

Munster SC Championships 2019

Venue: Nov 2 & 3

9am Warm up 10am Start

Venue : UL

Closing Date ; Wednesday 23rd October. Late entries will not be accepted under any circumstances.

Entries : On Hy-Tek only to patdonovan02@gmail.com

Competition Criteria

Swimmers must qualify in the events in which they wish to enter. However, swimmers who have qualified in one event ONLY may enter two bonus events, and swimmers who qualify in two events may also enter one bonus event. Bonus events do NOT include 400m, 800m or 1500m events.

Swimmers who qualify for 800m Freestyle may also enter 1500m Freestyle and vice versa. Training Times should be entered in either of these events when qualifying through this method (see yellow, below). Swimmers who hold the qualifying time for either event will be given priority over those without the stated qualifying time in the event of an over-subscribed event.

- All qualifying times must have been achieved within the last 15 months.
- SC and LC times may be used for qualifying but SC times will be placed in the faster heats than LC times. **If using LC times these must be entered as such and conversions will NOT be accepted.**
- Training times and NTs will not be accepted.

Cost: €7.00 per event

€20 per relay

Events in which there are 10 or less entrants will be HDW and will be swum with the finals.

QT – Qualifying Time

CT – Consideration Time

MALE				Event	FEMALE			
2003+ (16 & U)		2002 – (17 & O)			2003- (16&O)		2004+ (15 & U)	
QT	CT	QT	CT		QT	CT	QT	CT
32.83	33.48	31.52	32.83	50m Freestyle	35.73	36.57	36.57	37.30
1.11.27	1.12.69	1.08.42	1.11.27	100m Freestyle	1.16.53	1.19.68	1.19.68	1.21.27
2.37.82	2.40.97	2.31.51	2.37.82	200m Freestyle	2.46.45	2.53.38	2.53.38	2.56.84
5.46.57	5.53.39	5.32.52	5.46.57	400m Freestyle	5.54.15	6.08.90	6.08.90	6.16.27
Swimmers who have qualified for 1500m may also enter this event				800m Freestyle	11.24.72	13.10.00	13.10.00	13.25.00
23.38.00	24.29.70	21.36.05	23.38.00	1500m Freestyle	Swimmers who have qualified for 800m may also enter this event			
37.89	38.64	36.38	37.89	50m Backstroke	41.36	43.08	43.08	43.94
1.24.48	1.25.55	1.20.53	1.24.48	100m Backstroke	1.27.05	1.30.67	1.30.67	1.32.48

3.02.06	3.05.70	2.54.78	3.02.06	200m Backstroke	3.07.48	3.15.29	3.15.29	3.19.19
MALE				Event	FEMALE			
2003+ (16 & U)		2002 – (17 & O)			2003- (16&O)		2004+ (15 & U)	
QT	CT	QT	CT		QT	CT	QT	CT
40.45	41.25	38.84	40.45	50m Breaststroke	46.23	48.15	48.15	49.11
1.32.03	1.34.89	1.29.31	1.32.03	100m Breaststroke	1.39.88	1.44.04	1.44.04	1.46.12
3.30.37	3.34.47	3.21.86	3.30.37	200m Breaststroke	3.36.69	3.45.71	3.45.71	3.50.22
34.55	35.24	33.17	34.55	50m Butterfly	37.49	39.05	39.05	39.83
1.18.59	1.20.16	1.16.45	1.18.59	100m Butterfly	1.24.72	1.28.25	1.28.25	1.30.01
3.03.40	3.07.06	2.56.07	3.03.40	200m Butterfly	3.08.09	3.15.92	3.15.92	3.19.83
1.23.34	1.25.00	1.20.01	1.23.34	100m IM	1.27.73	1.31.38	1.31.38	1.33.20
2.57.93	3.01.48	2.50.82	2.57.93	200m IM	3.05.78	3.13.52	3.13.52	3.17.39
6.20.18	6.27.78	6.04.98	6.20.18	400m IM	6.39.37	6.56.01	6.56.01	7.04.33