

# Swim Ireland

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## 2020-2021 Swimming Season Plan (Version VI)

Jon Rudd (National Performance Director)



WEEK COMM	DATE	DAY	END OF CYCLE	INTERNATIONAL & NATIONAL PROGRAMME	REGIONAL PROGRAMME	CAMPS & NOTES
Aug-20						
	22	S				
	23	S				
	24	M				
	25	T				
	26	W				
	27	TH				
	28	F				
	29	S				
	30	S				
31-Aug	31	M				Season 2020-2021 Commences
Sep-20						
	1	T				
	2	W				
	3	TH				
	4	F				
	5	S				
	6	S				
07-Sep	7	M				
	8	T				
	9	W				
	10	TH				
	11	F				
	12	S				
	13	S				
14-Sep	14	M				
	15	T				
	16	W				
	17	TH				
	18	F				
	19	S				

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	20	S				
21-Sep	21	M				
	22	T				
	23	W				
	24	TH				
	25	F				
	26	S				
	27	S				
28-Sep	28	M				
	29	T				
	30	W				
Oct-20						
	1	TH				
	2	F				
	3	S				Virtual Development & Qualifying Meet (Combined) - Window Commences
	4	S				
05-Oct	5	M				
	6	T				
	7	W				
	8	TH				
	9	F				
	10	S				
	11	S				
12-Oct	12	M				
	13	T				
	14	W				
	15	TH				
	16	F				
	17	S				
	18	S				
19-Oct	19	M				

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	20	T				
	21	W				
	22	TH				
	23	F				
	24	S				
	25	S				Virtual Development & Qualifying Meet (Combined) - Window Closes
26-Oct	26	M				
	27	T				
	28	W				
	29	TH				
	30	F				
	31	S				
Nov-20						
	1	S				
02-Nov	2	M				
	3	T				
	4	W				
	5	TH				
	6	F			Regional SC Championships Option 1 Ulster War Memorial Competition	
	7	S			Regional SC Championships Option 1	
	8	S		SC 1 - National PE Squad Camp (Tenerife) Day 1	Regional SC Championships Option 1	
09-Nov	9	M		SC 1 - National PE Squad Camp (Tenerife) Day 2		Qualification for Irish National SC Championships Closes 9/11/21 for Regions utilising Option 1 for their Regional SC Championships
	10	T		SC 1 - National PE Squad Camp (Tenerife) Day 3		
	11	W		SC 1 - National PE Squad Camp (Tenerife) Day 4		
	12	TH		SC 1 - National PE Squad Camp (Tenerife) Day 5		
	13	F		SC 1 - National PE Squad Camp (Tenerife) Day 6	Regional SC Championships Option 2	
	14	S		SC 1 - National PE Squad Camp (Tenerife) Day 7	Regional SC Championships Option 2	
	15	S		SC 1 - National PE Squad Camp (Tenerife) Day 8	Regional SC Championships Option 2	
16-Nov	16	M		SC 1 - National PE Squad Camp (Tenerife) Day 9		Qualification for Irish National SC Championships Closes 16/11/21 for Regions utilising Option 2 for their Regional SC Championships
	17	T		SC 1 - National PE Squad Camp (Tenerife) Day 10		

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	18	W		SC 1 - National PE Squad Camp (Tenerife) Day 11		
	19	TH		SC 1 - National PE Squad Camp (Tenerife) Day 12		
	20	F		SC 1 - National PE Squad Camp (Tenerife) Day 13		
	21	S		SC 1 - National PE Squad Camp (Tenerife) Day 14		
	22	S		SC 1 - National PE Squad Camp (Tenerife) Day 15		
23-Nov	23	M				
	24	T				
	25	W				
	26	TH				
	27	F				
	28	S				Regional Skills Academy – Coaching Day 1 (Option 1)
	29	S				Regional Skills Academy – Coaching Day 1 (Option 2)
30-Nov	30	M				
<b>Dec-20</b>						
	1	T				
	2	W				
	3	TH				
	4	F				
	5	S			Regional SC Division 2 Meet Opportunity	
	6	S			Regional SC Division 2 Meet Opportunity	
07-Dec	7	M				
	8	T				
	9	W				
	10	TH				
	11	F				
	12	S				Regional Skills Academy – Coaching Day 1 (Option 3)
	13	S			Swim Ireland Christmas Cracker Meet (Dublin)	
14-Dec	14	M				
	15	T				
	16	W				
	17	TH		Irish National SC Championships (Dublin) Day 1		

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	18	F		Irish National SC Championships (Dublin) Day 2		
	19	S		Irish National SC Championships (Dublin) Day 3		
	20	S		Irish National SC Championships (Dublin) Day 4		
21-Dec	21	M				
	22	T				
	23	W				
	24	TH				
	25	F				
	26	S				
	27	S				
28-Dec	28	M		SC 1 - National PT& PP Squad Camp (Dublin) Day 1		Regional Pathway Squad Onshore Camp (Venue TBC) – Day 1
	29	T		SC 1 - National PT& PP Squad Camp (Dublin) Day 2		Regional Pathway Squad Onshore Camp (Venue TBC) – Day 2
	30	W		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 1 SC 1 - National PT& PP Squad Camp (Dublin) Day 3		Regional Pathway Squad Onshore Camp (Venue TBC) – Day 3
	31	TH		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 2 SC 1 - National PT & PP Squad Camp (Dublin) Day 4		Regional Pathway Squad Onshore Camp (Venue TBC) – Day 4
Jan-21						
	1	F		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 3		
	2	S		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 4		
	3	S		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 5		
04-Jan	4	M		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 6		
	5	T		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 7		
	6	W		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 8		
	7	TH		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 9		
	8	F		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 10		
	9	S		SC 1 - National PE & PT* Squad Camp (Tenerife) Day 11		National PT & PP Squad Orientation Day (Dublin) Regional Squad Orientation Day (Venues TBC)
	10	S				
11-Jan	11	M				
	12	T				
	13	W				
	14	TH				
	15	F				

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	16	S				Regional Coaching Conference (Ulster) Regional Skills Academy – Coaching Day 2 (Option 1)
	17	S				Regional Coaching Conference (Ulster) Regional Skills Academy – Coaching Day 2 (Option 2)
18-Jan	18	M				
	19	T				
	20	W				
	21	TH				
	22	F		Depart for Antwerp	Gerry Ryan Invitational LC Meet (Limerick) Day 1 Bangor Open Meet (Bangor) Day 1 Leinster Open Meet (Dublin) Day 1	
	23	S		Flanders Cup (Antwerp) National PE, PT & PP Squad Day 1	Gerry Ryan Invitational LC Meet (Limerick) Day 2 Bangor Open Meet (Bangor) Day 2 Leinster Open Meet (Dublin) Day 2	
	24	S		Flanders Cup (Antwerp) National PE, PT & PP Squad Day 2	Gerry Ryan Invitational LC Meet (Limerick) Day 3 Bangor Open Meet (Bangor) Day 3 Leinster Open Meet (Dublin) Day 3	
25-Jan	25	M		Return from Antwerp		Qualification for McCullagh International Closes 25/01/21
	26	T				
	27	W				
	28	TH				
	29	F				
	30	S			Regional SC/LC Development Meet Opportunity 2	Regional Development Squad Stage 1 – Day 1 (Option 1)
	31	S			Regional SC/LC Development Meet Opportunity 2	Regional Development Squad Stage 1 – Day 1 (Option 2)
<b>Feb-21</b>						
01-Feb	1	M				Regional Qualifying Meets - Window 2 of 2 (74 Days) Commences
	2	T				
	3	W				
	4	TH				
	5	F				
	6	S			Regional SC Minor Schools Meet	
	7	S			Regional SC Senior Schools Meet	
08-Feb	8	M				
	9	T				
	10	W				

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	11	TH				
	12	F			Regional LC Qualifying Meet (Preferred Option 1)	
	13	S			Regional LC Qualifying Meet (Preferred Option 1)	Regional Development Squad Stage 1 & 2 – Offshore Meet (Swansea)
	14	S			Regional LC Qualifying Meet (Preferred Option 1)	Regional Development Squad Stage 1 & 2 – Offshore Meet (Swansea)
15-Feb	15	M		SC 1 - National PP Squad Camp (Bangor) Day 1		Regional Development Squad Stage 2 – 2-Day Camp
	16	T		SC 1 - National PP Squad Camp (Bangor) Day 2		
	17	W		SC 1 - National PP Squad Camp (Bangor) Day 3		
	18	TH		SC 1 - National PP Squad Camp (Bangor) Day 4		
	19	F				
	20	S				
	21	S				
22-Feb	22	M				
	23	T				
	24	W		Depart from Bangor		
	25	TH		McCullagh International (Bangor) Day 1		
	26	F		McCullagh International (Bangor) Day 2		
	27	S		McCullagh International (Bangor) Day 3		
	28	S		McCullagh International (Bangor) Day 4		
Mar-21						
01-Mar	1	M				Qualification for Irish Open Championships Closes 01/03/21
	2	T				
	3	W				
	4	TH				
	5	F				
	6	S				Regional Development Squad Stage 1 – Day 2 (Option 1)
	7	S				Regional Development Squad Stage 1 – Day 2 (Option 2)
08-Mar	8	M				
	9	T				
	10	W				
	11	TH		Depart for Edinburgh		
	12	F		Edinburgh International (Edinburgh) National PE & PT Squad Day 1 National PP Squad Camp (Dublin/Limerick) Day 1		Edinburgh International (Edinburgh) Regional Pathway Squad Day 1

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	13	S		Edinburgh International (Edinburgh) National PE & PT Squad Day 2 National PP Squad Camp (Dublin/Limerick) Day 2	Regional SC/LC Development Meet Opportunity 3	Edinburgh International (Edinburgh) Regional Pathway Squad Day 2
	14	S		Edinburgh International (Edinburgh) National PE & PT Squad Day 3 National PP Squad Camp (Dublin/Limerick) Day 3	Regional SC/LC Development Meet Opportunity 3	Edinburgh International (Edinburgh) Regional Pathway Squad Day 3
15-Mar	15	M		Return from Edinburgh		
	16	T				
	17	W				
	18	TH				
	19	F				
	20	S		Irish Senior Schools Relays/Schools Interpro (Venue TBC)		
	21	S		Irish Minor Schools (Dublin)		
22-Mar	22	M				
	23	T				
	24	W				
	25	TH				
	26	F			Regional LC Qualifying Meet (Preferred Option 2)	
	27	S			Regional LC Qualifying Meet (Preferred Option 2)	
	28	S			Regional LC Qualifying Meet (Preferred Option 2)	
29-Mar	29	M				
	30	T				
	31	W				
Apr-21						
	1	TH				
	2	F				
	3	S				
Easter Sun	4	S				
05-Apr	5	M		SC 2 - National PT & PP Squad Camp (Bangor) Day 1		
	6	T		SC 2 - National PT & PP Squad Camp (Bangor) Day 2		
	7	W		SC 2 - National PT & PP Squad Camp (Bangor) Day 3		
	8	TH		SC 2 - National PT & PP Squad Camp (Bangor) Day 4		
	9	F		SC 2 - National PT & PP Squad Camp (Bangor) Day 5		
	10	S				Swim Ireland AGM – CLOSED WEEKEND FOR ALL COMPETITIONS/CAMPS



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	11	S				
12-Apr	12	M				
	13	T				
	14	W		SC 2 - National PE & PT* Squad Camp (Tenerife Day 1)		
	15	TH		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 2		
	16	F		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 3		
	17	S		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 4		Regional Skills Academy – Coaching Day 3 (Option 1)
	18	S		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 5		Regional Skills Academy – Coaching Day 3 (Option 2) Regional Qualifying Meets - Window 2 of 2 (74 Days) Finishes
19-Apr	19	M		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 6		
	20	T		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 7 SC 1 - Irish Open Championships (Dublin) Day 1		
	21	W		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 8 SC 1 - Irish Open Championships (Dublin) Day 2		
	22	TH		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 9 SC 1 - Irish Open Championships (Dublin) Day 3		
	23	F		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 10 SC 1 - Irish Open Championships (Dublin) Day 4		
	24	S		SC 2 - National PE & PT* Squad Camp (Tenerife) Day 11 SC 1 - Irish Open Championships (Dublin) Day 5		
	25	S		SC 1 - National Team Day (Dublin)		
26-Apr	26	M				
	27	T				
	28	W				
	29	TH				
	30	F				Regional Championships Meets - Window (31 Days) Commences
May-21						
	1	S				
	2	S				
03-May	3	M				
	4	T				
	5	W				
	6	TH				
	7	F				
	8	S				

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	9	S				
10-May	10	M				
	11	T				
	12	W				
	13	TH				
	14	F		Depart for Budapest		
	15	S		Orientation (Budapest)		
	16	S		Orientation (Budapest)		
17-May	17	M		LEN European Championships (Budapest) Day 1		
	18	T		LEN European Championships (Budapest) Day 2		
	19	W		LEN European Championships (Budapest) Day 3		
	20	TH		LEN European Championships (Budapest) Day 4		
	21	F		LEN European Championships (Budapest) Day 5		
	22	S		LEN European Championships (Budapest) Day 6		
	23	S		LEN European Championships (Budapest) Day 7		
24-May	24	M		Return from Budapest		
	25	T				
	26	W				
	27	TH				
	28	F				
	29	S		Depart for Canet		Regional Development Squad Stage 1 – Day 3 (Option 1) Regional Development Squad Stage 2 – Day 1 (Option 1)
	30	S		SC1 - Orientation (Canet) National PE & PT* Squad		Regional Development Squad Stage 1 – Day 3 (Option 2) Regional Development Squad Stage 2 – Day 1 (Option 2)
31-May	31	M		SC1 - Orientation (Canet) National PE & PT* Squad		Regional Championships Meets - Window (31 Days) Finishes
Jun-21						
	1	T		SC1- Mare Nostrum (Canet) Day 1 National PE & PT* Squad		
	2	W		SC1 - Mare Nostrum (Canet) Day 2 National PE & PT* Squad		
	3	TH		Return from Canet		
	4	F				
	5	S				Swim Ireland Tutor Conference
	6	S				Swim Ireland Tutor Conference

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07-Jun	7	M				
	8	T				
	9	W				
	10	TH				
	11	F				
	12	S				Regional Development Squad Stage 1 – Day 3 (Option 3) Regional Development Squad Stage 2 – Day 1 (Option 3)
	13	S				Regional Development Squad Stage 1 – Day 3 (Option 4) Regional Development Squad Stage 2 – Day 1 (Option 4)
14-Jun	14	M				Qualification for Irish National Summer Championships & Irish National Division 2 Competition Closes 14/06/21. Qualifying times to be from 01/01/21 and LC only for Irish National Summer Championships
	15	T		SC2 - Irish Open Championships (Dublin) Day 1		
	16	W		SC2 - Irish Open Championships (Dublin) Day 2		
	17	TH		SC2 - Irish Open Championships (Dublin) Day 3		
	18	F		SC2 - Irish Open Championships (Dublin) Day 4		
	19	S		SC2 - Irish Open Championships (Dublin) Day 5		Regional Skills Academy – Coaching Day 4 (Option 1)
	20	S		SC2 – National Team Day (Dublin)		Regional Skills Academy – Coaching Day 4 (Option 2)
21-Jun	21	M				
	22	T				
	23	W		Depart for Glasgow		
	24	TH		SC1 - Scot Nat Champs (Glasgow) National PE & PT* Squad Day 1		
	25	F		SC1 - Scot Nat Champs (Glasgow) National PE & PT* Squad Day 2 SC 1 - National PT & PP Squad, EJC & EYOF Camp (Dublin) Day 1		
	26	S		SC1 - Scot Nat Champs (Glasgow) National PE & PT* Squad Day 3 SC 1 - National PT & PP Squad, EJC & EYOF Camp (Dublin) Day 2	Regional SC Swim Festival (Option 1)	
	27	S		SC1 - Scot Nat Champs (Glasgow) National PE & PT* Squad Day 4 SC 1 - National PT & PP Squad, EJC & EYOF Camp (Dublin) Day 3	Regional SC Swim Festival (Option 2)	
28-Jun	28	M		Return from Glasgow		
	29	T				
	30	W				
Jul-21						
	1	TH				
	2	F				
	3	S				
	4	S				

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05-Jul	5	M				
	6	T		European Junior Swimming Championship (Venue TBC) Day 1		
	7	W		European Junior Swimming Championship (Venue TBC) Day 2 Irish National Division 2 Competition (Limerick) Day 1		
	8	TH		European Junior Swimming Championship (Venue TBC) Day 3 Irish National Division 2 Competition (Limerick) Day 2		
	9	F		European Junior Swimming Championship (Venue TBC) Day 4 Irish National Division 2 Competition (Limerick) Day 3		
	10	S		European Junior Swimming Championship (Venue TBC) Day 5 Irish National Division 2 Competition (Limerick) Day 4 OG Team Depart for Doha		
	11	S		European Junior Swimming Championship (Venue TBC) Day 6 Irish National Division 2 Competition (Limerick) Day 5 OG Preparation Camp (Doha) Day 1		
12-Jul	12	M		OG Preparation Camp (Doha) Day 2		
	13	T		OG Preparation Camp (Doha) Day 3		
	14	W		OG Preparation Camp (Doha) Day 4		
	15	TH		Depart for Tokyo/Hamamatsu		
	16	F		OG Preparation Camp (Hamamatsu) Day 1		
	17	S		OG Preparation Camp (Hamamatsu) Day 2		
	18	S		OG Preparation Camp (Hamamatsu) Day 3		
19-Jul	19	M		OG Preparation Camp (Hamamatsu) Day 4		
	20	T		Depart for Tokyo		
	21	W		OG Orientation (Tokyo) SC1 - Irish Summer National Championships (Dublin) Day 1		
	22	TH		OG Orientation (Tokyo) SC1 - Irish Summer National Championships (Dublin) Day 2		
	23	F		OG Orientation (Tokyo) SC1 - Irish Summer National Championships (Dublin) Day 3		
	24	S		IOC Olympic Games (Tokyo) Day 1 SC1 - Irish Summer National Championships (Dublin) Day 4		
	25	S		IOC Olympic Games (Tokyo) Day 2 SC1 - Irish Summer National Championships (Dublin) Day 5		
26-Jul	26	M		IOC Olympic Games (Tokyo) Day 3		
	27	T		IOC Olympic Games (Tokyo) Day 4		
	28	W		IOC Olympic Games (Tokyo) Day 5		
	29	TH		IOC Olympic Games (Tokyo) Day 6		
	30	F		IOC Olympic Games (Tokyo) Day 7		

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	31	S		IOC Olympic Games (Tokyo) Day 8		
Aug-21						
	1	S		IOC Olympic Games (Tokyo) Day 9		
02-Aug	2	M				
	3	T				
	4	W				
	5	TH				
	6	F				
	7	S				
	8	S				
09-Aug	9	M				
	10	T				
	11	W				
	12	TH				
	13	F				
	14	S		Depart for Chengdu		
	15	S		Orientation (Chengdu)		
16-Aug	16	M		Orientation (Chengdu)		
	17	T		Orientation (Chengdu)		
	18	W		Orientation (Chengdu)		
	19	TH		Orientation (Chengdu)		
	20	F		World University Games 2021 (Chengdu) Day 1		
	21	S		World University Games 2021 (Chengdu) Day 2		
	22	S		World University Games 2021 (Chengdu) Day 3		
23-Aug	23	M		World University Games 2021 (Chengdu) Day 4		
	24	T		World University Games 2021 (Chengdu) Day 5		
	25	W		World University Games 2021 (Chengdu) Day 6		
	26	TH		World University Games 2021 (Chengdu) Day 7		
	27	F		World University Games 2021 (Chengdu) Day 8		
	28	S		Return from Chengdu		
	29	S				

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30-Aug	30	M				
	31	T				

ALL COMPETITIONS (OTHER THAN SCHOOLS COMPETITIONS) TO BE AGE CLASSIFIED AS OF 31<sup>st</sup> DECEMBER

*All members should note that this plan is subject to change, particularly in relation to any Government phasing that takes place up to and including this time and any legislation that we receive in the months ahead regarding competitions, numbers permitted in venues and any such similar guidelines. Please also note that the Plan covers Scenarios 1 & 2 in relation to the 2021 Irish Open Championships (Olympic & Paralympic Trials) referenced as Sc1 and Sc2. Our preference will be to run with Sc1 but we may revert to Sc2 as and when we know when athletes on both sides of the border can return to training and prepare accordingly*

*Dates for the 2021 FINA World Junior Championships will be added once they are received*