

Irish Open LC Championships 2019

Long Course Qualifying Times

(Achieved Long Course Only in the Period 1st July 2018 – 25th February 2019)

MALE			EVENT	FEMALE		
Youth Born 2003-2006	Junior Born 2001 & 2002	Senior		Senior	Junior Born 2002 & 2003	Youth Born 2004-2006
26.42	25.96	25.05	50m Freestyle	27.95	28.81	28.86
57.87	55.89	53.99	100m Freestyle	1:00.26	1:02.25	1:03.01
2:06.71	2:04.22	2:00.44	200m Freestyle	2:11.79	2:16.16	2:16.17
4:35.98	4:28.77	4:22.54	400m Freestyle	4:41.40	4:46.96	4:46.97
9:57.19	9:33.80	9:26.36	800m Freestyle	9:40.74	9:56.73	10:03.60
18:19.12	18:14.71	17:48.53	1500m Freestyle	19:59.69	20:24.77	20:24.78
31.60	30.72	29.58	50m Backstroke	32.58	33.14	33.98
1:07.48	1:05.34	1:03.09	100m Backstroke	1:08.66	1:09.91	1:11.42
2:26.59	2:24.95	2:19.49	200m Backstroke	2:30.14	2:33.12	2:33.92
35.74	34.18	32.47	50m Breaststroke	36.19	38.92	39.07
1:16.02	1:13.56	1:10.91	100m Breaststroke	1:18.27	1:21.34	1:21.83
2:47.15	2:46.33	2:39.15	200m Breaststroke	2:51.17	2:58.56	2:58.57
29.62	28.37	26.53	50m Butterfly	30.36	31.72	32.44
1:05.32	1:01.45	58.53	100m Butterfly	1:08.32	1:10.86	1:11.11
2:28.96	2:22.85	2:17.36	200m Butterfly	2:38.32	2:46.51	2:46.52
2:24.74	2:22.16	2:18.26	200m IM	2:30.89	2:34.03	2:34.73
5:24.43	5:14.39	5:07.85	400m IM	5:25.22	5:33.47	5:33.48

Irish Open LC Championships 2019

27th – 31st March 2019, Dublin - Programme of Events

Day 1 - Wed 27 th March 2018	Day 2 - Thu 28 th March 2018	Day 3 - Fri 29 th March 2018	Day 4 - Sat 30 th March 2018	Day 5 - Sun 31 st March 2018
Session 1: 0900 - Heats	Session 3: 0900 – Heats	Session 5: 0900 – Heats	Session 7: 0900 – Heats	Session 9: 0900 - Heats
Male 400m Freestyle Female 400m Freestyle Male 100m Breaststroke Female 100m Breaststroke Male 50m Butterfly Female 50m Butterfly	Female 400m IM Male 100m Freestyle Female 200m Breaststroke Male 200m Breaststroke Female 50m Freestyle Male 50m Backstroke Female 800m Freestyle HDW	Male 400m IM Female 100m Freestyle Male 200m Butterfly Female 200m Butterfly Male 50m Freestyle Female 50m Backstroke Male 800m Freestyle HDW	Male 200m IM Female 200m Freestyle Male 100m Backstroke Female 100m Backstroke Male 50m Breaststroke Female 50m Breaststroke Male 1500m Freestyle HDW	Female 200m IM Male 200m Freestyle Female 100m Butterfly Male 100m Butterfly Female 200m Backstroke Male 200m Backstroke Female 1500m Freestyle HDW
Day 1 - Wed 27 th March 2018	Day 2 - Thu 28 th March 2018	Day 3 - Fri 29 th March 2018	Day 4 - Sat 30 th March 2018	Day 5 - Sun 31 st March 2018
Session 2: 1700 - Finals	Session 4: 1700 - Finals	Session 6: 1700 - Finals	Session 8: 1700 - Finals	Session 10: 1600 - Finals
Male 400m Freestyle Junior Final Male 400m Freestyle Open 'A' Final Female 400m Freestyle Junior Final Female 400m Freestyle Open Final Male 100m Breaststroke Junior Final Male 100m Breaststroke Open Final Female 100m Breaststroke Junior Final Female 100m Breaststroke Open Final Male 50m Butterfly Junior Final Male 50m Butterfly Open Final Female 50m Butterfly Junior Final Female 50m Butterfly Open Final	Female 800m Freestyle (Final Heat) Male 100m Freestyle Junior Final Male 100m Freestyle Open 'B' Final Male 100m Freestyle Open Final Female 200m Breaststroke Junior Final Female 200m Breaststroke Open Final Male 200m Breaststroke Junior Final Male 200m Breaststroke Open Final Female 50m Freestyle Junior Final Female 50m Freestyle Open Final Male 50m Backstroke Junior Final Male 50m Backstroke Open Final Female 400m IM Junior Final Female 400m IM Open Final	Male 800m Freestyle (Final Heat) Female 100m Freestyle Junior Final Female 100m Freestyle Open 'B' Final Female 100m Freestyle Open Final Male 200m Butterfly Junior Final Male 200m Butterfly Open Final Female 200m Butterfly Junior Final Female 200m Butterfly Open Final Male 50m Freestyle Junior Final Male 50m Freestyle Open Final Female 50m Backstroke Junior Final Female 50m Backstroke Open Final Male 400m IM Junior Final Male 400m IM Open Final	Male 1500m Freestyle (Final Heat) Female 200m Freestyle Junior Final Female 200m Freestyle Open 'B' Final Female 200m Freestyle Open Final Male 200m IM Junior Final Male 200m IM Open Final Female 100m Backstroke Junior Final Female 100m Backstroke Open Final Male 100m Backstroke Junior Final Male 100m Backstroke Open Final Female 50m Breaststroke Junior Final Female 50m Breaststroke Open Final Male 50m Breaststroke Junior Final Male 50m Breaststroke Open Final	Female 1500m Freestyle (Final Heat) Male 200m Freestyle Junior Final Male 200m Freestyle Open 'B' Final Male 200m Freestyle Open Final Female 200m IM Junior Final Female 200m IM Open Final Male 100m Butterfly Junior Final Male 100m Butterfly Open Final Female 100m Butterfly Junior Final Female 100m Butterfly Open Final Male 200m Backstroke Junior Final Male 200m Backstroke Open Final Female 200m Backstroke Junior Final Female 200m Backstroke Open Final