.71
3:10.56S	F # 17B	Female 13-14 200 Back	8	---	---
1:17.77S	F # 30B	Female 13-14 100 Free	25	---	-6.80
1:41.13S	F # 40B	Female 13-14 100 Breast	13	---	-7.79
35.12S	F # 42	200 Free Relay Lead Off	---	---	-4.35
<b>James Mintern (20) M</b>					
59.90S	F # 29D	Male 17 & Over 100 Free	11	---	-0.38

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Time	F/P/S	Event	Place	Points	Improv
<b>Conor Moynihan (12) M</b>					
1:26.55S	F # 6A	Male 10-12 100 Back	8	---	-0.34
1:19.05S	F # 29A	Male 10-12 100 Free	11	---	-5.87
1:31.69S	F # 33A	Male 10-12 100 IM	3	4	-0.56
42.64S	F # 37	Male 50 Fly	34	---	-1.93
1:48.45S	F # 39A	Male 10-12 100 Breast	9	---	-0.49
<b>Siún Mulqueen (15) F</b>					
33.39S	F # 3	Female 50 Free	31	---	-0.75
1:22.03S	F # 5C	Female 15-16 100 Back	6	1	-1.07
39.16S	F # 13	Female 50 Back	25	---	0.83
1:23.61S	F # 15C	Female 15-16 100 Fly	13	---	-1.27
38.50S	F # 21	200 Medley Relay Lead Off	---	---	0.17
44.38S	F # 28	Female 50 Breast	15	---	0.01
37.69S	F # 38	Female 50 Fly	25	---	-1.41
<b>Jamie Murphy (13) M</b>					
6:21.78S	F # 2B	Male 13-14 400 IM	2	5	---
10:47.90S	F # 10D	Male 13-14 800 Free	3	4	-26.15
1:08.69S	F # 29B	Male 13-14 100 Free	11	---	-1.16
2:55.91S	F # 35B	Male 13-14 200 IM	11	---	-2.14
1:36.31S	F # 39B	Male 13-14 100 Breast	7	---	1.49
<b>Shauna Murphy (11) F</b>					
34.29S	F # 3	Female 50 Free	44	---	-1.16
1:21.74S	F # 5A	Female 10-12 100 Back	2	5	-4.41
6:29.38S	F # 11A	Female 10-12 400 IM	1	6	---
40.74S	F # 38	Female 50 Fly	32	---	-2.61
1:39.89S	F # 40A	Female 10-12 100 Breast	7	---	-3.63
<b>Ciara Myers (13) F</b>					
35.41S	F # 3	Female 50 Free	58	---	-1.96
42.50S	F # 13	Female 50 Back	39	---	-3.33
1:20.77S	F # 30B	Female 13-14 100 Free	29	---	-4.49
1:46.00S	F # 40B	Female 13-14 100 Breast	16	---	-5.49
<b>Ellie Newton (12) F</b>					
3:01.06S	F # 1A	Female 10-12 200 Free	13	---	-7.32
37.09S	F # 3	Female 50 Free	76	---	-2.29
1:29.67S	F # 5A	Female 10-12 100 Back	12	---	-1.28
40.86S	F # 13	Female 50 Back	32	---	-0.11
41.59S	F # 19	200 Medley Relay Lead Off	---	---	0.62
3:31.15S	F # 26A	Female 10-12 200 IM	14	---	---
1:22.80S	F # 30A	Female 10-12 100 Free	17	---	-1.72
1:49.56S	F # 40A	Female 10-12 100 Breast	21	---	-3.48

## Individual Meet Results

**Michael Bowles 08-Jun-19 to 09-Jun-19 [Ageup: 12/28/2019] SC Meters**

**Location: The Gus Healy Swimming Pool**

**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Beth Nolan (17) F</b>					
1:05.59S	F # 5D	Female 17 & Over 100 Back	1	6	-0.37
1:08.17S	F # 9D	Female 17 & Over 100 IM	1	6	---
31.49S	F # 13	Female 50 Back	1	6	0.88
2:23.47S	F # 17D	Female 17 & Over 200 Back	1	6	0.17
31.34S	F # 23	200 Medley Relay Lead Off	---	---	0.73
34.75S	F # 28	Female 50 Breast	1	6	-0.44
1:00.09S	F # 30D	Female 17 & Over 100 Free	1	6	-2.00
30.00S	F # 38	Female 50 Fly	1	6	-0.60
1:15.99S	F # 40D	Female 17 & Over 100 Breast	1	6	0.68
X 1:00.81S	F # 55	Female 100 Free	---	---	-1.28
<b>Lorraine O'Donovan (17) F</b>					
2:23.60S	F # 1D	Female 17 & Over 200 Free	1	6	-4.75
30.09S	F # 3	Female 50 Free	6	1	-0.22
1:18.76S	F # 9D	Female 17 & Over 100 IM	2	5	-17.06
1:20.63S	F # 15D	Female 17 & Over 100 Fly	3	4	2.33
1:04.77S DQ	F # 30D	Female 17 & Over 100 Free	---	---	---
34.86S	F # 38	Female 50 Fly	15	---	0.37
1:33.09S	F # 40D	Female 17 & Over 100 Breast	2	5	2.16
<b>Liam O'Driscoll (10) M</b>					
44.29S	F # 14	Male 50 Back	25	---	-3.18
53.14S	F # 27	Male 50 Breast	26	---	-1.46
<b>Micheal O'Driscoll (13) M</b>					
32.10S	F # 4	Male 50 Free	39	---	-2.69
10:38.13S	F # 10D	Male 13-14 800 Free	1	6	---
1:18.81S	F # 16B	Male 13-14 100 Fly	3	4	-6.84
5:07.61S	F # 25B	Male 13-14 400 Free	4	3	---
1:21.11S	F # 33B	Male 13-14 100 IM	4	3	-5.63
1:35.11S	F # 39B	Male 13-14 100 Breast	6	1	1.27
1:33.26S	F # 56	Mixed 100 Breast	2	---	-0.58
<b>Alannah O'Farrell (12) F</b>					
38.98S	F # 3	Female 50 Free	90	---	-1.70
<b>Katie Olden (12) F</b>					
38.77S	F # 3	Female 50 Free	88	---	-0.83
44.94S	F # 13	Female 50 Back	41	---	-1.53
1:24.86S	F # 30A	Female 10-12 100 Free	22	---	-1.29
1:56.30S	F # 40A	Female 10-12 100 Breast	25	---	-2.51
<b>Andrew O'Leary (14) M</b>					
30.90S	F # 4	Male 50 Free	32	---	-0.45
1:18.31S	F # 6B	Male 13-14 100 Back	2	5	-3.78
2:29.81S	F # 12B	Male 13-14 200 Free	3	4	1.30
5:18.11S	F # 25B	Male 13-14 400 Free	8	---	---
1:09.51S	F # 29B	Male 13-14 100 Free	12	---	0.25
3:03.30S	F # 35B	Male 13-14 200 IM	15	---	2.74



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**Individual Meet Results**
**Michael Bowles 08-Jun-19 to 09-Jun-19 [Ageup: 12/28/2019] SC Meters****Location: The Gus Healy Swimming Pool****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>David O'Leary (11) M</b>					
32.63S	F # 4	Male 50 Free	44	---	-1.04
1:25.09S	F # 6A	Male 10-12 100 Back	6	1	-3.51
2:42.61S	F # 12A	Male 10-12 200 Free	3	4	-20.28
1:12.90S	F # 29A	Male 10-12 100 Free	5	2	-7.62
1:25.11S	F # 33A	Male 10-12 100 IM	2	5	-3.00
1:39.35S	F # 39A	Male 10-12 100 Breast	4	3	-9.27
33.72S	F # 41	200 Free Relay Lead Off	---	---	0.05
<b>Cian O'Riordan (17) M</b>					
27.80S	F # 4	Male 50 Free	14	---	-1.00
2:13.81S	F # 12D	Male 17 & Over 200 Free	9	---	-3.00
35.93S	F # 27	Male 50 Breast	12	---	-1.82
1:01.39S	F # 29D	Male 17 & Over 100 Free	13	---	-1.10
1:11.23S	F # 33D	Male 17 & Over 100 IM	13	---	-29.49
32.44S	F # 37	Male 50 Fly	17	---	-6.10
1:24.36S	F # 39D	Male 17 & Over 100 Breast	5	2	0.68
<b>Stephen O'Riordan (19) M</b>					
57.89S	F # 29D	Male 17 & Over 100 Free	5	2	0.11
1:08.17S	F # 33D	Male 17 & Over 100 IM	10	---	-26.74
<b>Aoife O'Shea (16) F</b>					
1:10.06S	F # 5C	Female 15-16 100 Back	1	6	-3.38
2:50.17S	F # 7C	Female 15-16 200 Breast	1	6	2.01
1:12.80S	F # 9C	Female 15-16 100 IM	3	---	2.14
5:22.28S	F # 11C	Female 15-16 400 IM	1	6	4.69
32.69S	F # 13	Female 50 Back	3	4	---
2:32.53S	F # 17C	Female 15-16 200 Back	1	6	-8.42
<b>Luke O'Sullivan (18) M</b>					
25.34S	F # 4	Male 50 Free	2	5	0.36
1:01.40S	F # 6D	Male 17 & Over 100 Back	1	6	-0.62
59.69S	F # 16D	Male 17 & Over 100 Fly	1	6	0.01
53.78S	F # 29D	Male 17 & Over 100 Free	1	6	-1.35
1:02.36S	F # 33D	Male 17 & Over 100 IM	3	4	-6.68
27.30S	F # 37	Male 50 Fly	2	5	-0.46
<b>James Ryan (16) M</b>					
29.36S	F # 14	Male 50 Back	3	4	-11.45
1:06.23S	F # 33C	Male 15-16 100 IM	2	5	-28.67
28.85S	F # 37	Male 50 Fly	6	1	-0.59
<b>Viktoria Sárkány (14) F</b>					
1:18.35S	F # 5B	Female 13-14 100 Back	4	3	-0.18
1:21.58S	F # 9B	Female 13-14 100 IM	6	3	-11.36
36.81S	F # 13	Female 50 Back	16	---	-0.88
44.29S	F # 28	Female 50 Breast	14	---	-1.10
1:09.93S	F # 30B	Female 13-14 100 Free	11	---	1.25
21:48.08S	F # 34C	Female 13-14 1500 Free	2	5	-69.87
36.27S	F # 38	Female 50 Fly	21	---	0.83
31.39S	F # 44	200 Free Relay Lead Off	---	---	-0.85

## Individual Meet Results

**Michael Bowles 08-Jun-19 to 09-Jun-19 [Ageup: 12/28/2019] SC Meters**

**Location: The Gus Healy Swimming Pool**

**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Antonina Sech (12) F</b>					
1:19.57S	F # 5A	Female 10-12 100 Back	1	6	-3.72
3:19.75S	F # 7A	Female 10-12 200 Breast	1	6	---
1:22.74S	F # 9A	Female 10-12 100 IM	1	6	-14.69
1:26.14S	F # 15A	Female 10-12 100 Fly	1	6	-12.39
2:52.87S	F # 26A	Female 10-12 200 IM	1	6	-14.07
1:11.86S	F # 30A	Female 10-12 100 Free	2	5	-5.71
5:26.84S	F # 36A	Female 10-12 400 Free	1	6	---
<b>Sean Semchiy (10) M</b>					
32.88S	F # 4	Male 50 Free	47	---	-0.49
1:26.02S	F # 6A	Male 10-12 100 Back	7	---	-0.76
2:43.56S	F # 12A	Male 10-12 200 Free	5	2	-4.60
2:58.95S	F # 18A	Male 10-12 200 Back	1	6	---
1:13.79S	F # 29A	Male 10-12 100 Free	6	0.5	-6.16
3:07.48S	F # 35A	Male 10-12 200 IM	7	---	---
<b>Penny Semple (15) F</b>					
32.90S	F # 13	Female 50 Back	5	2	-14.89
2:35.59S	F # 17C	Female 15-16 200 Back	2	5	3.11
<b>Lughaidh Smyth (13) M</b>					
40.40S	F # 4	Male 50 Free	60	---	-0.45
43.04S	F # 14	Male 50 Back	24	---	-0.51
<b>Aoibhe Sparrow (12) F</b>					
40.15S	F # 3	Female 50 Free	92	---	-2.48
46.47S DQ	F # 13	Female 50 Back	---	---	---
<b>Méabh Sparrow (12) F</b>					
40.88S	F # 3	Female 50 Free	96	---	-2.17
<b>Fiachra Wall (13) M</b>					
33.29S	F # 4	Male 50 Free	50	---	-0.72
1:24.62S	F # 6B	Male 13-14 100 Back	9	---	1.43
38.79S	F # 14	Male 50 Back	20	---	-4.61
2:59.61S	F # 18B	Male 13-14 200 Back	7	---	1.16
38.79S	F # 20	200 Medley Relay Lead Off	---	---	-4.61
5:40.68S	F # 25B	Male 13-14 400 Free	10	---	---
48.51S	F # 27	Male 50 Breast	24	---	-1.94
1:29.37S	F # 33B	Male 13-14 100 IM	5	2	1.11
38.89S	F # 37	Male 50 Fly	29	---	-9.39
34.52S	F # 41	200 Free Relay Lead Off	---	---	0.51

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**Individual Meet Results**
**Michael Bowles 08-Jun-19 to 09-Jun-19 [Ageup: 12/28/2019] SC Meters****Location: The Gus Healy Swimming Pool****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Illann Wall (17) M</b>					
27.71S	F # 4	Male 50 Free	13	---	0.73
1:04.26S	F # 6D	Male 17 & Over 100 Back	2	5	0.43
30.53S	F # 14	Male 50 Back	5	2	0.45
1:08.78S	F # 16D	Male 17 & Over 100 Fly	6	1	---
2:26.21S	F # 18D	Male 17 & Over 200 Back	2	5	6.92
29.45S	F # 24	200 Medley Relay Lead Off	---	---	-0.63
40.59S	F # 27	Male 50 Breast	19	---	-3.36
58.18S	F # 29D	Male 17 & Over 100 Free	6	1	1.35
1:09.34S	F # 33D	Male 17 & Over 100 IM	11	---	-2.90
NS	F # 34H	Male 17 & Over 1500 Free	---	---	---
2:31.59S	F # 35D	Male 17 & Over 200 IM	5	2	-3.39
<b>Neasa Wall (15) F</b>					
30.37S	F # 3	Female 50 Free	7	---	-0.55
1:20.21S	F # 9C	Female 15-16 100 IM	4	---	-4.16
35.07S	F # 13	Female 50 Back	11	---	-1.84
1:19.43S	F # 15C	Female 15-16 100 Fly	9	---	-7.72
2:42.00S	F # 17C	Female 15-16 200 Back	3	4	-11.90
1:06.56S	F # 30C	Female 15-16 100 Free	7	---	-2.72
20:14.73S	F # 34E	Female 15-16 1500 Free	2	5	---
<b>Amelia Walsh (13) F</b>					
3:03.88S	F # 1B	Female 13-14 200 Free	20	---	---
4:04.05S	F # 7B	Female 13-14 200 Breast	12	---	---
3:20.08S	F # 17B	Female 13-14 200 Back	9	---	---
50.89S	F # 38	Female 50 Fly	34	---	-0.93
1:55.18S	F # 40B	Female 13-14 100 Breast	19	---	-6.14
<b>Darragh Walsh (15) M</b>					
1:04.92S	F # 29C	Male 15-16 100 Free	11	---	-2.82
2:42.79S	F # 35C	Male 15-16 200 IM	4	3	-5.63
34.24S	F # 37	Male 50 Fly	21	---	-3.04
<b>Rowan Walsh (15) F</b>					
2:43.24S	F # 26C	Female 15-16 200 IM	4	3	-14.96
NS	F # 28	Female 50 Breast	---	---	---