



CELTIC MASTERS IRISH OPEN SHORT COURSE CHAMPIONSHIPS

Saturday 22nd October 2016
National Aquatic Centre, Dublin

Dear Swimmers,

The CELTIC MASTERS IRISH OPEN **SHORT** COURSE CHAMPIONSHIPS will be held in the National Aquatic Centre, Dublin, 15 on Saturday 22nd Oct 2016.

Please find enclosed Meet Information, Order of Events & Entry Forms.

We have included 50m, 100m and 200m in all four strokes and 100m, 200m and 400m Individual Medleys.

Relays are 4X50m Freestyle and Medley for Men, Women and 4X100m Mixed teams

The closing date for entries is 3rd October 2016.

Entries together with payment to be sent to:

Gala Organiser
Declan Harte
11, Temple View Downs
Clare Hall
Dublin 13
e mail : dhartefca@yahoo.com

CELTIC MASTERS Gala Information

1. Venue:	National Aquatic Centre, Snugborough Road, Blanchardstown, Dublin15.		
2. Facilities:	10 Lane Short Course (25m) pool, OMEGA electronic timing.		
3. Time	Session 1 – Saturday October 22nd Warm up 9.00am Start 9.45am Session 2 – Saturday October 22nd , Warm up 2.00pm Start 2.30pm		
4. Heats	All events will be run as Heat Declared Winner (HDW) events with seeded heats, mixed Men and Women. All events will run as 10 Lane Heats “Overhead starts” will be used for ALL events		
5. Age	Age Groups for Men & Women Individuals :- 19yrs – 24yrs, 25yrs – 29yrs, 30yrs – 34yrs etc. and upwards in 5 year intervals. Relays :- 76yrs-99yrs, 100yrs-119yrs, 120yrs-159yrs, 160yrs-199yrs, etc. and upwards in 40 year intervals. Age at 31st December 2016 and all competitors must be 19 years or over on the day of swim and must be a member of an affiliated club. Competitors may represent only ONE club in the competition. All Relay entrants must enter and complete an individual event		
6. Dependent on the number of entries received the organisers reserve the right to	(1) Limit number of heats if necessary (2) Adjust the start time of the sessions if necessary.		
7. Health and Insurance are the responsibility of the entrant			
8. ENTRY FEES	Individual	€6	(£5 GBP)
	Relay	€12	(£10 GBP)
Entries will not be accepted without an entry time or fee. Neither LATE ENTRIES NOR CHANGES ON THE DAY WILL BE ACCEPTED.			
10. Cheques made payable to NAC Masters	Completed entry forms and payment to be sent to :- Gala Organiser Declan Harte 11, Temple View Downs Clare Hall Dublin 13 CLOSING DATE FOR ENTRIES: 3rd October 2016		

After the gala why not join us in “The Bell”, Blanchardstown for hot food immediately after the Gala.

COST: €10(£8 GBP).

This must be booked and paid for together with your entries.

PROGRAMME OF EVENTS

Session 1 – Saturday 22nd October 2016

Warm Up: 9.00am – Start: 9.45am

Event 1	400m	Individual Medley	[Mixed]
Event 2	50m	Butterfly	[Mixed]
Event 3	100m	Backstroke	[Mixed]
Event 4	200m	Breaststroke	[Mixed]
Event 5	50m	Freestyle	[Mixed]
Event 6	200m	Butterfly	[Mixed]
Event 7	200m	Freestyle	[Mixed]
Event 8	4X 50m	Men's MTR	[Men]
Event 9	4X 50m	Women's MTR	[Women]
Event 10	4X100m	Mixed MTR	[Mixed]

Session 2 – Saturday 22nd October 2016

Warm Up: 2.00pm – Start: 2.30pm

Event 11	200m	Backstroke	[Mixed]
Event 12	100m	Individual Medley	[Mixed]
Event 13	100m	Breaststroke	[Mixed]
Event 14	50m	Backstroke	[Mixed]
Event 15	100m	Butterfly	[Mixed]
Event 16	200m	Individual Medley	[Mixed]
Event 17	50m	Breaststroke	[Mixed]
Event 18	100m	Freestyle	[Mixed]
Event 19	4X 50m	Women's FTR	[Women]
Event 20	4X 50M	Men's FTR	[Men]
Event 21	4X100m	Mixed FTR	[Mixed]

Individual Entry Sheet

Please enter details in BLOCK CAPITALS

Last Name		First Name	
	Male <input type="checkbox"/>	Female <input type="checkbox"/>	Reg. No.
Date of Birth		Age Group	
Club			
Contact Tel. No.			
Email Address	Please include your mail address so that entries can be confirmed in advance of the gala		

Session		Event	Fee	Entry Time
1	1	400m Individual Medley	€6/£5	
	2	50m Butterfly	€6/£5	
	3	100m Backstroke	€6/£5	
	4	200m Breaststroke	€6/£5	
	5	50m Freestyle	€6/£5	
	6	200m Butterfly	€6/£5	
	7	200m Freestyle	€6/£5	
2	11	200m Backstroke	€6/£5	
	12	100m Individual Medley	€6/£5	
	13	100m Breaststroke	€6/£5	
	14	50m Backstroke	€6/£5	
	15	100m Butterfly	€6/£5	
	16	200m Individual Medley	€6/£5	
	17	50m Breaststroke	€6/£5	
	18	100m Freestyle	€6/£5	
Total entry fees				

HOT FOOD ORDER _____ @ €10/£8 = € ___ £ ___

Competitor Signature _____

Relay Team Entry Sheet

Please enter details in BLOCK CAPITALS

Club Name

Session	Event	Event	Age	Entry Time
ONE	8	4X50m Men's Medley Team Relay	76-99	
			100-119	
			120-159	
			160-199	
			200-239	
			240-279	
	9	4X50m Women's Medley Team Relay	76-99	
			100-119	
			120-159	
			160-199	
			200-239	
			240-279	
	10	4X100m Mixed Medley Team Relay	76-99	
			100-119	
			120-159	
			160-199	
			200-239	
			240-279	
TWO	19	4X50m Women's Freestyle Team Relay	76-99	
			100-119	
			120-159	
			160-199	
			200-239	
			240-279	
	20	4X50m Men's Freestyle Team Relay	76-99	
			100-119	
			120-159	
			160-199	
			200-239	
			240-279	
	21	4X100m Mixed Freestyle Team Relay	76-99	
			100-119	
			120-159	
			160-199	
			200-239	
			240-279	
Team Manager's Signature		Total Number of Relays _____ @ €12/£10	Total Relay Fees € or £	

Fees Summary

Club Name

Total Individual Fees _____ @ €6/£5 €..... £.....

Total Relay Fees _____ @ €12/£10 €..... £.....

Total Hot Food order _____ @ €10/£8 €..... £.....

TOTAL ENCLOSED €..... £.....