

Swim Ireland

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2018-2019 Swimming Season Plan (Version VII)

Jon Rudd (National Performance Director)



WEEK COMM	DATE	DAY	END OF CYCLE	INTERNATIONAL & NATIONAL PROGRAMME	PROVINCIAL/REGIONAL PROGRAMME	CAMPS & NOTES
Aug-18						
	27	M	106			Season 2018-2019 Commences
	28	T	105			
	29	W	104			
	30	TH	103			
	31	F	102			
Sep-18						
	1	S	101			
	2	S	100			
03-Sep	3	M	99			Recommended Season 2017-2018 commencement for athletes returning from European Championships
	4	T	98			
	5	W	97			
	6	TH	96			
	7	F	95			
	8	S	94			
	9	S	93			
10-Sep	10	M	92			
	11	T	91			
	12	W	90			
	13	TH	89			National Squad PE & PP Orientation Camp (Dublin) Day 1
	14	F	88			National Squad PE & PP Orientation Camp (Dublin) Day 2
	15	S	87			National Squad PE & PP Orientation Camp (Dublin) Day 3 National Squad PE Testing Day
	16	S	86			
17-Sep	17	M	85			
	18	T	84			
	19	W	83			
	20	TH	82			
	21	F	81			
	22	S	80	World Youth Olympics Preparation Camp (Venue TBC) Day 1		Regional Squads Level 2 & 3 Orientation/Skill Testing Day (Option 1)
	23	S	79	World Youth Olympics Preparation Camp (Venue TBC) Day 2		Regional Squads Level 2 & 3 Orientation/Skill Testing Day (Option 2)
24-Sep	24	M	78	World Youth Olympics Preparation Camp (Venue TBC) Day 3		

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	25	T	77	World Youth Olympics Preparation Camp (Venue TBC) Day 4		
	26	W	76	World Youth Olympics Preparation Camp (Venue TBC) Day 5		
	27	TH	75	World Youth Olympics Preparation Camp (Venue TBC) Day 6		
	28	F	74	World Youth Olympics Preparation Camp (Venue TBC) Day 7		
	29	S	73	World Youth Olympics Preparation Camp (Venue TBC) Day 8	Regional SC Development Meet Opportunity	Window 1 of 6 (One or Two Days). Not eligible for Irish SC Nationals Qualification. Age Groups 10 years & over
	30	S	72	World Youth Olympics Preparation Camp (Venue TBC) Day 9	Regional SC Development Meet Opportunity	
Oct-18						
01-Oct	1	M	71	World Youth Olympics Preparation Camp (Venue TBC) Day 10		
	2	T	70			
	3	W	69	Travel to Buenos Aires		
	4	TH	68	Orientation (Buenos Aires)		
	5	F	67	Orientation (Buenos Aires)		
	6	S	66	Orientation (Buenos Aires)		Regional Squads Level 1 (Orientation/Skill Testing Day) Option 1
	7	S	65	World Youth Olympics (Buenos Aires) Day 1		Regional Squads Level 1 (Orientation/Skill Testing Day) Option 2
08-Oct	8	M	64	World Youth Olympics (Buenos Aires) Day 2		
	9	T	63	World Youth Olympics (Buenos Aires) Day 3		
	10	W	62	World Youth Olympics (Buenos Aires) Day 4		
	11	TH	61	World Youth Olympics (Buenos Aires) Day 5		
	12	F	60	World Youth Olympics (Buenos Aires) Day 6	Regional SC Qualifying Meet (Venues TBC)	Regional Qualifying Meets - Window 1 of 2 (3 Days) Commences. One x 2 or 3-Day Meet in this period. Age Groups 10 years & over. Regions may merge if required. Eligible for Irish National SC Championships Qualification
	13	S	59	Return from Buenos Aires	Regional SC Qualifying Meet (Venues TBC)	
	14	S	58		Regional SC Qualifying Meet (Venues TBC)	
15-Oct	15	M	57			
	16	T	56			
	17	W	55			
	18	TH	54			
	19	F	53			
	20	S	52		Regional SC Minor Schools Meet (Venues TBC)	All Regions to run these school events on this weekend. Eligible for Irish SC Nationals Qualification
	21	S	51		Regional SC Senior Schools Meet (Venues TBC)	
22-Oct	22	M	50			
	23	T	49			
	24	W	48			

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	25	TH	47			
	26	F	46			
	27	S	45			
	28	S	44			
29-Oct	29	M	43			Regional Squads Level 2 & 3 Event Camp (Day 1) Option 1
	30	T	42			Regional Squads Level 2 & 3 Event Camp (Day 2) Option 1
	31	W	41	National Squad Identified Athlete Profiling Camp (Dublin) Day 1		Regional Squads Level 2 & 3 Event Camp (Day 3) Option 1
Nov-18						
	1	TH	40	National Squad Identified Athlete Profiling Camp (Dublin) Day 2		Regional Squads Level 2 & 3 Event Camp (Day 4) Option 1
	2	F	39	National Squad Identified Athlete Profiling Camp (Dublin) Day 3	Regional SC Championships (Venues TBC) Day 1	Age Groups as Youth (Male 16 years & under and Female 15 years & under) and Senior (Male 17 years & over and Female 16 years & over). Qualifying Times to reflect two age groups per gender
	3	S	38	FINA World Cup Orientation	Regional SC Championships (Venues TBC) Day 2	
	4	S	37	FINA World Cup Orientation	Regional SC Championships (Venues TBC) Day 3	
05-Nov	5	M	36	FINA World Cup Orientation		End of qualifying period for qualification to Irish National SC Championships. Qualifying times to be SC only from 01/12/17
	6	T	35	FINA World Cup Orientation		
	7	W	34	FINA World Cup Orientation		
	8	TH	33	FINA World Cup Orientation		
	9	F	32	FINA World Cup (Tokyo) Day 1		
	10	S	31	FINA World Cup (Tokyo) Day 2		
	11	S	30	FINA World Cup (Tokyo) Day 3		
12-Nov	12	M	29			
	13	T	28			
	14	W	27			
	15	TH	26			
	16	F	25			
	17	S	24		Regional SC Development Meet Opportunity (Venues TBC)	Window 2 of 6 (One or Two Days). Not eligible for Irish SC Nationals Qualification. Age Groups 10 years & over
	18	S	23		Regional SC Development Meet Opportunity (Venues TBC)	
19-Nov	19	M	22			
	20	T	21			
	21	W	20			
	22	TH	19			
	23	F	18			

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	24	S	17			Swim Ireland Awards Evening
	25	S	16			
26-Nov	26	M	15			
	27	T	14			
	28	W	13			
	29	TH	12	FINA World SC Orientation		
	30	F	11	FINA World SC Orientation		
Dec-18						
	1	S	10	FINA World SC Orientation		Regional Squads (Level 1) Camp Option 1
	2	S	9	FINA World SC Orientation		Regional Squads (Level 1) Camp Option 2
03-Dec	3	M	8	FINA World SC Orientation		
	4	T	7	FINA World SC Orientation		
	5	W	6	FINA World SC Orientation		
	6	TH	5	FINA World SC Orientation Irish National SC Championships (Lisburn) Day 1		Age Groups as Youth (Male 16 years & under and Female 15 years & under) and Senior (Male 17 years & over and Female 16 years & over). Qualifying Times to reflect two age groups per gender. Full Olympic Programme plus 50m Form Strokes. 'A' and 'B' Finals per event (800m/1500m as Timed Finals). Four Open 200m Relays, single gender and mixed Freestyle and Medley relays – timed finals
	7	F	4	FINA World SC Orientation Irish National SC Championships (Lisburn) Day 2		
	8	S	3	FINA World SC Orientation Irish National SC Championships (Lisburn) Day 3		
	9	S	2	FINA World SC Orientation Irish National SC Championships (Lisburn) Day 4		
10-Dec	10	M	1	FINA World SC Orientation		
	11	T	0	FINA World SC Championships (Hangzhou) Day 1		
	12	W		FINA World SC Championships (Hangzhou) Day 2		
	13	TH		FINA World SC Championships (Hangzhou) Day 3		
	14	F		FINA World SC Championships (Hangzhou) Day 4		
	15	S		FINA World SC Championships (Hangzhou) Day 5		
	16	S		FINA World SC Championships (Hangzhou) Day 6		Swim Ireland Christmas Cracker Gala (Dublin)
17-Dec	17	M	100	Return from Hangzhou		
	18	T	99			
	19	W	98			
	20	TH	97			
	21	F	96			
	22	S	95			

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	23	S	94			
24-Dec	24	M	93			
	25	T	92			
	26	W	91			
	27	TH	90			Regional Squads Level 2 & 3 Event Camp (Day 1) Option 2
	28	F	89			Regional Squads Level 2 & 3 Event Camp (Day 2) Option 2
	29	S	88			Regional Squads Level 2 & 3 Event Camp (Day 3) Option 2
	30	S	87	National Squad PE & Identified Athlete Offshore Camp (Day 1)		Regional Squads Level 2 & 3 Event Camp (Day 4) Option 2
31-Dec	31	M	86	National Squad PE & Identified Athlete Offshore Camp (Day 2)		
Jan-19						
	1	T	85	National Squad PE & Identified Athlete Offshore Camp (Day 3)		
	2	W	84	National Squad PE & Identified Athlete Offshore Camp (Day 4)		
	3	TH	83	National Squad PE & Identified Athlete Offshore Camp (Day 5)		
	4	F	82	National Squad PE & Identified Athlete Offshore Camp (Day 6)		
	5	S	81	National Squad PE & Identified Athlete Offshore Camp (Day 7)		Regional Squads (Level 1) Camp Option 1
	6	S	80	National Squad PE & Identified Athlete Offshore Camp (Day 8)		Regional Squads (Level 1) Camp Option 2
07-Jan	7	M	79	National Squad PE & Identified Athlete Offshore Camp (Day 9)		
	8	T	78	National Squad PE & Identified Athlete Offshore Camp (Day 10)		
	9	W	77	National Squad PE & Identified Athlete Offshore Camp (Day 11)		
	10	TH	76	National Squad PE & Identified Athlete Offshore Camp (Day 12)		
	11	F	75	National Squad PE & Identified Athlete Offshore Camp (Day 13)		
	12	S	74	National Squad PE & Identified Athlete Offshore Camp (Day 14)	Regional SC/LC Development Meet Opportunity	Window 3 of 6 (One or Two Days). Age Groups 10 years & over
	13	S	73		Regional SC/LC Development Meet Opportunity	
14-Jan	14	M	72			
	15	T	71			
	16	W	70			
	17	TH	69			
	18	F	68		Gerry Ryan Invitational LC Meet (Limerick) Day 1 Bangor Open Meet (Bangor) Day 1	
	19	S	67		Gerry Ryan Invitational LC Meet (Limerick) Day 2 Bangor Open Meet (Bangor) Day 2 Leinster Open Meet (Dublin) Day 1	2018 Irish Open (Post Summer) Qualifying Meets No 1 (x 3) National Squad athletes do not attend
	20	S	66		Gerry Ryan Invitational LC Meet (Limerick) Day 3	

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					Bangor Open Meet (Bangor) Day 3 Leinster Open Meet (Dublin) Day 2	
21-Jan	21	M	65			
	22	T	64			
	23	W	63			
	24	TH	62			
	25	F	61			
	26	S	60			
	27	S	59			
28-Jan	28	M	58			
	29	T	57			
	30	W	56			
	31	TH	55	National Squad PE & PP Depart Nice		2019 Irish Open (Post Summer) Qualifying Meet (Nat Squad)
Feb-19						
	1	F	54	FFN Golden Tour (Nice) Day 1		Regional Qualifying Meets - Window 2 of 2 (81 Days) Commences. One or Two x 2 or 3-Day Meet/s in this period. Age Groups 10 years & over. Regions may merge if required. Not eligible for Irish LC Championships Qualification. Eligible for Irish National Summer LC Championships Qualification (if held in a LC Pool) and Irish National Division 2 Competition
	2	S	53	FFN Golden Tour (Nice) Day 2		
	3	S	52	FFN Golden Tour (Nice) Day 3		
04-Feb	4	M	51	National Squad PE & PP Return Nice		
	5	T	50			
	6	W	49			
	7	TH	48			
	8	F	47			
	9	S	46			
	10	S	45	Irish Minor Schools (Dublin)		
11-Feb	11	M	44			
	12	T	43			
	13	W	42			
	14	TH	41			
	15	F	40			
	16	S	39			Regional Squads Level 2 & 3 Re-Test Day Option 1
	17	S	38			Regional Squads Level 2 & 3 Re-Test Day Option 2

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18-Feb	18	M	37	National Squad PP Onshore Event Camp (Day 1)		
	19	T	36	National Squad PP Onshore Event Camp (Day 2)		
	20	W	35	National Squad PP Onshore Event Camp (Day 3)		
	21	TH	34	National Squad PP Onshore Event Camp (Day 4)		
	22	F	33	McCullagh International Meet (Venue TBC) Day 1		2019 Irish Open (Post Summer) Qualifying Meet No 2
	23	S	32	McCullagh International Meet (Venue TBC) Day 2	Closed Weekend for Regional Qualifying Meets	End of qualifying period for qualification to Irish National LC Championships. Qualifying times to be LC only from 01/07/18
	24	S	31	McCullagh International Meet (Venue TBC) Day 3		
25-Feb	25	M	30			
	26	T	29			
	27	W	28			
	28	TH	27			
Mar-19						
	1	F	26			
	2	S	25		Regional SC/LC Development Meet Opportunity	Window 4 of 6 (One or Two Days). Age Groups 10 years & over
	3	S	24	National Squad PE Pre-Validated Event Camp (Day 1)	Regional SC/LC Development Meet Opportunity	
04-Mar	4	M	23	National Squad PE Pre-Validated Event Camp (Day 2)		
	5	T	22	National Squad PE Pre-Validated Event Camp (Day 3)		
	6	W	21	National Squad PE Pre-Validated Event Camp (Day 4)		
	7	TH	20	National Squad PE Pre-Validated Event Camp (Day 5)		
	8	F	19	National PE Squad Edinburgh International (Edinburgh) Day 1		
	9	S	18	National PE Squad Edinburgh International (Edinburgh) Day 2		
	10	S	17	National PE Squad Edinburgh International (Edinburgh) Day 3		
11-Mar	11	M	16			
	12	T	15			
	13	W	14			
	14	TH	13			
	15	F	12			
	16	S	11			
	17	S	10			
18-Mar	18	M	9			
	19	T	8			

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	20	W	7			
	21	TH	6			
	22	F	5			
	23	S	4			Regional Squads (Level 1) Re-Test & Camp Option 1
	24	S	3			Regional Squads (Level 1) Re-Test & Camp Option 2
25-Mar	25	M	2			
	26	T	1			
	27	W	0	Irish Open LC Championships (Dublin) Day 1		2019 World LC Championships, European Junior Championships, World Junior Championships, European Youth Olympic Festival, World University Games Qualifying Meet
	28	TH		Irish Open LC Championships (Dublin) Day 2		
	29	F		Irish Open LC Championships (Dublin) Day 3		
	30	S		Irish Open LC Championships (Dublin) Day 4	Closed Weekend for Regional Qualifying Meets	
	31	S		Irish Open LC Championships (Dublin) Day 5		
Apr-19						
01-Apr	1	M	111			
	2	T	110			
	3	W	109			
	4	TH	108	Optional National Squad Training (Dublin)		
	5	F	107	Optional National Squad Training (Dublin)		
	6	S	106	National Team Day (Dublin)		
	7	S	105			
08-Apr	8	M	104			
	9	T	103			
	10	W	102			
	11	TH	101			
	12	F	100			
	13	S	99		Closed Weekend for Regional Qualifying Meets	Swim Ireland AGM
	14	S	98	Schools Interpro (Dublin)		
15-Apr	15	M	97	National Squad PP Offshore Camp (Mount Kelly) Day 1		
	16	T	96	National Squad PP Offshore Camp (Mount Kelly) Day 2		
	17	W	95	National Squad PP Offshore Camp (Mount Kelly) Day 3		Regional Squads (Level 2 & 3) Stroke Camp (Day 1) Option 1
	18	TH	94	National Squad PP Offshore Camp (Mount Kelly) Day 4		Regional Squads (Level 2 & 3) Stroke Camp (Day 1) Option 1

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	19	F	93	National Squad PP Offshore Camp (Mount Kelly) Day 5		Regional Squads (Level 2 & 3) Stroke Camp (Day 1) Option 1
	20	S	92	National Squad PP Offshore Camp (Mount Kelly) Day 6		
	21	S	91			
22-Apr	22	M	90			Regional Qualifying Meets - Window 2 of 2 (81 Days) Finishes
	23	T	89			Regional Squads (Level 2 & 3) Stroke Camp (Day 1) Option 2
	24	W	88			Regional Squads (Level 2 & 3) Stroke Camp (Day 2) Option 2
	25	TH	87			Regional Squads (Level 2 & 3) Stroke Camp (Day 3) Option 2
	26	F	86		Regional LC Champs (Venues TBC) Day 1	Option 1 of one or two weekends for all four regions to run their Championships. Irish Summer Nationals Qualifying Meet. Age groups 11/12 years, 13/14 years, 15/16 years, 17 years & over. Regions may merge if required. Full Olympic Programme (including Olympic relays) plus 50m Form Strokes. Finals for all events other than relays and 400m/800m/1500 (Timed Finals)
	27	S	85		Regional LC Champs (Venues TBC) Day 2	
	28	S	84		Regional LC Champs (Venues TBC) Day 3	
29-Apr	29	M	83			
	30	T	82			
May-19						
	1	W	81			
	2	TH	80			
	3	F	79			
	4	S	78			
	5	S	77			
06-May	6	M	76			
	7	T	75			
	8	W	74			
	19	TH	73			
	10	F	72			
	11	S	71			Regional Squads (Level 1) Camp Option 1
	12	S	70			Regional Squads (Level 1) Camp Option 2
13-May	13	M	69			
	14	T	68			
	15	W	67			
	16	TH	66			
	17	F	65			

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	18	S	64		Regional SC/LC Development Meet Opportunity	Window 5 of 6 (One or Two Days). Age Groups 10 years & over
	19	S	63		Regional SC/LC Development Meet Opportunity	
20-May	20	M	62			
	21	T	61			
	22	W	60			
	23	TH	59			
	24	F	58			
	25	S	57			
	26	S	56			
27-May	27	M	55			
	28	T	54			
	29	W	53			
	30	TH	52			
	31	F	51		Regional LC Champs (Venues TBC) Day 1	Option 2 of one or two weekends for all four regions to run their Championships. Irish Summer Nationals Qualifying Meet. Age groups 11/12 years, 13/14 years, 15/16 years, 17 years & over. Regions may merge if required. Full Olympic Programme (including Olympic relays) plus 50m Form Strokes. Finals for all events other than relays and 400m/800m/1500 (Timed Finals)
Jun-19						
	1	S	50		Regional LC Champs (Venues TBC) Day 2	
	2	S	49		Regional LC Champs (Venues TBC) Day 3	
03-Jun	3	M	48		Regional LC Champs (Venues TBC) Day 4	
	4	T	47			
	5	W	46	Identified Athlete & National Relay Camp (Dublin) Day 1		
	6	TH	45	Identified Athlete & National Relay Camp (Dublin) Day 2		
	7	F	44	Identified Athlete & National Relay Camp (Dublin) Day 3		
	8	S	43	Identified Athlete & National Relay Camp (Canet) Day 4		Regional Squads (Level 1) Camp Option 1
	9	S	42	Identified Athlete & National Relay Camp (Canet) Day 5		Regional Squads (Level 1) Camp Option 2
				Identified Athlete & National Relay Camp (Canet) Day 6		Qualification for Irish National Summer Championships & Irish National Div 2 Championships Closes Today. Qualifying times to be from 01/01/19 and LC only for Irish National Summer Championships
10-Jun	10	M	41			
	11	T	40	Mare Nostrum (Canet) Day 7		
	12	W	39	Mare Nostrum (Canet) Day 8		
	13	TH	38	Identified Athlete & National Relay Camp (Barcelona) Day 9		
	14	F	37	Identified Athlete & National Relay Camp (Barcelona) Day 10		
	15	S	36	Mare Nostrum (Barcelona) Day 11	Regional SC/LC Development Meet Opportunity	Window 6 of 6 (One Day Only). Age Groups 10 years & over

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	16	S	35	Mare Nostrum (Barcelona) Day 12	1 st All-Ireland Inter County Swimming Championships (Dublin)	More information to follow
17-Jun	17	M	34	Identified Athlete & National Relay Camp (Barcelona) Day 13		
	18	T	33			
	19	W	32			
	20	TH	31			
	21	F	30			
	22	S	29			
	23	S	28			
24-Jun	24	M	27			
	25	T	26			
	26	W	25			
	27	TH	24			Regional Squads Level 2 & 3 Depart for Glasgow
	28	F	23	Depart for Kazan		Scottish National Championships (Glasgow) Day 1
	29	S	22	Orientation (Kazan)		Scottish National Championships (Glasgow) Day 2
	30	S	21	Orientation (Kazan)		Scottish National Championships (Glasgow) Day 3
Jul-19						
01-Jul	1	M	20	Orientation (Kazan)		Scottish National Championships (Glasgow) Day 4
	2	T	19	Orientation (Kazan)	Depart for Naples	Regional Squads Level 2 & 3 Return from Glasgow
	3	W	18	European Junior Championships (Kazan) Day 1	Orientation (Naples)	
	4	TH	17	European Junior Championships (Kazan) Day 2	World University Games 2019 (Naples) Day 1	
	5	F	16	European Junior Championships (Kazan) Day 3	World University Games 2019 (Naples) Day 2	
	6	S	15	European Junior Championships (Kazan) Day 4	World University Games 2019 (Naples) Day 3	
	7	S	14	European Junior Championships (Kazan) Day 5	World University Games 2019 (Naples) Day 4	
08-Jul	8	M	13	Return from Kazan	World University Games 2019 (Naples) Day 5	
	9	T	12		World University Games 2019 (Naples) Day 6	
	10	W	11		World University Games 2019 (Naples) Day 7	
	11	TH	10	Irish National Div 2 Competition (Limerick) Day 1	World University Games 2019 (Naples) Day 8	Age groups 11/12 years, 13 years, 14 years, 15 years & over. Full Olympic Programme plus 50m Form Events. Finals for all Olympic events in all age groups other than 800m/1500m (Timed Finals) One final in 50m Form Events. 200m relays (male, female, mixed) in age
	12	F	9	Irish National Div 2 Competition (Limerick) Day 2	Return from Naples	
	13	S	8	Irish National Div 2 Competition (Limerick) Day 3 Depart for Gwangju		

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	14	S	7	Irish National Div 2 Competition (Limerick) Day 4 Orientation (Gwangju)		groups 11-14 years and 15/Over as Timed Finals. SC Meet with with SC & LC qualification times
15-Jul	15	M	6	Orientation (Gwangju)		
	16	T	5	Orientation (Gwangju)		
	17	W	4	Orientation (Gwangju)		
	18	TH	3	Orientation (Gwangju)		
	19	F	2	Orientation (Gwangju)		
	20	S	1	Depart for Baku		
	21	S	0	FINA World LC Championships (Gwangju) Day 1 Orientation (Baku)		
22-Jul	22	M		FINA World LC Championships (Gwangju) Day 2 European Youth Olympic Festival (Baku) Day 1		
	23	T		FINA World LC Championships (Gwangju) Day 3 European Youth Olympic Festival (Baku) Day 2		
	24	W		FINA World LC Championships (Gwangju) Day 4 European Youth Olympic Festival (Baku) Day 3 Irish National Summer Championships (Dublin) Day 1		Age groups 12/13 years, 14 years, 15 years, 16 years, 17 years & over. Full Olympic Programme plus 50m Form Events. Finals for all Olympic events in all age groups other than 800m/1500m (Timed Finals). One 15&Over Final in 50m Form Events. ALL Olympic relays in age groups 12-14 years and 15 years & over as Timed Finals.
	25	TH		FINA World LC Championships (Gwangju) Day 5 European Youth Olympic Festival (Baku) Day 4 Irish National Summer Championships (Dublin) Day 2		
	26	F		FINA World LC Championships (Gwangju) Day 6 European Youth Olympic Festival (Baku) Day 5 Irish National Summer Championships (Dublin) Day 3		
	27	S		FINA World LC Championships (Gwangju) Day 7 European Youth Olympic Festival (Baku) Irish National Summer Championships (Dublin) Day 4		
	28	S		FINA World LC Championships (Gwangju) Day 8 European Youth Olympic Festival (Baku) Irish National Summer Championships (Dublin) Day 5		
29-Jul	29	M		Return from Gwangju Return from Baku		
	30	T				
	31	W				
Aug-19						
	1	TH				
	2	F				
	3	S				
	4	S				
05-Aug	5	M				

Swim Ireland

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2018-2019 Swimming Season Plan (Version VII)

Jon Rudd (National Performance Director)



WEEK COMM	DATE	DAY	END OF CYCLE	INTERNATIONAL & NATIONAL PROGRAMME	PROVINCIAL/REGIONAL PROGRAMME	CAMPS & NOTES
	6	T				
	7	W				
	8	TH				
	9	F				
	10	S				
	11	S				
	12	M				
	13	T				
	14	T				
	15	W				
	16	TH				
	17	F				
	18	S		Depart for Budapest		Dates still TBC
	29	S		Orientation (Budapest)		
20-Aug	20	M		Orientation (Budapest)		
	21	T		World Junior Championships (Budapest) Day 1		
	22	W		World Junior Championships (Budapest) Day 2		
	23	TH		World Junior Championships (Budapest) Day 3		
	24	F		World Junior Championships (Budapest) Day 4		
	25	S		World Junior Championships (Budapest) Day 5		
	26	S		World Junior Championships (Budapest) Day 6		
27-Aug	27	M		World Junior Championships (Budapest) Day 7		
	28	T		Return from Budapest		
	29	W				
	30	TH				
	31	F				
Sep-19						
	1	S				

ALL COMPETITIONS (OTHER THAN SCHOOLS COMPETITIONS) TO BE AGE CLASSIFIED AS OF 31st DECEMBER