Michael Bowles 08-Jun-19 to 09-Jun-19 [Ageup: 12/28/2019] SC Meters

Location: The Gus Healv Swimming Pool
Sundays Well Swimming Club [SWSC] Coach: Richard Cassidy

Cork, I	reland		
FEMA	LE		
Lilly An	glim (13)		
#3	Female 50 Free	37.68\$	
# 5B	Female 13-14 100 Back	1:34.62S	
# 30B	Female 13-14 100 Free	1:20.67\$	
	Blyth (16)		
# 1C	Female 15-16 200 Free	2:33.93\$	
# 3	Female 50 Free	32.69S	
# 15C	Female 15-16 100 Fly	1:21.64S	
# 26C	Female 15-16 200 IM	2:56.10\$	
# 30C	Female 15-16 100 Free	1:10.80S	
# 32C	Female 15-16 200 Fly	NT	
# 36C	Female 15-16 400 Free	5:25.77S	
# 38	Female 50 Fly	37.48\$	
	rey (17)		
#3	Female 50 Free	30.87\$	
# 5D	Female 17 & Over 100 Back	1:15.78\$	
# 13	Female 50 Back	34.84\$	
# 17D	Female 17 & Over 200 Back	2:41.03S	
# 26D	Female 17 & Over 200 IM	2:51.41\$	
# 30D	Female 17 & Over 100 Free	1:07.63\$	
# 38	Female 50 Fly	37.08S	
# 40D	Female 17 & Over 100 Breast	1:34.73\$	
	connolly (12)		
#3	Female 50 Free	40.59S	
# 9A	Female 10-12 100 IM	1:41.77S	
# 30A	Female 10-12 100 Free	1:22.60\$	
	e Daunt (13)	-	
# 3	Female 50 Free	39.57S	
# 28	Female 50 Breast	54.94\$	
# 30B	Female 13-14 100 Free	1:25.32S	
	Deasy (11)		
# 3	Female 50 Free	40.68\$	
# 9A	Female 10-12 100 IM	1:45.56S	
# 13	Female 50 Back	46.60S	
# 26A	Female 10-12 200 IM	NT	
# 30A	Female 10-12 100 Free	1:27.98S	
# 38	Female 50 Fly	50.378	
	Deasy (13)	55.676	
# 1B	Female 13-14 200 Free	2:38.65\$	
# 9B	Female 13-14 100 IM	1:28.90\$	
# 13	Female 50 Back	35.87\$	
# 15B	Female 13-14 100 Fly	1:44.22S	
# 26B	Female 13-14 200 IM	2:59.29\$	
# 28	Female 50 Breast	48.21S	
# 36B	Female 13-14 400 Free	5:39.68S	
# 40B	Female 13-14 100 Breast	1:41.16S	
	wling oMahony (12)	1.11.100	
# 3	Female 50 Free	38.45S	
# 30A	Female 10-12 100 Free	36.433 NT	
	Farr (13)	111	
# 26B	Female 13-14 200 IM	2:34.11S	
# 30B	Female 13-14 100 Free	1:04.32S	
# 30B # 32B	Female 13-14 100 Free Female 13-14 200 Fly	2:40.70S	
# 32B # 36B	Female 13-14 200 Fry	4:52.29S	
# 30B # 38	Female 50 Fly	31.65S	
π 30	remaie ou fly	31.033	

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FEMA	LE	
Rachel	Farr (14)	
# 3	Female 50 Free	29.76S
# 5B	Female 13-14 100 Back	1:14.30S
# 13	Female 50 Back	34.998
# 17B	Female 13-14 200 Back	2:38.978
# 26B	Female 13-14 200 IM	2:50.12S
# 30B	Female 13-14 100 Free	1:06.38S
# 36B	Female 13-14 400 Free	5:00.39S
Anna F	eenan (16)	
# 1C	Female 15-16 200 Free	2:09.57\$
# 3	Female 50 Free	28.08S
# 9C	Female 15-16 100 IM	1:11.76S
# 15C	Female 15-16 100 Fly	1:08.43\$
# 30C	Female 15-16 100 Free	1:00.18S
# 38	Female 50 Fly	29.84S
Sinéad	Gallagher (12)	
# 1A	Female 10-12 200 Free	2:41.07S
# 3	Female 50 Free	33.15S
# 5A	Female 10-12 100 Back	1:20.55S
# 13	Female 50 Back	38.59S
# 15A	Female 10-12 100 Fly	1:31.25S
# 30A	Female 10-12 100 Free	1:11.89S
# 36A	Female 10-12 400 Free	NT
Ellie Ga	lland (17)	
# 3	Female 50 Free	30.72S
# 13	Female 50 Back	36.11S
# 28	Female 50 Breast	45.33S
# 38	Female 50 Fly	37.18S
Hien He	ealy (12)	
# 3	Female 50 Free	38.57S
# 9A	Female 10-12 100 IM	1:40.48S
# 13	Female 50 Back	51.05S
# 28	Female 50 Breast	52.54S
# 40A	Female 10-12 100 Brea	st 1:57.00S
Catheri	ne Hegarty (13)	
# 28	Female 50 Breast	51.11S
# 30B	Female 13-14 100 Free	
# 40B	Female 13-14 100 Brea	st 1:49.77S
Ellen Le		
# 5B	Female 13-14 100 Back	1:07.42S
# 15B	Female 13-14 100 Fly	1:07.93S
# 30B	Female 13-14 100 Free	
# 36B	Female 13-14 400 Free	NT
# 38	Female 50 Fly	29.67S
	nch (12)	
# 3	Female 50 Free	35.46S
# 9A	Female 10-12 100 IM	1:32.06S
# 13	Female 50 Back	40.84S
# 15A	Female 10-12 100 Fly	1:36.64S
# 28	Female 50 Breast	46.98S
# 36A	Female 10-12 400 Free	NT
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F	F	м	Δ	L	F

FEMA	LE	
Drew Ly	nch (16)	
# 1C	Female 15-16 200 Free	2:15.098
# 3	Female 50 Free	28.58\$
# 9C	Female 15-16 100 IM	1:19.42S
# 15C	Female 15-16 100 Fly	1:12.38\$
# 26C	Female 15-16 200 IM	2:32.51S
# 30C	Female 15-16 100 Free	1:01.11S
# 38	Female 50 Fly	31.598
Grace L	ynch (16)	
# 10E	Female 15-16 800 Free	10:19.018
# 15C	Female 15-16 100 Fly	1:16.47\$
# 30C	Female 15-16 100 Free	1:04.49\$
# 34E	Female 15-16 1500 Free	20:06.55\$
# 38	Female 50 Fly	34.95\$
	nch (15)	
# 3	Female 50 Free	31.54S
# 5C	Female 15-16 100 Back	1:15.818
# 26C	Female 15-16 200 IM	2:51.05S
# 28	Female 50 Breast	39.55S
# 30C	Female 15-16 100 Free	1:10.81S
	Female 15-16 1500 Free	NT
	Female 15-16 100 Breast	1:24.62\$
	Lyons (12)	2 24 4 22
# 1A	Female 10-12 200 Free	3:01.10\$
# 5A	Female 10-12 100 Back	1:31.985
# 17A	Female 10-12 200 Back	NT
# 26A # 30A	Female 10-12 200 IM Female 10-12 100 Free	3:23.83S 1:20.24S
# 36A	Female 10-12 400 Free	1.20.243 NT
	ons (14)	IVI
# 1B	Female 13-14 200 Free	NT
# 5B	Female 13-14 100 Back	1:29.67\$
# 13	Female 50 Back	44.68S
# 15B		1:32.40\$
	Female 13-14 100 Free	1:18.40\$
# 36B	Female 13-14 400 Free	NT
# 38	Female 50 Fly	41.298
Jenna N	лс Ardle (12)	
# 3	Female 50 Free	36.55\$
# 5A	Female 10-12 100 Back	NT
# 13	Female 50 Back	44.35S
# 26A	Female 10-12 200 IM	NT
# 30A	Female 10-12 100 Free	1:26.118
# 38	Female 50 Fly	NT
# 40A	Female 10-12 100 Breast	1:51.83\$
	/lc Carthy (13)	
# 3	Female 50 Free	32.77\$
# 5B	Female 13-14 100 Back	1:28.74\$
# 30B		1:14.80\$
	Female 13-14 100 Breast	1:40.63\$
	Mc Intosh (12)	2.00.240
# 1A # 3	Female 10-12 200 Free Female 50 Free	3:08.315
# 3	Female 50 Breast	34.83S 48.93S
# 28 # 30A	Female 10-12 100 Free	1:15.71S
# 30A # 40A	Female 10-12 100 Freest	1:43.41\$
1011	10.maic 10 12 100 bicast	1.15.115

FF	M	[A]	LE

	FEMAL	E		
ľ	Beth Mc	Knight (13)		
	# 1B	Female 13-14 200 F	ree	2:57.77S
	# 5B	Female 13-14 100 B		1:29.26\$
	# 13	Female 50 Back		42.82S
		Female 13-14 200 B		NT
	# 30B	Female 13-14 100 F	ree	1:18.37S
	# 40B	Female 13-14 100 B	reast	1:43.76S
		queen (15)		
		Female 50 Free		33.45S
	# 13	Female 50 Back		38.33S
	# 15C	Female 15-16 100 F	ly	1:24.88S
	# 28	Female 50 Breast	•	44.37S
	# 38	Female 50 Fly		39.03S
	Shauna l	Murphy (11)		
		Female 50 Free		35.45S
	# 5A	Female 10-12 100 B	ack	1:26.15S
	# 11A	Female 10-12 400 IN	М	NT
	# 38	Female 50 Fly		42.83S
	# 40A	Female 10-12 100 B	reast	1:40.68S
	Ciara My	ers (13)		
	# 3	Female 50 Free		36.99S
	# 13	Female 50 Back		45.83S
	# 30B	Female 13-14 100 F	ree	1:24.35S
	# 40B	Female 13-14 100 B	reast	1:51.498
	Ellie Nev	vton (12)		
	# 1A	Female 10-12 200 F	ree	3:08.38S
	# 3	Female 50 Free		36.49S
	# 5A	Female 10-12 100 B	ack	1:30.83S
	# 13	Female 50 Back		40.84S
	# 30A	Female 10-12 100 F	ree	1:23.51S
	# 40A	Female 10-12 100 B	reast	1:50.06S
	Beth Nol			
	# 5D	Female 17 & Over 10		1:05.96S
	# 9D	Female 17 & Over 10	MI 00	1:36.84\$
	# 13	Female 50 Back		30.61S
		Female 17 & Over 20	00 Back	2:23.30S
		Female 50 Breast		35.00S
	# 30D	Female 17 & Over 10	00 Free	1:00.37S
	# 38	Female 50 Fly		30.00S
	# 40D	Female 17 & Over 10	00 Breast	1:15.31S
		O'Donovan (17)		
	# 1D	Female 17 & Over 20	00 Free	2:27.94S
	# 3	Female 50 Free		29.11S
	# 9D	Female 17 & Over 10		1:35.82S
	# 15D	Female 17 & Over 10	=	1:18.30\$
	# 30D	Female 17 & Over 10	00 Free	1:03.90\$
	# 38	Female 50 Fly	20.5	34.49\$
	# 40D	Female 17 & Over 10	00 Breast	1:30.93S
		O'Farrell (12)		44.460
	# 3	Female 50 Free		41.16S
	Katie Old			44.0==
	#3	Female 50 Free		41.37S
I	# 13	Female 50 Back		51.16S
	# 30A	Female 10-12 100 F		1:31.81\$
I	# 40A	Female 10-12 100 B	reast	1:58.81S
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FE	М	A)	LF.

	FEMAL	Ĕ.						
I	Aoife O'Shea (16)							
١	# 5C	Female 15-16 100 B	ack	1:12.39S				
١	# 7C	Female 15-16 200 B	reast	2:46.33S				
١	# 9C	Female 15-16 100 IN	И	1:10.66S				
١	# 11C	Female 15-16 400 IN	М	5:17.59S				
١	# 13	Female 50 Back		53.03S				
١	# 17C	Female 15-16 200 B	ack	2:34.44S				
١	Viktoria S	Sárkány (14)						
١	# 5B	Female 13-14 100 B	ack	1:18.53S				
١	# 9B	Female 13-14 100 IM	И	1:32.948				
١	# 13	Female 50 Back		37.69S				
١	# 28	Female 50 Breast		43.86S				
١	# 30B	Female 13-14 100 Fr	ree	1:08.688				
١	# 34C	Female 13-14 1500	Free	21:53.18S				
١	# 38	Female 50 Fly		35.44S				
١		Sech (12)						
١	# 5A	Female 10-12 100 B	ack	1:23.298				
١	# 7A	Female 10-12 200 B		3:23.13S				
١	# 9A	Female 10-12 100 IN		1:37.43S				
١	# 15A	Female 10-12 100 F		1:38.538				
١	# 26A	Female 10-12 200 IN		2:56.30S				
١		Female 10-12 100 F		1:13.25S				
١		Female 10-12 400 F	ree	5:24.43\$				
١		Sparrow (12)						
١		Female 50 Free		42.63S				
١	# 13	Female 50 Back		46.93S				
١		parrow (12)						
١	# 3	Female 50 Free		43.05S				
١	Neasa W	. ,						
١	# 3	Female 50 Free	_	29.67S				
١	# 9C	Female 15-16 100 IN	Л	1:24.37S				
١	# 13	Female 50 Back		34.71S				
١	# 15C	Female 15-16 100 F	•	1:19.20S				
١	# 17C	Female 15-16 200 B		2:47.25S				
١		Female 15-16 100 Fr		1:09.28\$				
١		Female 15-16 1500	Free	NT				
١		Valsh (13)						
١	# 1B	Female 13-14 200 Fr		NT				
١	# 7B	Female 13-14 200 B		NT				
١	# 17B	Female 13-14 200 B	ack	NT				
١	# 38	Female 50 Fly		51.82S				
	# 40B	Female 13-14 100 B	reast	2:01.32S				
		Valsh (15)		2 42 210				
	# 26C	Female 15-16 200 IN	/I	2:42.31\$				
	# 28	Female 50 Breast		38.06S				

M	IALE			
Se	an Bug	gler (13)		
# 4		Male 50 Free		33.80S
# 6	6B	Male 13-14 100 Back		NT
# 1	14	Male 50 Back		38.76S
# 2	29B	Male 13-14 100 Free		1:13.31\$
# 3	37	Male 50 Fly		38.03S
Th	nomas	Bugler (10)		
# 4	1	Male 50 Free		38.06S
# 6	óΑ	Male 10-12 100 Back		NT
# 2	29A	Male 10-12 100 Free		1:20.06S
# 3	37	Male 50 Fly		44.01S
Jo	hn Cur	tin (17)		
# 4	1	Male 50 Free		26.58S
# 6	6D	Male 17 & Over 100 I	Back	1:06.56S
# 1	14	Male 50 Back		30.79S
# 1	16D	Male 17 & Over 100 I	Fly	1:11.558
	29D	Male 17 & Over 100 I	⁷ ree	59.81S
	33D	Male 17 & Over 100 l	M	1:09.05S
# 3		Male 50 Fly		29.32S
Ch	narlie D	uggan (12)		
# 4	1	Male 50 Free		37.00S
# 1	14	Male 50 Back		43.15S
An	ndrew F	eenan (18)		
# 4	1	Male 50 Free		25.03S
# 8	3D	Male 17 & Over 200 I	Breast	2:21.36S
# 1	12D	Male 17 & Over 200 I	ree	2:10.33S
# 2	27	Male 50 Breast		29.89S
# 2	29D	Male 17 & Over 100 I	ree	55.70S
# 3	33D	Male 17 & Over 100 I	M	1:02.28S
# 3	35D	Male 17 & Over 200 I	M	2:14.60S
# 3	39D	Male 17 & Over 100 I	Breast	1:04.61S
Mi	chael F	Feenan (15)		
# 4		Male 50 Free		29.94S
# 8	3C	Male 15-16 200 Brea	st	2:45.32S
# 1	12C	Male 15-16 200 Free		2:18.94S
# 1	16C	Male 15-16 100 Fly		1:14.13S
# 2	27	Male 50 Breast		35.78S
# 2	29C	Male 15-16 100 Free		1:03.61S
# 3	33C	Male 15-16 100 IM		1:14.17S
# 3	37	Male 50 Fly		32.00S
# 3	39C	Male 15-16 100 Brea	st	1:17.88S
Ma	arc Gal	land (14)		
# 2	25B	Male 13-14 400 Free		4:34.01S
# 2	29B	Male 13-14 100 Free		57.67S
# 3	31B	Male 13-14 200 Fly		2:43.41S
# 3	33B	Male 13-14 100 IM		1:09.12S
# 3	35B	Male 13-14 200 IM	:	2:30.35S
# 3	37	Male 50 Fly		29.91S
	39B	Male 13-14 100 Brea	st	1:24.41S
Co	onal Gil	llard (11)		
# 4	1	Male 50 Free		38.56S
# 6	óΑ	Male 10-12 100 Back		NT
# 1	12A	Male 10-12 200 Free		NT
# 1	14	Male 50 Back		41.69S

MALE		
•	Gunn (11)	
# 4	Male 50 Free	38.47S
# 14	Male 50 Back	44.26S
# 29A	Male 10-12 100 Free	1:22.03S
# 37	Male 50 Fly	42.43S
	ggins (16)	
# 4	Male 50 Free	24.88S
# 14	Male 50 Back	37.34S
# 33C	Male 15-16 100 IM	1:23.80S
# 37	Male 50 Fly	25.90S
Peter Hi	iggins (18)	
# 4	Male 50 Free	25.28S
# 12D	Male 17 & Over 200 Free	2:11.62\$
# 16D	Male 17 & Over 100 Fly	1:02.93\$
# 27	Male 50 Breast	43.52S
# 29D	Male 17 & Over 100 Free	56.31S
# 33D	Male 17 & Over 100 IM	1:42.15S
# 35D	Male 17 & Over 200 IM	NT
# 37	Male 50 Fly	27.88S
Rob Lar		
# 12D	Male 17 & Over 200 Free	2:09.98S
# 37	Male 50 Fly	30.03S
Rory Le		
#4	Male 50 Free	25.71S
# 12D	Male 17 & Over 200 Free	2:07.54\$
# 27	Male 50 Breast	34.73S
# 33D	Male 17 & Over 100 IM	1:08.75\$
# 39D	Male 17 & Over 100 Breast	1:16.28S
	c Auliffe (20)	223
# 4	Male 50 Free	24.50S
# 6D	Male 17 & Over 100 Back	57.78S
# 14	Male 50 Back	26.85S
# 27	Male 50 Breast	32.03S
# 27 # 33D	Male 17 & Over 100 IM	59.81S
# 33D # 37	Male 50 Fly	26.00S
	Carthy (15)	20.003
# 27	Male 50 Breast	1015
# 27 # 33C	Male 15-16 100 IM	48.45S 1:36.57S
		1:50.5/3
	Mintern (20) Male 17 & Over 100 Free	EO 100
# 29D		59.10S
	Moynihan (12)	1.06.000
# 6A	Male 10-12 100 Back	1:26.898
# 29A	Male 10-12 100 Free	1:24.92S
# 33A	Male 10-12 100 IM	1:32.25\$
# 37	Male 50 Fly	44.57\$
# 39A	Male 10-12 100 Breast	1:48.94\$
	Лurphy (13)	
# 2B	Male 13-14 400 IM	NT
# 10D	Male 13-14 800 Free	10:35.90S
# 29B	Male 13-14 100 Free	1:09.85S
# 35B	Male 13-14 200 IM	2:58.05\$
# 39B	Male 13-14 100 Breast	1:34.82S
	Driscoll (10)	
# 14	Male 50 Back	47.47S
# 27	Male 50 Breast	57.798

MALE		
Micheal	O'Driscoll (13)	
# 10D	Male 13-14 800 Free	NT
# 18B	Male 13-14 200 Back	NT
# 25B	Male 13-14 400 Free	5:07.15S
# 29B	Male 13-14 100 Free	1:09.28S
# 33B	Male 13-14 100 IM	1:26.74S
# 35B	Male 13-14 200 IM	2:54.12S
# 39B	Male 13-14 100 Breast	1:33.84S
Andrew	O'Leary (14)	
# 4	Male 50 Free	30.62S
# 6B		1:19.54S
# 12B	Male 13-14 200 Free	2:28.51S
	Male 13-14 400 Free	NT
	Male 13-14 100 Free	1:06.57\$
	Male 13-14 200 IM	3:00.33\$
)'Leary (11)	
# 4	Male 50 Free	32.60S
# 6A	Male 10-12 100 Back	1:28.60S
# 12A	Male 10-12 200 Free	2:49.14\$
# 29A		1:15.048
	Male 10-12 100 IM	1:28.115
# 39A	11410 10 1 = 100 210450	1:38.83\$
	Riordan (17)	25.25
# 4	Male 50 Free	27.25S
# 12D		2:11.45S
# 27 # 20D	Male 50 Breast Male 17 & Over 100 Free	35.66S 59.44S
# 29D # 33D	Male 17 & Over 100 Free Male 17 & Over 100 IM	1:40.72S
# 330	Male 50 Fly	32.83\$
# 37 # 39D	Male 17 & Over 100 Breast	1:23.68\$
	'Sullivan (18)	1.23.003
# 4	Male 50 Free	24.78S
# 6D	Male 17 & Over 100 Back	1:02.02S
# 16D		59.68S
# 33D	Male 17 & Over 100 IM	1:09.04S
# 37	Male 50 Fly	27.64S
	Ryan (16)	
# 14	Male 50 Back	38.94S
# 33C	Male 15-16 100 IM	1:34.90S
# 37	Male 50 Fly	28.08S
Sean S	emchiy (10)	
# 4	Male 50 Free	32.67S
# 6A	Male 10-12 100 Back	1:26.78S
# 12A	Male 10-12 200 Free	2:43.88\$
# 18A	Male 10-12 200 Back	NT
# 29A	Male 10-12 100 Free	1:14.928
# 35A	Male 10-12 200 IM	NT
_	lh Smyth (13)	
# 4	Male 50 Free	41.598
# 14	Male 50 Back	44.06S

MALE			
Fiachra Wall (13)			
# 4	Male 50 Free	34.01S	
# 6B	Male 13-14 100 Back	1:23.198	
# 14	Male 50 Back	43.40S	
# 18B	Male 13-14 200 Back	2:58.45\$	
# 25B	Male 13-14 400 Free	5:41.99S	
# 33B	Male 13-14 100 IM	1:28.26S	
# 37	Male 50 Fly	40.73S	
Illann Wall (17)			
# 4	Male 50 Free	26.82S	
# 6D	Male 17 & Over 100 Back	1:03.83\$	
# 14	Male 50 Back	30.08S	
# 16D	Male 17 & Over 100 Fly	NT	
# 18D	Male 17 & Over 200 Back	2:19.29\$	
# 27	Male 50 Breast	41.66S	
# 33D	Male 17 & Over 100 IM	1:12.24S	
# 34H	Male 17 & Over 1500 Free	NT	
# 35D	Male 17 & Over 200 IM	2:31.73\$	
Darragh Walsh (15)			
# 29C	Male 15-16 100 Free	1:05.798	
# 35C	Male 15-16 200 IM	2:44.47S	
# 37	Male 50 Fly	35.31S	

Female IE's: Male IE's:	220 151
Total IE's:	371
Total Athletes:	72