
RECORDS SWSC Records
SC Meters-Female

50 Free	26.78	29-May-15	SWSC	Emma Cassidy at Michael Bowles, last chance gala
100 Free	57.72	* 30-Oct-15	SWSC	Iseult Hayes at Munster SC Championships 2A-15/16-M005
100 Free	57.72	* 30-Oct-15	SWSC	Iseult Hayes at Munster SC Championships
200 Free	2:04.10	4-Dec-15	SWSC	Ally Cunningham at 2015 Irish SC Championships
400 Free	4:29.41	31-May-14	SWSC	Emma Cassidy at Michael Bowles, last chane gala
800 Free	9:16.75	12-Dec-14	SWSC	Ally Cunningham at Irish SC Championships
1500 Free	17:54.32	25-May-16	SWSC	Carla Feliu at Carla Feliu
50 Back	29.34	13-Mar-15	U.C.C	Emma Cassidy at Intervarsities 2015
100 Back	1:02.98	4-Dec-15	SWSC	Iseult Hayes at 2015 Irish SC Championships
200 Back	2:14.70	12-Dec-14	SWSC	Emma Cassidy at Irish SC Championships
50 Breast	36.57	3-Dec-11	SWSC	Cliona O'Callaghan at Munster SC Championships
100 Breast	1:16.41	19-Oct-07	SWSC	Lorna Cummins at DOLPHIN OPEN
200 Breast	2:44.25	29-Nov-13	SWSC	Alison Lynch at Irish SC Championships
50 Fly	28.57	4-Dec-09	SWSC	Lorna Cummins at Leinster Winter Championships 2009
100 Fly	1:02.28	4-Dec-09	SWSC	Lorna Cummins at Leinster Winter Championships 2009
200 Fly	2:12.01	4-Dec-09	SWSC	Lorna Cummins at Leinster Winter Championships 2009
100 IM	1:05.75	4-Dec-09	SWSC	Lorna Cummins at Leinster Winter Championships 2009
200 IM	2:24.30	10-May-15	MUN	Iseult Hayes at Schools Interpro
400 IM	4:54.19	4-Dec-09	SWSC	Lorna Cummins at Leinster Winter Championships 2009
200 Free Relay	1:48.95	4-Dec-15	SWSC	Sundays Well Swimming Club E. Cassidy, S. Semchiy, I. Hayes, /
400 Free Relay	3:54.87	4-Dec-15	SWSC	Sundays Well Swimming Club E. Cassidy, S. Semchiy, I. Hayes, /
800 Free Relay	8:00.00	24-Jul-02	SWSC	Sundays Well Swimming Club
200 Medley Relay	1:53.14	8-May-10	SWSC	Sundays Well Swimming Club
400 Medley Relay	4:26.89	22-Jul-04	SWSC	Sundays Well Swimming Club

RECORDS SWSC Records
SC Meters-Male

50 Free	23.63	17-Oct-14	SWSC	Conor King at Dolphin Open Gala
100 Free	52.30	2-Dec-16	SWSC	Dan Sweeney at 2016 Irish SC Championships
200 Free	1:57.91	23-Sep-16	SWSC	Nicola Bragagna at Nico Bragagna
400 Free	4:21.95	23-Sep-16	SWSC	Nicola Bragagna at Nico Bragagna
1500 Free	17:47.10	17-Oct-14	SWSC	Evan O'Broin at Dolphin Open Gala
50 Back	26.85	29-Oct-16	SWSC	Ross Mc Auliffe at Munster SC Championships
100 Back	57.78	27-Nov-16	P COR	Ross Mc Auliffe at Mun Senior Schools SI Lic No.2B-16/17-M006
200 Back	2:07.59	26-Jul-06	SWSC	Gerard Mangan at IRISH OPEN CHAMPIONSHIPS
50 Breast	29.85	2-Dec-16	SWSC	Dan Sweeney at 2016 Irish SC Championships
100 Breast	1:04.44	9-May-09	SWSC	Dan Sweeney at Munster Age Groups
200 Breast	2:22.01	18-Nov-10	SWSC	Dan Sweeney at Irish SC Championships
50 Fly	25.20	23-Sep-16	SWSC	Nicola Bragagna at Nico Bragagna
100 Fly	55.58	23-Sep-16	SWSC	Nicola Bragagna at Nico Bragagna
200 Fly	2:11.07	15-Oct-10	SWSC	Simon Treacy at DOLPHIN OPEN
100 IM	59.81	2-Dec-16	SWSC	Ross Mc Auliffe at 2016 Irish SC Championships
200 IM	2:12.48	8-May-10	SWSC	Simon Treacy at Munster Age Groups
400 IM	4:50.83	20-May-06	SWSC	Gerard Mangan at MUNSTER CHAMPIONSHIPS
200 Free Relay	1:36.55	20-Mar-04	SWSC	Sundays Well Swimming Club C. KELLEHER
400 Free Relay	3:38.79	26-Jul-06	SWSC	Sundays Well Swimming Club
800 Free Relay	8:00.00	4-May-02	SWSC	Sundays Well Swimming Club
200 Medley Relay	1:51.48	9-May-09	SWSC	Sundays Well Swimming Club
400 Medley Relay	4:01.67	26-Jul-06	SWSC	Sundays Well Swimming Club