Munster & Connacht Age Group Championships 2022

Date: May 7 & 8th

Warm up 9 am Start 10 am

Venue : UL

Closing Date ; Wednesday 27th.April. Late entries will not be accepted under any circumstances.

Entries : On Hy-Tek only to patdonovan02@gmail.com

Fees : €7.00 per individual event, €20 per relay. **Fees must be paid at least one week prior to the** competition. Changes CANNOT be made after fees have been paid. Fees should be paid directly into the bank account, and must include the name of the club and the name of the meet.

Bank details BIC – AIBKIE2D IBAN – IE70AIBK93251559772394

Competition Criteria

Swimmers must be at least 12 years of age prior to December 31st 2022 to enter this meet

Swimmers must qualify in the events in which they wish to enter.

- > To be eligible to swim in 50m events swimmers must enter at least one 100m event.
- > All qualifying times must have been achieved since January 1st. 2021
- Qualifying times are Long Course, but short course times will be accepted. If using SC times these must be entered as such and will be converted upon receipt.
- > Times from this event can be used to qualify for Div 2 and Irish Summer Open Meets.
- This event is Open to swimmers who have NOT entered either the Leinster or Ulster Open Meets. Any swimmer who has entered in either of these meets is not eligible to compete.

<u>Scratches</u> : Scratches for Saturday must be done by 6pm on Friday. Scratches for Sunday must be done by 3pm on Saturday.

Failure to scratch swimmers who subsequently do not swim will result in a fine of €50 per event, unless a medical certificate is provided within 48 hours of the end of competition.

RELAYS; Relay forms in the order in which swimmers are swimming must be completed and returned to the recorders table at least 45 minutes before the start of the relevant session. This applies whether or not names have been previously submitted with the entries. Failure to complete the form will result in the relay not being permitted to swim.

Mixed Relays are comprised of two male and two female swimmers.

Entries may be limited to ensure compliance with SI licence rules. Where entries have been limited clubs will be informed when all entries have been processed.

All competing clubs must provide at least one official per six swimmers per session up to a maximum of four officials per session.

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ORDER OF EVENTS

All ages will swim together in heats, there will be finals in individual age groups i.e. 12, 13 and 14 years

Session 1

Saturday 10 a.m

- 1. Boys 200m Breaststroke
- 2. Girls 200m Freestyle
- 3. Boys 100m Butterfly
- 4. Girls 200m Backcrawl
- 5. Boys 1500m Freestyle HDW
- 6. Girls 400m Ind. Medley HDW
- 7. Boys 400m Medley Relay HDW
- 8. Girls 400m Freestyle Relay HDW

15 minute Break Session 2

Finals of Boys 200m Breaststroke Finals of Girls 200m Freestyle Finals of Boys 100m Butterfly Finals of Girls 200m Backcrawl Session 3

- 9. Girls 200m Ind. Medley
 10. Boys 200m Backcrawl
 11. Girls 100m Freestyle
 12. Boys 200m Freestyle
 13. Girls 200m Breaststroke
- 14. Boys 100m Breastsroke
- 15. Girls 800m Freestyle HDW
- 16. Boys 400m Freestyle HDW
- 17. Mixed 400m Medley Relay HDW

15 minute Break

Session 4 Finals Girls 200m Ind. Medley Finals Boys 200m Backcrawl Finals Girls 100m Butterfly Finals Boys 200m Freestyle Finals Girls 200m Breaststroke

Session 5

Sunday 10 a.m.

18. Girls 100m Breaststroke

- 19. Boys 100m Freestyle
- 20. Girls 200m Butterfly
- 21. Boys 100m Backcrawl
- 22. Girls 1500m Freestyle HDW
- 23. Boys 400m Ind. Medley HDW
- 24. Girls 400m Medley Relay HDW
- 25. Boys 400m Freestyle Relay HDW

15 minute Break Session 6

Finals Girls 100m Breaststroke Finals Boys 100m Freestyle Finals 200m Butterfly Finals Boys 100m Backcrawl Session 7

- 26. Boys 200m Ind. Medley
- 27. Girls 100m Backcrawl
- 28. Boys 200m Butterfly
- 29. Girls 100m Butterfly
- 30. Boys 50m Freestyle
- 31. Girls 50m Freestyle32. Boys 800m Freestyle HDW
- 22. Girls 400m Freestyle HDW

15 minute Break

Session 8 Finals Boys 200m Ind. Medley Finals Girls 100m Backcrawl Finals Boys 200m Butterfly Finals Girls 100m Butterfly Finals Boys 50m Freestyle

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Long Course Consideration Times

(Achieved Long Course Only in the Period 1st January 2021 – 24th April 2022)

MALE			EVENT	FEMALE		
12	13	14		14	13	12
Born 2010	Born 2009	Born 2008		Born 2008	Born 2009	Born 2010
36.27	35.65	34.16	50m Freestyle	34.75	36.26	36.95
1.15.81	1.15.28	1.12.19	100m Freestyle	1.14.30	1.17.52	1.18.25
2.45.84	2.43.57	2.35.73	200m Freestyle	2.42.34	2.49.40	2.52.28
5.55.24	5.55.05	5.40.21	400m Freestyle	5.47.23	6.01.27	6.02.47
Max 2 Heats			800m Freestyle	Max 2 Heats		
Max 2 Heats			1500m Freestyle	Max 2 Heats		
1.29.40	1.29.14	1.25.46	100m Backcrawl	1.26.54	1.30.30	1.34.13
3.16.95	3.10.97	3.03.01	200m Backcrawl	3.07.24	3.15.48	3.23.23
1.43.06	1.42.14	1.37.86	100m Breaststroke	1.41.16	1.44.69	1.45.64
3.49.60	3.41.61	3.32.38	200m Breaststroke	2.41.89	3.51.53	3.56.32
1.29.82	1.28.92	1.25.21	100m Butterfly	1.28.03	1.31.86	1.35.92
3.17.99	3.15.19	3.06.67	200m Butterfly	3.18.41	3.27.07	3.31.60
3.19.68	3.11.43	3.03.45	200m Ind. Med	3.08.67	3.16.87	3.22.38
7.10.77	6.56.59	6.39.13	400m Ind. Med	6.48.73	7.06.50	7.18.15