

Individual Meet Results

Summer Nationals 2019 24-Jul-19 to 28-Jul-19 [Ageup: 12/31/2019] LC Meters

Location: NAC

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
Laoise Deasy (13) F					
1:08.31L	F # 118	400 Free Relay Lead Off	---	---	-2.09
2:29.45L	F # 315	800 Free Relay Lead Off	---	---	-12.15
Lauren Farr (13) F					
2:16.31L	F # 114A	Female 12-13 200 Free	3	---	-4.73
2:16.72L	P # 114A	Female 12-13 200 Free	3	---	-4.32
29.52L	P # 211A	Female 12-13 50 Free	7	---	-0.32
29.56L	F # 211A	Female 12-13 50 Free	8	---	-0.28
1:10.25L	F # 213A	Female 12-13 100 Fly	6	---	-4.24
1:13.05L	P # 213A	Female 12-13 100 Fly	10	---	-1.44
4:45.89L	F # 311A	Female 12-13 400 Free	4	---	-12.80
4:50.83L	P # 311A	Female 12-13 400 Free	3	---	-7.86
2:33.11L	F # 313A	Female 12-13 200 IM	3	---	-2.37
2:34.66L	P # 313A	Female 12-13 200 IM	2	---	-0.82
NS	P # 414A	Female 12-13 200 Fly	---	---	---
1:08.72L	F # 416A	Female 12-13 100 Back	1	---	-2.06
1:10.50L	P # 416A	Female 12-13 100 Back	1	---	-0.28
2:26.82L	F # 511A	Female 12-13 200 Back	1	---	-7.14
2:32.72L	P # 511A	Female 12-13 200 Back	1	---	-1.24
Rachel Farr (14) F					
30.21L	P # 211B	Female 14-14 50 Free	34	---	0.12
5:02.98L	P # 311B	Female 14-14 400 Free	26	---	-3.81
1:15.33L	P # 416B	Female 14-14 100 Back	23	---	1.42
1:15.45L	F # 418	400 Medley Relay Lead Off	---	---	1.54
2:43.41L	P # 511B	Female 14-14 200 Back	22	---	2.04
Andrew Feenan (18) M					
1:05.56L	P # 103C	Male 17 & Over 100 Breast	8	---	-1.05
1:05.63L	F # 103C	Male 17 & Over 100 Breast	6	---	-0.98
2:20.91L	F # 206C	Male 17 & Over 200 Breast	4	---	-4.45
2:23.69L	P # 206C	Male 17 & Over 200 Breast	7	---	-1.67
2:17.54L	P # 305C	Male 17 & Over 200 IM	17	---	-0.52
30.68L	P # 406	Male 15 & Over 50 Breast	14	---	-0.21
31.19L	F # 406	Male 15 & Over 50 Breast	10	---	0.30
Anna Feenan (16) F					
2:10.47L	F # 106B	Female 16-16 200 Free	6	---	-2.30
2:11.97L	P # 106B	Female 16-16 200 Free	6	---	-0.80
28.12L	F # 201B	Female 16-16 50 Free	5	---	-0.43
28.59L	P # 201B	Female 16-16 50 Free	6	---	0.04
1:08.52L	F # 203B	Female 16-16 100 Fly	6	---	-1.03
1:09.40L	P # 203B	Female 16-16 100 Fly	6	---	-0.15
4:40.59L	F # 302B	Female 16-16 400 Free	6	---	-8.85
4:42.30L	P # 302B	Female 16-16 400 Free	7	---	-7.14
1:01.17L	F # 401B	Female 16-16 100 Free	8	---	-0.61
1:01.73L	P # 401B	Female 16-16 100 Free	9	---	-0.05
2:36.49L	F # 403B	Female 16-16 200 Fly	6	---	-0.74
2:38.61L	P # 403B	Female 16-16 200 Fly	8	---	1.38
1:11.72L	P # 407B	Female 16-16 100 Back	17	---	0.25
2:34.41L	P # 501B	Female 16-16 200 Back	12	---	-0.97

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Michael Feenan (15) M					
1:15.89L	F # 103A	Male 15-15 100 Breast	10	---	-1.69
1:16.07L	P # 103A	Male 15-15 100 Breast	10	---	-1.51
2:43.26L	P # 206A	Male 15-15 200 Breast	5	---	-6.06
2:42.50L	DQ F # 206A	Male 15-15 200 Breast	---	---	---
2:32.31L	P # 305A	Male 15-15 200 IM	25	---	-0.81
Luc Galland (19) M					
29.58L	P # 303	Male 15 & Over 50 Back	24	---	2.32
1:04.66L	P # 408C	Male 17 & Over 100 Back	30	---	4.96
1:05.10L	F # 507	400 Medley Relay Lead Off	---	---	5.40
Marc Galland (14) M					
2:07.23L	F # 113B	Male 14-14 200 Free	8	---	-1.66
2:09.18L	P # 113B	Male 14-14 200 Free	9	---	0.29
27.26L	P # 212B	Male 14-14 50 Free	15	---	-0.17
1:08.04L	P # 214B	Male 14-14 100 Fly	23	---	-0.29
59.20L	P # 312B	Male 14-14 100 Free	14	---	-0.07
2:29.73L	P # 314B	Male 14-14 200 IM	17	---	-3.94
4:35.35L	F # 411B	Male 14-14 400 Free	7	---	-5.49
4:37.30L	P # 411B	Male 14-14 400 Free	8	---	-3.54
1:10.04L	P # 415B	Male 14-14 100 Back	20	---	-1.61
2:27.85L	P # 512B	Male 14-14 200 Back	13	---	-5.31
18:57.62L	F # 514B	Male 14-14 1500 Free	11	---	-10.90
Paul Higgins (16) M					
2:02.21L	F # 105B	Male 16-16 200 Free	4	---	-0.45
2:03.12L	P # 105B	Male 16-16 200 Free	3	---	0.46
25.57L	F # 202B	Male 16-16 50 Free	3	---	-0.11
26.14L	P # 202B	Male 16-16 50 Free	9	---	0.46
58.76L	F # 204B	Male 16-16 100 Fly	1	---	-0.49
59.79L	P # 204B	Male 16-16 100 Fly	1	---	0.54
55.74L	F # 301B	Male 16-16 100 Free	4	---	-0.36
56.17L	P # 301B	Male 16-16 100 Free	4	---	0.07
26.57L	P # 504	Male 15 & Over 50 Fly	18	---	-0.03
Ellen Lee (14) F					
2:10.97L	F # 114B	Female 14-14 200 Free	2	---	-7.84
2:12.97L	P # 114B	Female 14-14 200 Free	3	---	-5.84
28.26L	F # 211B	Female 14-14 50 Free	5	---	-1.50
28.63L	P # 211B	Female 14-14 50 Free	8	---	-1.13
1:06.00L	F # 213B	Female 14-14 100 Fly	1	---	-3.33
1:08.03L	P # 213B	Female 14-14 100 Fly	2	---	-1.30
1:01.63L	P # 412B	Female 14-14 100 Free	5	---	-0.82
1:01.70L	F # 412B	Female 14-14 100 Free	6	---	-0.75
1:10.59L	P # 416B	Female 14-14 100 Back	4	---	-0.15
Rory Lee (18) M					
1:02.59L	P # 204C	Male 17 & Over 100 Fly	40	---	1.19
1:04.14L	F # 208	400 Medley Relay Lead Off	---	---	0.94
2:20.74L	P # 305C	Male 17 & Over 200 IM	27	---	-0.05
1:03.87L	P # 408C	Male 17 & Over 100 Back	26	---	0.67
2:18.49L	P # 502C	Male 17 & Over 200 Back	15	---	2.95

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Drew Lynch (16) F					
1:23.18L	P # 104B	Female 16-16 100 Breast	12	---	-1.26
1:02.60L	P # 401B	Female 16-16 100 Free	18	---	-0.06
Suzy Lynch (15) F					
1:27.49L	P # 104A	Female 15-15 100 Breast	22	---	1.55
3:06.25L	P # 205A	Female 15-15 200 Breast	18	---	-3.89
Beth Nolan (17) F					
1:17.55L	P # 104C	Female 17 & Over 100 Breast	14	---	-0.46
29.22L	P # 201C	Female 17 & Over 50 Free	34	---	0.79
2:46.33L	F # 205C	Female 17 & Over 200 Breast	7	---	-1.12
2:47.38L	P # 205C	Female 17 & Over 200 Breast	9	---	-0.07
32.17L	P # 304	Female 15 & Over 50 Back	26	---	-0.38
2:32.86L	P # 306C	Female 17 & Over 200 IM	18	---	0.72
35.66L	P # 405	Female 15 & Over 50 Breast	16	---	-0.34
1:08.63L	P # 407C	Female 17 & Over 100 Back	16	---	1.04
2:25.26L	F # 409	800 Free Relay Lead Off	---	---	8.45
2:25.47L	F # 501C	Female 17 & Over 200 Back	6	---	-1.13
2:27.01L	P # 501C	Female 17 & Over 200 Back	7	---	0.41
1:08.86L	F # 508	400 Medley Relay Lead Off	---	---	1.27
Cian O'Riordan (17) M					
1:25.29L	P # 103C	Male 17 & Over 100 Breast	40	---	-1.83
29.07L	P # 202C	Male 17 & Over 50 Free	28	---	1.02
1:03.07L	P # 301C	Male 17 & Over 100 Free	51	---	2.03
5:03.72L	P # 402C	Male 17 & Over 400 Free	33	---	-0.17
Sean O'Riordan (20) M					
2:15.83L	P # 105C	Male 17 & Over 200 Free	40	---	1.66
27.74L	P # 202C	Male 17 & Over 50 Free	27	---	-0.35
1:00.90L	P # 301C	Male 17 & Over 100 Free	50	---	0.93
4:51.62L	P # 402C	Male 17 & Over 400 Free	32	---	7.55
1:12.33L	P # 408C	Male 17 & Over 100 Back	49	---	1.30
Aoife O'Shea (16) F					
5:35.73L	P # 102B	Female 16-16 400 IM	12	---	9.90
1:21.33L	F # 104B	Female 16-16 100 Breast	9	---	2.14
1:21.57L	P # 104B	Female 16-16 100 Breast	7	---	2.38
2:54.32L	F # 205B	Female 16-16 200 Breast	8	---	3.99
2:56.40L	P # 205B	Female 16-16 200 Breast	9	---	6.07
37.19L	P # 405	Female 15 & Over 50 Breast	26	---	0.89
1:11.05L	P # 407B	Female 16-16 100 Back	14	---	-1.48
2:36.08L	P # 501B	Female 16-16 200 Back	18	---	-0.76
Luke O'Sullivan (18) M					
1:58.59L	P # 105C	Male 17 & Over 200 Free	26	---	-2.98
54.54L	F # 107	400 Free Relay Lead Off	---	---	-0.09
59.70L	P # 204C	Male 17 & Over 100 Fly	30	---	-1.49
54.17L	P # 301C	Male 17 & Over 100 Free	34	---	-0.46
2:18.98L	P # 305C	Male 17 & Over 200 IM	23	---	-1.69
1:59.40L	F # 308	800 Free Relay Lead Off	---	---	-2.17
4:17.78L	P # 402C	Male 17 & Over 400 Free	14	---	-4.46
1:04.21L	P # 408C	Male 17 & Over 100 Back	29	---	-1.27

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James Ryan (16) M					
25.96L	P # 202B	Male 16-16 50 Free	5	---	-0.24
26.32L	F # 202B	Male 16-16 50 Free	8	---	0.12
1:03.88L	P # 204B	Male 16-16 100 Fly	11	---	-0.75
57.30L	P # 301B	Male 16-16 100 Free	14	---	-0.39
2:26.15L	P # 305B	Male 16-16 200 IM	12	---	-1.66
1:04.46L	F # 408B	Male 16-16 100 Back	7	---	-0.88
1:04.68L	P # 408B	Male 16-16 100 Back	5	---	-0.66
2:20.47L	F # 502B	Male 16-16 200 Back	6	---	-3.98
2:24.90L	P # 502B	Male 16-16 200 Back	7	---	0.45
Sharon Semchiy (18) F					
2:12.22L	P # 106C	Female 17 & Over 200 Free	22	---	5.11
1:00.21L	F # 108	400 Free Relay Lead Off	---	---	1.26
28.47L	P # 201C	Female 17 & Over 50 Free	26	---	1.56
1:06.36L	F # 203C	Female 17 & Over 100 Fly	9	---	1.30
1:06.51L	P # 203C	Female 17 & Over 100 Fly	17	---	1.45
31.79L	P # 304	Female 15 & Over 50 Back	15	---	1.37
1:01.24L	P # 401C	Female 17 & Over 100 Free	31	---	2.29
1:07.34L	P # 407C	Female 17 & Over 100 Back	12	---	1.18
2:26.70L	F # 501C	Female 17 & Over 200 Back	8	---	2.17
2:27.52L	P # 501C	Female 17 & Over 200 Back	9	---	2.99
30.79L	P # 503	Female 15 & Over 50 Fly	31	---	1.34
Penny Semple (15) F					
1:14.13L	P # 407A	Female 15-15 100 Back	20	---	0.05
2:38.49L	P # 501A	Female 15-15 200 Back	16	---	-0.50
Illann Wall (17) M					
1:04.80L	P # 408C	Male 17 & Over 100 Back	33	---	-0.66
2:22.33L	P # 502C	Male 17 & Over 200 Back	20	---	-0.59
Rowan Walsh (15) F					
1:27.40L	P # 104A	Female 15-15 100 Breast	21	---	3.16
3:11.69L	P # 205A	Female 15-15 200 Breast	25	---	8.60