

## Individual Meet Results

### Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters

Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
<b>Justine Bowler (17) F</b>					
31.55S	P # 1	Female 50 Free	20	---	-0.53
36.37S	P # 6	Female 50 Back	16	---	-0.34
1:17.78S	F # 29D	Female 17 & Over 100 Back	4	2	-0.53
1:11.97S	F # 34D	Female 17 & Over 100 Free	6	---	-0.10
2:42.06S	F # 44	Female 200 Free	55	---	2.49
<b>Nicola Bragagna (17) M</b>					
24.94S	P # 2	Male 50 Free	1	---	0.14
25.97S	F # 2	Male 50 Free	2	5	1.17
58.57S	P # 9C	Male 16-17 100 Fly	1	---	2.99
55.09S	F # 35C	Male 16-17 100 Free	1	8	0.96
27.25S	P # 37	Male 50 Fly	1	---	2.05
26.47S	F # 54	Male 50 Free	3	---	1.67
27.67S	F # 76	Male 50 Fly	1	---	2.47
<b>Roisin Burke (15) F</b>					
NS	P # 6	Female 50 Back	---	---	---
<b>Andrew Byrne (11) M</b>					
1:33.63S	P # 7A	Male 7-13 100 Breast	12	---	3.31
1:26.73S	P # 9A	Male 7-13 100 Fly	11	---	-0.98
1:22.98S	F # 15	Male 7-13 100 IM	10	---	-5.46
1:24.40S	F # 33A	Male 7-13 100 Back	24	---	-4.44
1:13.52S	F # 35A	Male 7-13 100 Free	22	---	1.90
<b>Zara Byrne (9) F</b>					
12:19.26S	F # 4	Mixed 800 Free	26	---	---
1:31.86S	F # 29A	Female 7-12 100 Back	32	---	-0.52
5:54.98S	F # 38	Female 400 Free	41	---	-8.48
<b>Eva Carey (13) F</b>					
1:23.66S	F # 29B	Female 13-14 100 Back	15	---	-2.28
3:15.01S	F # 40	Female 13-14 200 IM	37	---	1.00
<b>Emma Cassidy (22) F</b>					
27.42S	P # 1	Female 50 Free	2	---	0.64
28.44S	F # 1	Female 50 Free	2	5	1.66
NS	P # 6	Female 50 Back	---	---	---
NS	F # 20	Female 200 Back	---	---	---
1:05.40S	F # 29D	Female 17 & Over 100 Back	1	8	1.82
59.34S	F # 34D	Female 17 & Over 100 Free	1	8	1.47
2:07.94S	F # 44	Female 200 Free	1	8	2.30
28.78S	F # 53	Female 50 Free	2	---	2.00
28.29S	F # 55	Female 50 Free	1	---	1.51
27.55S	F # 57	Female 50 Free	1	---	0.77
<b>Noah Coleman (14) M</b>					
20:21.48S	F # 3	Mixed 1500 Free	15	---	---
1:24.23S	P # 7B	Male 14-15 100 Breast	12	---	-11.28
2:29.52S	F # 19	Male 200 Back	7	---	-1.96
1:10.43S	F # 33B	Male 14-15 100 Back	7	---	-0.16
1:03.45S	F # 35B	Male 14-15 100 Free	14	---	-2.25
2:37.43S	F # 41	Male 14-15 200 IM	10	---	-8.14
2:18.97S	F # 45	Male 200 Free	19	---	-8.89

## Individual Meet Results

### Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters

Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
<b>Eliza Connolly (17) F</b>					
2:59.34S	F # 20	Female 200 Back	31	---	1.55
1:22.54S	F # 29D	Female 17 & Over 100 Back	5	1	0.36
<b>Niamh Connolly (15) F</b>					
11:01.71S	F # 4	Mixed 800 Free	18	---	15.12
2:51.32S	F # 20	Female 200 Back	19	---	1.20
1:21.33S	F # 29C	Female 15-16 100 Back	10	---	2.41
5:26.41S	F # 38	Female 400 Free	24	---	6.41
2:34.23S	F # 44	Female 200 Free	39	---	3.28
<b>Ava Cudmore (16) F</b>					
1:31.50S	P # 8C	Female 15-16 100 Breast	11	---	2.95
NS	P # 10C	Female 15-16 100 Fly	---	---	---
2:56.82S	F # 18A	Female 15-16 200 IM	12	---	11.43
2:58.14S	F # 20	Female 200 Back	27	---	4.25
1:23.22S	F # 29C	Female 15-16 100 Back	12	---	4.82
1:11.36S	F # 34C	Female 15-16 100 Free	17	---	1.85
<b>Ben Cudmore (14) M</b>					
26.95S	P # 2	Male 50 Free	11	---	-0.47
31.49S	P # 5	Male 50 Back	9	---	-0.30
5:35.18S	F # 11	Male 400 IM	4	2	-0.11
2:34.83S	F # 19	Male 200 Back	13	---	5.15
1:11.01S	F # 33B	Male 14-15 100 Back	9	---	-2.19
1:02.31S	F # 35B	Male 14-15 100 Free	12	---	1.30
2:33.83S	F # 41	Male 14-15 200 IM	9	---	2.63
2:20.64S	F # 45	Male 200 Free	22	---	-4.05
<b>Ally Cunningham (17) F</b>					
27.47S	P # 1	Female 50 Free	3	---	-0.08
29.06S	F # 1	Female 50 Free	4	2	1.51
31.97S	P # 6	Female 50 Back	5	---	---
1:08.54S	P # 10D	Female 17 & Over 100 Fly	1	---	0.23
2:26.93S	DQ F # 18B	Female 17 & Over 200 IM	---	---	---
2:18.71S	F # 20	Female 200 Back	1	8	2.52
29.10S	F # 53	Female 50 Free	4	---	1.55
32.16S	F # 60	Female 50 Back	2	---	---
31.77S	F # 62	Female 50 Back	3	---	---
32.02S	F # 64	Female 50 Back	3	---	---
<b>Ben Cunningham (13) M</b>					
1:23.08S	F # 33A	Male 7-13 100 Back	20	---	-1.64
1:09.94S	F # 35A	Male 7-13 100 Free	13	---	-1.33
<b>John Curtin (14) M</b>					
38.84S	P # 5	Male 50 Back	14	---	3.98
2:42.18S	DQ F # 19	Male 200 Back	---	---	---
1:14.91S	F # 33B	Male 14-15 100 Back	14	---	0.49
1:06.46S	F # 35B	Male 14-15 100 Free	20	---	-0.69
2:48.18S	F # 41	Male 14-15 200 IM	17	---	-2.71

## Individual Meet Results

**Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters**  
**Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre**  
**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Cormac D'Aughton (12) M</b>					
1:38.03S	DQ P # 7A	Male 7-13 100 Breast	---	---	---
1:26.55S	P # 9A	Male 7-13 100 Fly	10	---	2.82
1:30.24S	F # 33A	Male 7-13 100 Back	31	---	0.94
1:15.66S	F # 35A	Male 7-13 100 Free	25	---	-0.54
<b>Hanna D'Aughton (14) F</b>					
29.50S	P # 1	Female 50 Free	10	---	0.27
32.26S	P # 6	Female 50 Back	6	---	-0.53
1:30.89S	P # 8B	Female 13-14 100 Breast	10	---	1.44
1:21.48S	P # 10B	Female 13-14 100 Fly	8	---	4.32
1:11.27S	F # 29B	Female 13-14 100 Back	1	8	-0.13
1:05.55S	F # 34B	Female 13-14 100 Free	4	2	0.80
2:42.63S	F # 40	Female 13-14 200 IM	6	---	-0.61
<b>Lauren Farr (10) F</b>					
1:29.05S	F # 16	Female 7-12 100 IM	14	---	-5.33
1:29.23S	F # 29A	Female 7-12 100 Back	27	---	-4.07
<b>Andrew Feenan (15) M</b>					
26.52S	P # 2	Male 50 Free	8	---	-0.77
1:13.00S	P # 7B	Male 14-15 100 Breast	1	---	-0.17
33.73S	P # 28	Male 50 Breast	3	---	-0.35
NS	F # 33B	Male 14-15 100 Back	---	---	---
58.62S	F # 35B	Male 14-15 100 Free	3	3	-1.15
2:40.71S	F # 43	Male 200 Breast	2	5	0.40
2:13.47S	F # 45	Male 200 Free	15	---	3.14
34.82S	F # 68	Male 50 Breast	3	---	0.74
33.99S	F # 70	Male 50 Breast	1	---	-0.09
<b>Anna Feenan (13) F</b>					
29.00S	P # 1	Female 50 Free	8	---	-0.29
33.84S	P # 6	Female 50 Back	9	---	-2.84
1:14.45S	P # 10B	Female 13-14 100 Fly	3	---	-5.65
2:37.76S	F # 20	Female 200 Back	5	1	-1.68
1:14.14S	F # 29B	Female 13-14 100 Back	6	---	-0.83
4:56.87S	F # 38	Female 400 Free	7	---	-0.34
2:23.19S	F # 44	Female 200 Free	13	---	1.37
<b>Michael Feenan (12) M</b>					
1:32.81S	P # 7A	Male 7-13 100 Breast	11	---	-0.94
3:12.63S	F # 43	Male 200 Breast	13	---	---
<b>Carla Feliu (15) F</b>					
32.99S	P # 1	Female 50 Free	22	---	2.71
NS	F # 29C	Female 15-16 100 Back	---	---	---
5:04.35S	F # 38	Female 400 Free	9	---	21.64
2:24.63S	F # 44	Female 200 Free	17	---	9.13
<b>Hailey Figueredo (12) F</b>					
1:38.70S	F # 29A	Female 7-12 100 Back	41	---	5.06

## Individual Meet Results

### Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters

Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
<b>Aoife Gallagher (16) F</b>					
1:30.32S	P # 8C	Female 15-16 100 Breast	8	---	3.21
3:02.34S	F # 18A	Female 15-16 200 IM	14	---	8.84
1:14.24S	F # 34C	Female 15-16 100 Free	20	---	0.47
3:14.96S	F # 42	Female 200 Breast	19	---	9.12
NS	F # 44	Female 200 Free	---	---	---
<b>Ellie Galland (13) F</b>					
11:00.82S	F # 4	Mixed 800 Free	17	---	14.78
37.65S	P # 6	Female 50 Back	20	---	0.29
1:29.69S	P # 10B	Female 13-14 100 Fly	17	---	3.14
1:11.09S	F # 34B	Female 13-14 100 Free	17	---	0.99
5:16.24S	F # 38	Female 400 Free	17	---	3.16
2:36.31S	F # 44	Female 200 Free	46	---	6.56
<b>Luc Galland (15) M</b>					
25.67S	P # 2	Male 50 Free	3	---	-0.32
26.64S	F # 2	Male 50 Free	4	2	0.65
28.75S	P # 5	Male 50 Back	3	---	0.73
1:18.14S	P # 7B	Male 14-15 100 Breast	2	---	1.62
1:09.64S	P # 9B	Male 14-15 100 Fly	5	---	1.58
2:11.22S	F # 19	Male 200 Back	2	5	-4.00
36.15S	P # 28	Male 50 Breast	8	---	0.05
1:02.48S	F # 33B	Male 14-15 100 Back	2	5	2.35
58.03S	F # 35B	Male 14-15 100 Free	2	5	1.46
2:23.81S	F # 41	Male 14-15 200 IM	2	5	1.60
2:06.56S	F # 45	Male 200 Free	5	1	4.71
26.59S	F # 54	Male 50 Free	4	---	0.60
26.59S	F # 56	Male 50 Free	1	---	0.60
27.13S	F # 58	Male 50 Free	2	---	1.14
29.69S	F # 59	Male 50 Back	2	---	1.67
29.45S	F # 61	Male 50 Back	1	---	1.43
29.92S	F # 63	Male 50 Back	2	---	1.90
28.13S	F # 65	Male 50 Back	2	---	0.11
<b>Marc Galland (11) M</b>					
11:04.56S	F # 4	Mixed 800 Free	19	---	---
1:19.49S	F # 33A	Male 7-13 100 Back	11	---	-4.03
1:09.13S	F # 35A	Male 7-13 100 Free	11	---	-0.48
5:18.84S	F # 39	Male 400 Free	18	---	-9.68
<b>Lucy Harty (13) F</b>					
1:23.48S	P # 10B	Female 13-14 100 Fly	10	---	-1.44
1:10.50S	F # 34B	Female 13-14 100 Free	16	---	-2.96
2:55.30S	F # 40	Female 13-14 200 IM	19	---	-6.27
<b>Iseult Hayes (17) F</b>					
28.32S	P # 1	Female 50 Free	6	---	1.09
30.48S	P # 6	Female 50 Back	2	---	1.08
2:30.02S	F # 18B	Female 17 & Over 200 IM	1	8	5.72
NS	F # 29D	Female 17 & Over 100 Back	---	---	---
33.48S	F # 60	Female 50 Back	4	---	4.08
31.91S	F # 62	Female 50 Back	4	---	2.51

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Time	F/P/S	Event	Place	Points	Improv
<b>Maeve Herlihy (15) F</b>					
36.12S	P # 6	Female 50 Back	15	---	0.14
1:43.11S	P # 8C	Female 15-16 100 Breast	17	---	5.55
1:20.92S	F # 29C	Female 15-16 100 Back	9	---	2.27
1:12.99S	F # 34C	Female 15-16 100 Free	18	---	-0.71
<b>Sean Herlihy (12) M</b>					
1:25.12S	P # 9A	Male 7-13 100 Fly	9	---	-3.12
1:21.69S	F # 33A	Male 7-13 100 Back	17	---	-0.02
1:16.64S	F # 35A	Male 7-13 100 Free	26	---	2.14
<b>Paul Higgins (12) M</b>					
9:59.93S	F # 4	Mixed 800 Free	8	---	---
1:14.39S	P # 9A	Male 7-13 100 Fly	1	---	-2.93
1:15.59S	F # 33A	Male 7-13 100 Back	4	2	-2.29
1:04.42S	F # 35A	Male 7-13 100 Free	1	8	-1.63
2:20.40S	F # 45	Male 200 Free	21	---	-2.34
<b>Kitty Irwin (12) F</b>					
23:09.47S	F # 3	Mixed 1500 Free	25	---	24.76
11:30.43S	F # 4	Mixed 800 Free	22	---	4.49
1:27.79S	F # 29A	Female 7-12 100 Back	20	---	0.68
1:14.36S	F # 34A	Female 7-12 100 Free	14	---	-0.46
5:28.83S	F # 38	Female 400 Free	25	---	-5.28
<b>Neddie Irwin (13) M</b>					
18:33.20S	F # 3	Mixed 1500 Free	5	1	-39.55
34.89S	P # 5	Male 50 Back	12	---	0.44
2:30.89S	F # 19	Male 200 Back	9	---	-15.22
1:11.91S	F # 33A	Male 7-13 100 Back	1	8	-3.33
1:07.00S	F # 35A	Male 7-13 100 Free	5	1	-1.89
2:20.86S	F # 45	Male 200 Free	24	---	-5.24
<b>Ross Kavanagh (18) M</b>					
26.22S	P # 2	Male 50 Free	7	---	0.46
29.53S	P # 5	Male 50 Back	5	---	0.01
1:00.63S	P # 9D	Male 18 & Over 100 Fly	1	---	1.88
2:22.23S	F # 17B	Male 18 & Over 200 IM	1	8	2.20
36.03S	P # 28	Male 50 Breast	7	---	---
1:04.16S	F # 33D	Male 18 & Over 100 Back	1	8	1.63
56.96S	F # 35D	Male 18 & Over 100 Free	2	5	2.32
27.65S	P # 37	Male 50 Fly	3	---	-0.22
NS	F # 45	Male 200 Free	---	---	---
29.56S	F # 59	Male 50 Back	1	---	0.04
29.92S	F # 61	Male 50 Back	3	---	0.40
31.49S	F # 63	Male 50 Back	3	---	1.97
27.78S	F # 76	Male 50 Fly	2	---	-0.09
<b>Caoimhe Kearney (14) F</b>					
37.41S	P # 6	Female 50 Back	19	---	-0.50
1:34.86S	P # 8B	Female 13-14 100 Breast	20	---	-0.54
2:54.52S	F # 20	Female 200 Back	24	---	6.91
1:11.75S	F # 34B	Female 13-14 100 Free	24	---	-1.52
2:58.62S	F # 40	Female 13-14 200 IM	22	---	1.43

## Individual Meet Results

**Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters**  
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**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Eoin Kennelly (12) M</b>					
1:23.32S	F # 33A	Male 7-13 100 Back	21	---	0.86
1:13.29S	F # 35A	Male 7-13 100 Free	19	---	-0.37
<b>Gavin Kennelly (14) M</b>					
5:31.48S	F # 39	Male 400 Free	22	---	4.32
<b>Aine King (16) F</b>					
30.75S	P # 1	Female 50 Free	16	---	-1.15
1:29.93S	P # 8C	Female 15-16 100 Breast	7	---	1.88
2:48.38S	F # 18A	Female 15-16 200 IM	8	---	-1.02
1:08.37S	F # 34C	Female 15-16 100 Free	10	---	-1.12
2:27.77S	F # 44	Female 200 Free	24	---	-5.21
<b>Cara Lamb (15) F</b>					
29.07S	P # 1	Female 50 Free	9	---	0.10
33.26S	P # 6	Female 50 Back	7	---	-0.98
1:03.47S	F # 34C	Female 15-16 100 Free	3	2.5	-0.54
32.75S	P # 36	Female 50 Fly	7	---	-0.31
5:01.15S	F # 38	Female 400 Free	8	---	---
2:21.86S	F # 44	Female 200 Free	11	---	3.98
<b>Freya Lamb (13) F</b>					
37.07S	P # 6	Female 50 Back	18	---	0.28
1:35.02S	P # 8B	Female 13-14 100 Breast	22	---	-3.49
1:20.23S	F # 29B	Female 13-14 100 Back	9	---	1.54
5:39.20S	F # 38	Female 400 Free	32	---	11.84
2:55.23S	F # 40	Female 13-14 200 IM	18	---	-7.35
<b>Ellen Lee (11) F</b>					
35.96S	P # 6	Female 50 Back	14	---	-0.54
1:22.45S	F # 16	Female 7-12 100 IM	4	2	-7.51
2:58.36S	F # 20	Female 200 Back	29	---	-0.28
1:20.23S	F # 29A	Female 7-12 100 Back	6	---	-0.53
1:13.64S	F # 34A	Female 7-12 100 Free	12	---	-0.05
<b>Ewan Lee (13) M</b>					
1:24.24S	P # 7A	Male 7-13 100 Breast	1	---	-1.36
1:24.69S	P # 9A	Male 7-13 100 Fly	8	---	-2.81
1:15.32S	F # 15	Male 7-13 100 IM	3	3	-6.89
1:16.69S	F # 33A	Male 7-13 100 Back	5	1	-7.86
1:06.98S	F # 35A	Male 7-13 100 Free	4	2	-1.27
<b>Rory Lee (15) M</b>					
30.88S	P # 5	Male 50 Back	6	---	-0.84
2:24.82S	F # 19	Male 200 Back	4	2	-0.53
1:06.19S	F # 33B	Male 14-15 100 Back	3	3	-0.98
1:00.47S	F # 35B	Male 14-15 100 Free	8	---	-0.03
2:12.28S	F # 45	Male 200 Free	10	---	-1.87
<b>Abby Lynch (13) F</b>					
20:40.94S	F # 3	Mixed 1500 Free	18	---	---
1:20.52S	F # 29B	Female 13-14 100 Back	10	---	0.19
5:10.36S	F # 38	Female 400 Free	13	---	9.79
2:26.64S	F # 44	Female 200 Free	22	---	1.74

## Individual Meet Results

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**Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre**

**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Drew Lynch (13) F</b>					
1:28.60S	P # 8B	Female 13-14 100 Breast	8	---	1.84
1:17.80S	P # 10B	Female 13-14 100 Fly	6	---	3.17
1:07.01S	F # 34B	Female 13-14 100 Free	6	---	1.15
34.99S	P # 36	Female 50 Fly	13	---	1.19
2:44.29S	F # 40	Female 13-14 200 IM	8	---	2.75
NS	F # 44	Female 200 Free	---	---	---
<b>Grace Lynch (13) F</b>					
1:26.43S	F # 29B	Female 13-14 100 Back	17	---	-1.29
1:16.81S	F # 34B	Female 13-14 100 Free	33	---	1.38
3:12.38S	F # 40	Female 13-14 200 IM	36	---	2.35
2:46.16S	F # 44	Female 200 Free	62	---	8.62
<b>Suzy Lynch (11) F</b>					
1:36.87S	P # 8A	Female 7-12 100 Breast	12	---	-7.06
<b>Evan Mc Ardle (12) M</b>					
1:32.95S	F # 15	Male 7-13 100 IM	17	---	-0.43
<b>Ray Mc Ardle (47) M</b>					
1:19.60S	P # 7D	Male 18 & Over 100 Breast	2	---	---
35.85S	P # 28	Male 50 Breast	6	---	---
36.02S	F # 68	Male 50 Breast	5	---	---
<b>Ross Mc Auliffe (17) M</b>					
25.38S	P # 2	Male 50 Free	2	---	0.25
26.19S	F # 2	Male 50 Free	3	3	1.06
27.93S	P # 5	Male 50 Back	1	---	0.99
DNF	P # 7C	Male 16-17 100 Breast	---	---	---
1:05.55S	P # 9C	Male 16-17 100 Fly	3	---	3.80
NS	F # 17A	Male 16-17 200 IM	---	---	---
NS	P # 28	Male 50 Breast	---	---	---
1:01.34S	F # 33C	Male 16-17 100 Back	1	8	2.82
57.54S	F # 35C	Male 16-17 100 Free	3	3	1.46
27.38S	P # 37	Male 50 Fly	2	---	0.18
2:03.91S	F # 45	Male 200 Free	3	3	-5.35
26.19S	F # 54	Male 50 Free	2	---	1.06
26.60S	F # 56	Male 50 Free	2	---	1.47
26.46S	F # 58	Male 50 Free	1	---	1.33
29.79S	F # 59	Male 50 Back	3	---	2.85
29.63S	F # 61	Male 50 Back	2	---	2.69
29.27S	F # 63	Male 50 Back	1	---	2.33
27.93S	F # 65	Male 50 Back	1	---	0.99
28.07S	F # 76	Male 50 Fly	3	---	0.87
<b>Alice Mc Carthy (17) F</b>					
37.02S	P # 6	Female 50 Back	17	---	1.04
1:33.74S	P # 8D	Female 17 & Over 100 Breast	3	---	2.48
2:52.67S	F # 18B	Female 17 & Over 200 IM	6	---	1.91
1:17.47S	F # 29D	Female 17 & Over 100 Back	3	3	3.08
1:11.57S	F # 34D	Female 17 & Over 100 Free	5	1	1.52
2:33.28S	F # 44	Female 200 Free	35	---	0.26

## Individual Meet Results

### Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters

Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
<b>Cormac Mc Carthy (15) M</b>					
1:21.75S	P # 7B	Male 14-15 100 Breast	7	---	0.81
37.61S	P # 28	Male 50 Breast	9	---	-1.02
1:10.35S	F # 35B	Male 14-15 100 Free	29	---	1.89
2:42.74S	F # 41	Male 14-15 200 IM	13	---	-1.81
<b>Ronan Mc Carthy (19) M</b>					
29.38S	P # 5	Male 50 Back	4	---	0.61
1:14.62S	P # 7D	Male 18 & Over 100 Breast	1	---	-1.32
2:17.18S	F # 19	Male 200 Back	3	3	5.85
1:04.58S	F # 33D	Male 18 & Over 100 Back	2	5	4.01
57.56S	F # 35D	Male 18 & Over 100 Free	3	3	2.67
2:07.75S	F # 45	Male 200 Free	6	---	9.38
30.33S	F # 59	Male 50 Back	5	---	1.56
<b>Emma Mc Grath (12) F</b>					
1:40.63S	P # 8A	Female 7-12 100 Breast	18	---	-2.50
<b>James Mintern (17) M</b>					
10:12.79S	F # 4	Mixed 800 Free	9	---	-6.07
1:11.49S	P # 9C	Male 16-17 100 Fly	7	---	---
2:38.11S	F # 17A	Male 16-17 200 IM	4	2	-0.17
<b>Sean Mintern (14) M</b>					
1:21.29S	P # 9B	Male 14-15 100 Fly	10	---	0.34
1:10.35S	F # 35B	Male 14-15 100 Free	29	---	-0.11
2:56.45S	F # 41	Male 14-15 200 IM	22	---	4.13
<b>Nick Myers (16) M</b>					
19:44.94S	F # 3	Mixed 1500 Free	10	---	---
1:25.64S	P # 7C	Male 16-17 100 Breast	3	---	2.98
1:13.51S	P # 9C	Male 16-17 100 Fly	8	---	-0.03
NS	F # 17A	Male 16-17 200 IM	---	---	---
1:11.53S	F # 33C	Male 16-17 100 Back	6	---	1.40
1:03.26S	F # 35C	Male 16-17 100 Free	13	---	-0.51
<b>Thomas Noel (14) M</b>					
1:24.62S	P # 7B	Male 14-15 100 Breast	13	---	-2.29
1:06.61S	F # 33B	Male 14-15 100 Back	4	2	-5.09
1:01.74S	F # 35B	Male 14-15 100 Free	11	---	-1.19
4:59.69S	F # 39	Male 400 Free	11	---	3.44
<b>Beth Nolan (14) F</b>					
1:22.33S	P # 8B	Female 13-14 100 Breast	2	---	0.60
38.60S	P # 27	Female 50 Breast	8	---	-1.13
1:12.73S	F # 29B	Female 13-14 100 Back	3	3	1.34
2:40.93S	F # 40	Female 13-14 200 IM	4	2	0.89
NS	F # 44	Female 200 Free	---	---	---
<b>Ethan Novarro (13) M</b>					
1:40.03S	P # 7A	Male 7-13 100 Breast	16	---	0.91
<b>Lorraine O'Donovan (14) F</b>					
1:34.37S	P # 8B	Female 13-14 100 Breast	18	---	1.90
1:11.23S	F # 34B	Female 13-14 100 Free	20	---	-0.08
2:59.59S	F # 40	Female 13-14 200 IM	24	---	3.18



## Individual Meet Results

**Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters**  
**Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre**  
**Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

Time	F/P/S	Event	Place	Points	Improv
<b>Cian O'Riordan (14) M</b>					
1:28.22S	P # 7B	Male 14-15 100 Breast	17	---	-5.67
1:09.85S	F # 35B	Male 14-15 100 Free	28	---	-2.09
<b>Sean O'Riordan (17) M</b>					
20:49.88S	F # 3	Mixed 1500 Free	19	---	---
1:26.16S	P # 7C	Male 16-17 100 Breast	4	---	-0.70
2:41.98S	F # 17A	Male 16-17 200 IM	8	---	-4.90
1:15.67S	F # 33C	Male 16-17 100 Back	8	---	-5.64
2:21.17S	F # 45	Male 200 Free	25	---	-6.58
<b>Stephen O'Riordan (15) M</b>					
28.18S	P # 2	Male 50 Free	14	---	0.23
21:07.35S	F # 3	Mixed 1500 Free	21	---	13.76
3:35.78S	P # 5	Male 50 Back	15	---	182.89
1:24.67S	P # 7B	Male 14-15 100 Breast	14	---	-5.08
2:33.59S	F # 19	Male 200 Back	11	---	2.13
1:10.79S	F # 33B	Male 14-15 100 Back	8	---	0.61
1:00.86S	F # 35B	Male 14-15 100 Free	10	---	-0.82
2:41.41S	F # 41	Male 14-15 200 IM	11	---	-13.95
<b>Luke O'Sullivan (14) M</b>					
9:32.85S	F # 4	Mixed 800 Free	4	2	---
1:08.52S	P # 9B	Male 14-15 100 Fly	4	---	-2.59
2:32.54S	F # 13	Male 200 Fly	2	5	-7.70
59.59S	F # 35B	Male 14-15 100 Free	7	---	-1.85
4:27.68S	F # 39	Male 400 Free	3	3	-19.00
2:32.86S	F # 41	Male 14-15 200 IM	8	---	-4.06
2:11.36S	F # 45	Male 200 Free	9	---	-1.41
<b>Lydia Punch (13) F</b>					
2:53.55S	F # 14	Female 200 Fly	3	3	1.13
2:43.47S	F # 20	Female 200 Back	9	---	3.50
2:43.41S	F # 40	Female 13-14 200 IM	7	---	-1.78
2:24.78S	F # 44	Female 200 Free	18	---	0.87
<b>Fenella Riordan (13) F</b>					
NS	P # 8B	Female 13-14 100 Breast	---	---	---
<b>James Ryan (13) M</b>					
2:45.67S	F # 19	Male 200 Back	17	---	4.33
1:16.78S	F # 33A	Male 7-13 100 Back	6	---	-0.05
1:07.74S	F # 35A	Male 7-13 100 Free	6	---	1.61
<b>Viktoria Sárkány (11) F</b>					
12:24.86S	F # 4	Mixed 800 Free	27	---	---
1:45.06S	P # 8A	Female 7-12 100 Breast	27	---	-0.69
3:03.88S	F # 20	Female 200 Back	34	---	---
1:31.43S	F # 29A	Female 7-12 100 Back	31	---	2.98
1:22.76S	F # 34A	Female 7-12 100 Free	28	---	3.02

## Individual Meet Results

### Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters

Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre

Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Time	F/P/S	Event	Place	Points	Improv
<b>Sharon Semchiy (15) F</b>					
27.22S	P # 1	Female 50 Free	1	---	0.09
28.86S	F # 1	Female 50 Free	3	3	1.73
31.38S	P # 6	Female 50 Back	3	---	0.57
1:07.02S	P # 10C	Female 15-16 100 Fly	1	---	-2.25
2:21.79S	F # 20	Female 200 Back	2	5	3.93
1:06.25S	F # 29C	Female 15-16 100 Back	2	5	1.04
59.58S	F # 34C	Female 15-16 100 Free	1	8	-0.70
30.45S	P # 36	Female 50 Fly	1	---	-0.57
2:08.03S	F # 44	Female 200 Free	2	5	-1.81
28.96S	F # 53	Female 50 Free	3	---	1.83
28.32S	F # 55	Female 50 Free	2	---	1.19
27.64S	F # 57	Female 50 Free	2	---	0.51
32.07S	F # 60	Female 50 Back	1	---	1.26
31.63S	F # 62	Female 50 Back	2	---	0.82
31.73S	F # 64	Female 50 Back	2	---	0.92
32.91S	F # 66	Female 50 Back	2	---	2.10
31.18S	F # 75	Female 50 Fly	1	---	0.16
<b>Penny Semple (12) F</b>					
1:20.94S	F # 29A	Female 7-12 100 Back	7	---	3.62
1:10.85S	F # 34A	Female 7-12 100 Free	6	---	-2.93
NS	F # 44	Female 200 Free	---	---	---
<b>Frank Toebes (15) M</b>					
1:29.61S	P # 7B	Male 14-15 100 Breast	18	---	-1.64
1:16.97S	F # 33B	Male 14-15 100 Back	19	---	-1.39
1:07.52S	F # 35B	Male 14-15 100 Free	23	---	-1.00
<b>Anna Twohig (15) F</b>					
31.46S	P # 1	Female 50 Free	19	---	0.16
35.87S	P # 6	Female 50 Back	13	---	0.18
1:40.22S	P # 8C	Female 15-16 100 Breast	15	---	0.55
NS	F # 20	Female 200 Back	---	---	---
1:19.57S	F # 29C	Female 15-16 100 Back	8	---	2.15
1:10.81S	F # 34C	Female 15-16 100 Free	16	---	3.11
2:30.68S	F # 44	Female 200 Free	31	---	1.97
<b>Illann Wall (14) M</b>					
1:16.23S	F # 33B	Male 14-15 100 Back	17	---	2.62
1:08.57S	F # 35B	Male 14-15 100 Free	26	---	-1.55
<b>Alex Walsh (14) M</b>					
19:26.92S	F # 3	Mixed 1500 Free	9	---	---
1:17.97S	P # 9B	Male 14-15 100 Fly	8	---	---
2:34.77S	F # 19	Male 200 Back	12	---	5.08
1:12.32S	F # 33B	Male 14-15 100 Back	12	---	0.35
1:04.94S	F # 35B	Male 14-15 100 Free	17	---	0.79
<b>Darragh Walsh (12) M</b>					
1:22.50S	F # 15	Male 7-13 100 IM	9	---	-2.17
1:22.76S	F # 33A	Male 7-13 100 Back	18	---	-2.31
1:10.69S	F # 35A	Male 7-13 100 Free	16	---	-0.57
5:18.15S	F # 39	Male 400 Free	17	---	0.52

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**Individual Meet Results**
**Dolphin Open 2016 14-Oct-16 to 16-Oct-16 SC Meters****Sanction: Swim Ireland Location: Mayfield Sports and Leisure Centre****Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Rowan Walsh (11) F</b>					
1:39.93S	P # 8A	Female 7-12 100 Breast	16	---	-1.96
1:31.66S	F # 16	Female 7-12 100 IM	21	---	-1.30
1:27.64S	F # 29A	Female 7-12 100 Back	18	---	-5.17
5:49.06S	F # 38	Female 400 Free	39	---	-5.75
<b>Emily Wolfe (12) F</b>					
11:51.51S	F # 4	Mixed 800 Free	23	---	---
1:34.42S	P # 8A	Female 7-12 100 Breast	8	---	-0.89
2:54.04S	F # 20	Female 200 Back	22	---	-0.59
1:21.82S	F # 29A	Female 7-12 100 Back	8	---	-1.57
1:14.58S	F # 34A	Female 7-12 100 Free	15	---	-0.27
5:44.14S	F # 38	Female 400 Free	36	---	4.26