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**Individual Meet Results**
**Michael Bowles 25-Feb-17 to 26-Feb-17 SC Meters****Location: SWSC****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Stacie Blyth (13) F</b>					
2:44.53S	F # 1C	Female 13-14 200 Free	27	---	-3.81
1:27.08S	F # 5C	Female 13-14 100 Back	30	---	-0.06
3:11.02S	F # 27C	Female 13-14 200 IM	21	---	---
1:15.81S	F # 31C	Female 13-14 100 Free	29	---	-0.16
38.62S	F # 38	Female 50 Fly	27	---	-5.07
1:47.42S	F # 40C	Female 13-14 100 Breast	21	---	1.72
<b>Justine Bowler (17) F</b>					
32.16S	F # 3	Female 50 Free	27	---	0.89
1:18.60S	F # 5E	Female 17 & Over 100 Back	3	16	2.81
35.36S	F # 12	Female 50 Back	15	2	-0.48
3:03.58S	F # 27E	Female 17 & Over 200 IM	1	20	0.66
36.16S	F # 38	Female 50 Fly	19	---	-1.60
<b>Andrew Byrne (12) M</b>					
32.63S	F # 4	Male 50 Free	28	---	-0.30
3:09.16S	F # 8B	Male 12-13 200 Breast	3	16	1.84
1:21.21S	F # 15B	Male 12-13 100 Fly	6	13	-1.05
1:10.58S	F # 30B	Male 12-13 100 Free	10	7	-1.04
2:51.19S	F # 35B	Male 12-13 200 IM	7	12	-1.43
1:30.71S	F # 39B	Male 12-13 100 Breast	6	13	1.10
32.77S	F # 41	200 Free Relay Lead Off	---	---	-0.16
<b>Zara Byrne (9) F</b>					
2:48.80S	F # 1A	Female 10 & Under 200 Free	2	17	5.76
12:12.71S	F # 9A	Female 10 & Under 800 Free	1	20	-6.55
NS	F # 12	Female 50 Back	---	---	---
NS	F # 16A	Female 10 & Under 200 Back	---	---	---
NS	F # 27A	Female 10 & Under 200 IM	---	---	---
NS	F # 31A	Female 10 & Under 100 Free	---	---	---
NS	F # 36A	Female 10 & Under 400 Free	---	---	---
<b>Eva Carey (14) F</b>					
33.22S	F # 3	Female 50 Free	37	---	2.35
1:23.21S	F # 5C	Female 13-14 100 Back	24	---	-0.17
38.04S	F # 12	Female 50 Back	25	---	1.14
2:58.54S	F # 16C	Female 13-14 200 Back	13	4	---
NS	F # 27C	Female 13-14 200 IM	---	---	---
1:43.25S	F # 40C	Female 13-14 100 Breast	20	---	-1.60
<b>Emma Cassidy (22) F</b>					
2:06.74S	F # 1E	Female 17 & Over 200 Free	1	20	1.10
27.17S	F # 3	Female 50 Free	1	20	0.39
1:04.37S	F # 5E	Female 17 & Over 100 Back	1	20	0.79
30.39S	F # 12	Female 50 Back	1	20	1.05
1:06.57S	F # 14E	Female 17 & Over 100 Fly	1	20	0.84
2:20.88S	F # 16E	Female 17 & Over 200 Back	1	20	6.18
59.24S	F # 31E	Female 17 & Over 100 Free	1	20	1.37
30.34S	F # 38	Female 50 Fly	1	20	1.55
27.30S	F # 48	200 Free Relay Lead Off	---	---	0.52

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Ewan Coleman (10) M</b>					
37.50S	F # 4	Male 50 Free	35	---	-0.42
1:34.42S	F # 6A	Male 11 & Under 100 Back	5	14	-2.91
2:55.73S	F # 11A	Male 11 & Under 200 Free	2	17	-6.01
46.27S	F # 13	Male 50 Back	20	---	-0.01
6:07.07S	F # 26A	Male 11 & Under 400 Free	2	17	---
53.61S	F # 28	Male 50 Breast	30	---	-4.01
49.38S	F # 37	Male 50 Fly	26	---	-12.77
<b>Noah Coleman (14) M</b>					
2:16.50S	F # 11C	Male 14-15 200 Free	7	12	-2.47
1:01.71S	F # 30C	Male 14-15 100 Free	9	9	-1.74
2:58.84S	F # 32C	Male 14-15 200 Fly	3	16	---
2:37.95S	F # 35C	Male 14-15 200 IM	7	12	0.52
1:27.65S	F # 39C	Male 14-15 100 Breast	15	2	3.42
<b>Eliza Connolly (17) F</b>					
1:20.04S	F # 5E	Female 17 & Over 100 Back	5	14	-2.10
2:55.01S	F # 16E	Female 17 & Over 200 Back	4	15	-2.78
5:40.66S	F # 36E	Female 17 & Over 400 Free	2	17	-28.41
<b>Niamh Connolly (15) F</b>					
2:28.94S	F # 1D	Female 15-16 200 Free	7	12	-2.01
10:59.34S	F # 9G	Female 15-16 800 Free	2	17	12.75
2:56.99S	F # 16D	Female 15-16 200 Back	7	12	6.87
38.27S	F # 22	200 Medley Relay Lead Off	---	---	-1.73
1:11.43S	F # 31D	Female 15-16 100 Free	13	4	2.12
<b>Ava Cudmore (16) F</b>					
31.40S	F # 3	Female 50 Free	21	---	0.07
6:09.57S	F # 10D	Female 15-16 400 IM	1	20	22.20
38.69S	F # 12	Female 50 Back	26	---	-3.05
NS	F # 14D	Female 15-16 100 Fly	---	---	---
40.75S	F # 29	Female 50 Breast	8	11	-1.87
1:12.09S	F # 31D	Female 15-16 100 Free	14	3	2.58
34.29S	F # 38	Female 50 Fly	12	5	0.15
1:30.62S	F # 40D	Female 15-16 100 Breast	4	15	2.07
<b>Ben Cudmore (14) M</b>					
5:36.91S	F # 2C	Male 14-15 400 IM	1	20	6.64
1:10.76S	F # 6C	Male 14-15 100 Back	5	14	2.38
2:19.01S	F # 11C	Male 14-15 200 Free	11	6	0.48
1:00.67S	F # 30C	Male 14-15 100 Free	7	12	-0.34
2:32.24S	F # 35C	Male 14-15 200 IM	6	13	1.04
1:26.18S	F # 39C	Male 14-15 100 Breast	12	5	2.59
27.11S	F # 43	200 Free Relay Lead Off	---	---	0.66
<b>Lorna Cummins (26) F</b>					
NS	F # 10E	Female 17 & Over 400 IM	---	---	---

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Ally Cunningham (17) F</b>					
2:08.80S	F # 1E	Female 17 & Over 200 Free	2	17	4.70
28.23S	F # 3	Female 50 Free	2	17	0.76
1:09.39S	F # 5E	Female 17 & Over 100 Back	2	17	4.06
31.39S	F # 12	Female 50 Back	3	16	0.14
2:24.67S	F # 16E	Female 17 & Over 200 Back	2	17	8.48
1:00.65S	F # 31E	Female 17 & Over 100 Free	2	17	2.00
31.68S	F # 38	Female 50 Fly	2	17	-0.44
<b>Amy Cunningham (19) F</b>					
32.75S	F # 12	Female 50 Back	5	14	0.96
<b>John Curtin (14) M</b>					
28.83S	F # 4	Male 50 Free	13	4	-0.26
1:13.32S	F # 6C	Male 14-15 100 Back	10	7	0.69
1:24.00S	F # 15C	Male 14-15 100 Fly	9	9	-6.70
34.33S	F # 21	200 Medley Relay Lead Off	---	---	0.80
39.24S	F # 28	Male 50 Breast	18	---	-9.29
1:04.89S	F # 30C	Male 14-15 100 Free	16	1	0.04
2:46.09S	F # 35C	Male 14-15 200 IM	13	4	-0.81
1:30.20S	F # 39C	Male 14-15 100 Breast	16	1	-8.82
<b>Hanna D'Aughton (14) F</b>					
2:16.08S	F # 1C	Female 13-14 200 Free	2	17	0.11
28.93S	F # 3	Female 50 Free	4	15	0.31
1:16.08S	F # 14C	Female 13-14 100 Fly	4	15	0.67
32.64S	F # 20	200 Medley Relay Lead Off	---	---	1.15
1:03.64S	F # 31C	Female 13-14 100 Free	4	15	1.38
33.41S	F # 38	Female 50 Fly	9	9	-16.71
<b>Laoise Deasy (10) F</b>					
3:10.33S	F # 1A	Female 10 & Under 200 Free	9	9	---
1:34.84S	F # 5A	Female 10 & Under 100 Back	6	13	---
<b>Lauren Dowling (13) F</b>					
2:46.64S	F # 1C	Female 13-14 200 Free	28	---	-3.52
1:36.65S	F # 5C	Female 13-14 100 Back	41	---	0.02
45.35S	F # 12	Female 50 Back	43	---	-2.00
5:46.25S	F # 36C	Female 13-14 400 Free	8	11	-32.36
1:51.82S DQ	F # 40C	Female 13-14 100 Breast	---	---	---
<b>Lauren Farr (10) F</b>					
2:39.57S	F # 1A	Female 10 & Under 200 Free	1	20	-17.70
33.24S	F # 3	Female 50 Free	38	---	-2.99
1:29.24S	F # 14A	Female 10 & Under 100 Fly	1	20	-4.88
3:00.16S	F # 16A	Female 10 & Under 200 Back	1	20	---
3:05.79S	F # 27A	Female 10 & Under 200 IM	3	16	-6.45
1:16.23S	F # 31A	Female 10 & Under 100 Free	1	20	-4.68
1:40.07S	F # 40A	Female 10 & Under 100 Breast	4	15	-4.77

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Rachel Farr (11) F</b>					
2:44.81S	F # 1B	Female 11-12 200 Free	15	2	-5.46
1:25.70S	F # 5B	Female 11-12 100 Back	10	7	-6.41
1:45.56S	F # 14B	Female 11-12 100 Fly	16	1	1.67
39.32S	F # 18	200 Medley Relay Lead Off	---	---	-5.19
3:11.31S	F # 27B	Female 11-12 200 IM	16	1	---
1:16.58S	F # 31B	Female 11-12 100 Free	14	3	-13.11
5:54.43S	F # 36B	Female 11-12 400 Free	9	9	---
1:46.86S DQ	F # 40B	Female 11-12 100 Breast	---	---	---
33.66S	F # 42	200 Free Relay Lead Off	---	---	-2.49
<b>Andrew Feenan (15) M</b>					
26.47S	F # 4	Male 50 Free	6	13	0.15
2:38.23S	F # 8C	Male 14-15 200 Breast	1	20	-2.08
33.49S	F # 28	Male 50 Breast	4	15	-0.24
59.13S	F # 30C	Male 14-15 100 Free	3	16	0.60
2:29.28S	F # 35C	Male 14-15 200 IM	4	15	---
1:14.19S	F # 39C	Male 14-15 100 Breast	2	17	1.19
<b>Anna Feenan (14) F</b>					
2:15.93S	F # 1C	Female 13-14 200 Free	1	20	-0.75
29.44S	F # 3	Female 50 Free	6	13	0.44
1:12.35S	F # 5C	Female 13-14 100 Back	2	17	0.32
33.76S	F # 12	Female 50 Back	6	13	0.43
1:12.18S	F # 14C	Female 13-14 100 Fly	3	16	-2.27
41.69S	F # 29	Female 50 Breast	9	9	-1.92
1:03.06S	F # 31C	Female 13-14 100 Free	2	17	0.16
32.74S	F # 38	Female 50 Fly	7	12	-5.33
1:32.09S	F # 40C	Female 13-14 100 Breast	9	9	0.43
<b>Michael Feenan (12) M</b>					
35.32S	F # 4	Male 50 Free	31	---	-1.36
1:28.03S	F # 6B	Male 12-13 100 Back	12	5	0.03
3:06.51S	F # 8B	Male 12-13 200 Breast	2	17	-4.57
2:44.96S	F # 11B	Male 12-13 200 Free	17	---	0.17
1:33.38S	F # 15B	Male 12-13 100 Fly	15	2	-0.44
1:15.08S	F # 30B	Male 12-13 100 Free	14	3	-1.42
2:55.87S	F # 35B	Male 12-13 200 IM	11	6	-10.87
1:31.59S	F # 39B	Male 12-13 100 Breast	8	11	-0.77
<b>Aidan Figueredo (10) M</b>					
45.57S	F # 13	Male 50 Back	19	---	-0.59
48.83S	F # 28	Male 50 Breast	27	---	-3.13
47.31S	F # 37	Male 50 Fly	24	---	-0.66
1:50.45S	F # 39A	Male 11 & Under 100 Breast	4	15	---

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Hailey Figueredo (12) F</b>					
2:44.75S	F # 1B	Female 11-12 200 Free	14	3	-7.13
33.17S	F # 3	Female 50 Free	36	---	-4.44
41.36S	F # 12	Female 50 Back	34	---	-9.64
46.92S	F # 29	Female 50 Breast	29	---	-7.83
5:42.02S	F # 36B	Female 11-12 400 Free	5	13.5	---
1:45.98S	F # 40B	Female 11-12 100 Breast	22	---	-1.70
33.76S	F # 42	200 Free Relay Lead Off	---	---	-3.85
<b>Aoife Gallagher (16) F</b>					
33.07S	F # 3	Female 50 Free	35	---	0.32
3:04.61S	F # 7D	Female 15-16 200 Breast	3	16	-1.23
2:55.96S	F # 27D	Female 15-16 200 IM	7	12	2.46
40.54S	F # 29	Female 50 Breast	6	13	-10.66
37.33S	F # 38	Female 50 Fly	22	---	---
<b>Ellie Galland (14) F</b>					
2:30.37S	F # 1C	Female 13-14 200 Free	14	3	0.62
32.88S	F # 3	Female 50 Free	31	---	0.77
6:10.66S	F # 10C	Female 13-14 400 IM	3	16	---
1:28.72S	F # 14C	Female 13-14 100 Fly	18	---	2.17
45.33S	F # 29	Female 50 Breast	21	---	-4.20
1:08.75S	F # 31C	Female 13-14 100 Free	18	---	-1.35
5:07.44S	F # 36C	Female 13-14 400 Free	3	16	-5.64
37.41S	F # 38	Female 50 Fly	23	---	-4.00
<b>Marc Galland (11) M</b>					
30.16S	F # 4	Male 50 Free	19	---	-0.56
3:23.17S	F # 8A	Male 11 & Under 200 Breast	2	17	---
36.97S	F # 13	Male 50 Back	14	3	0.57
2:50.79S	F # 17A	Male 11 & Under 200 Back	1	20	3.93
35.89S	F # 19	200 Medley Relay Lead Off	---	---	-0.51
43.67S	F # 28	Male 50 Breast	21	---	-15.57
2:45.08S DQ	F # 35A	Male 11 & Under 200 IM	---	---	---
36.31S	F # 37	Male 50 Fly	15	2	-2.91
<b>Ella Harty (10) F</b>					
3:04.96S	F # 1A	Female 10 & Under 200 Free	6	13	---
47.98S	F # 12	Female 50 Back	44	---	-0.91
1:26.02S	F # 31A	Female 10 & Under 100 Free	7	12	-6.07
1:56.94S	F # 40A	Female 10 & Under 100 Breast	13	4	---
<b>Lucy Harty (13) F</b>					
2:29.42S	F # 1C	Female 13-14 200 Free	13	4	-1.63
32.99S	F # 3	Female 50 Free	33	---	0.84
1:17.41S	F # 5C	Female 13-14 100 Back	14	3	-0.35
1:20.28S	F # 14C	Female 13-14 100 Fly	9	9	-2.72
2:48.03S	F # 27C	Female 13-14 200 IM	9	9	-4.01
1:07.69S	F # 31C	Female 13-14 100 Free	13	4	0.32
35.30S	F # 38	Female 50 Fly	17	---	-11.93

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<b>Sean Herlihy (12) M</b>					
33.07S	F # 4	Male 50 Free	29	---	-0.86
1:22.32S	F # 6B	Male 12-13 100 Back	10	7	0.63
2:43.26S	F # 11B	Male 12-13 200 Free	15	2	4.73
1:26.76S	F # 15B	Male 12-13 100 Fly	11	6	1.77
40.15S	F # 41	200 Free Relay Lead Off	---	---	6.22
<b>Paul Higgins (13) M</b>					
28.11S	F # 4	Male 50 Free	11	6	-2.13
1:12.28S	F # 6B	Male 12-13 100 Back	3	16	-2.90
2:11.78S	F # 11B	Male 12-13 200 Free	1	20	-5.19
1:01.10S	F # 30B	Male 12-13 100 Free	1	20	-2.64
2:37.96S	F # 32B	Male 12-13 200 Fly	1	20	-5.69
35.66S	F # 37	Male 50 Fly	13	4	2.15
1:31.14S	F # 39B	Male 12-13 100 Breast	7	12	-10.14
<b>Emma Hobbs (20) F</b>					
39.43S	F # 29	Female 50 Breast	5	14	2.71
1:24.85S	F # 40E	Female 17 & Over 100 Breast	2	17	5.91
<b>Emily Hyde (12) F</b>					
35.28S	F # 3	Female 50 Free	49	---	-6.44
1:32.61S	F # 5B	Female 11-12 100 Back	27	---	---
42.12S	F # 12	Female 50 Back	35	---	-5.24
1:22.17S	F # 31B	Female 11-12 100 Free	21	---	-9.43
1:45.26S	F # 40B	Female 11-12 100 Breast	21	---	---
<b>Kitty Irwin (12) F</b>					
2:40.03S	F # 1B	Female 11-12 200 Free	6	13	1.83
1:25.15S	F # 5B	Female 11-12 100 Back	9	9	-1.52
11:26.85S	F # 9C	Female 11-12 800 Free	3	16	0.91
6:27.78S	F # 10B	Female 11-12 400 IM	1	20	---
3:03.45S	F # 27B	Female 11-12 200 IM	8	10	-6.27
1:13.01S	F # 31B	Female 11-12 100 Free	8	11	-1.35
5:28.48S	F # 36B	Female 11-12 400 Free	2	17	0.65
1:38.58S	F # 40B	Female 11-12 100 Breast	12	5	-0.46
<b>Mae Irwin (10) F</b>					
1:27.47S	F # 5A	Female 10 & Under 100 Back	2	17	-3.05
43.13S	F # 12	Female 50 Back	37	---	0.38
1:34.93S	F # 14A	Female 10 & Under 100 Fly	2	17	-5.05
3:19.04S	F # 27A	Female 10 & Under 200 IM	4	15	-12.14
1:26.79S	F # 31A	Female 10 & Under 100 Free	8	11	1.00
1:51.93S	F # 40A	Female 10 & Under 100 Breast	11	6	-2.59

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<b>Neddie Irwin (13) M</b>					
1:09.58S	F # 6B	Male 12-13 100 Back	1	20	-0.29
9:30.30S	F # 9F	Male 13-14 800 Free	2	17	-29.45
2:15.07S	F # 11B	Male 12-13 200 Free	2	17	-5.79
32.84S DQ	F # 13	Male 50 Back	---	---	---
1:15.11S	F # 15B	Male 12-13 100 Fly	3	16	-0.40
2:27.56S	F # 17B	Male 12-13 200 Back	1	20	0.09
33.42S	F # 21	200 Medley Relay Lead Off	---	---	-1.03
1:03.70S	F # 30B	Male 12-13 100 Free	3	16	-0.34
17:55.59S	F # 34F	Male 13-14 1500 Free	1	20	-37.61
<b>Ross Kavanagh (19) M</b>					
26.04S DQ	F # 4	Male 50 Free	---	---	---
1:01.32S	F # 15E	Male 18 & Over 100 Fly	1	20	2.57
<b>Caoimhe Kearney (14) F</b>					
31.13S	F # 3	Female 50 Free	18	---	-2.45
1:17.23S	F # 5C	Female 13-14 100 Back	13	4	-1.24
37.49S	F # 12	Female 50 Back	23	---	0.08
2:45.64S	F # 16C	Female 13-14 200 Back	7	12	-1.97
42.42S	F # 29	Female 50 Breast	13	4	-2.48
1:08.26S	F # 31C	Female 13-14 100 Free	16	1	-3.49
1:32.02S	F # 40C	Female 13-14 100 Breast	8	11	-2.84
<b>Eoin Kennelly (13) M</b>					
1:10.29S	F # 30B	Male 12-13 100 Free	9	9	-1.43
3:00.70S	F # 35B	Male 12-13 200 IM	15	2	-10.27
39.37S	F # 37	Male 50 Fly	20	---	-1.58
<b>Aine King (16) F</b>					
30.91S	F # 3	Female 50 Free	15	2	0.50
3:05.05S	F # 7D	Female 15-16 200 Breast	4	15	-10.05
37.50S	F # 12	Female 50 Back	24	---	-0.02
41.90S	F # 29	Female 50 Breast	11	6	-0.48
1:08.77S	F # 31D	Female 15-16 100 Free	7	12	0.55
5:16.31S	F # 36D	Female 15-16 400 Free	3	16	---
34.66S	F # 38	Female 50 Fly	14	3	-3.57
1:29.76S	F # 40D	Female 15-16 100 Breast	3	16	1.71
<b>Cara Lamb (15) F</b>					
2:14.71S	F # 1D	Female 15-16 200 Free	2	17	0.16
29.29S	F # 3	Female 50 Free	5	14	0.90
1:11.31S	F # 14D	Female 15-16 100 Fly	1	20	1.51
2:38.86S	F # 27D	Female 15-16 200 IM	1	20	-13.64
1:02.57S	F # 31D	Female 15-16 100 Free	1	20	1.38
4:53.85S	F # 36D	Female 15-16 400 Free	2	17	-7.30
31.97S	F # 38	Female 50 Fly	4	15	-0.43
28.39S	F # 46	200 Free Relay Lead Off	---	---	---

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**Individual Meet Results**
**Michael Bowles 25-Feb-17 to 26-Feb-17 SC Meters****Location: SWSC****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Freya Lamb (13) F</b>					
2:28.01S	F # 1C	Female 13-14 200 Free	10	7	-1.96
1:14.44S	F # 5C	Female 13-14 100 Back	5	14	0.31
2:35.77S	F # 16C	Female 13-14 200 Back	3	16	-5.91
1:07.72S	F # 31C	Female 13-14 100 Free	14	3	-2.26
5:12.67S	F # 36C	Female 13-14 400 Free	4	15	-14.69
1:33.80S	F # 40C	Female 13-14 100 Breast	11	6	-1.22
31.25S	F # 44	200 Free Relay Lead Off	---	---	-5.98
<b>Rob Lamb (46) M</b>					
2:45.83S	F # 8E	Male 18 & Over 200 Breast	3	16	0.41
2:33.74S	F # 17E	Male 18 & Over 200 Back	1	20	---
59.99S	F # 30E	Male 18 & Over 100 Free	3	16	0.17
NS	F # 35E	Male 18 & Over 200 IM	---	---	---
1:17.63S	F # 39E	Male 18 & Over 100 Breast	3	16	---
<b>Ellen Lee (11) F</b>					
2:33.77S	F # 1B	Female 11-12 200 Free	4	15	-10.19
1:17.27S	F # 5B	Female 11-12 100 Back	4	15	-0.12
35.77S	F # 18	200 Medley Relay Lead Off	---	---	-0.01
2:56.26S	F # 27B	Female 11-12 200 IM	4	15	-27.86
1:09.61S	F # 31B	Female 11-12 100 Free	3	16	-2.84
35.08S	F # 38	Female 50 Fly	16	1	-4.70
<b>Ewan Lee (14) M</b>					
2:29.54S	F # 11C	Male 14-15 200 Free	20	---	-2.59
1:07.89S	F # 30C	Male 14-15 100 Free	21	---	0.91
36.89S	F # 37	Male 50 Fly	18	---	0.46
1:26.90S	F # 39C	Male 14-15 100 Breast	14	3	2.66
<b>Rory Lee (15) M</b>					
1:06.82S	F # 6C	Male 14-15 100 Back	1	20	2.00
2:52.66S	F # 8C	Male 14-15 200 Breast	3	16	-38.16
30.90S	F # 13	Male 50 Back	2	17	0.02
1:10.48S	F # 15C	Male 14-15 100 Fly	4	15	-4.42
2:21.77S	F # 17C	Male 14-15 200 Back	2	17	-3.05
30.70S	F # 23	200 Medley Relay Lead Off	---	---	-0.18
4:42.85S	F # 26C	Male 14-15 400 Free	3	16	---
59.29S	F # 30C	Male 14-15 100 Free	4	15	0.53
2:25.81S	F # 35C	Male 14-15 200 IM	1	20	0.96
1:18.78S	F # 39C	Male 14-15 100 Breast	3	16	-2.90
<b>Abby Lynch (14) F</b>					
2:23.69S	F # 1C	Female 13-14 200 Free	5	14	-0.19
1:19.25S	F # 5C	Female 13-14 100 Back	16	1	0.29
10:32.07S	F # 9E	Female 13-14 800 Free	2	17	16.12
1:19.41S	F # 14C	Female 13-14 100 Fly	7	12	-1.05
1:08.58S	F # 31C	Female 13-14 100 Free	17	---	1.16
5:03.59S	F # 36C	Female 13-14 400 Free	1	20	5.54

## Individual Meet Results

**Michael Bowles 25-Feb-17 to 26-Feb-17 SC Meters**

**Location: SWSC**

**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Drew Lynch (13) F</b>					
2:21.05S	F # 1C	Female 13-14 200 Free	3	16	-5.50
30.11S	F # 3	Female 50 Free	9	9	-0.42
1:16.53S	F # 5C	Female 13-14 100 Back	11	6	0.88
34.15S	F # 12	Female 50 Back	7	11.5	-7.89
38.65S	F # 29	Female 50 Breast	4	15	-6.25
1:05.12S	F # 31C	Female 13-14 100 Free	5	14	-0.74
32.94S	F # 38	Female 50 Fly	8	11	-0.86
1:24.97S	F # 40C	Female 13-14 100 Breast	3	16	-1.79
<b>Grace Lynch (13) F</b>					
2:34.13S	F # 1C	Female 13-14 200 Free	20	---	-2.46
1:27.13S	F # 5C	Female 13-14 100 Back	31	---	3.25
3:02.18S	F # 16C	Female 13-14 200 Back	15	2	-6.22
3:03.41S	F # 27C	Female 13-14 200 IM	17	---	-6.62
1:15.10S	F # 31C	Female 13-14 100 Free	27	---	2.44
5:39.84S	F # 36C	Female 13-14 400 Free	7	12	-5.43
40.37S	F # 38	Female 50 Fly	31	---	-5.58
<b>Suzy Lynch (12) F</b>					
1:24.95S	F # 5B	Female 11-12 100 Back	7	12	-6.52
3:23.04S	F # 7B	Female 11-12 200 Breast	4	15	-7.59
1:35.13S	F # 14B	Female 11-12 100 Fly	9	9	-5.60
3:09.35S	F # 27B	Female 11-12 200 IM	13	4	-10.98
1:38.03S	F # 40B	Female 11-12 100 Breast	9	9	1.16
<b>Evan Mc Ardle (12) M</b>					
NS	F # 4	Male 50 Free	---	---	---
NS	F # 8B	Male 12-13 200 Breast	---	---	---
NS	F # 13	Male 50 Back	---	---	---
44.51S	F # 28	Male 50 Breast	22	---	-3.17
1:14.36S	F # 30B	Male 12-13 100 Free	13	4	-2.35
3:13.03S	F # 35B	Male 12-13 200 IM	17	---	-22.20
44.27S	F # 37	Male 50 Fly	21	---	-1.15
<b>Ray Mc Ardle (47) M</b>					
35.59S	F # 28	Male 50 Breast	8	11	0.56
1:20.34S	F # 39E	Male 18 & Over 100 Breast	5	14	0.74
<b>Ross Mc Auliffe (17) M</b>					
33.38S	F # 28	Male 50 Breast	3	16	1.35
59.46S	F # 30D	Male 16-17 100 Free	3	16	3.92
2:23.99S	F # 35D	Male 16-17 200 IM	2	17	4.80
28.14S	F # 37	Male 50 Fly	2	17	2.14
1:16.67S	F # 39D	Male 16-17 100 Breast	2	17	6.44
<b>Ronan Mc Carthy (19) M</b>					
25.89S	F # 4	Male 50 Free	2	17	0.73
29.27S	F # 13	Male 50 Back	1	20	0.57
34.31S	F # 28	Male 50 Breast	6	13	-0.66
29.62S	F # 37	Male 50 Fly	6	13	-0.95

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**Individual Meet Results**
**Michael Bowles 25-Feb-17 to 26-Feb-17 SC Meters****Location: SWSC****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Emma Mc Grath (12) F</b>					
3:13.34S	F # 27B	Female 11-12 200 IM	18	---	-1.32
1:16.86S	F # 31B	Female 11-12 100 Free	15	2	1.87
1:41.17S	F # 40B	Female 11-12 100 Breast	15	2	0.54
<b>Alex Mc Knight (12) F</b>					
54.80S	F # 29	Female 50 Breast	45	---	0.42
1:31.01S	F # 31B	Female 11-12 100 Free	24	---	-0.87
55.31S	F # 38	Female 50 Fly	59	---	---
<b>Christopher Mintern (22) M</b>					
5:20.20S	F # 2E	Male 18 & Over 400 IM	1	20	-42.60
NS	F # 4	Male 50 Free	---	---	---
2:10.23S	F # 11E	Male 18 & Over 200 Free	2	17	5.03
4:39.14S	F # 26E	Male 18 & Over 400 Free	1	20	8.64
59.21S	F # 30E	Male 18 & Over 100 Free	2	17	---
2:30.00S	F # 32E	Male 18 & Over 200 Fly	1	20	4.18
18:40.61S	F # 34J	Male 17 & Over 1500 Free	1	20	-127.20
27.20S	F # 47	200 Free Relay Lead Off	---	---	0.48
<b>James Mintern (17) M</b>					
4:50.64S	F # 26D	Male 16-17 400 Free	1	20	-0.30
1:01.15S	F # 30D	Male 16-17 100 Free	8	11	-1.13
2:36.51S	F # 35D	Male 16-17 200 IM	5	14	-0.88
31.31S	F # 37	Male 50 Fly	8	11	-1.19
<b>Siún Mulqueen (12) F</b>					
2:51.22S	F # 1B	Female 11-12 200 Free	19	---	-2.85
1:37.22S	F # 5B	Female 11-12 100 Back	29	---	0.42
1:40.59S	F # 14B	Female 11-12 100 Fly	14	3	2.34
3:18.96S	F # 27B	Female 11-12 200 IM	24	---	-12.26
1:20.37S	F # 31B	Female 11-12 100 Free	19	---	-5.25
1:53.21S	F # 40B	Female 11-12 100 Breast	27	---	1.08
<b>Jamie Murphy (10) M</b>					
3:32.04S	F # 8A	Male 11 & Under 200 Breast	3	16	-7.96
2:44.66S	F # 11A	Male 11 & Under 200 Free	1	20	-6.31
5:48.13S	F # 26A	Male 11 & Under 400 Free	1	20	---
1:15.81S	F # 30A	Male 11 & Under 100 Free	2	17	-7.27
<b>Shauna Murphy (8) F</b>					
1:36.35S	F # 5A	Female 10 & Under 100 Back	8	11	---
56.43S	F # 29	Female 50 Breast	47	---	0.40
1:28.17S	F # 31A	Female 10 & Under 100 Free	10	7	-19.66
47.63S	F # 38	Female 50 Fly	53	---	-3.78

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**Individual Meet Results**
**Michael Bowles 25-Feb-17 to 26-Feb-17 SC Meters****Location: SWSC****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Nick Myers (16) M</b>					
NS	F # 4	Male 50 Free	---	---	---
NS	F # 6D	Male 16-17 100 Back	---	---	---
1:09.40S	F # 15D	Male 16-17 100 Fly	4	15	-4.11
36.41S	F # 28	Male 50 Breast	9	9	-6.68
1:00.67S	F # 30D	Male 16-17 100 Free	6	13	-0.71
19:26.41S	F # 34H	Male 15-16 1500 Free	1	20	-18.53
2:32.05S	F # 35D	Male 16-17 200 IM	4	15	-3.40
1:21.58S	F # 39D	Male 16-17 100 Breast	4	15	-1.08
<b>Thomas Noel (15) M</b>					
NS	F # 4	Male 50 Free	---	---	---
NS	F # 6C	Male 14-15 100 Back	---	---	---
NS	F # 8C	Male 14-15 200 Breast	---	---	---
2:11.92S	F # 11C	Male 14-15 200 Free	5	14	-1.67
31.41S	F # 13	Male 50 Back	3	16	0.12
2:30.73S	F # 17C	Male 14-15 200 Back	5	14	3.97
2:28.44S	F # 35C	Male 14-15 200 IM	3	16	-12.15
NS	F # 39C	Male 14-15 100 Breast	---	---	---
<b>Beth Nolan (14) F</b>					
1:08.35S	F # 5C	Female 13-14 100 Back	1	20	0.43
2:52.57S	F # 7C	Female 13-14 200 Breast	1	20	0.52
31.98S	F # 12	Female 50 Back	4	15	-0.27
2:28.20S	F # 16C	Female 13-14 200 Back	1	20	0.74
2:36.15S	F # 27C	Female 13-14 200 IM	1	20	-3.89
1:02.21S	F # 31C	Female 13-14 100 Free	1	20	-2.06
1:19.34S	F # 40C	Female 13-14 100 Breast	1	20	-0.09
28.66S	F # 44	200 Free Relay Lead Off	---	---	-0.24
<b>Amy O'Brien (15) F</b>					
35.90S	F # 3	Female 50 Free	55	---	-0.89
1:37.53S	F # 14D	Female 15-16 100 Fly	6	13	3.51
46.68S	F # 29	Female 50 Breast	28	---	-1.84
1:21.21S	F # 31D	Female 15-16 100 Free	16	1	-1.60
NS	F # 38	Female 50 Fly	---	---	---
<b>Loraine O'Donovan (14) F</b>					
2:33.55S	F # 1C	Female 13-14 200 Free	19	---	-7.59
3:16.50S	F # 7C	Female 13-14 200 Breast	7	12	-10.20
1:20.09S	F # 14C	Female 13-14 100 Fly	8	11	-1.01
2:54.20S	F # 27C	Female 13-14 200 IM	12	5	-2.21
1:07.58S	F # 31C	Female 13-14 100 Free	12	5	-3.65
5:28.13S	F # 36C	Female 13-14 400 Free	6	13	2.21
1:34.73S	F # 40C	Female 13-14 100 Breast	12	5	3.80
<b>Andrew O'Leary (11) M</b>					
35.33S	F # 4	Male 50 Free	32	---	-3.36
42.32S	F # 13	Male 50 Back	16	1	-2.61
44.97S	F # 19	200 Medley Relay Lead Off	---	---	0.04
1:17.25S	F # 30A	Male 11 & Under 100 Free	3	16	-12.53

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**Individual Meet Results**
**Michael Bowles 25-Feb-17 to 26-Feb-17 SC Meters****Location: SWSC****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Cian O'Riordan (14) M</b>					
29.35S	F # 4	Male 50 Free	15	2	-2.05
1:34.29S	F # 15C	Male 14-15 100 Fly	11	6	5.03
38.36S	F # 28	Male 50 Breast	17	---	-3.67
1:04.38S	F # 30C	Male 14-15 100 Free	11	6	-1.57
1:26.40S	F # 39C	Male 14-15 100 Breast	13	4	-0.35
28.98S	F # 43	200 Free Relay Lead Off	---	---	-2.42
<b>Sean O'Riordan (17) M</b>					
5:49.65S	F # 2D	Male 16-17 400 IM	2	17	---
1:13.79S	F # 6D	Male 16-17 100 Back	4	15	1.41
33.88S	F # 13	Male 50 Back	8	11	-13.18
1:16.09S	F # 15D	Male 16-17 100 Fly	5	14	-2.59
4:59.15S	F # 26D	Male 16-17 400 Free	4	15	---
1:02.09S	F # 30D	Male 16-17 100 Free	9	9	0.64
2:39.71S	F # 35D	Male 16-17 200 IM	7	12	2.94
1:24.74S	F # 39D	Male 16-17 100 Breast	5	14	2.05
<b>Stephen O'Riordan (16) M</b>					
1:08.72S	F # 6D	Male 16-17 100 Back	1	20	0.54
2:18.21S	F # 11D	Male 16-17 200 Free	5	14	-14.76
32.20S	F # 13	Male 50 Back	4	15	-0.45
2:31.69S	F # 17D	Male 16-17 200 Back	2	17	1.09
4:54.47S	F # 26D	Male 16-17 400 Free	2	17	---
1:00.71S	F # 30D	Male 16-17 100 Free	7	12	0.82
2:36.93S	F # 35D	Male 16-17 200 IM	6	13	-4.48
1:25.32S	F # 39D	Male 16-17 100 Breast	6	13	0.65
27.51S	F # 45	200 Free Relay Lead Off	---	---	0.07
<b>Luke O'Sullivan (15) M</b>					
2:05.07S	F # 11C	Male 14-15 200 Free	2	17	-1.44
1:07.26S	F # 15C	Male 14-15 100 Fly	2	17	0.67
4:26.51S	F # 26C	Male 14-15 400 Free	1	20	0.41
37.93S	F # 28	Male 50 Breast	15	2	-14.44
58.94S	F # 30C	Male 14-15 100 Free	2	17	0.59
2:33.71S	F # 32C	Male 14-15 200 Fly	1	20	1.17
2:29.76S	F # 35C	Male 14-15 200 IM	5	14	-0.55
<b>Lydia Punch (14) F</b>					
31.24S	F # 3	Female 50 Free	20	---	0.30
1:15.06S	F # 5C	Female 13-14 100 Back	8	11	-0.19
5:39.26S	F # 10C	Female 13-14 400 IM	1	20	---
36.32S	F # 12	Female 50 Back	19	---	-0.30
2:40.58S	F # 16C	Female 13-14 200 Back	4	15	0.61
2:43.33S	F # 27C	Female 13-14 200 IM	7	12	-0.08
1:06.38S	F # 31C	Female 13-14 100 Free	9	9	-1.90
34.46S	F # 38	Female 50 Fly	13	4	-0.59
<b>Fenella Riordan (13) F</b>					
43.11S	F # 29	Female 50 Breast	16	1	-2.87
1:10.97S	F # 31C	Female 13-14 100 Free	22	---	-9.12
36.00S	F # 38	Female 50 Fly	18	---	-7.16
1:37.23S	F # 40C	Female 13-14 100 Breast	13	4	-5.35

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**Individual Meet Results**
**Michael Bowles 25-Feb-17 to 26-Feb-17 SC Meters****Location: SWSC****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Viktoria Sárkány (11) F</b>					
11:54.67S	F # 9C	Female 11-12 800 Free	4	15	-30.19
40.43S	F # 12	Female 50 Back	30	---	-0.50
3:04.61S	F # 16B	Female 11-12 200 Back	7	12	0.73
46.37S	F # 29	Female 50 Breast	24	---	-9.08
1:17.96S	F # 31B	Female 11-12 100 Free	16	1	-1.78
5:59.07S	F # 36B	Female 11-12 400 Free	10	7	---
<b>Frank Toebes (16) M</b>					
1:17.26S	F # 6D	Male 16-17 100 Back	5	14	0.29
2:24.19S	F # 11D	Male 16-17 200 Free	7	12	-0.60
36.08S	F # 13	Male 50 Back	13	4	-10.50
5:19.08S	F # 26D	Male 16-17 400 Free	5	14	0.49
40.97S	F # 28	Male 50 Breast	20	---	-3.40
1:26.46S	F # 39D	Male 16-17 100 Breast	7	12	-3.15
<b>Illann Wall (14) M</b>					
29.79S	F # 4	Male 50 Free	17	---	-2.49
1:11.77S	F # 6C	Male 14-15 100 Back	8	11	-1.84
2:22.68S	F # 11C	Male 14-15 200 Free	15	2	-10.59
33.49S	F # 13	Male 50 Back	7	12	-19.57
2:40.60S	F # 17C	Male 14-15 200 Back	7	12	---
1:04.69S	F # 30C	Male 14-15 100 Free	15	2	-1.20
1:30.96S	F # 39C	Male 14-15 100 Breast	17	---	-5.40
<b>Neasa Wall (12) F</b>					
35.01S	F # 3	Female 50 Free	47	---	---
1:28.32S	F # 5B	Female 11-12 100 Back	16	1	-4.96
40.06S	F # 12	Female 50 Back	29	---	-7.84
1:20.50S	F # 31B	Female 11-12 100 Free	20	---	-14.66
44.38S	F # 38	Female 50 Fly	44	---	-6.18
<b>Alex Walsh (14) M</b>					
1:10.26S	F # 6C	Male 14-15 100 Back	4	15	-0.44
2:17.50S	F # 11C	Male 14-15 200 Free	9	9	2.70
34.73S	F # 13	Male 50 Back	10	7	-0.80
1:15.36S	F # 15C	Male 14-15 100 Fly	7	12	-2.13
2:29.70S	F # 17C	Male 14-15 200 Back	4	15	0.43
1:02.59S	F # 30C	Male 14-15 100 Free	10	7	-1.56
2:40.03S	F # 35C	Male 14-15 200 IM	9	9	-0.98
<b>Darragh Walsh (13) M</b>					
1:22.16S	F # 6B	Male 12-13 100 Back	9	9	-0.60
2:27.27S	F # 11B	Male 12-13 200 Free	7	12	-7.22
1:25.37S	F # 15B	Male 12-13 100 Fly	9	9	-2.20
5:13.28S	F # 26B	Male 12-13 400 Free	2	17	-4.35
2:51.26S	F # 35B	Male 12-13 200 IM	8	11	-0.75
1:41.82S	F # 39B	Male 12-13 100 Breast	16	1	2.56

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**Individual Meet Results**
**Michael Bowles 25-Feb-17 to 26-Feb-17 SC Meters****Location: SWSC****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Rowan Walsh (12) F</b>					
11:11.66S	F # 9C	Female 11-12 800 Free	2	17	---
2:53.57S	F # 16B	Female 11-12 200 Back	4	15	-15.86
2:58.20S	F # 27B	Female 11-12 200 IM	5	14	-18.27
1:12.37S	F # 31B	Female 11-12 100 Free	6	13	-0.21
5:30.44S	F # 36B	Female 11-12 400 Free	4	15	-18.62
43.17S	F # 38	Female 50 Fly	39	---	-2.04
<b>Emily Wolfe (12) F</b>					
2:36.22S	F # 1B	Female 11-12 200 Free	5	14	-3.50
3:07.04S	F # 7B	Female 11-12 200 Breast	1	20	-17.30
2:45.69S	F # 16B	Female 11-12 200 Back	3	16	-2.24
2:50.75S	F # 27B	Female 11-12 200 IM	3	16	-8.80
1:10.52S	F # 31B	Female 11-12 100 Free	5	14	-2.12
38.31S	F # 38	Female 50 Fly	25	---	-1.31
1:29.57S	F # 40B	Female 11-12 100 Breast	2	17	-2.85