



## ULSTER MASTERS CHAMPIONSHIPS

### Meet Information

Meet	Date	Venue	Closing date for Entries / Payment
Ulster Masters Championships	8 <sup>th</sup> November 2014	Lisburn	16 <sup>th</sup> October 2014 (Paper entries) 20 <sup>th</sup> October 2014 (Hytek entries)

#### Events:

All events will be run as Heat Declared Winner events. Swimmers will be seeded according to their entry times but results will be categorised into their age groups. All individual events will be swum Mixed but results posted will be as Male and Female with the exception of the Mixed Relay.

#### Individual Events Age Groups :

The Ulster Masters Championships are open to any Masters Swimmer who is 19 or over on 31<sup>st</sup> December 2014. This is in line with our general Meet Conditions  
19-24 yrs, 25-29 yrs, 30-34 yrs, 35-39 yrs, 40-44 yrs, 45-49 yrs, 50-54 yrs, 55-59 yrs, 60-64 yrs, 65-69 yrs, 70-74 yrs, 75-79 yrs, 80 yrs and older

#### Relay Events Age Groups :

The accumulative age of all 4 swimmers must exceed the minimum indicated below - 76-99 yrs, 100-119 yrs, 120-159 yrs, 160-199 yrs etc – and upwards in 40 year intervals

Mixed relays must be 2 males, 2 females

**Awards :** Medals will be awarded to 3 fastest individuals / teams in each age group

#### Entries :

All entries must include a time (for seeding purposes) and an individual registration number issued by Swim Ireland or another recognised swimming federation

**\*\*If possible, please use the Hytek system for entries**

No entries will be accepted after the closing date, or on the day of competition.

£3.50 per individual event (or four swims for the price of three i.e. £10.50)

£10 per relay team

All entry fees should be paid in Sterling

Entries to be sent to :

Swim Ulster  
3 Valentine Road  
Bangor  
BT20 4TH

[admin@swimulster.net](mailto:admin@swimulster.net)

02891877579



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### Programme of Events

Saturday AM	
Event number	Warm up 9.30am Start 10am
1	Mixed 100 Individual Medley
2	Mixed 200 Freestyle
3	Mixed 100 Breaststroke
4	Mixed 50 Backstroke
5	Mixed 100 Butterfly
6	Mixed 50 Freestyle
7	Mixed 200 Breaststroke
8	Mixed 100 Backstroke
9	Mixed 25 Freestyle
10	Mixed 25 Backstroke
11	Mixed 4 x 25 Medley (2 Males, 2 Females)

Saturday PM	
Event number	Warm up 1pm Start 1.30pm
12	Mixed 25 Breaststroke
13	Mixed 200 Butterfly
14	Mixed 400 Freestyle
15	Mixed 25 Butterfly
16	Mixed 200 Backstroke
17	Mixed 50 Breaststroke
18	Mixed 100 Freestyle
19	Mixed 50 Butterfly
20	Men's 4 x 25 Freestyle Relay
21	Women's 4 x 25 Freestyle Relay

**THE 1500m FREE DISTANCE EVENT FOR MASTERS SWIMMERS WILL TAKE PLACE DURING THE IRISH SC CHAMPIONSHIPS AT LISBURN ON SATURDAY 13<sup>TH</sup> DECEMBER 2014**

**ENTRIES FOR THIS EVENT CAN ONLY BE ACCEPTED IN PAPER FORMAT AND SHOULD BE SENT TO THE SWIM ULSTER OFFICE WITH THE APPROPRIATE PAYMENT.**

Saturday 13 <sup>th</sup> December 2014	
Event number	
22	Mixed 1500 Freestyle