



## **Irish Summer Meet 2021 (50m)**

**Meet Licence: 5L-20/21-N003**

### **ENTRY CONDITIONS & INFORMATION**

**Aurora Sports & Leisure Complex, Bangor.**

**Thursday 22<sup>nd</sup> – Saturday 24<sup>th</sup> July 2021**



**Irish Summer Meet**  
**Sports & Leisure Complex, Bangor**  
**22<sup>nd</sup> – 24<sup>th</sup> July 2021**



## **MEET CONDITIONS**

<b>Introduction:</b>	This document relates to the staging of the Irish Summer Meet competition in July 2021. The 2021 Summer Meet is intended as an opportunity for qualification to the 2021 LEN European Championships (25m), the 2021 FINA World Championships (25m) and the 2022 FINA World Championships (50m). This document will be constantly reviewed in line with Northern Ireland Executive and Government of Ireland announcements	
<b>Meet Location:</b>	Aurora Complex, Bangor, Co. Down	
<b>Pool Specification:</b>	10 lane 50m pool; anti-turbulence lane ropes; wedge starting blocks; backstroke ledges; 6 lane 25m warm up/swim down pool	
<b>Meet Type:</b>	Full Olympic Programme (Individual Events Only) 50m/100m/200m/400m Events – Two Rounds (Heats & Finals) 800m/1500m Events – One Round Round 1 (Heats) – 10 Lanes Round 2 (Finals) – 10 Lanes	
<b>Session Times:</b>	<b>Session 1:</b> Thursday 22 <sup>nd</sup> July Warm-up 0815; Competition 1000 <b>Session 3:</b> Thursday 22 <sup>nd</sup> July Warm-up 1600; Competition 1730 <b>Session 4:</b> Friday 23 <sup>rd</sup> July Warm-up 0815; Competition 1000	<b>Session 6:</b> Saturday 23 <sup>rd</sup> July Warm-up 1600; Competition 1730 <b>Session 7:</b> Saturday 24 <sup>th</sup> July Warm-up 0815; Competition 1000 <b>Session 9:</b> Saturday 24 <sup>th</sup> July Warm-up 1600; Competition 1730
<b>Age:</b>	Male 15/16 years Male 17/18 years Male 19 years & Over All ages as per year of birth.	Female 14/15 years Female 16/17 years Female 18 years & Over
<b>Qualification Criteria:</b>	Times must have been achieved in a Long Course (50m) pool in the period 1 <sup>st</sup> January 2019 – 26 <sup>th</sup> June 2021	
<b>Entry Eligibility:</b>	<b>To be eligible for entry, athletes must be registered as Competitive Members with a Swim Ireland club and such athletes must be in good standing with Swim Ireland</b>	
<b>Round 1/2:</b>	<b>Entry Numbers:</b> <ul style="list-style-type: none"> <li>Up to 20 athletes per age group per event in 50m, 100m &amp; 200m events</li> <li>Up to 10 athletes per age group per event in 400m, 800m &amp; 1500m events</li> </ul> <b>Heats:</b> <ul style="list-style-type: none"> <li>Entries to be consolidated regardless of age group and seeded</li> <li>No cyclic seeding</li> <li>All athletes per event in 50m, 100m &amp; 200m events race in the morning heats</li> <li>All athletes per event in 400m events race in the morning heats</li> <li>Fastest 10 athletes per event in 800m &amp; 1500m events race in the evening finals (800m &amp; 1500m HDW)</li> <li>Remaining athletes per event in 800m &amp; 1500m events race in the morning heats (800m &amp; 1500m HDW)</li> </ul> <b>Finals:</b> <ul style="list-style-type: none"> <li>An Open 'B' Final and an Open 'A' Final (10 athletes per final) in 50m, 100m, 200m &amp; 400m events</li> </ul>	

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<b>Team Leaders Meeting:</b>	Technical briefing will take place on <b>Tuesday 20<sup>th</sup> July via Zoom at 19:00</b> . Attendance at this meeting is strongly advisable. Not being represented at the briefing means that a Club is agreeing to abide by any decisions made at the meeting
<b>Withdrawals:</b>	<p>Withdrawals from Day 1 must be emailed to <a href="mailto:entries@swimireland.ie">entries@swimireland.ie</a> by 15:00 on Wednesday 21<sup>st</sup> July</p> <p>Withdrawals for Days 2 &amp; 3 must be submitted by 17:30 the previous day, i.e. for Day 2, withdrawals must be submitted by 17:30 on Day 1. These withdrawals must be completed on Withdrawal Forms at the Technical Delegate's Table on poolside. No email scratches will be accepted after 15:00 on Wednesday 20<sup>th</sup> July</p> <p>Withdrawals from Round 2 swims must be made within 30 minutes of the announcement of the results for the event. There will be a €50 fine if athletes fail to report for their event and have not been withdrawn in accordance with these conditions.</p>
<b>Entry Form:</b>	Electronic Hy-tek entries are accepted via Hy-tek to the <b>Swim Ireland Office</b> at <a href="mailto:entries@swimireland.ie">entries@swimireland.ie</a>
<b>Entry Deadline:</b>	<b>17:00 Friday 2<sup>nd</sup> July 2021</b> for ALL entries. Payment for ALL entries must be received by <b>17:00 Friday 9<sup>th</sup> July 2021</b>
<b>Entry Fees:</b>	<p>Individual entries cost €10/£9 per event.</p> <p>No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet</p> <p><b><i>Please note that entries are non-refundable once the final date for payment has passed</i></b></p>
<b>Awards</b>	As this is not a championship meet, there will be no awards.
<b>Swimsuits:</b>	All swimsuits must comply with FINA regulations and should bear the FINA approved stamp ( <a href="https://www.fina.org/sites/default/files/frsa.pdf">https://www.fina.org/sites/default/files/frsa.pdf</a> )
<b>Anti-Doping:</b>	It is a condition of attending a Swim Ireland event that athletes may be required to be tested for prohibited substances in accordance with Sport Ireland/WADA/FINA Anti-Doping rules. For further information visit the Anti-Doping section of the Sport Ireland website
<b>Health &amp; Safety:</b>	Please refer to the Health & Safety guidelines at the back of this document and the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website
<b>Open Training Session:</b>	TBC
<b>Catering:</b>	It should be noted that the Cafeteria area in the Aurora will be open during this meet
<b>Accommodation:</b>	Athletes are free to make their own accommodation arrangements for this competition. Swim Ireland have a relationship with the Premier Inn, Bangor and the hotel will provide you with a preferential rate if you quote 'Swim Ireland' when booking.
<b>COVID-19 Specific Protocols:</b>	These will be published at a later date and will be in line with the current COVID-19 procedures at that time.
<b>International Travel</b>	<ul style="list-style-type: none"> <li>Swim Ireland will adhere to all Northern Ireland Executive and/or Government of Ireland guidelines regarding inward travel to the island of Ireland when staging this competition</li> </ul>

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	<ul style="list-style-type: none"><li>▪ Please note government restrictions on travel into Ireland at this link - <a href="https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/#what-you-have-to-do-before-you-arrive-into-ireland-from-abroad">https://www.gov.ie/en/publication/b4020-travelling-to-ireland-during-the-covid-19-pandemic/#what-you-have-to-do-before-you-arrive-into-ireland-from-abroad</a></li><li>▪ For travel restrictions travelling into Northern Ireland click on the link below: <a href="https://www.nidirect.gov.uk/articles/coronavirus-covid-19-travel-advice">https://www.nidirect.gov.uk/articles/coronavirus-covid-19-travel-advice</a></li></ul>
<b>Post Competition:</b>	<ul style="list-style-type: none"><li>▪ All athletes will be expected to leave the premises as soon as they have finished competing and completed swim down/recovery protocols</li><li>▪ Adhere to egress signage</li><li>▪ If an athlete becomes unwell after competition, they should first contact their GP and read the HSE/NHS guidelines and then inform the Competition Organisers. The Competition organisers will then follow advice provided to them by the HSE/NHS on the next steps</li></ul>
<b>Further Info:</b>	Please direct all queries to <a href="mailto:entries@swimireland.ie">entries@swimireland.ie</a>

**These Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the SI website at <http://www.swimireland.ie/competitions-events/regulations-and-safety>**

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**SCHEDULE OF EVENTS**

<b>Day 1 – Thu 22<sup>nd</sup> July 2021</b>	<b>Day 2 – Fri 23<sup>rd</sup> July 2021</b>	<b>Day 3 – 24<sup>th</sup> July 2021</b>
<b>Session 1 Heats:</b> <b>Warm Up: 0730 - 0845 ; Start: 0900</b>	<b>Session 4 Heats:</b> <b>Warm Up: 0730 - 0845 ; Start: 0900</b>	<b>Session 7 Heats:</b> <b>Warm Up: 0730 - 0845 ; Start: 0900</b>
Male 50m Freestyle Female 200m Freestyle Male 200m IM Female 100m Breaststroke Male 100m Breaststroke Female 200m Butterfly Male 200m Backstroke Female 50m Backstroke Male 50m Butterfly	Female 400m IM Male 100m Freestyle Female 100m Freestyle Male 200m Butterfly Female 200m Breaststroke Male 50m Breaststroke Female 50m Butterfly Male 100m Backstroke Female 100m Backstroke Male 400m Freestyle Female 400m Freestyle	Male 200m Freestyle Female 200m Backstroke Male 100m Butterfly Female 100m Butterfly Male 200m Breaststroke Female 50m Breaststroke Male 50m Backstroke Female 50m Freestyle Male 400m IM Female 200m IM
<b>Day 1 – Thu 22<sup>nd</sup> July 2021</b>	<b>Day 2 – Fri 23<sup>rd</sup> July 2021</b>	<b>Day 3 – 24<sup>th</sup> July 2021</b>
<b>Session 2 Heats:</b> <b>Warm Up: 1130 - 1215 ; Start: 1230</b>	<b>Session 5 Heats:</b> <b>Warm Up: 1130 - 1215 ; Start: 1230</b>	<b>Session 8 Heats:</b> <b>Warm Up: 1130 - 1215 ; Start: 1230</b>
Male 50m Freestyle Female 200m Freestyle Male 200m IM Female 200m Breaststroke Male 100m Breaststroke Female 200m Butterfly Male 200m Backstroke Female 50m Backstroke Male 50m Butterfly Female 1500m Freestyle HDW Male 800m Freestyle HDW	Female 400m IM Male 100m Freestyle Female 100m Freestyle Male 200m Butterfly Female 100m Breaststroke Male 50m Breaststroke Female 50m Butterfly Male 100m Backstroke Female 100m Backstroke Male 400m Freestyle Female 400m Freestyle	Male 200m Freestyle Female 200m Backstroke Male 100m Butterfly Female 100m Butterfly Male 200m Breaststroke Female 50m Breaststroke Male 50m Backstroke Female 50m Freestyle Male 400m IM Female 200m IM Male 1500m Freestyle HDW Female 800m Freestyle HDW

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Day 1 – Thu 22nd July 2021	Day 2 – Fri 23rd July 2021	Day 3 – 24th July 2021
Session 3 Finals: Warm Up: 1600 - 1715 ; Start: 1730	Session 6 Finals: Warm Up: 1600 - 1715 ; Start: 1730	Session 9 Finals: Warm Up: 1600 - 1715 ; Start: 1730
Male Open 'B' Final 50m Freestyle Male Open 'A' Final 50m Freestyle Female Open 'B' Final 200m Freestyle Female Open 'A' Final 200m Freestyle Male Open 'B' Final 200m IM Male Open 'A' Final 200m IM Female Open 'B' Final 200m Breaststroke Female Open 'A' Final 200m Breaststroke Male Open 'B' Final 100m Breaststroke Male Open 'A' Final 100m Breaststroke <b>BREAK</b> Female Open 'B' Final 200m Butterfly Female Open 'A' Final 200m Butterfly Male Open 'B' Final 200m Backstroke Male Open 'A' Final 200m Backstroke Female Open 'B' Final 50m Backstroke Female Open 'A' Final 50m Backstroke Male Open 'B' Final 50m Butterfly Male Open 'A' Final 50m Butterfly Female 1500m Freestyle (Fastest Heat) Male 800m Freestyle (Fastest Heat)	Female Open 'B' Final 400m IM Female Open 'A' Final 400m IM Male Open 'B' Final 100m Freestyle Male Open 'A' Final 100m Freestyle Female Open 'B' Final 100m Freestyle Female Open 'A' Final 100m Freestyle Male Open 'B' Final 200m Butterfly Male Open 'A' Final 200m Butterfly Female Open 'B' Final 100m Breaststroke Female Open 'A' Final 100m Breaststroke <b>BREAK</b> Male Open 'B' Final 50m Breaststroke Male Open 'A' Final 50m Breaststroke Female Open 'B' Final 50m Butterfly Female Open 'A' Final 50m Butterfly Male Open 'B' Final 100m Backstroke Male Open 'A' Final 100m Backstroke Female Open 'B' Final 100m Backstroke Female Open 'A' Final 100m Backstroke Male Open 'B' Final 400m Freestyle Male Open 'A' Final 400m Freestyle Female Open 'B' Final 400m Freestyle Female Open 'A' Final 400m Freestyle	Male Open 'B' Final 200m Freestyle Male Open 'A' Final 200m Freestyle Female Open 'B' Final 200m Backstroke Female Open 'A' Final 200m Backstroke Male Open 'B' Final 100m Butterfly Male Open 'A' Final 100m Butterfly Female Open 'B' Final 100m Butterfly Female Open 'A' Final 100m Butterfly Male Open 'B' Final 200m Breaststroke Male Open 'A' Final 200m Breaststroke <b>BREAK</b> Female Open 'B' Final 50m Breaststroke Female Open 'A' Final 50m Breaststroke Male Open 'B' Final 50m Backstroke Male Open 'A' Final 50m Backstroke Female Open 'B' Final 50m Freestyle Female Open 'A' Final 50m Freestyle Male Open 'B' Final 400m IM Male Open 'A' Final 400m IM Female Open 'B' Final 200m IM Female Open 'A' Final 200m IM Male 1500m Freestyle (Fastest Heat) Female 800m Freestyle (Fastest Heat)

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## **QUALIFYING TIMES**

Times must have been achieved in a Long Course (50m) pool in the period 1<sup>st</sup> January 2019 – 26<sup>th</sup> June 2021

<b>MALE</b> Born 2002 or Earlier	<b>MALE</b> Born 2003-2004	<b>MALE</b> Born 2005-2006	<b>Event</b>	<b>FEMALE</b> Born 2006-2007	<b>FEMALE</b> Born 2004-2005	<b>FEMALE</b> Born 2003 or Earlier
<b>Consideration Time</b>	<b>Consideration Time</b>	<b>Consideration Time</b>		<b>Consideration Time</b>	<b>Consideration Time</b>	<b>Consideration Time</b>
24.16	25.92	27.00	<b>50m Freestyle</b>	29.99	28.62	27.62
51.94	56.82	59.17	<b>100m Freestyle</b>	1:05.47	1:02.25	59.32
1:56.59	2:05.27	2:10.65	<b>200m Freestyle</b>	2:22.19	2:15.21	2:09.68
4:10.42	4:21.01	4:33.64	<b>400m Freestyle</b>	4:55.34	4:41.43	4:33.62
9:14.16	9:17.99	9:30.22	<b>800m Freestyle</b>	10:21.22	9:47.39	9:36.97
17:30.99	17:55.40	18:14.90	<b>1500m Freestyle</b>	19:56.81	18:57.39	18:57.38
28.61	30.35	31.94	<b>50m Backstroke</b>	35.27	33.11	31.11
1:01.49	1:05.53	1:08.51	<b>100m Backstroke</b>	1:14.85	1:11.14	1:07.29
2:17.24	2:24.20	2:28.24	<b>200m Backstroke</b>	2:40.99	2:34.80	2:25.92
30.88	33.75	36.02	<b>50m Breaststroke</b>	39.99	37.73	34.77
1:08.46	1:14.17	1:17.75	<b>100m Breaststroke</b>	1:25.10	1:22.17	1:16.94
2:36.54	2:43.39	2:49.05	<b>200m Breaststroke</b>	3:03.68	2:56.56	2:48.61
25.77	28.13	30.10	<b>50m Butterfly</b>	33.82	31.39	29.67
57.48	1:03.47	1:06.17	<b>100m Butterfly</b>	1:15.49	1:09.64	1:06.48
2:15.87	2:25.04	2:34.10	<b>200m Butterfly</b>	2:55.24	2:41.95	2:36.98
2:16.55	2:22.87	2:28.25	<b>200m IM</b>	2:42.11	2:34.03	2:27.62
4:47.71	5:03.58	5:11.15	<b>400m IM</b>	5:39.52	5:24.44	5:14.05

The qualifying times and structure of this meet are not indicative of an Irish Summer National Championships going forwards and is reflective of the wants and needs of Irish swimming in 2021 in light of the COVID-19 pandemic

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**Entry Summary Sheet**

No. Individual Entries: \_\_\_\_\_ @ €10 Each = € \_\_\_\_\_

TOTAL AMOUNT ENCLOSED: € \_\_\_\_\_

CLUB: \_\_\_\_\_ CONTACT: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

**Payment Options:**

Please reference all payments as "2021 Summer Meet" and include club details.

Bank Transfer:

Euro

**Bank: AIB**  
**Sort Code: 932515**  
**Account Number: 59772048**  
**IBAN: IE03 AIBK 9325 1559 7720 48**  
**BIC: AIBKIE2D**

Sterling

**Bank: Danske Bank**  
**Sort Code: 950111**  
**Account Number: 51051490**  
**IBAN: GB55 DABA 9501 1151 0514 90**  
**BIC: DABAGB2B**



## **Swim Ireland Safety Statement - Issues**

**Safety is the responsibility of every individual involved in the sport.**

**Risks identified must be reported to either a Club or Meet Official  
and formally reported to the facility operator.**

**All accidents must be formally reported.**

### **General**

- 1) By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
- 2) Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- 3) ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

### **Clubs**

- 1) All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- 2) It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

### **All Meets**

(Club, Regional and National)

- 1) Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
- 2) All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
- 3) "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
- 4) Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
- 5) Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

## **Safety at Swim Meets**

All accidents, however minor must be reported, in writing, to Swim Ireland.

We would ask the co-operation of athletes, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

### **1. General**

- i. Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- ii. Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- iii. All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- iv. All walkways must be kept clear of bags, equipment, etc.

### **2. Starting**

- i. It is the responsibility of competitors, coaches and clubs to ensure that all athletes are sufficiently competent to dive start from competition starting blocks. Alternatively, athletes are reminded that they may start from the poolside.
- ii. In the event of a false start, athletes should perform a safe entry and not fall into the water.

### **3. Warm-Up**

- i. Athletes and coaches must ensure that they (and athletes in their charge) take no action that would endanger themselves or others.
- ii. The instructions of those in authority must be obeyed immediately.
- iii. Athletes are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- iv. Do not start sprinting in a sprint lane until non-sprinting athletes have cleared it.
- v. On finishing a sprint immediately clear the way for the following athlete(s).

### **4. Around the Pool (e.g. spectator area, foyer area, etc.)**

- i. Athletes are not permitted to enter dry areas without first having changed and put on footwear.
- ii. Where there is a balcony or rail - athletes are not permitted to climb over it.
- iii. Glass bottles are not permitted outside designated refreshment areas.

***Thank you for your co-operation in making the Meets a safe experience for all***