


**SWIM IRELAND NATIONAL SQUAD QUALIFICATION TIMES 2016/2017
- MUNSTER SQUAD QUALIFICATION TIMES 2016/2017**

			OLYMPIC FOCUS SQUAD		NATIONAL SENIOR SQUAD	
	2016		OPEN	OPEN	OPEN	OPEN
	RIO					
	FINA A Times		FINA A +1%	FINA A +5%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%
50 Freestyle	00:22.27		00:22.49	00:23.38	00:24.09	00:24.55
100 Freestyle	00:48.99		00:49.48	00:51.44	00:52.98	00:54.01
200 Freestyle	01:47.97		01:49.05	01:53.37	01:56.77	01:59.04
400 Freestyle	03:50.44		03:52.74	04:01.96	04:09.22	04:14.06
800 Freestyle	-		-	-	-	-
1500 Freestyle	15:14.77		15:23.92	16:00.51	16:29.32	16:48.53
100 Backstroke	00:54.36		00:54.90	00:57.08	00:58.79	00:59.93
200 Backstroke	01:58.22		01:59.40	02:04.13	02:07.85	02:10.34
100 Breaststroke	01:00.57		01:01.18	01:03.60	01:05.51	01:06.78
200 Breaststroke	02:11.66		02:12.98	02:18.24	02:22.39	02:25.16
100 Butterfly	00:52.36		00:52.88	00:54.98	00:56.63	00:57.73
200 Butterfly	01:56.97		01:58.14	02:02.82	02:06.50	02:08.96
200 I.M.	02:00.28		02:01.48	02:06.29	02:10.08	02:12.61
400 I.M.	04:16.71		04:19.28	04:29.55	04:37.63	04:43.02
WOMEN	2016		OPEN	OPEN	OPEN	OPEN
	RIO					
	FINA A Times		FINA A +1%	FINA A +5%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%
50 Freestyle	00:25.28		00:25.53	00:26.54	00:27.34	00:27.87
100 Freestyle	00:54.43		00:54.97	00:57.15	00:58.87	01:00.01
200 Freestyle	01:58.96		02:00.15	02:04.91	02:08.66	02:11.15
400 Freestyle	04:09.08		04:11.57	04:21.53	04:29.38	04:34.61
800 Freestyle	08:33.97		08:39.11	08:59.67	09:15.86	09:26.65
1500 Freestyle	-		-	-	-	-
100 Backstroke	01:00.25		01:00.85	01:03.26	01:05.16	01:06.43
200 Backstroke	02:10.60		02:11.91	02:17.13	02:21.24	02:23.99
100 Breaststroke	01:07.85		01:08.53	01:11.24	01:13.38	01:14.80
200 Breaststroke	02:26.94		02:28.41	02:34.29	02:38.92	02:42.00
100 Butterfly	00:58.70		00:59.29	01:01.64	01:03.48	01:04.72
200 Butterfly	02:09.33		02:10.62	02:15.80	02:19.87	02:22.59
200 I.M.	02:14.26		02:15.60	02:20.97	02:25.20	02:28.02
400 I.M.	04:43.46		04:46.29	04:57.63	05:06.56	05:12.51

NATIONAL JUNIOR SQUAD

1998	1998	1998	1999	1999	1999	2000	2000	2000
EJC 16 Avg+2%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%	EJC 16 Avg+3%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%	EJC 16 Avg+5%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%
00:24.10	00:24.83	00:25.31	00:24.34	00:25.07	00:25.56	00:24.81	00:25.56	00:26.05
00:52.43	00:54.00	00:55.05	00:52.94	00:54.53	00:55.59	00:53.97	00:55.59	00:56.67
01:54.99	01:58.44	02:00.74	01:56.12	01:59.61	02:01.93	01:58.38	02:01.93	02:04.30
04:03.33	04:10.63	04:15.50	04:05.72	04:13.09	04:18.00	04:10.49	04:18.00	04:23.01
08:32.51	08:47.88	08:58.13	08:37.53	08:53.06	09:03.41	08:47.58	09:03.41	09:13.96
16:20.42	16:49.84	17:09.45	16:30.04	16:59.74	17:19.54	16:49.26	17:19.54	17:39.72
00:58.82	01:00.59	01:01.76	00:59.40	01:01.18	01:02.37	01:00.55	01:02.37	01:03.58
02:08.13	02:11.98	02:14.54	02:09.39	02:13.27	02:15.86	02:11.90	02:15.86	02:18.50
01:05.60	01:07.56	01:08.88	01:06.24	01:08.23	01:09.55	01:07.53	01:09.55	01:10.90
02:21.92	02:26.18	02:29.02	02:23.31	02:27.61	02:30.48	02:26.10	02:30.48	02:33.40
00:56.51	00:58.20	00:59.33	00:57.06	00:58.77	00:59.92	00:58.17	00:59.92	01:01.08
02:06.45	02:10.24	02:12.77	02:07.69	02:11.52	02:14.07	02:10.17	02:14.07	02:16.68
02:09.25	02:13.13	02:15.72	02:10.52	02:14.44	02:17.05	02:13.06	02:17.05	02:19.71
04:37.27	04:45.58	04:51.13	04:39.98	04:48.38	04:53.98	04:45.42	04:53.98	04:59.69
2000	2000	2000	2001	2001	2001	2002	2002	2002
EJC 16 Avg+2%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%	EJC 16 Avg+3%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%	EJC 16 Avg+5%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%
00:27.39	00:28.21	00:28.76	00:27.66	00:28.49	00:29.04	00:28.19	00:29.04	00:29.60
00:58.90	01:00.67	01:01.85	00:59.48	01:01.27	01:02.46	01:00.64	01:02.46	01:03.67
02:07.77	02:11.60	02:14.15	02:09.02	02:12.89	02:15.47	02:11.52	02:15.47	02:18.10
04:28.63	04:36.69	04:42.06	04:31.26	04:39.40	04:44.82	04:36.53	04:44.82	04:50.35
09:19.75	09:36.54	09:47.73	09:25.23	09:42.19	09:53.49	09:36.21	09:53.49	10:05.02
18:09.47	18:42.16	19:03.95	18:20.15	18:53.16	19:15.16	18:41.52	19:15.16	19:37.59
01:06.20	01:08.18	01:09.51	01:06.85	01:08.85	01:10.19	01:08.15	01:10.19	01:11.55
02:22.68	02:26.96	02:29.81	02:24.08	02:28.40	02:31.28	02:26.87	02:31.28	02:34.22
01:14.23	01:16.45	01:17.94	01:14.95	01:17.20	01:18.70	01:16.41	01:18.70	01:20.23
02:40.86	02:45.69	02:48.91	02:42.44	02:47.31	02:50.56	02:45.60	02:50.56	02:53.88
01:04.05	01:05.97	01:07.25	01:04.67	01:06.61	01:07.91	01:05.93	01:07.91	01:09.23
02:23.69	02:28.00	02:30.87	02:25.10	02:29.45	02:32.35	02:27.91	02:32.35	02:35.31
02:24.64	02:28.98	02:31.87	02:26.05	02:30.44	02:33.36	02:28.89	02:33.36	02:36.33
05:08.52	05:17.77	05:23.95	05:11.54	05:20.89	05:27.12	05:17.59	05:27.12	05:33.47

NATIONAL YOUTH SQUAD

2001	2001	2001	2002	2002	2002	2003+	2003+	2003+
EYOF 12 Avg+4%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%	EYOF 12 Avg+8%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%	EYOF 12 Avg+12%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%
00:25.29	00:26.04	00:26.55	00:26.26	00:27.05	00:27.57	00:27.23	00:28.05	00:28.59
00:55.17	00:56.82	00:57.92	00:57.29	00:59.01	01:00.15	00:59.41	01:01.19	01:02.38
02:00.64	02:04.26	02:06.67	02:05.28	02:09.04	02:11.54	02:09.92	02:13.82	02:16.42
04:15.10	04:22.75	04:27.85	04:24.91	04:32.86	04:38.16	04:34.72	04:42.96	04:48.46
09:09.26	09:25.74	09:36.72	09:29.80	09:46.89	09:58.29	09:50.33	10:08.04	10:19.85
16:56.46	17:26.95	17:47.28	17:35.55	18:07.22	18:28.33	18:14.65	18:47.49	19:09.38
01:01.76	01:03.61	01:04.85	01:04.14	01:06.06	01:07.34	01:06.51	01:08.51	01:09.84
02:15.30	02:19.36	02:22.06	02:20.50	02:24.72	02:27.53	02:25.70	02:30.08	02:32.99
01:09.01	01:11.08	01:12.47	01:11.67	01:13.82	01:15.25	01:14.32	01:16.55	01:18.04
02:30.57	02:35.09	02:38.10	02:36.36	02:41.05	02:44.18	02:42.15	02:47.02	02:50.26
00:59.68	01:01.47	01:02.67	01:01.98	01:03.84	01:05.08	01:04.27	01:06.20	01:07.49
02:14.43	02:18.46	02:21.15	02:19.60	02:23.79	02:26.58	02:24.77	02:29.11	02:32.01
02:16.02	02:20.10	02:22.82	02:21.25	02:25.49	02:28.32	02:26.48	02:30.88	02:33.81
04:52.18	05:00.95	05:06.79	05:03.42	05:12.53	05:18.59	05:14.66	05:24.10	05:30.39
2003	2003	2003	2004	2004	2004	2005+	2005+	2005+
EYOF 12 Avg+4%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%	EYOF 12 Avg+8%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%	EYOF 12 Avg+12%	MUNSTER SQUAD+3%	MUNSTER SQUAD+5%
00:28.81	00:29.67	00:30.25	00:29.92	00:30.81	00:31.41	00:31.02	00:31.95	00:32.58
01:01.97	01:03.83	01:05.07	01:04.35	01:06.28	01:07.57	01:06.73	01:08.74	01:10.07
02:14.01	02:18.03	02:20.71	02:19.16	02:23.34	02:26.12	02:24.32	02:28.65	02:31.53
04:43.22	04:51.72	04:57.38	04:54.12	05:02.94	05:08.82	05:05.01	05:14.16	05:20.26
09:44.39	10:01.93	10:13.61	10:06.87	10:25.08	10:37.21	10:29.35	10:48.23	11:00.81
18:57.78	19:31.91	19:54.67	19:40.32	20:15.73	20:39.34	20:22.85	20:59.54	21:23.99
01:09.64	01:11.73	01:13.12	01:12.32	01:14.49	01:15.94	01:15.00	01:17.25	01:18.75
02:29.80	02:34.29	02:37.29	02:35.56	02:40.23	02:43.34	02:41.32	02:46.16	02:49.39
01:18.63	01:20.99	01:22.56	01:21.66	01:24.10	01:25.74	01:24.68	01:27.22	01:28.91
02:49.03	02:54.11	02:57.49	02:55.54	03:00.80	03:04.31	03:02.04	03:07.50	03:11.14
01:07.93	01:09.96	01:11.32	01:10.54	01:12.65	01:14.07	01:13.15	01:15.35	01:16.81
02:34.80	02:39.44	02:42.54	02:40.75	02:45.57	02:48.79	02:46.70	02:51.71	02:55.04
02:32.76	02:37.34	02:40.40	02:38.63	02:43.39	02:46.57	02:44.51	02:49.44	02:52.73
05:24.25	05:33.98	05:40.47	05:36.73	05:46.83	05:53.56	05:49.20	05:59.67	06:06.66