

# BLACKROCK SC GALA

(SI Licence No. 1S-17/18-M015)

**Where :** Douglas Pool, Cork      **When :** 27<sup>st</sup>. January 2018      **Time:** 9.00am warm up, 10.00am start.

Warm up will be split with girls first in the morning (25 minutes) followed by boys (25 minutes) and vice versa in the afternoon.

**Age Groups & Events :** 9, 10, 11, 12, 13 +      50m all strokes, 100m Ind. Medley.

Relays 10& U, 11& O, Mixed 4x50m Freestyle Relay, Canon Relay

In Individual events all age groups will swim together in heats, but there will be separate age group finals. All events will be HDW events.

**Age :** The age is as 31<sup>st</sup>. December 2018

**THIS GALA IS CONFINED TO SWIMMERS WHO ARE SLOWER THAT THE CUT OFF TIMES.**

**PLEASE NOTE THAT THIS GALA CATERS FOR YOUNG, INEXPERIENCED SWIMMERS.**

**ENTRIES :** Must be made on the attached consolidated entry sheet, or on Hy-Tek (File attached) accompanied by the summary sheet and fees to [patdonovan02@gmail.com](mailto:patdonovan02@gmail.com).

**Entry Fees :** Individual entries €15 to cover all events, Relay entries €20 per event. Cheques should be made payable to "Blackrock Swimming Club" and forwarded to Pat Donovan, 22 Springfield Estate, Mayfield, Cork. Cheques MUST be received prior to the competition

**Entry Deadline :** Entries MUST be received on or before 30<sup>th</sup>. December 2017.

**Heats may be limited to ensure the gala finishes by 5pm**

## BLACKROCK SC NOVICE GALA

# Order of Events

## Session 1

1. Girls 100m Ind. Medley
2. Boys 100m Freestyle
3. Girls 50m Backstroke
4. Boys 50m Breaststroke
5. Girls 50m Butterfly
6. Boys 50m Freestyle
7. Mixed 10 & U 50m FTR
8. Mixed 11 & O 50m FTR

## Session 2

9. Boys 100m Ind. Medley
10. Girls 100m Freestyle
11. Boys 50m Backstroke
12. Girls 50m Breaststroke
13. Boys 50m Butterfly
14. Girls 50m Freestyle
15. Canon 4x50m Relay ( 1 boy, 1 girl each age group )

BOYS		CUT OFF TIME			GIRLS	
9/10	11/12	13+	EVENT	9/10	11/12	13+
1.32.00	1.27.00	1.22.00	100m F/C	1.35.00	1.30.00	1.25.00
1.46.00	1.41.00	1.36.00	100m IM	1.50.00	1.45.00	1.39.00
55.00	52.00	49.00	50m Brs	56.00	53.00	50.00
49.00	46.00	43.00	50m B/C	51.00	48.00	45.00
54.00	51.00	48.00	50m Fly	57.00	54.00	51.00
42.00	39.00	36.00	50M F/C	44.00	41.00	38.00

**SWIMMERS WHO SWIM 5 SECONDS FASTER THAN THE CUT OFF TIMES IN 100M EVENTS AND 3 SECONDS FASTER IN 50M EVENTS WILL BE AWARDED SPEEDING TICKETS AND WILL NOT BE ELIGIBLE FOR MEDALS.**

CLUB \_\_\_\_\_

Contact Details Name \_\_\_\_\_

Tel No. \_\_\_\_\_

Email \_\_\_\_\_

Name	DOB	M/F	Reg No	100 F/C	100 IM	50 B/C	50 Brs	50 Fly	50 F/C	Total

Relays

	MIXED	Total
10 & U FTR		
11 & O FTR		
CANON		

Total Individual Swimmers @€15 per swimmer

=

Total Relays @ €20 per relay

=

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Total

